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Personality- and size-related metabolic performance in invasive round goby (*Neogobius melanostomus*)

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Abstract

Differences between individuals in behavioral type (i.e. animal personality) are ecologically and evolutionarily important because they can have significant effects on fitness components such as growth and predation risk. In the present study we used the invasive round goby (*Neogobius melanostomus*) from an established population in controlled experiments to examine the relationships among personality, metabolic performance, and growth rate (inferred as size-at-age). Boldness was measured as the time to return to normal behavior after a simulated predator attack, where fish with shorter freezing times were categorized as “bold” and fish with longer times were categorized as “shy”. We show that bold fish have significantly higher standard metabolic rate (SMR) than their shy conspecifics, whereas there was no difference between personality types in their maximum metabolic rate (MMR) or aerobic scope (AS). Bold fish furthermore had a smaller size-at-age as compared to shy fish. Together this provides evidence of a metabolic underpinning of personality where the high-SMR bold fish require more resources to sustain basic life functions than their low-SMR shy conspecifics, indicating that bold round goby from established populations with high densities (and high competition for food) pay a price of reduced growth rate.

Keywords: Behavioral syndrome; Pace-of-life syndrome; Individuality; Metabolism; Respirometry; Boldness

1 Introduction

The concept of animal personality (here defined as individual variation in behavioral traits, e.g. boldness, that remain constant across time and contexts) has received increasing amounts of attention over the past 15 years (Briffa and Weiss, 2010; Gosling, 2001; Réale et al., 2007). Differences between individuals in behavioral type are ecologically and evolutionarily relevant because they can have important effects on fitness or components of fitness (Sih et al., 2012; Smith and Blumstein, 2008; Wolf and Weissing, 2012). In particular, bolder, more active or aggressive animals often feed and grow at higher rates (Brown et al., 2007; Ward et al., 2004; Westerberg et al., 2004) but also take more risks and thus suffer higher mortality from predators (Biro and Stamps, 2008; Brodin and Johansson, 2004; Sih et al., 2003). In addition, a recent field study confirms that bold phenotypes do run a greater risk of predation also in the wild (Hulthén et al., 2017). Despite the attention animal personality received in connection to fitness correlates such as growth and predation risk, comparably little attention has been paid to the metabolic underpinnings of personality. Recent evidence demonstrates that being bold and having a higher tendency to disperse also comes at a metabolic cost: bolder individuals might have increased metabolic maintenance costs required for a higher performance in exploratory movements (Myles-Gonzalez et al., 2015). This suggests that the cost-benefit trade-off may not only be of a ‘predation susceptibility character’ but also of a metabolic character. Although interest in this issue has increased, it still remains unclear whether standard metabolic rate (SMR) is a stable trait of a given individual (mass-specific SMR does not change throughout ontogeny) or whether e.g. an individual varies in SMR with size or is contingent on how fast or slow it grows. Metabolic performance in relation to individual personality is hardly ever put in context of the growth rate of the tested individuals, although the relationship between metabolism and growth rate is undisputed (see Rosenfeld et al., 2015 for a review on salmonids). Regardless of the directions of any such relationships between growth rate and SMR this relationship would potentially, at least in part, counteract the increased growth potential arising from a boldness-driven higher food access.

Here, we use round goby (*Neogobius melanostomus*) as a timely model organism to examine the relationships among personality, metabolic performance and growth rate as interfered from size-at-age correlations. The round goby is a very suitable species to test for metabolic costs of boldness because it is an experimentally well-understood model species for both personality (Myles-Gonzalez et al., 2015; Thorlacius et al., 2015; Thorlacius and Brodin, 2017) and metabolic measures (Behrens et al., 2017; Drouillard et al., 2018; Tierney et al., 2011) as well as the combination of both (Myles-Gonzalez et al., 2015). It originates from the Ponto-Caspian region but has been introduced via ship ballast water to large parts of Europe, including the Baltic Sea, and the Great Lakes in North America. It has dispersed widely in both regions and is considered one of the most impactful invasive species (Ojaveer et al., 2015; Ojaveer and Kotta, 2014). Currently, it is continuing its invasion of the Baltic Sea towards the saline North Sea (Azour et al., 2015; Behrens et al., 2017). Recent studies have documented personality-dependent dispersal in this species (Thorlacius et al., 2015; Thorlacius and Brodin, 2017), and it has been argued that ‘bigger is better’ for fish leading the invasion front, i.e. individuals found at the border of a range expansion have a larger body size than individuals at the center (Brandner et al., 2013). Using fish from an established population in the western Baltic, we here i) performed personality assays on round goby, ii) tested whether individuals of different behavioral types differ in their overall aerobic metabolic performance, and iii) compared the size distribution (length and weight) of the bold versus shy round gobies.

