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Published in:
IEEE Transactions on Ultrasonics, Ferroelectrics and Frequency Control

Link to article, DOI:
[10.1109/TUFFC.2018.2838518](https://doi.org/10.1109/TUFFC.2018.2838518)

Publication date:
2018

Document Version
Peer reviewed version

[Link back to DTU Orbit](#)

Citation (APA):
Holbek, S., Hansen, K. L., Fogh, N., Moshavegh, R., Olesen, J. B., Bachmann Nielsen, M., & Jensen, J. A. (2018). Real-time 2-D Phased Array Vector Flow Imaging. *IEEE Transactions on Ultrasonics, Ferroelectrics and Frequency Control*, 65(7), 1205-1213. <https://doi.org/10.1109/TUFFC.2018.2838518>

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Real-time 2-D Phased Array Vector Flow Imaging

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Abstract—Echocardiography examination of the blood flow is currently either restricted to 1-D techniques in real-time or experimental off-line 2-D methods. This paper presents an implementation of transverse oscillation for real-time 2-D vector flow imaging (VFI) on a commercial BK Ultrasound scanner. A large field-of-view (FOV) sequence for studying flow dynamics at 11 frames per second (fps) and a sequence for studying peak systolic velocities (PSV) with a narrow FOV at 36 fps were validated. The VFI sequences were validated in a flow-rig with continuous laminar parabolic flow and in a pulsating flow pump system before being tested *in vivo*, where measurements were obtained on two healthy volunteers. Mean PSV from 11 cycles was 155 cm s^{-1} with a precision of $\pm 9.0\%$ for the pulsating flow pump. *In vivo*, PSV estimated in the ascending aorta was $135 \text{ cm s}^{-1} \pm 16.9\%$ for 8 cardiac cycles. Furthermore, *in vivo* flow dynamics of the left ventricle and in the ascending aorta were visualized. In conclusion, angle independent 2-D VFI on a phased array has been implemented in real-time, and it is capable of providing quantitative and qualitative flow evaluations of both complex and fully transverse flow.

in the heart chambers, where rapidly changing flow dynamics are present [9].

The angle dependency problem can be avoided using 2-D vector flow imaging (VFI) [10]–[14]. With VFI, the sonification angle is in principle irrelevant, although the actual performance might be reflected in the beam-to-flow angle.

Recently, several approaches have been reported in the literature for phased array VFI. A well known VFI technique that has been applied on a phased array transducer is speckle tracking [15], which has been implemented for both 2-D [16], [17] and 3-D imaging [18] in echocardiography. Also directional beamforming methods have successfully been applied to estimate both 2-D [19] and 3-D VFI [20] on 1-D and 2-D phased array transducers, respectively. Additionally, Doppler vortography has been proposed to visualize vortices forming in the left ventricle [21]–[23]. An overview of all major methods for vector flow imaging for sequential data acquisitions is found in [24] and for parallel acquisition in [25].

This paper uses the transverse oscillation (TO) method [26], [27] for estimating 2-D VFI on a phased array transducer. Experimental 2-D VFI results for cardiac applications have previously been reported in the literature for a 1-D phased array transducer [28] and in a 3-D expansion of the technique for blood flow estimation in superficial vessels using a 2-D phased array matrix probe [29], [30]. Moreover, the TO method has also been used for tissue displacement estimation [31], which was further developed on a phased array for 2-D motion estimation in echocardiography [32]. However, until today, none of the developed methods for phased array VFI have been implemented on a scanner for real-time rendering. Mindray have implemented VFI using the approach by Yu et al [33] based on multi-angle velocity estimation, and GE has introduced blood speckle imaging based on plane wave transmissions and speckle tracking. Both implementations are, however, not real time, and they have an acquisition phase and a display stage due to their high calculation demands.

In this paper, we present a setup for real-time phased array VFI using the TO method, which currently is implemented on a linear and a curved array. The approach is validated in two phantom setups (constant parabolic flow and pulsating flow) and *in vivo* on two healthy volunteers.

I. INTRODUCTION

Assessment of cardiac function is often evaluated with echocardiography [1]. Small phased array transducers are the preferred choice for echocardiography, since the footprint should fit between the ribs of the patient, and a large field-of-view (FOV) is required to image the dynamics of entire heart chambers. Standard echocardiography examinations provide clinicians with a real-time cross-sectional image of the heart with the option of overlaying the image with 1-D blood flow information using color Doppler techniques or by using 1-D spectral Doppler methods, which provide velocity estimates in a range gate specified by the user. Access to information about flow dynamics in the heart chambers and to cardiac output estimates have become important for assessment of the physiological functioning of the heart and for cardiac surveillance [2]–[5].

