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- 2 partitioning based study
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4 Authors' names

<u>Susann-Cathrin Lang</u>^{1,2,‡,*}, Philipp Mayer³, Andrew Hursthouse², Danijela Kötke⁴, Ines
 Hand⁵, Detlef Schulz-Bull⁵, Gesine Witt^{1,‡}

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8 Authors' addresses

9 ¹ University of Applied Sciences Hamburg, Department of Environmental Engineering,

10 Ulmenliet 20, 21033 Hamburg, Germany

² Institute of Biomedical and Environmental Health Research, School of Science & Sport,

12 University of the West of Scotland, Paisley Campus, Paisley PA 1 2BE, United Kingdom

13 ³ Technical University of Denmark, Department of Environmental Engineering, 2800

- 14 Kongens Lyngby, Denmark
- ⁴ Helmholtz-Zentrum Geesthacht, Centre for Materials and Coastal Research, Institute of
- 16 Coastal Research, Max-Planck-Strasse 1, 21502 Geesthacht, Germany
- ⁵ Leibniz Institute for Baltic Sea Research, Seestraße 15, 18119 Rostock, Germany
- [‡]Corresponding author
- ^{*} Present address: Agilent Technologies, Hewlett-Packard-Str. 8, 76337 Waldbronn, Germany
- 20

21

22 Keywords

23 passive sampling; bioavailability; sediments; PCBs; chemical activity; baseline toxicity

25

26 Abstract

Sediment cores and bottom water samples from across the Baltic Sea region were analyzed 27 for freely dissolved concentrations (C_{free}), total sediment concentrations (C_T) and the 28 dissolved aqueous fraction in water of seven indicator PCBs. Ex-situ equilibrium sampling of 29 sediment samples was conducted with polydimethylsiloxane (PDMS) coated glass fibers that 30 31 were analyzed by automated thermal desorption GC-MS, which yielded PCB concentrations in the fiber coating (C_{PDMS}). Measurements of C_{PDMS} and C_T were then applied to determine 32 (i) spatially resolved freely dissolved PCB concentrations; (ii) baseline toxicity potential 33 based on chemical activities (a); (iii) site specific mixture compositions; (iv) diffusion 34 gradients at the sediment water interface and within the sediment cores; and (vi) site specific 35 distribution ratios (K_D). The contamination levels were low in the Gulf of Finland and 36 moderate to elevated in the Baltic Proper, with the highest levels observed in the western 37 Baltic Sea. The SPME method has been demonstrated to be an appropriate and sensitive tool 38 for area surveys presenting new opportunities to study the in-situ distribution and 39 thermodynamics of hydrophobic organic chemicals at trace levels in marine environments. 40

41

42 Introduction

The Baltic Sea as a shallow semi-enclosed sea is connected to the open ocean through the North Sea. The mean residence time of the sea water is between 25 and 40 years (Rheinheimer, 1996). This facilitates the accumulation of pollutants in the Baltic Sea, because only 2-3% of the contaminants entering can flow out through the North Sea (Brügmann, 1993). Large parts of the catchment area are industrialised or in agricultural use. The coastal zone of the southern Baltic Sea is strongly influenced by anthropogenic inputs derived from industry, agriculture, tourism and shipping (Blanz et al., 1999). In addition, atmospheric

deposition from the catchment area and non-Europe countries, due to long-range transport of pollutants in air, seriously reinforces the level of contamination of the Sea. Kot-Wasik et al., (2004), reported that in the middle of the 1980s approximately 30 000 t a⁻¹ of chlorinated organic compounds were discharged into the Baltic Sea from pulp mills. HELCOM identified 162 hot-spots in the Baltic Sea region (1992), with 110 being removed to date. However, their past pollution load was often buried in soils or sediments and has not yet disappeared from the ecosystem (HELCOM, 2010).