2 Material and Methods

2.1 Fish and holding facilities

Round goby (approximately 400 fish) were caught April 2017 with fyke nets in the brackish water estuary Guldborgsund (salinity 10 PSU (Olsen, 2002)) in the western Baltic Sea (54°42'N, 11°51'E). The gender of individual fish was determined on location by examination of the urogenital papilla (Marsden et al., 1996) and only males (approx. 200 in total) were collected to exclude any potential gender-mediated differences. The fish were transported to DTU Aqua, Lyngby, Denmark, and held in

five 1500 l tanks with 10 ± 1 °C, recirculated and aerated 10 ± 0.5 PSU water. All tanks were enriched with fine-grain gravel on the bottom as well as artificial seagrass and PVC tubes (diameter 7.5 cm) to provide shelter. The light:dark cycle followed the natural cycle, changing from 16:8 to 14:10 during the course of the study. Following one week of acclimation to the holding conditions, individual fish were tagged with passive integrated transponder tags (PIT tags; 12×2 mm; 0.1 g; Oregon RFID) into the body cavity using disposable 12.2-gauge syringe implanters, and fish weights and lengths were noted. Fish were observed twice daily after tagging and fed to satiation with defrosted shrimp every third day (the feeding schedule was however adjusted according to experimental protocols, see details below). Ethical permit 2017-15-0201-01282 from the Danish Animal Ethics Committee covered all experiments reported here.

2.2 Boldness assays

Boldness assays were started 10 days after tagging. The fish were kept on a feeding schedule such that they were fed two days before starting the trial. Approximately 25 fish went through the boldness trial per day, and a total of 182 fish participated in assays. A non-transparent wall (brown cardboard paper) was placed in front of each experimental aquarium to reduce disturbance from the surroundings. The aquaria were rotated 180° each day to eliminate orientation effects, and the water was exchanged twice daily (midday and at the end of each experimental day) with water from the holding tanks, and faeces were removed between each individual. Each individual fish was placed in the middle of an experimental aquarium (30×35×60cm, water depth 15cm) and left to acclimate for five minutes. Thereafter, a bolt attached to a fishing line was released into the middle of the aquarium, penetrating the water surface with a depth of 5cm and a distance of 0-2 body lengths from the fish to simulate a bird attack. The bolt was retracted after one second, and the whole procedure was recorded on video from above for 30 minutes (SONY, Handycam, HDR-CX405). Directly after each trial, the fish were moved back to the holding tanks. Boldness was defined and analyzed according to Thorlacius et al. (2015). In short, boldness was measured as an individual's ability to return to normal behavior after a stressful situation, such as a predator encounter. More specifically, this was done by exposing the fish to the simulated predator attack and then measuring time from predator attack to first movement after

freezing (i.e. freezing time). Shorter time indicates higher level of boldness, i.e. higher ability to return to normal behavior after a predator attack. Freezing time were used to indicate levels of boldness for individual round goby, as it has been commonly used to measure boldness and has been proven repeatable in this species (Thorlacius et al., 2015). The recordings were analyzed with the software ToxTrac ver. 2.80 (Rodriguez et al., 2018). To determine the consistency of boldness, the boldness trial was repeated for 62 fish (26 bold, 26 shy and 10 intermediate).