However, one of the limitations with the current 1-D velocity estimators is their sensitivity to false estimates [6], [7], which commonly arise from the manual angle correction by the operator, also denoted the angle dependency problem. Furthermore, conventional 1-D spectral Doppler assumes a fixed beam-to-flow angle throughout the entire cardiac cycle, which is not always the case [8]. The fixed-angle assumption also hinders quantitative examination of blood flow velocities

II. MATERIALS & METHODS

The following section describes the applied materials and reviews the methods used in this study. An overview of the specifications is found in Table I.

A. Scanner setup

A commercially available ultrasound scanner (BK 5000, BK ultrasound, Herlev, Denmark) was used along with a phased array transducer with a frequency range from 1-5 MHz (5P1, BK Ultrasound, Herlev, Denmark) for transthoracic cardiac application.

B. Transverse Oscillation velocity estimator

The transverse oscillation method was used as the velocity estimator in this work and is based on the idea introduced by Jensen and Munk [26]. This paper only reviews the basic principles of the phase shift estimator, but an in depth introduction can be found in the literature [10].

Similar to the conventional axial auto-correlation velocity estimator [34], the TO estimator relies on generating a lateral oscillating field, from which the lateral velocity component can be estimated. The lateral oscillating field is generated in receive by applying two rectangular apodization functions separated by the distance d_x in receive. The depth dependent lateral wavelength $\lambda_x(z)$ is then given by

$$\lambda_x(z) = 2\lambda_z \frac{z}{d_x}, \quad (1)$$

where z is the depth and λ_z the axial wavelength. The theoretical derived lateral wavelength has previously shown to be biased, and hence, an optimization procedure has to be performed to find the unbiased wavelength [35]. The apodization profiles used in this study were two separated 16 element rect-functions.

Steered focused emissions were used in this study, and for each transmit event three lines were beamformed. One line used for the axial estimator was beamformed along $(0, z)$, and two lines used for the lateral velocity estimator were beamformed along $(\pm \lambda_x(z)/8, 0, z)$. The maximum detectable lateral velocity without reaching the aliasing limit is then given by

$$v_{x(z)_{max}} = \pm \frac{\lambda_x(z) f_{prf}}{4k}, \quad (2)$$

where f_{prf} is the effective system pulse repetition frequency (PRF) and k the applied lag in the auto-correlation function.

Parameter	Value
Scanner	BK 5000
Transducer	Phased array
Number of elements	96
Width of TO peaks	16 elements
Tx center frequency	2.7 MHz
Pulse periods	3
F-number	4.2
Lateral oscillation wavelength	5.8 mm
Pulse repetition frequency	3.1 kHz
Moving average	4 frames

Table I: Major parameters for the vector flow imaging.

With the current setup, this implies that at 8 cm depth with $\lambda_x = 5.8$ mm, $k = 1$ and at an f_{prf} 3.1 kHz, a theoretical lateral velocity of ± 4.5 m s⁻¹ can be detected.

C. Beamforming

Following the lateral wavelength optimization routine [35], a λ_x was determined at the focal depth of 8 cm. Based on the trigonometric relation between the depth of investigation and λ_x , a beamforming angle $\pm\theta$ was estimated. The beamforming angle was fixed for all VFI transmit events. An illustration of the setup is seen in Fig. 1.

Figure 1: Illustration of the TO beamforming setup. Two lines are beamformed at a fixed angle $\pm\theta$ relative to the focal point for estimation of the lateral velocity component. Here, a receive apodization consisting of two peaks separated by a distance d is used. A third line is beamformed along the direction of the focal point for estimation of the axial velocity component.

D. VFI sequences

A 3-cycle pulse transmitted at 2.7 MHz with an F-number of 4.2 was used for the flow emissions. Two different interleaved line-by-line VFI sequences were used in this study as illustrated in Fig 2;

- 1) VFI sequence with 68 transmit lines providing a large Field-of-view (FOV) at 11 frames per second (fps) to study qualitative heart chamber flow complexity.
- 2) VFI sequence with 8 transmit lines providing a small FOV and a higher frame rate of 36 fps to study quantitative peak velocities.