The environmental sensitivity and the strong anthropogenic pressures of the region have been 57 recognized by the littoral states for many decades (Janßen et al., 2013). In response, the 58 European Union Marine Strategy Framework Directive (MSFD) aims to establish effective 59 protection of the EU's marine waters by putting in place a common framework for marine 60 policy. The main objective of the MSFD is to achieve or maintain a good environmental 61 62 status (GES) of the EU's marine waters by 2020, which corresponds closely to the declared aims of the HELCOM Baltic Sea Action Plan (Ahtiainen et al., 2013). Since 1990, the main 63 goal of HELCOM has been to re-establish ecological equilibrium conditions. The general 64 situation is that, HELCOM identified decreasing contamination trends for a variety of 65 compounds, but with residual accumulation still present (Liehr, 2006). The Baltic Sea Action 66 Plan was adopted by the coastal countries and the European Community in November 2007; 67 as a regional intergovernmental program, it introduces measures to protect and manage the 68 marine environment based on the Ecosystem Approach. Thus, ecological objectives are used 69 to define indicators and targets, effect-based nutrient input and monitor implementations 70 (Backer et al., 2010). 71

Polychlorinated biphenyls (PCBs) are ubiquitous anthropogenic contaminants. They are
widely distributed in the environment through, for example, inappropriate handling of waste
material or leakage from transformers, condensers and hydraulic systems (HELCOM, 2013).
They are still emitted into the atmosphere via vaporization and open burning of products

containing PCBs (U.S.EPA, 2007) due to their production and application worldwide. Even 76 though PCB manufacture was banned in the 1980s (U.S.EPA, 2014), their release into the 77 environment is still a challenge. PCB concentrations decline only very slowly in soils and 78 sediments due to their high persistency and high sorption to the soil and sediment matrix 79 (Rein et al, 2007). Once accumulated mainly in the lipid-rich tissue of organisms, PCBs have 80 been shown to cause cancer and several serious non-cancer health effects (U.S. EPA, 2007). 81 For that reason, PCBs are defined as priority pollutants by the U.S. EPA (U.S. EPA, 2012) 82 and are included in the 2002 by OSPAR adopted list of chemicals for priority action (OSPAR, 83 2013). 84

85 Assessments of HOCs and their risks have traditionally been based on total concentrations of contaminants in the sediment, which are poorly related to the bioavailability and toxicity of 86 these pollutants (Mayer et al., 2014). Potential risks of adverse biological effects from 87 88 sediment associated contaminants are better related to concentrations of freely dissolved chemicals in the sediment porewater (effective concentrations) (Mayer et al., 2014). Today it 89 is known that the contaminant's total amount in the sediment is not a suitable measure since it 90 addresses neither of the two aspects of bioavailability defined by Reichenberg and Mayer 91 (2006): (1) Accessibility: The quantity of the contaminant in the system which can be made 92 available for an organism (i.e. the fraction which is not "trapped" in the environmental 93 matrix). (2) Chemical activity/fugacity: The contaminant's thermodynamic potential for 94 spontaneous physicochemical processes such as partitioning between different compartments 95 in an environmental system, including partitioning into biological tissues (bioaccumulation). 96

It has been shown that measurements of C_{free} , rather than their estimations using generic K_d values, can significantly improve the prediction of bioaccumulation (You, Landrum and Lydy, 2006; Mayer et al, 2014). Kraaij et al. (2003) predicted for instance internal concentrations of a few model HOCs in Tubificidae (benthic oligochaetes) as product of C_{free} and bioconcentration factors. The strong agreement with measured biota concentrations

102 confirmed that bioaccumulation was the result of partitioning (not excluding oral uptake as an103 exposure route).

104 The measurement of C_{free} or chemical activity (a) gives direct information about the direction 105 of the diffusive mass transfer, which always takes place from areas of high to low C_{free} 106 concentration and chemical activity (Reichenberg and Mayer, 2006). Chemical activities in 107 environmental media can be calculated by dividing C_{free} of a sparingly soluble compound in 108 water by its respective subcooled liquid solubility (S_L) (Schwarzenbach et al., 2003).