2.3 Metabolism

To determine fish aerobic metabolic performance, the individuals' standard metabolic rates (SMR; the oxygen uptake of a resting, fasting fish) and maximum metabolic rate (MMR; the maximum oxygen uptake following exhaustive exercise) were measured. SMR represents the energetic cost of self maintenance (Chabot et al., 2016), where individuals with high SMR require more resources to sustain basic life functions than individuals with low SMR (Auer et al., 2018). MMR on the other hand, sets the ceiling for fish capacity to metabolize oxygen, and has been shown to vary across animal lifestyles (Behrens et al., 2006; Norin and Clark, 2016). The difference between SMR and MMR, the aerobic scope (AS), is the metabolic range within which all aerobic activities must take place; the AS is thus considered to be linked to the performance and fitness of the individual (Behrens et al., 2018; Fry, 1947; Norin and Clark, 2016).

Nineteen fish (9 bold of mean weight 41 ± 7 g (SD) and 10 shy of mean weight 44 ± 6 g (SD)) were used in respirometry trials. Originally 10 fish of each personality type were chosen, but one trial with a bold fish had computer failure and no data was collected. The fish were chosen randomly amongst the total 26 bold and 26 shy fish, respectively, however still (by visual inspection) aiming to size-match the two groups, to minimize the risk of a size effect on metabolic rate. Individuals were fasted for three to five days before being placed in the respirometer. Two respirometers with volumes of 1126 and 1157 ml were held in a 600 l tank, with 10 ± 1 °C, recirculated and aerated 10 ± 0.5 PSU water. To minimize visual disturbance, the respirometers were shielded off from each other and from above with opaque polyethylene plates. Oxygen consumption rate ($\dot{M}O_2$) was measured with an intermittent-flow respirometry set-up (Behrens et al., 2017). The partial pressure of oxygen (pO_2) was

measured every second with fiber-optic sensors, connected to a Witrox 4 oxymeter (Loligo Systems, Tjele, Denmark). Using the software AutoResp™ (Loligo Systems, Tjele, Denmark) $\frac{dpO_2}{dt}$ (kPaO₂ h⁻¹) was determined by linear regression and $\dot{M}O_2$ (mg O₂ kg⁻¹ h⁻¹) calculated according to the equation:

$$\dot{M}O_2 = \frac{\alpha \cdot V_{resp} \cdot \beta}{BM} \quad (1)$$

where α is the $\frac{dpO_2}{dt}$, V_{resp} is the total volume of the respirometer minus the volume of the fish (L), β is oxygen solubility at the given temperature and salinity and BM is the body mass of the fish (kg). The animal volume was calculated from its mass, assuming neutral density in water.

All respirometry trials began between 1 and 2pm. To yield maximum metabolic rate (MMR), individual fish underwent an exhaustive chase and air exposure protocol (3 min 30sec in total) (Norin and Clark, 2016). More specifically, individual fish were placed in a circular tank (60 cm diameter, water depth 15 cm) with aerated water of the same temperature and salinity as the respirometer. Each fish was chased continuously by hand for 1 min and then netted and exposed to air for 10seconds (s). This procedure was repeated three times, after which the fish was placed in the respirometer. The first $\dot{M}O_2$ measurement was taken with a wait period of 60 s and a measuring period of 150s (Behrens et al., 2017). For all fish, this $\dot{M}O_2$ value after the chase protocol was always the highest reported during the trial and thus taken as MMR. After measurement of MMR, fish remained in the respirometers overnight to allow for $\dot{M}O_2$ measurement of the individual at a resting, non-digesting state (standard metabolic rate; SMR (Chabot et al., 2016). For SMR 10min loops were used, with a flush period of 240 s, a wait period of 60 s, and a measuring period of 300 s. A single experimental trial lasted approximately 24 h and SMR was estimated as the average of the 10% lowest $\dot{M}O_2$ measurements during this period. Background (bacterial) $\dot{M}O_2$ was subsequently determined in the chamber without fish and the value subtracted. On average, background $\dot{M}O_2$ levels were 2% of SMR. Every day, subsequent to a trial, the respirometers, including tubing, were disassembled and cleaned in warm fresh water and soap.