The depth of the B-mode image was 15 cm and for flow estimates 10.6 cm in both setups. 12 emissions were used for flow estimate/frame, and a moving average of size 4 frames was applied continuously on the estimates before the final rendering.

Figure 2: The two VFI sequences used in the study. VFI data are present within the area encapsulated by the blue lines and B-mode information is present inside the larger black area. 1) provides a large FOV at a low frame rate. 2) Provides a small FOV at a high frame rate.

E. Echo cancellation and filtering

For stationary echo cancellation a simple removal of the DC component was achieved by subtracting the mean of the eight transmissions from the ensemble window. The resulting flow estimates were later filtered spatially through a two-fold process. Initially, an anti-aliasing algorithm was imposed to minimize the risk of any inexpedient discontinuities in the estimated flow field before applying the smoothing algorithm. The smoothing algorithm consisted of a 3-point median filter in the axial direction, and a 5x5-point median filter for the lateral direction.

F. Data acquisition

Data acquisition of the real-time VFI displayed on the ultrasound scanner was performed, when the operator pushed a dedicated button in the ultrasound scanner user interface for data streaming. A continuous stream of processed B-mode and VFI frames were stored on the scanners' hard drive until the operator ended the data dump via the interface. The data were subsequently transferred to a Linux PC, where off-line visualization and data analysis were performed with an in-house built visualization tool.

G. Visualization tool

Although real-time rendering of the 2-D velocity estimates was present on the scanner, an in-house developed MATLAB-based visualization GUI was used to analyze all the stored cine-loop data off-line. Data were loaded in the GUI and visualized as seen in Fig. 3. Data were processed using either of two developed methods for analysis: A single point analyzer, which estimates the flow in a user-specified position through time. This was only used for analyzing pulsating flow, i.e. during experimental flow pump measurements and in *in vivo* measurements. At the user-specified location, the velocities through time were found, and an automated algorithm was applied to identify multiple heart cycles and align the estimates, such that the mean cardiac cycle $\pm$ one standard deviation (STD) could be inspected. The second method was a multi line approach, which calculated the mean flow profile along user-defined start and end steering directions as illustrated in Fig. 3.

Figure 3: Screen shot from the visualization tool where velocity and angle analysis can be made for multiple steering angles illustrated by the green lines. The flow direction and the magnitude are given by the length and direction of the white arrows and the color overlay.

III. MEASUREMENT SETUP

In all phantom measurements, the transducer was placed in a fixture initially at 90° relative to the straight vessel, which could be angulated in steps of 5° . Furthermore, the fixture could be adjusted to vary the distance from the transducer surface to the measuring site.

A. Flow-Rig

Measurements on steady laminar flow were performed in an in-house built flow-rig system. An 1.2 m long inlet ensured that a parabolic flow profile was present at the measuring site. Blood mimicking fluid was driven in the system by a MAG 1100 flow meter (Danfoss, Hesselager, Denmark), which provided a volumetric flow rate of Q . At the measuring site, the rubber vessel ($\varnothing = 12$ mm) was immersed into a water tank containing demineralized water. The flow rate was set to $102.6 \text{ mL min}^{-1}$ translating to a peak velocity of 50 cm s^{-1} , and the center of the vessel was located at 8 cm depth. The large FOV sequence (sequence 1) was used in the flow-rig measurements.

B. Pulsatile Flow Pump

A flow system (CompuFlow 1000, Shelley Medical Imaging Technologies, Toronto, Canada) was used to generate a pre-defined time-varying carotid flow waveform with user defined output flow rate. The cycle time was 0.84 s translating to 71 beats per minute. The manufacturer specified flow rate accuracy of the system was $\pm 3\%$. The flow pump was connected to a customized tissue mimicking phantom (Dansk Fantom Service, Frederikssund, Denmark), containing a straight-vessel ($\varnothing = 4$ mm) with the center located 6.6 cm beneath the transducer's surface. Measurements were conducted with a

Figure 4: Illustration of the flow-rig measurement setup containing a parabolic flow. The flow-to-transducer angle is denoted by the solid black line and the beam-to-flow angle is denoted by the steered dotted black line.

Figure 5: Results from flow-rig measurements using a large FOV sequence. All results are shown as a function of relative beam-to-flow angle. a) Estimated mean velocity for a 90° flow-to-transducer angle. c) Estimated flow angle error for a 90° flow-to-transducer angle. b) Estimated mean velocity for a 115° flow-to-transducer angle. d) Estimated flow angle error for a 115° flow-to-transducer angle. All graphs are shown with $\pm$ one STD (error bars) and the expected value (orange line).