A number of studies have been carried out to investigate PCB sediment concentrations. 109 Nevertheless, studies are mostly restricted to specific regions in the Baltic Sea and only a few 110 studies have been investigating freely dissolved concentrations of PCBs in sediment pore-111 waters applying different types of passive sampling techniques (e.g. Cornelissen et al, 2008; 112 Jahnke et al., 2012). The major advantages of passive sampling over "classical methods" are 113 114 the simple sample preparation and considerably low detection limits especially regarding the highly hydrophobic substances that are enriched from water to polymer by 3-7 orders of 115 magnitude. Passive sampling techniques are environmentally "green", i.e. they are time and 116 cost efficient and less resource lavish. 117

The aim of this study was to comprehensively investigate exposure, fate, partitioning, 118 bioavailability, and baseline toxicity of selected PCBs. The study also makes substantial 119 contribution to the assessment of sediment characteristics in terms of providing the first large-120 scale investigation of seven PCBs using an equilibrium sampling approach in Baltic Sea 121 sediments. We identified (i) large scale horizontal gradients of C_{free} and chemical activity; (ii) 122 gradients of diffusion within sediment cores as well as at the sediment-water interface; (iii) 123 site specific distribution ratios (K_D) and (iv) the baseline toxic potential. The approach used in 124 this study provides a novel strategy to assess HOC contaminated sediments. It extends 125 conventional approaches and techniques currently applied and delivers distinct insights in 126 comparison to results obtained with classical analytical methods. 127

128

129 **Experimental section**

130 Sampling

Baltic Sea sediment cores were sampled in June and July 2008 during a cruise on the research 131 vessel "Maria S. Merian". The cores were obtained using a sediment multi corer and cut into 132 2 cm thick slices on board. The samples were homogenized and aliquots were stored at -18 °C 133 in pre-cleaned aluminum boxes and polyethylene (PE) containers until they could be 134 analyzed. A total core with a length of 20 cm was sampled from eleven stations. Bottom water 135 was sampled with the Kiel in-situ pump system (KISP, Aimes, Kiel, Gemany) described by 136 Petrick et al. (1996). KISP was fixed on a wire and lowered to preselected depth. After six 137 hours of sampling approximately 360 L was processed and HOCs collected onto a XAD-2 138 resin column. The loaded column was stored cool and dark until analysis. (For further 139 information of the sampling procedure please refer to text S6 (SI)). Hydrographical-chemical 140 parameters were obtained with a CTD rosette. A map showing the sampling locations is given 141 in figure S1 (SI). Details, geographical positions and sampling depth of the stations are 142 presented in SI, table S1. 143

144

145 Chemicals and other materials

A list of all materials and chemicals used as well as a description for treatment of glassware,
solvents and other materials are given in text S1 (SI) and S2 (SI), respectively.

148

149 Bulk sediment analyses

The water content and the total organic carbon content (TOC) were determined for all
sediment samples. In addition, black carbon (ROC) was measured for surface sediments. Text
S3 (SI) describes the procedures.

153

154 Chemical analyses of sediment and bottom water

The sediment samples were analyzed for freely dissolved and total PCB sediment concentrations (C_T) using equilibrium sampling and exhaustive extractions to yield concentrations for the seven indicator PCBs (PCB 28, 52, 101, 118, 138, 153 and 180). Figure presents the analytical procedure of sediment processing as a flow chart.

159 Solid phase micro-extraction (matrix-SPME) (Witt et al., 2009) was carried out to determine sediment porewater concentrations. The fibers were analyzed with a GC-MS system (7890A 160 GC, 5975C MSD, Agilent Technologies) equipped with a cold injection system (CIS) for 161 thermal desorption of the fibers and a GERSTEL Automated Liner EXchange system (ALEX) 162 for fully automated sample processing. Calculated freely dissolved concentrations were 163 temperature corrected from 20 °C (laboratory) to 4 °C (field) using the Van't Hoff equation 164 165 and actual fiber coating thicknesses were measured with laser scanning confocal technology. A detailed description of the analytical procedure (SPME experiments, GC-MS analyses, 166 measurement and calculation of C_{free} as well as important requirements) is given in the Text 167 S4 (SI). 168

Total sediment concentrations were determined by application of accelerated solvent extraction (ASE) to the sediment samples, followed by a SPE (solid phase extraction) cleanup of the extract and subsequent analyses via GC-MS. The analytical procedure is described in text S5 (SI).

Dissolved bottom water PCB concentrations were analyzed by extracting the loaded XAD-2 columns with solvents, a subsequent clean-up step and measurement of the compounds of interest with GC-MS. A precise summary of the analytical procedure is presented in text S6 (SI).