2.4 Statistical analysis

2.4.1 Personality

Spearman's rank correlation was used to estimate the consistency of individual boldness scores between the two personality assay periods, and the repeatability of boldness score measurements were estimated using intraclass correlation coefficient (ICC). Statistical tests were carried out using SPSS Statistics (version 24).

2.4.2 Metabolism

The three dependent variables SMR, MMR and AS were compared between goby personalities (bold vs shy) in a MANCOVA with goby individual wet weights as covariate ($y \sim \text{personality} + \text{wet weight} + \text{personality} \times \text{wet weight}$). Statistical tests were carried out using SPSS Statistics (version 25).

2.4.3 Weight and length analysis

In order to test if personality was related to size, mean weight, and length, the whole 'lab population' of shy and bold fish were compared using a t-test. Differences in the mean weight of shy and bold fish could be due to either growth effects or age effects. We therefore used the length-age relationship from Azour et al. (2015) to inform us about the possible ages of fish within specified length intervals (fish from Azour et al. (2015) were caught in the same place as fish used in the present study).

According to Azour et al. (2015) fish between 12 and 14.5 cm are highly likely to be 2 years old (i.e. there was no overlap with younger and older fish within this length interval). Hence, the t-test comparison of mean weight for shy and bold fish was repeated, but this time only using fish from within this length interval. If a significant difference in weight between bold and shy fish persisted within this length interval as well, any size effect on personality would likely be the result of an underlying relationship between growth rate and personality (opposed to a relationship between age and personality). If not, the weight difference would more likely be the result of an age-effect.

Statistical tests were carried out using R with Rstudio (version 3.6.0).

3 Results

3.1 Personality

Boldness of round goby was both consistent and repeatable over the one-month period between the trials (consistency: Spearman's $\rho=0.48$, $p < 0.001$; repeatability: $F_{61, 62} = 2.68$, $p < 0.001$, ICC = 0.457, 95% CI = 0.269 - 0.655).

3.2 Metabolism

The full, initial MANCOVA model was reduced by removing the non-significant personality $\times$ wet weight interaction term (Wilks' $\lambda=0.932$, $F_{2,14}=0.509$, $p=0.612$). The resulting, reduced model was further reduced by removing the non-significant covariate wet weight (Wilks' $\lambda=0.990$, $F_{2,15}=0.075$, $p=0.928$). The resulting MANOVA model indicated a significant effect of personality (Wilks' $\lambda=0.650$, $F_{2,16}=4.302$, $p=0.032$, partial $\eta^2=0.350$). A univariate between-subject effects test showed that this effect was due to an effect of personality on SMR ($F_{1,17}=7.476$, $p=0.014$, partial $\eta^2=0.305$), but neither on MMR ($F_{1,17}=0.065$, $p=0.801$, partial $\eta^2=0.004$) nor AS ($F_{1,17}=0.020$, $p=0.890$, partial $\eta^2=0.001$). Variances did not differ between groups (Levene statistic ≤ 0.041 , $p \geq 0.842$) and residuals did not deviate from normality (Shapiro-Wilk ≥ 0.922 , $p \geq 0.124$). The mean ($\pm$ SD) SMR, MMR and AS of the bold and shy fish were 41 ± 2 and 27 ± 2 mg O₂ kg⁻¹ h⁻¹, 300 ± 13 and 238 ± 14 mg O₂ kg⁻¹ h⁻¹, and 259 ± 12 and 211 ± 13 mg O₂ kg⁻¹ h⁻¹, respectively (Figure 1).

Figure 1. Standard metabolic rate (SMR), maximum metabolic rate (MMR) and aerobic scope (AS; MMR – SMR) for bold (n=9) and shy (n=10) round goby. Bars represent first, second (i.e. median), and third quartiles, while whiskers represent 95% confidence intervals. Individual data points are indicated with circles.

