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1 **Efficiency of open and infill trenches in mitigating ground-borne vibrations**

2 Tulika Bose¹, Deepankar Choudhury, M.ASCE², Julian Sprengel³, Martin Ziegler⁴

3

4 **Abstract:** In present-day context, man-made sources of ground-borne vibration are rising at a
5 very rapid rate due to increasing construction works, blasting activities and rapidly expanding
6 rail and road traffic system. As a consequence, amplified levels of ground-borne vibration
7 occur, causing annoyance to residents living in nearby areas, posing a threat to the stability of
8 old structures and interference with instrumentation works in industries. This paper aims to
9 investigate the use of trenches, as a means of mitigation of ground vibration caused by
10 propagation of surface (Rayleigh) waves. 2-D and 3-D finite element models have been
11 developed using PLAXIS for identifying the key factors affecting the vibration isolation
12 efficiency of open and infill trenches. Parametric studies have been carried out, and the results
13 are analyzed to arrive at optimum values of geometrical and material properties of trenches.
14 Numerical analysis shows that for open trenches, normalized depth is the decisive factor and
15 width is of importance in case they are very shallow. For infill trenches, it is observed that low-
16 density materials perform exceedingly well as infill materials, but their performance is highly
17 sensitive to the relative shear wave velocity between infill material and the in-situ soil. Finally,
18 as a particular case of infill trenches, an in-depth study has been carried out to investigate the
19 performance of geofom trenches in mitigating vibrations caused by a harmonic load. In
20 addition, the analysis has been extended to bring forth the effectiveness of these geofom
21 barriers in damping out the vibrations generated by a moving train. In this case, it is noted that
22 the barrier efficiency increases with an increase in train speed. The key findings suggest that
23 trenches could prove to be a simple and effective solution for reducing ground-borne
24 vibrations.

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39 **CE Database subject headings:**

40 Geofoam trenches, Infill trenches, Moving loads, Numerical finite element model, Open
41 trenches, Vibration isolation, Wave barriers.

42 **Introduction**

43 Ground-borne vibrations generated from machines, construction activities and transportation
44 sector are often of intense levels, posing a great challenge for engineers to build structures in
45 such areas, which can be serviceable to the residents. The problem has become acute with the
46 advent of high-speed railway networks, expanding at a very rapid rate across the globe. As the
47 train speeds and axle loads keep on increasing, the vibration levels are amplified to a great
48 extent. Energy from the surface sources of vibration mainly propagates in the form of Rayleigh
49 waves, which are confined to a narrow zone near to the surface of the elastic half space
50 (Choudhury and Katdare 2013). In addition, these waves attenuate with distance in a rather
51 slow manner when compared to the Body waves, which predominates near to the source of
52 vibration. Hence, vibration induced damages and distress to structures on the surface are
53 extremely high on account of the Rayleigh waves (Choudhury et al. 2014).

54 Vibration isolation using trenches (open or infill) as wave barriers, can be an ideal
55 solution as they might be a quick, simple and cost- competitive way to deal with this problem.
56 Trenches function as wave barriers by curbing the motion of the travelling wave, leading to
57 degeneration of energy. An open trench acts like a finite discontinuity in the ground surface
58 across which no energy is transmitted. For an infill trench, there is a difference in material
59 impedance at the junction of in-situ soil and the trench. This causes energy redistribution across
60 the trench in the form of reflected and transmitted waves. Trenches are used as wave barriers
61 in two different scenarios- i) Active or near-field isolation and ii) Passive or far-field isolation.
62 In the former case, they are built enclosing the source of vibration, like vibrating machines,
63 etc., while the latter is built near to the objects to be shielded, like buildings to be protected
64 from vibrations of nearby rail and road traffic.