177

178 Quality control and assurance (QA/QC):

Method validation was performed by assessing measurement precision (10 times replicate of a standard solution), linearity (multipoint calibration, 3 replicates) and system solvent blanks of the analytical system. Evaluation of processing blanks, repeatability of the sample processing procedure (reference material and sample), recovery rates of the analytes (based on internal standard processing) and accuracy (standard reference sediment) were used to predict final uncertainty of the analytical results.

Precision of the measurement method was determined with < 10% for uncorrected and ISTD (internal standard) corrected area responses for the 7 PCBs. Linear regression of the calibration curves yielded coefficients of determination (R^2) > 0.990 and target PCBs were not detected in solvent blanks.

Method detection and quantification limits of the optimized methods (MDLs and MQLs) were 189 calculated using the average PCB target responses in processing blanks plus 3 times (MDL) 190 or 10 times (MQL) the standard deviation. MQLs were between 5 and 18 pg μ L⁻¹ PDMS for 191 PCBs. MDLs were lower than 10 pg μL^{-1} PDMS for all target compounds. Final mean 192 standard recoveries of internal and external PCB target compounds of standard test solutions 193 were 90% \pm 15%. For an average of eight sediment samples being extracted via ASE one 194 blank was processed and analyzed simultaneously. Mean standard recoveries of the internal 195 standard solutions added to each sample were calculated for all target compounds with 82% \pm 196 7%. Additionally, the standard reference materials EC-4 as well as OPH 058 and OPH 059 197 (QUASIMEME, Laboratory Performance Studies, http://www.quasimeme.org/) were equally 198 processed with the samples and checked for recovery. The measured concentrations for the 199 single compounds were in all cases in the range of certified values (\pm certified uncertainty). 200 Finally, the maximum uncertainty of the analytical results was predicted to be $\pm 30\%$. 201



Figure 1: Diagram presenting the steps of the analytical procedure of sediment processing.

204

205 **Results and Discussion**

206 Sediment characteristics

The TOC content of Baltic Sea sediment cores ranged from 1.4% - 11.5% (w/w, dry). Concomitant with progressive diagenesis at greater sediment depths, i.e. the decomposition of the sedimentary organic matter under oxic, sub-oxic and anoxic conditions by micro-biota and its mineralization, a decrease of TOC was observed. Average TOC values from the measured triplicates for each sampling station and depth are presented in detail in Table S2 (SI).

212 Besides TOC, black carbon (ROC) is suggested to play a major role in the sorption of hydrophobic organic contaminants (Jonker and Koelmans, 2002; Lohmann et al., 2005; 213 Cornelissen et al., 2005; Staniszewska et al., 2011). Depending on the measurement method 214 215 and definition the TOC can be interpreted to include the two components ROC and OC (organic carbon) fraction, i.e. OC + ROC = TOC (Accardi-Dey and Gschwend, 2002). ROC 216 contents ranged between 0.043% and 0.225% (w/w, dry) for the sediment layer of 2 - 4 cm 217 218 (individual values can be found in the SI). Jahnke et al. (2012) determined the ROC to be approximately 0.2% in surface sediments of the Stockholm Archipelago after applying the 219 220 method of Gustafsson et al. (1997) for soot quantification, which closely corresponds to the 221 data from the Åland Sea (605) recorded herein.

222

223 Composition of the sum of C_{free} in surface sediments and spatial distribution

The most hydrophobic PCBs (CB 118 - CB 180) yielded very low concentrations compared to 224 the less hydrophobic PCBs (CB 28 - 101). The PCB distribution pattern was similar among 225 the sampling stations (see Box-plot, Figure 2). CB 28 and 52 yielded markedly higher 226 variability of Cfree for the sediment depth 0 - 2 cm in contrast to the other PCBs. For CB 118 227 an outlier was observed at the Bothnian Bay (site BB03). CB 101 concentrations were notably 228 lower at the Gulf of Finland (site 302 and 305) compared to the other stations. Box-plots of 229 PCB distribution patterns and therefore C_{free} concentration ranges for all sediment depths at 230 the eleven investigation sites are given in figure S2 (SI). 231

Jahnke, et al (2012), studied freely dissolved concentrations in surface sediments along an E-232 W transect from central Stockholm towards the outer Stockholm Archipelago (in the region of 233 site 605 (Åland Sea)) and found decreasing trends in this direction. Their results for 7 PCB 234 congeners are in good agreement with the data presented in this study. Within congener 235 concentration variability, in some cases CB 28 and CB 52 were up to 3 - 7 higher in this study 236 and for CB 101, 118, 153, 138 and 180 up to 10 times higher in their study. The lower 237 concentrations of the higher chlorinated PCBs at the Åland Sea were consistent with their 238 239 decreasing trends towards the open Baltic Sea.