3.3 Weight and length distributions of the whole ‘lab population’ of bold and shy round goby

Bold fish weighed significantly less than shy fish ($40.6 \pm 14.8\text{g}$ and $48.9 \pm 13.8\text{g}$, respectively) ($t_{60.1}=2.55$, $p = 0.014$) and were significantly shorter ($13.9 \pm 1.5\text{ cm}$ and $14.8 \pm 1.1\text{ cm}$, respectively) ($t_{57.8}=2.67$, $p = 0.010$). Out of the original 65 fish (33 bold fish and 32 shy fish), 31 fish (19 bold and 12 shy fish) belonged to the length interval from 12 to 14.5 cm (i.e. being 2 years of age). The size difference between bold and shy fish within this selected group of 2 year old fish (weight: $30.9 \pm 6.6\text{g}$ and $37.9 \pm 4.6\text{g}$ respectively, length: $12.9 \pm 0.8\text{ cm}$ and $13.7 \pm 0.4\text{ cm}$, respectively) was also significant (weight comparison: $t_{28.3}=3.58$, $p=0.001$; length comparison: $t_{28.2}=3.73$, $p<0.001$), inferring a relationship between growth rate and personality, rather than between age and personality (Figure 2).

Single column fitting image – Figure 2:

Figure 2. Weight frequency distributions of bold (grey) and shy (black) round goby, respectively.

Dashed lines represent all fish and solid lines represents only the fish from the size interval that

according to Azour et al. (2015) is comprised exclusively of 2-year-old fish.

4 Discussion

In this study, we tested whether metabolism (SMR, MMR and AS) is related to boldness and found that bolder individuals have higher SMR. When comparing the metabolic performance to the size of the fish, we found that bolder fish were significantly smaller than their shy conspecifics of the same age. Taken together, this suggests a metabolic underpinning of personality, and that bold round goby pay the price of a reduced growth rate.

4.1 Differences in metabolic rate between personality types – hints towards a behavior–physiology syndrome?

Our results reveal pronounced inter-individual variation in metabolic parameters (SMR, MMR and AS). On average all parameters were elevated in bold individuals relative to shy individuals, yet only SMR turned out to be significantly different. In general, the observation that bolder fish have a higher SMR matches well with previous work. For example, Auer et al. (2018) showed that replicated populations of the Trinidadian guppy (*Poecilia reticulata*) that evolved a fast-paced life history also had consistently higher SMR than guppies that evolved a slow-paced life history. The same pattern of higher SMR in bold fish was found in a recent experimental study on the olive flounder, *Paralichthys olivaceus* (Rupia et al., 2016). Despite increasing scientific interest, the correlations between metabolic rate, pace of life and phenotypic traits are less than clear (Careau et al., 2009; Harvey et al., 1991; Lovegrove, 2009; White and Seymour, 2004). Our study adds to the growing evidence for a positive correlation between metabolic rate and a phenotypic trait: Standard metabolic rate (SMR) and boldness.

Intriguingly, and in contrast to SMR, neither MMR nor AS were significantly elevated in bold gobies. MMR and AS are both measures linked to the performance of the individual: MMR sets the ceiling for aerobic metabolic performance, and AS constitutes the metabolic confinement within which aerobic activities must take place (Behrens et al., 2018, 2006; Fry, 1947; Norin and Clark, 2016). This discrepancy may seem surprising, because a higher SMR unmatched with a higher aerobic metabolic capacity is more of a fitness burden than a fitness advantage. In other species, boldness has been

shown to be accompanied by higher aerobic metabolic capacity, e.g. bold bluegill sunfish, *Lepomis macrochirus*, having 25% greater AS compared to shy fish, supported by a 15% greater MMR (Binder et al., 2016), and bold olive flounder likewise exhibited both increased MMR and AS (Rupia et al., 2016). Notably, high and low MMR are generally believed to correlate with more athletic and sedentary lifestyles, respectively (Norin and Clark, 2016). Round goby is a sedentary benthic fish that rarely undertakes prolonged swimming and rather displays a burst-and-hold swim style (Tierney et al., 2011; Kornis et al., 2012). So it could be speculated that in the absence of movements requiring aerobic endurance, there may simply be no evolutionary benefits of high MMR (or AS) in this species, irrespectively of personality. Short sprint-type swims (including also escapes from predators) might have a different metabolic underpinning, relying fully or partly on anaerobic energy production, where the strength and/or duration of the response could differ among behavioural types (Killen et al., 2013). To strengthen our mechanistic understanding of the physiological ramifications of behavioral types it would thus be of interest to investigate potential causal links between personality and capacity for anaerobic energy production.