65 In vibration isolation studies involving wave barriers, numerical method of analysis has
66 found more popularity. The theoretical solutions are limited in number, involving simplified

67 geometries, while the full scale testing methods are often expensive to perform. One of the
68 earliest experimental works were done by Barkan (1962), Neumeuer (1963), and Mc Neil et al.
69 (1965). Not all these attempts proved to be successful but findings from these works, gave
70 insight into the mechanism of screening by wave barriers. Woods (1968) performed a series
71 of field experiments for both near and far-field isolation using open trenches. A minimum
72 trench depth of $0.6L_R$ and $1.33L_R$ ($L_R =$ Rayleigh wavelength) was suggested for active and
73 passive isolation respectively, considering 75% screening efficiency. Haupt (1981) carried out
74 a number of scaled model tests using both solid concrete barriers as well as lightweight bore
75 holes and open trenches. The study showed that the efficiency of the barrier was a function of
76 the parameters in terms of wavelength normalized dimensions. Aboudi (1973), Fuyuki and
77 Matsumoto (1980), and, May and Bolt (1982) carried out numerical studies using FEM or
78 FDM. Later, BEM found popularity owing to its simplicity and was widely used in wave
79 propagation problems, e.g. Emad and Manolis (1985), Beskos et al. (1986), and Leung et al.
80 (1987). An extensive parametric study was carried out by Ahmad and Al Hussaini (1991) on
81 use of open and infill trenches as wave barriers. The screening efficiency for open trenches was
82 found to be dependent mainly on depth, while, for infill trenches, it was reported to be a
83 function of both depth and width. Al-Hussaini and Ahmad (1991) studied horizontal screening
84 efficiency of barriers and reported that trenches were more effective in damping out vertical
85 vibrations in comparison to horizontal vibrations. Ahmad et al. (1996) used 3-D BEM to study
86 active isolation of machines using open trenches, while, Al-Hussaini and Ahmad (1996) used
87 infill trenches for the same purpose. The results were compared with experimental works and
88 a good agreement was found between the two. Yang and Hung (1997) developed a finite
89 element model with infinite elements to investigate efficiency of open and infill trenches due
90 to passage of trains. It was reported that trenches were less effective in screening the low
91 frequencies of vibration. Hung et al. (2004) carried out similar studies and observed that

92 trenches were more effective in screening waves caused by a train moving at supercritical speed
93 compared to subcritical speed. Ju and Lin (2004) also reported similar results. Adam and
94 Estorff (2005) employed a coupled BEM-FEM in time domain to study the effectiveness of
95 trenches in reducing building vibrations. They found that 80% of the forces in the building
96 component could be reduced by a well-designed barrier. Andersen and Nielsen (2005) applied
97 the same coupled approach and reported that trenches proved to be a better solution to mitigate
98 vertical vibrations compared to horizontal vibrations. Wang (2006, 2009) numerically
99 investigated the efficiency of EPS barriers in protecting buried structures under blast load.
100 Leonardi and Buonsanti (2014) studied efficiency of concrete and compacted soil barriers for
101 reducing train induced vibrations. Esmaeili et al. (2014) and Zakeri et al. (2014) carried studies
102 on V shaped and step shaped trenches respectively. Their findings revealed that trenches with
103 such modified geometries were more effective compared to conventional rectangular trenches.

104 Full scale experimental studies were conducted by Massarsch (1991) to study the
105 efficiency of gas cushion screen systems which were found to be comparable with open
106 trenches. Baker (1994) carried out field tests on stiffer and softer barriers made of concrete and
107 bentonite respectively. Davies (1994) carried out 20g centrifuge tests to study the screening
108 effectiveness of EPS barriers on buried objects. The studies indicated that low acoustic
109 materials could reduce the magnitude of ground shock loading on buried structures. Zeng et
110 al. (2001) performed tests on rubber modified asphalt and found that owing to a high damping
111 ratio, it could be used effectively beneath high speed railway tracks as a foundation material,
112 for vibration attenuation. Itoh et al. (2005) conducted centrifuge tests and suggested using a
113 combination of crumb rubber modified asphalt at the vibration source and an EPS barrier along
114 the transmission path. Murillo et al. (2009) performed 50g centrifuge tests on EPS barrier and
115 reported the incremental efficiency as a function of depth of the barrier. Alzawi and EI Naggar
116 (2011) carried out full scale field tests to study effectiveness of geofom barriers. Their findings

117 revealed that significant increase in performance could be observed for normalized barrier
118 depth greater than 0.6.