240

241 Distribution of C_{free} in sediment cores



Figure 2: Box-plots for the 7 measured PCBs as depth profiles, including the C_{free} concentration values [pg L⁻¹] for all sampling stations of the Baltic Sea in each box. Each box displays the median, the 10-, 25-, 75- and 90-percentile as well as the extreme value (asterisk) and outlier (circle) for the compound of interest.

247

Figure 2 displays box-plots as depth profiles for the 7 PCBs, including the Cfree data for all 248 Baltic Sea sampling stations in each box. Highly elevated freely dissolved PCB 249 concentrations were mainly found in deeper sediment layers (8 - 16 cm). Since PCB 250 manufacture was banned around the 1980s, a rapidly decreasing environmental concentration 251 could be expected to be reflected in the upper sediment layers by lower concentrations. Even 252 though their release in the environment is on-going through burning of PCB containing 253 products and strong environmental persistence. In most cases PCBs were not elevated in the 254 255 upper sediment layers. However, increasing concentration levels towards the upper sediment layers were observed for PCBs in the northern Baltic Sea. A clear increase was observed for 256 station 603 (Bothnian Sea), whereas slightly elevated Cfree levels were found at the Bothnian 257 Bay (BB03) for CB 101 and CB 118. Individual depth profiles for the sediment cores and 258 measured PCBs are displayed in figure S3 (SI). 259

260

261 **Baseline toxicity**

The sum of chemical activities, calculated from the single C_{free} values of the individual compounds is an indicator of the baseline toxic potential of a mixture (Di Toro et al., 2000). Baseline toxicity, also referred to as narcosis, is the minimal toxicity a single compound can cause when crossing membranes (Escher and Schwarzenbach, 2002). Mixtures can include thousands of individual compounds and even if all these compounds are below the threshold level of specific toxicity, the underlying cumulative baseline toxicity might determine the overall toxic effect (Escher et al., 2002).

In this study baseline toxicity or rather the contribution to the baseline toxicity potential of a mixture was evaluated for the sum of seven PCBs. The PCB mixture showed moderate variations between the sites and was below lethality in any case. In most cases the contribution of the sum of PCBs to the baseline toxic potential was approximately a factor of thousand below the effective activity range (EA50, between 0.01 and 0.1). At this chemical activity range baseline toxicity is lethal (Reichenberg and Mayer, 2006).

Values for the sum of chemical activities (seven PCBs) for all sediment depths at the sampling stations and the mean, maximum and minimum value for each station are presented in table 3 (SI). Within the sediment cores the highest chemical activities were mostly found in the middle or deeper sediment layers, suggesting that an organism experiences lower exposure from PCBs in surface sediment layers. Depth profiles of the sum of chemical activities of the seven PCBs for all sampling stations can be found in figure S4 (SI).

281

282 Comparison of the composition of C_{free} and chemical activity

A comparison of the variation in molecular composition of the 7 PCBs as a percentage of Cfree 283 and chemical activity for station BB03 at a sediment depth of 0 - 2 cm is given in Figure 3. 284 Although the percentage composition of C_{free} and chemical activity varied moderately 285 between the sampling stations, the general distribution of the PCBs was consistent for a depth 286 of 0 - 2 cm. Lower chlorinated PCBs had only a minimal contribution to the chemical activity 287 and therefore to baseline toxicity. In contrast, higher chlorinated PCBs which contributed less 288 to C_{free}, predominated the contribution to the overall exposure when expressed as chemical 289 activity. This example clearly demonstrates the relevance of not only freely dissolved 290 concentrations, but also on the properties of a single compound when assessing baseline 291 toxicity from chemical activities of a contaminant mixture. Thus, the baseline toxicity of PCB 292 mixtures is not only controlled by the concentration but also by the properties and 293 characteristics of the individual compounds. In this context, it is relevant to be mentioned, 294

that freely dissolved PCBs concentrations were found to be 2 - 3 orders of magnitude lower
than PAHs concentrations (Lang et al., 2015). Nevertheless, the sum of chemical activities
and hence the contribution to the baseline toxic potential was only one order of magnitude
lower for PCBs compared to PAHs.