The highest bias is seen at a relative beam-to-flow angle close to 90°, which reaches 62% and 29% at the respective flow-to-transducer angles of 90° (Fig. 5a) and 115° (Fig. 5b). The sharp rise in bias around a 90° relative beam-to-flow angle is further discussed in Section V. As the flow direction gradually deviates from a purely transverse flow, the STD on both the velocity estimate and the estimated flow angle increases. For a 115° flow-to-transducer angle (Fig. 5b), the STD on the velocity is lowest at a 102° beam-to-flow angle ($\pm 9.3\%$) and highest at 136° ($\pm 53.8\%$). Similarly, the STD on the flow angle estimate rises from $\pm 0.5^\circ$ to $\pm 12.2^\circ$ at the respective beam-to-flow angles of 92° and 136° (Fig. 5d).

Results for selected velocity and flow angle profiles at 90° and 115° flow-to-transducer angles at -25° and 0° steering angles are seen in Figs. 6 and 7. Here, a reverberation artefact is seen as a second spike in the estimated velocity magnitude, located after the true peak of the parabolic flow. The artefact is seen in Fig. 6a and 7b around 9 cm depth. The artefact did not influence the estimated theoretical parabolic peak velocities.

B. Flow Pump Measurements

A total of 10 s of data were recorded with the small FOV sequence corresponding to 11 cycles. The results for the estimated velocity magnitude in the center of the vessel are shown in Fig. 8a. Coherent alignment of the identified 11 cycles gave a mean peak velocity of $155 \text{ cm s}^{-1} \pm 9.0\%$ (Fig. 8b). The estimated flow angle through time is seen in Fig. 8c and the mean angle throughout the entire cycle was 90.4° with an STD of $\pm 0.4^\circ$ (Fig. 8d).

mean output flow rate of 5.13 mL/cycle. The small FOV sequence (sequence 2) was used in the pulsatile flow pump measurements.

C. FDA Limits

Intensity measurements were performed for the two sequences: 1) $I_{spta} = 1121 \text{ mW/cm}^2$ and $MI = 1.42$. 2) $I_{spta} = 5565 \text{ mW/cm}^2$ and $MI = 0.95$. All within current FDA limits [36]. Furthermore, the measured rise in surface temperature also met the FDA limits for both sequences.

D. In vivo Measurements

The *in vivo* study has been approved by the local ethics committee (no. 17020259). *In vivo* measurements were performed on a healthy 31 year old male (volunteer 1), and on a healthy 43 year old male (volunteer 2). The volunteers had been resting for 10-15 min in supine position prior to the examination. A parasternal long axis (PLAX) view of the ascending aorta was obtained both with the large FOV and the small FOV sequence on volunteer 1, and a large FOV measurement was obtained of the left ventricle on volunteer 2. The measurements were performed by a radiologist (KLH) with 10 years of experience in working with ultrasonic VFI.

IV. RESULTS

A. Flow-Rig Measurements

Data from the flow-rig measurement were loaded into the visualization GUI. Mean absolute velocity profiles with bias, flow angles, and STD were calculated based on the first 100 frames of acquisition. Profiles were calculated from the steering angles -25° to 25° in steps of 1° for the flow-to-transducer angles 90° and 115°, where the flow-to-transducer angle is the relative angle between the flow in the straight vessel and the transducer surface. A schematic illustration of the setup is seen in Fig. 4.

All metrics were calculated at the position inside the vessel, where the highest mean absolute velocity was found (Fig. 5).

Figure 6: Estimated flow rig mean velocities and mean angles (red curve) $\pm$ one STD (grey area) based on 100 frames for a 90° beam-to-flow angle for a -25° steering angle (a),(c), and for a 0° steering angle (b),(d).

Figure 7: Estimated flow rig mean velocities and mean angles (red curve) $\pm$ one STD (grey area) based on 100 frames for a 115° flow-to-transducer angle for a -25° steering angle (a),(c), and for a 0° steering angle (b),(d).