119 The research carried till date lacks a systematic procedure of selecting the best infill
120 material which can be used in trenches for a given soil domain. Most of the studies have been
121 carried out for open trenches or with selected infill materials like concrete or bentonite. In
122 addition, the loading has mostly been considered to be harmonic in nature and the trench
123 geometry to be a rectangular single wall type. A generalized performance of materials based
124 on their characteristic properties like density or stiffness is missing in the literature. There is
125 also a need for determining the sensitivity of trench efficiency to the change in each of the
126 individual geometrical parameters of the trenches. In this study, an attempt has been made to
127 bridge in this gap by studying the performance of trenches methodically, beginning with the
128 simplest case of open trenches. Then, parametric studies are carried out over a wide range of
129 materials which can be used in an infill trench for a given soil domain and their relative
130 effectiveness are compared. Later, the efficiency of a geofoam barrier system is investigated in
131 depth for both a harmonic load as well as for a moving train. The objective of this study is to
132 study the performance of trenches in a holistic manner for various materials, different
133 geometrical parameters, system configurations and various loading applications.

134 2-D and 3-D numerical finite element models are developed using PLAXIS. The
135 developed numerical models are validated with the works of previous authors and then used to
136 carry out studies on open and infill trenches. Parametric variation of material and geometrical
137 properties of the infill trenches is carried out and comparative analysis of the efficiency are
138 presented in all cases. The optimum barrier dimensions are also highlighted. In this study, the
139 soil is considered to be elastic, homogenous and isotropic. The loading considered is initially
140 periodic and harmonic in nature and later has been modified to simulate a moving train.

141

142 **Vibration isolation efficiency of open trenches**

143 *Numerical model*

144 A numerical model is developed to understand the behaviour and efficiency of open trenches,
145 as wave barriers, in mitigating ground-borne vibrations generated due to a harmonic load
146 vibrating in the vertical direction. The 2-D axisymmetric model consists of 15 noded triangular
147 elements. The average element size is fixed based on the recommendations given by
148 Kuhlemeyer and Lysmer 1973, following which the mesh size should be 1/8 – 1/10 of the
149 wavelength. In order to account for the semi-infinite extent of the soil, viscous boundary
150 conditions are assigned along the model edges so as to avoid undue wave reflections. Standard
151 fixities are applied, wherein, the vertical sides are restrained horizontally ($u_x=0$) and the bottom
152 is fully restrained ($u_x = u_y =0$). A linear elastic soil model is chosen as wave propagation
153 problems in soil involving trenches usually generate small strains. Therefore, the material
154 nonlinearities arising due to the small variations of the stress over a cycle will not be very
155 influential. Considering this, at the small strain levels, the soil behaviour can be assumed to be
156 linearly elastic without significant loss of accuracy. (Yang and Hung 1997; Andersen and
157 Nielsen 2005; Alzawi and EI Naggar 2011). In wave propagation problems involving barriers,
158 in order to avoid any dependency of the results on the frequency of the load, the geometrical
159 parameters of the trench are usually normalized with those of the Rayleigh wavelength, L_R
160 (Ahmad and Al-Hussaini 1991). Figs. 1 and 2 represent the schematic view and the meshing
161 details of the developed numerical model respectively.