299

Figure 3: Comparison between the contributions of 7 individual PCBs to C_{free} and chemical
activity in percentage for the surface sediment layer (0 - 2 cm) at site BB03 (Bothnian Bay,
Baltic Sea).

303

304 **Diffusion gradients**

An indicator for diffusive mass transfer of contaminants is also the chemical activity (Reichenberg and Mayer, 2006). Diffusion always takes place from high to low chemical activity. Diffusion gradients, i.e. the direction of contaminant mass transfer in the sediment can be seen in the vertical profiles of the chemical activities. In addition, the diffuse mass transfer at the sediment water interface was investigated for PCBs to address the question whether the Baltic Sea sediments act as diffusive source or as diffusive sink to the water column.

Figure 4 displays the activity profiles of the sum of seven PCBs for site 113 (Arkona Sea), 305 (Gulf of Finland) and 605 (Åland Sea). The black arrows indicate the direction of contaminant diffusion within the depth profile from high to low chemical activity. PCB activity profiles for the other stations without indicative arrows are given in figure S4 (SI) and individual values in table S3 (SI).

Station 113 represents a profile determined by a low range of chemical activities over the 317 entire depth and therefore low diffusion gradients. Site 305 (Gulf of Finland) showed a 318 maximum chemical activity at a sediment layer of 6 - 8 cm and a diffusion trend towards the 319 upper and deeper sediment layers. Site 605, represents a diffusion pattern directed to mid 320 sediment layers and was not observed at any other site. Profiles with low variations in 321 chemical activities were also found for stations 213, 233 and 259. All other stations revealed a 322 clearly identifiable maximum in middle up to deeper sediment layers with a varying diffusion 323 324 trend towards upper and deeper sediment layers.

325



326

Figure 4: Vertical profiles of the sum of chemical activities for three Baltic Sea sampling
sites (113, 305 and 605) calculated from seven PCBs for each depth. Small and large black
arrows indicate small-scale and overall diffusion trends, respectively.

Sediment to water activity ratios: Chemical activities of sediment porewater (surface layer, 331 0 - 2 cm depth) were plotted against chemical activities of the bottom water for PCBs (figure 332 S5 (SI)). Calculated activity ratios (a_{PW}/a_{BW}) between sediment porewater (PW) and bottom 333 water (BW) indicate whether sediments act as diffuse source or sink. The grey line in the 334 diagrams indicates similar activities $(a_{PW}/a_{BW} = 1)$ in sediment porewater and bottom water, 335 which implies a similar energetic state between these compartments where no spontaneous 336 diffusion processes occur. A ratio of $a_{PW}/a_{BW} > 1$ suggests that the sediment acts as a source 337 of PCBs to the water body, while a ratio of $a_{PW}/a_{BW} < 1$ suggests that the sediment acts as a 338

339 sink.

In a few cases the chemical activities of the 7 PCBs were almost equal (thermodynamic 340 equilibrium, $a_{PW}/a_{BW} = 1$) or lower (disequilibrium, $a_{PW}/a_{BW} < 1$) in the sediment compared to 341 the chemical activities in the bottom water. Exceptional diffusive flux, directed from water to 342 343 sediment (a_{PW}/a_{BW}: 0.26 - 1.04) were found at site 302 and 305 (Gulf of Finland) for CB 118, CB 138 and CB 153 and at station 284 (Western Gotland Sea) for CB 180 and the sediment 344 was assumed to act as a sink. In all other cases the ratios were: $a_{PW}/a_{BW} > 1$, which implies the 345 sediment to act as a diffuse source for PCBs. Calculated chemical activity ratios of sediment 346 porewater to bottom water (a_{PW}/a_{BW}) for the seven different PCBs at the 11 sampling stations 347 are given in table S4 (SI). 348

In a previous study (Cornelissen et al., 2008), mean a_{PW}/a_{BW} ratios close to one were calculated for 14 PCBs at five locations in the open northern Baltic Sea region. They concluded equilibrium conditions between sediment porewater and overlying water in the open Baltic Sea, which implies no overall diffusive flux of PCBs. Further, Jahnke et al reported higher chemical activities of PCBs in lake and Baltic Sea sediment compared to biota and water (Jahnke et al, 2012; Jahnke et al, ES&T 2014; Jahnke et al, ESPI 2014).