C. In Vivo

Results from the PLAX view of the ascending aorta measured on volunteer 1 are presented in Figs. 9-10. Quantitative measures of the velocity magnitude acquired from a single position obtained central in the left ventricular outflow tract (LVOT) between the cups of the aortic valve are illustrated in Fig. 9. Fig. 10a shows the estimated velocity magnitudes through time for 10 s at the given position, where in total 8 full cardiac cycles were recorded. Fig. 10b shows the combined mean cardiac cycle velocities with their STDs. The mean peak systolic velocity (PSV) was 136 cm s^{-1} with an STD of $\pm$

Figure 8: a) Estimated temporal velocity in the center of the vessel in a flow pump setup. b) Coherent alignment of the identified cycles, with mean cycle velocity (red curve) $\pm$ one STD (grey area). c) Estimated temporal flow angle. d) Estimated mean flow angle (red curve) $\pm$ one STD (grey area).

Figure 9: PLAX view of the ascending aorta. VFI was present in the outlined blue area and temporal velocity magnitudes were derived at the position denoted with the green square, just between the valves at 6.6 cm depth. AA = ascending aorta, LV = left ventricle.

16.9%. In Fig. 11a, an obtained four-chamber view depicts the diastolic flow in the left ventricle of volunteer 2. A vortical flow is formed with the flow motion going along the free wall towards the apex and returning along the septum to the LVOT. In Fig 11b, the ascending aorta is shown in PLAX view with transverse laminar flow through the LVOT during systole.

V. DISCUSSION

The aim of this study was to implement phased array VFI on a commercial scanner for real-time rendering, which was successfully accomplished. Qualitative results of flow dynamics were shown in real-time on the scanner, whereas quantitative analyses were made off-line with an in-house built

Figure 10: a): Estimated velocity magnitude in the ascending aorta for 10 s. b): Combined mean cardiac cycle velocity magnitude (red curve) $\pm$ one STD (grey area). 8 consecutive heart cycles were used in the statistics.

the lateral direction is relatively small compared to the lateral wavelength, and hence, some of the signal from blood scatter movement might be removed during echo canceling. Future work should therefore focus on identifying if alternative echo canceling filters can be applied without causing the sharp rise in bias at a 90° beam-to-flow angle, and whether it is related to the large difference in the lateral and axial wavelengths.

The removal of low frequency content in the lateral spectrum will bias the spectrum towards a higher mean lateral frequency affecting the velocity estimates towards higher values, since they are directly proportional to the mean lateral oscillation frequency. A method for improving performance is therefore to use directional lines, where the spectrum can be estimated and used in a self-calibrating scheme. The method yields more data for the velocity estimation at the expense of more beamforming calculations [40]. This has been employed in the new TO estimator to estimate the mean lateral oscillation frequency and thereby reduce the bias for the different measurement angles. The approach can also be combined with a full directional beamforming along the flow direction to improve on the bias [41], [42].

Quantification of flow in the ascending aorta in the PLAX view is usually not possible with conventional 1-D methods, as the flow direction in this view is close to 90° . A new insonation window, i.e. the PLAX view, could therefore advantageously be used to estimate the aortic flow, since the developed 2-D VFI method provides angle independent estimates. Access to new sonication windows using 2-D angle independent VFI was likewise reported in a recent study of portal flow in the liver, where 1-D estimates were compared to 2-D VFI estimates obtained from various sonication windows [43].

The performance of the velocity estimates highly depends on the present signal-to-noise (SNR) ratio. For phased array deep tissue imaging, a high SNR can be challenging to obtain, as the acoustic attenuation scales with the travelled distance. One way to improve the SNR is by increasing the physical dimensions of the vibrating transducer elements, which would generate a higher acoustic output. However, phased array transducer are designed to fit in between the ribs, which hinders an expansion of the transducer dimension. Another approach to increase SNR is by increasing the acoustic output through the transmit voltage. Since the developed sequences are far from exceeding the intensity levels regarding MI and I_{spta} , an increased transmit voltage would result in a rise in the transducers' surface temperature. Due to the high PRF, which was required to provide a sufficient frame rate, the rise in surface temperature was the actual restricting factor for the two developed sequences. Increasing the SNR, and thereby, the performance of the velocity estimates, would require either a better heat dissipation on the transducer surface or lowering the PRF. Lowering the PRF is not without cost, as it would result in a lower frame rate and a reduced aliasing limit.