Overall, if we were to formulate a behavior–physiology syndrome based on our results bolder round goby should be more inclined towards exploratory behavior, increasing prey encounter rates – but also predator encounter rates. For smaller size-at-age round goby this poses a particular risk since a smaller body size in fish typically translates into higher predation risk compared to a larger body size (Ebenman and Persson, 1988; Hambright, 1991; Nilsson and Bronmark, 2000).

4.2 Ecological implications of growth-rate specific personality and SMR differences

Growth rate in fish can be a highly heritable trait. While there is no information on how plastic the growth rate is in round goby, it should be safe to assume that our indirect measure of size-at-age is a robust estimator of growth rate at the time of measurement of SMR. The difference in size-at-age in concert with the SMR difference between shy and bold individuals suggests a connection between growth rate, SMR and personality. Based on this connection we speculate that bolder and smaller individuals are simply forced to take risks such as predation encounters because of their higher SMR relative to larger and shyer conspecifics. In other words, the high-SMR bold fish require more

resources to sustain basic life functions than their low-SMR shy conspecifics, and, at least in some species, bold phenotypes do run a greater risk of predation in the wild (Hulthén et al., 2017). Alternatively, assuming that food intake is equal, less energy can be allocated for somatic growth in bold fish. Future studies focusing on a more controlled manipulation of e.g. food intake and thus growth and size across different individuals are needed. Such manipulative studies should convey indicated mechanisms behind the relationship between growth rate and SMR.

4.3 Consideration on invasion history in relation to size of bold round goby

Round goby in the present study originated from an established (since 2009), high-density population, where the fish (suggestively due to high competition for food) are overall slower-growing and in poorer condition compared to fish sampled from recently invaded locations further northward along the coastline (Azour et al., 2015). In the Danube river system, round goby from founder populations at the invasion front differed in a variety of traits compared to longer-established round goby populations, including being larger and heavier, and with higher condition factors than those from established areas, their larger size resulting in superior competitive ability for food (Brandner et al., 2013). In these two studies, fish were not examined for personality type, but recent studies have documented personality-dependent dispersal in this species, with bold, asocial round goby being more prone to lead the invasion front (Thorlacius et al., 2015; Thorlacius and Brodin, 2017). In addition, behavioral differentiation between young and old populations has been documented in the Baltic Sea, suggesting phenotype-dependent dispersal or environmental filtering of phenotypes (Thorlacius et al. in review). Recent research also found that round goby from an invasion front had higher SMR than individuals from established areas (Myles-Gonzalez et al., 2015).

From the present study we can conclude that being bold not only entails an increased metabolic cost (higher SMR), but that this relationship is also reflected in a smaller size-at-age in a well-established population. This provides some first empirical insights into novel connections of fish individuality to a classic ecological prediction for invasive species: that increasing interspecific density and competition for food will eventually limit growth rates in newly established populations (Strayer et al., 2017). Indeed, this prediction has been experimentally confirmed in round goby, which starkly

decrease growth rates with increasing population density due to interference competition (Kornis et al., 2014).

4.4 Future research on relevant connections between personality, metabolism, and growth rate

Based on our data it would be of great interest to further investigate if bold round goby from the invasion front further north along the coastline are larger, and if that reflects an ability to offset the increased energetic demand (i.e. higher SMR) by superior access to, and decreased competition for, food. Such knowledge could play a crucial role in explaining the dynamics in population density that many invasive populations go through (Strayer et al. (2017), but could also be important for better predicting the ecological consequences of a biological invasion. Furthermore, since round goby largely rely on anaerobically fueled burst-type swimming, determinations of lactate levels after a chase protocol could reveal if the capacity for anaerobic energy production vary among behavioural types.

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