162 *Validation of present model*

163 The results of any vibration isolation scheme are typically expressed in the form of amplitude
164 reduction ratio, ARR (Woods 1968), which is given as per Eq. (1) as:

$$165 \quad ARR = \frac{A_I}{A_o} \quad (1)$$

166 where, A_t = Displacement or velocity amplitude post-trench installation

167 A_o = Displacement or velocity amplitude pre-trench installation

168 The values of ARR vary at different locations beyond the trench. To have an idea of the overall
169 performance of the barrier, an average is required to be computed by integrating the values of
170 ARR over the barrier influence zone (x). This is represented by the parameter, average
171 amplitude reduction ratio (Ar), given by Eq. (2):

$$172 \quad Ar = \frac{1}{x} \int (ARR) dx \quad (2)$$

173 From this, the overall system efficiency or effectiveness (Ef) is evaluated using Eq. (3):

$$174 \quad Ef = (1 - Ar) * 100 \quad (3)$$

175 The numerical model is first validated with the works of previous researchers. For that
176 purpose, an open trench of depth, $d = 1.0L_R$, width, $w = 0.1L_R$, and screening distance, $l = 5L_R$
177 is considered. Fig. 3a shows a plot of the variation of amplitude reduction ratio, ARR with
178 normalized distance beyond the source of vibration. A good agreement is found between the
179 simulated results and those reported by the earlier authors.

180 To compute the system efficiency as a whole, the average amplitude reduction is to be
181 calculated over a zone of influence, x beyond the barrier. For this purpose, the extent of area
182 over which the trench exerts its influence is determined by plotting the normalized soil particle
183 displacement beyond the barrier, as shown in Fig. 3b. It is evident from this plot that after a
184 distance of roughly $10L_R$ beyond the open trench, the particles displacements are fairly
185 insignificant and the influence of the trench almost diminishes. Hence, to enumerate Ar , $x =$
186 $10L_R$ has been used in this study. A similar observation was reported by Ahmad and Al-
187 Hussaini 1991; Yang and Hung 1997.

188 *Results of parametric study*

189 For an open trench, there are three variables: depth (d), width (w) and screening distance (l),
190 which can be optimized to achieve the maximum screening efficiency. In this study, the trench
191 is placed at different locations and corresponding to each position, a wide combination of width
192 and depth are chosen and the system efficiency is evaluated. The input parameters for the soil
193 domain are as per Yang and Hung 1997. The relevant properties are: density, $\rho = 1800\text{kg/m}^3$,
194 shear wave velocity, $V_S = 101\text{m/sec}$, Rayleigh wave velocity, $V_R = 93\text{m/sec}$, $L_R = 3\text{m}$, Poisson's
195 ratio, $\nu = 0.25$, and, damping coefficient, $\xi = 5\%$. The source of vibration is taken to be a
196 periodic harmonic load of magnitude 1kN vibrating vertically at a frequency of 31Hz. For
197 practical purpose, the footing carrying the vibrating load is not included in the numerical model
198 as it does not alter or affect the results of the study (Kattis et al. 1999).

199 Fig. 4 demonstrates the results of the parametric study, plotted in terms of variation of
200 average amplitude reduction ratio/system efficiency with a change in normalized geometrical
201 parameters of the trench. The barrier is placed at two particular screening distances ($L=3$ and
202 5), and analyzed for a wide range of depth (D) and width (W). It is observed that open trenches
203 have an excellent vibration isolation capacity. In the range considered for the parametric study
204 here, the minimum efficiency of the system is as high as 55%, while the maximum ranges to
205 more than 80%. It becomes evident that the normalized depth is the key parameter controlling
206 the system effectiveness. The efficiency is maximized with the increase in normalized depth,
207 D . This is true for all the chosen locations and widths of the trench. To have an efficiency
208 $E_f > 60\%$, the normalized depth, D should be greater than 0.8. In addition, it is noted that the
209 performance of the trench is not very sensitive to the barrier location, L . The same is true for
210 the trench width, W , with the exception of very shallow trenches. For these cases, the response
211 of the system improves with an increase in width. This is mainly due to the fact that open
212 trenches are discontinuity in the ground profile across which no part of the wave energy is

213 allowed to pass and so, wave reflection plays the major role. Hence, for a sufficiently deep
214 barrier which is able to obstruct the Rayleigh waves, creation of a finite discontinuity in the
215 ground surface is enough. However, for a very shallow trench the situation changes, as in this
216 case, not the entire wave energy is blocked by the barrier and so width has an important role to
217 play. This observation is consistent with the findings reported previously by Ahmad and Al-
218 Hussaini 1991.