Another parameter, which has a high impact on the performance of the velocity estimator, is the echo cancelling. The purpose of the echo canceller is to filter out the signal from the surrounding tissue. In cases where non or little tissue movement is present, even simple low-pass filters perform adequate. However, when rapid tissue movement is present,

GUI. The presented results showed that the developed method can be used to estimate angle independent 2-D velocities of cardiac flow in the heart. The experimental validation showed that the bias and error in estimated flow angle are related to the relative beam-to-flow angle. The best estimates for the angle were found at fully transverse flow, where the beam-to-flow angle was 90° and the influence from the axial component is lowest. Measurements in a pulsating known environment showed that PSV of 155 cm s^{-1} could be estimated with 9.0 % precision. A bias in the experimental PSV estimation could not be determined, as the waveform was not expected to be fully developed at the measuring site. *In vivo* laminar transverse flow with $\text{PSV} > 1 \text{ m s}^{-1}$ was estimated with a precision of $\pm 16.9\%$ in the ascending aorta, which is in agreement with previous reported velocity magnitudes [37]. Diastolic vortical flow was discovered in the left ventricle as previously demonstrated with other methods [21]. Flow in the ascending aorta has also been examined with linear arrays, where flow complexity and systolic backflow were estimated and showed similar flow patterns as the reported findings in this study [5], [38], [39]. The in-vivo measurements are also affected by the bias found in the estimator and depends on the beam-to-flow angles.

The flow-rig measurements presented in Fig. 5 showed that a symmetric bias profile was centered around a 90° beam-to-flow angle. Velocity biases similar to those presented in this work were also reported by Pihl *et al.* [28], and this should clearly be a topic for further optimization. Their study concluded that the change in bias as the beam-to-flow angle varied was related to the echo canceling. These findings might be related to the fact that the lateral wavelength is around an order of a magnitude larger than the axial wavelength. When a high PRF is chosen, such that a sufficient aliasing limit is present for the axial estimator, the estimated velocities in the lateral directions are only a fraction of the lateral aliasing limit. This means that the inter-frame movement of scatterer in

Figure 11: Examples of cardiac flow dynamics captured with the large FOV sequence. The direction and magnitude of the flow are given by the length of the arrow and the color of the superimposed VFI map. A) is obtained in a four-chamber view and depicts the vortical diastolic flow in the left ventricle. In B) the ascending aorta is shown in a PLAX view with transverse laminar flow through the LVOT during systole. AA = ascending aorta, LV = left ventricle, RV = right ventricle.

more advanced echo cancelling algorithms are required before a satisfying level of signal originating from tissue motion can be handed to the velocity estimator. In this study, tissue movement was only present in the experimental flow pump setup and in the *in vivo* measurements, although the complexity and magnitude of motion were expected to be highest *in vivo*. Based on the presented results from the pulsating setup, the applied echo canceller performed satisfying, as a low STD $< 10\%$ was seen during the largest tissue movement. Future work should therefore investigate the performance of different echo cancelling filters, as this could improve the precision of the estimates [44].

The developed VFI sequence had a penetration depth of 10.6 cm for flow and 15 cm for B-mode imaging. This can be sufficient for some scan views, as the method is angle independent compared to conventional 1-D spectral estimators. However, the FOV needs to be expanded in future work, especially when examinations on patients with a larger BMI are performed. An increasing estimation depth can be obtained at the cost of a sacrificing FOV and/or frame rate, since a prolonged travelling time is induced. The frame rate of 11 fps for the large FOV sequence was sufficient to capture the overall flow dynamics and directions in our studies, but would be insufficient for capturing short-lived flow dynamics. Further development should seek to balance this optimization task, or by using diverging/plane waves in transmit, such that several VFI estimation lines could be determined from one transmit direction.

Phased array VFI could be a powerful tool in echocardiography. The method can provide new parameters for cardiac flow, can visualize complex flow, and can offer new insonation windows for quantitative flow estimation. However, a larger study is warranted with a VFI phased array implementation

providing real-time flow metrics on the scanner. First, the method should be validated *in vivo* on healthy volunteers. Second, cardiac VFI evaluations of patients with congenital heart defect and acquired cardiovascular disease should be conducted.

VI. CONCLUSION

A real-time implementation of phased array VFI on a commercial ultrasound scanner (BK 5000, BK ultrasound, Herlev, Denmark) for cardiac applications was presented. Experimental validation of the developed method demonstrated that pulsating flow with peak velocities up to 1.5 m s^{-1} could be estimated with STD $< 10\%$. Furthermore, *in vivo* measurements showed that large FOV heart chamber flow dynamics could be visualized and that velocity magnitudes from the ascending aorta could be derived, even though the flow was fully transverse.

ACKNOWLEDGMENT

This work was supported by grant 82-2012-4 from the Danish National Advanced Technology Foundation and by BK Ultrasound Aps.

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