355

356 Site specific distribution ratios (K_D)

It is also known that black carbon (ROC, a part of the TOC) - like organic carbon - is an 357 important sorbent for PCBs in the Baltic Sea (Gustafsson et al., 1997; Gustafsson et al., 2001; 358 Cornelissen and Gustafsson, 2005b). ROC was measured in addition to TOC, to investigate its 359 impact on the sorption behavior of the compounds in Baltic Sea sediments. An assessment of 360 correlation between K_D values (= C_T/C_{free} [L Kg⁻¹ dw]) and ROC as well as TOC yielded 361 positive results. The K_D values were plotted against TOC and ROC and regional differences 362 of the sorption capacity and sorptive strength of the sediments were identified. K_D values and 363 plots of K_D against TOC and ROC for individual PCBs can be found in table S5 (SI) and in 364 figure S7 (SI), respectively. 365

A strong correlation with TOC was found for all PCBs in the northern Baltic Sea region (R^2 : 366 0.84 - 0.94). In contrast, a moderate correlation with ROC was observed (R^2 : 0.46 - 0.82) for 367 this region. The correlation with ROC was also lower and inverse compared to TOC, 368 suggesting that the major sorbent for PCBs is TOC in the northern Baltic Sea region. Jahnke 369 et al. (2012) confirmed TOC as the major sorbent for PCBs in the Stockholm harbor and 370 Archipelago, with R^2 values between 0.49 - 0.70 for six PCBs. Compared to the northern 371 Baltic Sea region, the southern Baltic Sea region yielded low to moderate correlation 372 coefficients between K_D values and both TOC and ROC. The R² values between TOC and K_D 373 ranged from 0.05 - 0.89, but with CB 101, 138 and 180 showing R^2 values < 0.1 and CB 28, 374 52, 118, 153 R^2 values between 0.52 and 0.89. In contrast, R^2 values for ROC and K_D ranged 375 between 0.004 - 0.74, with CB 28, 52 and 118 showing R^2 values < 0.22 and CB 101, 138, 376 153, 180 R² values between 0.61 and 0.74. For this region, the correlation with ROC was also 377 inverse, but reverse of that in the northern Baltic Sea region. The results for the southern 378 Baltic Sea region suggest a compound dependent sorption to ROC and TOC. CB 28, 52, 118 379 and 153 are more likely associated with TOC and CB 101, 138, 153 and 180 are more closely 380 associated with ROC, while CB 153 showed similar R² values with TOC and ROC. In the 381 case of PCBs, station 271 (Gotland Deep) did not associate with any regional trends. With 382

383 very high TOC content (11.1%) and the highest K_D values across all sites it remained 384 exceptional.

An earlier study presented by Konat and Kowalewska (2001) showed trends and fate of PCBs 385 in sediments of the southern Baltic, identifying main sources of contamination as floods and 386 heavy rains washing these compounds from land to the sea, while PCB pollution is not 387 directly attributable to specific human activity. Further they concluded that algae and algal 388 detritus play an important role in the transport and distribution of PCBs in the southern Baltic, 389 because of high correlation of PCBs with chlorophyll as derivatives. The northern Baltic Sea 390 region in contrast, was directly influenced by industrial PCB discharge, before hot spots in 391 392 this area were controlled (HELCOM, 2012 and 2013).

In a PCB survey of the U.S. EPA (2007) difference between urban and rural atmospheric 393 pollution by PCBs was observed. The higher chlorinated PCBs, typically associated with the 394 395 particle phase, were found at higher concentration in urban sites, whereas at rural sites, the PCB mixture had more PCB congeners with lower chlorination, typically associated with the 396 gas phase. The distinct origin and input of PCBs between the two regions may explain the 397 differences in sorption behaviour to TOC and ROC in general, whereas the northern Baltic 398 Sea region could be described as dominated by rural inputs in contrast to the urban and 399 industrial influenced southern Baltic Sea. 400

401

402 A plot of K_D against K_{OW} (Figure S6 (SI)) gives evidence of higher sorption strength of the 403 sediments in the western Baltic Sea and Baltic Proper compared to the Gulf of Finland and 404 northern Baltic Sea. The sediments of the Gotland Deep (station 271) have highest sorption 405 strength for PCBs compared to all other sites. At the northern Baltic Sea region, highest K_D 406 values were observed for station BB03. Compared to site 603 and 605, station BB03 showed 407 a higher TOC content and sediment concentrations, while C_{free} was only slightly elevated. In 408 the Gulf of Finland, station 305 revealed only slightly higher K_D values than site 302 and

freely dissolved concentrations were similar at both sites. However, total sediment 409 concentrations were approximately double compared to those at site 305, while the TOC 410 content was nearly half of the one at site 302. Thus, this would suggest that PCBs are more 411 available for partitioning into the porewater at site 302, while the sorption strength is higher at 412 site 305. In the southern Baltic Sea region lowest K_D values were observed at the Gdansk 413 Deep (233). Compared to site 113, 213 and 259, total sediment concentrations were lowest, 414 while C_{free} was similar for all stations indicating lower sorption strength and therefore a 415 possibly higher bioavailability of the sediment bound PCBs in this region. 416

417

418 Conclusions

This study provides the first comprehensive dataset on freely dissolved concentrations and 419 contaminant chemical activities of PCBs in Baltic Sea sediments. The SPME ALEX GC-MS 420 method used for this basin-scale investigation proved to be a suitable and efficient tool to 421 measure C_{free}. The method is straightforward provided some application conditions are 422 considered. Measurements of Cfree from seven indicator PCBs at the main sedimentation 423 basins of the Baltic Sea allowed for the investigation of spatial gradients among and within 424 the sites. Furthermore, the baseline toxic potential was successfully assessed. Highly 425 hydrophobic substances were characterized by rather low levels for Cfree and high levels of 426 chemical activity. This means that whilst the contribution of such substances to the pool of 427 freely dissolved molecules is often negligible, their contribution to the baseline toxic potential 428 may be of high relevance. Moreover, this study clearly shows that C_{free} and chemical activity 429 are important exposure parameters for expressing bioavailability and predicting baseline 430 431 toxicity and physico-chemical processes like diffusion. The obtained results can be directly applied within a quantitative thermodynamic exposure assessment framework. On this basis, 432 the presented results should be considered when assessing environmental risk and remedial 433 434 actions. Further investigations should involve other HOCs of concern, such as PCDD/Fs,

PBDEs, PAHs and BFRs. It seems especially relevant to estimate and sum-up the contribution of mixture constituents to the baseline toxicity of complex mixtures, including priority pollutants as well as other hydrophobic chemicals. Reproducing and linking freely dissolved concentrations of HOC mixtures measured in the sediment pore-water to aquatic toxicity testing via passive dosing (Smith et al. 2010a, Smith et al. 2010b, Schmidt et al., 2013) which ensures constant exposure concentrations in bioassays over time, allows then for an ecotoxicological assessment under nearly `true` field conditions.

442

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List of figure captions of the main manuscript:

Figure 1: Diagram presenting the steps of the analytical procedure of sediment processing.

Figure 2: Box-plots for the 7 measured PCBs as depth profiles, including the C_{free} concentration values [pg L⁻¹] for all sampling stations of the Baltic Sea in each box. Each box displays the median, the 10-, 25-, 75- and 90-percentile as well as the extreme value (asterisk) and outlier (circle) for the compound of interest.

Figure 3: Comparison between the contributions of 7 individual PCBs to C_{free} and chemical activity in percentage for the surface sediment layer (0 - 2 cm) at site BB03 (Bothnian Bay, Baltic Sea).

Figure 4: Vertical profiles of the sum of chemical activities for three Baltic Sea sampling sites (113, 305 and 605) calculated from seven PCBs for each depth. Small and large black arrows indicate small-scale and overall diffusion trends, respectively.

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1 Highlights

- The baseline toxicity of the PCB mixture was below lethality at all sampling sites
- Expressed as chemical activity higher chlorinated PCBs contributed most to
 exposure
- 5 The sediment was assumed to act as a sink for PCBs in some individual cases
- Sorption capacity/sorptive strength of sediments for PCBs revealed regional
 differences