219 **Vibration isolation efficiency of infill trenches**

220 *2-D parametric study*

221 Open trenches, though an excellent solution for mitigating ground-borne vibrations, find their
222 use in limited cases owing due to stability issues. Hence, infill trenches become a popular
223 choice when the wavelength exceeds a depth, beyond which open vertical cuts find difficulty
224 in construction and stability. For an open trench, wave reflection plays the major role, while,
225 for an infill trench it is the combination of energy in the reflected and transmitted waves that
226 governs its efficiency.

227 In this study, a wide array of infill materials are chosen having different densities (ρ_{fill}),
228 both lower as well as higher compared to the soil domain. For each material density, the shear
229 wave velocity (V_{Sfill}) is gradually increased from low to high values. A parametric study is
230 carried out with these widespread spectra of infill materials and their relative efficiencies are
231 assessed. Also, for a few chosen densities, variations of the damping characteristics of the
232 materials are also performed. The relevant parameters considered for the soil domain are: ρ_{soil}
233 $= 1850\text{kg/m}^3$, $V_{Ssoil} = 225\text{m/sec}$, $\nu_{soil} = 0.4$, $\xi_{soil} = 5\%$. The dynamic load is simulated to be
234 periodic and harmonic in nature, vibrating vertically at a frequency of 45Hz. The barrier is
235 placed at a fixed distance of 2.5m from the load and is of a constant depth of 3 m ($D =$
236 0.65) and width of 0.25m. The ratio of density of the infill material to that of the soil, $\rho_{fill} / \rho_{soil}$
237 has been varied from 0.02 to 4.20. The shear wave velocity ratio of infill material to that of the

238 soil, V_{Sfill} / V_{Ssoil} has been changed from 0.25 to 6.0. The damping properties of the infill have
239 been kept in the range of 5% -15%.

240 *Results of parametric study*

241 Fig. 5 shows a plot, depicting variation of Ar with a change in shear wave velocity ratio of infill
242 to that of the soil, for various material density ratios. It is observed that the functioning of the
243 trench is largely dependent on the contrast between the properties of the infill and the in-situ
244 soil. Both density and shear wave velocity of the infill material has a great impact on the
245 obtained results. The behaviour can be described separately for low and high density materials.

246 In general, low-density materials, $\rho_{fill} / \rho_{soil} < 0.15$ perform really well as wave barriers
247 compared to dense materials. In fact, their performance can be comparable to open trenches.
248 However, their response depends on the relative shear wave velocity between the infill material
249 and the in-situ soil, V_{Sfill} / V_{Ssoil} . The system performs efficiently, displaying lower Ar values,
250 when the shear wave velocity of the fill material is lower compared to soil. This happens
251 because in this case the low density materials have sufficient energy dissipation capacity. With
252 increase in shear wave velocity of fill, the Ar values start to increase or the efficiency decreases.
253 An upper limiting value can be identified as 1; as V_{Sfill} / V_{Ssoil} approaches 1.0 the Ar values show
254 a very sharp increase.

255 On the other hand, dense infill materials, $\rho_{fill} / \rho_{soil} > 1.0$ can also function effectively in
256 the trench, depicting lower Ar values. This happens when they have a very high shear wave
257 velocity compared to in-situ soil. The lower limit in this case can be identified to be 2.5; for
258 $V_{Sfill} / V_{Ssoil} > 2.5$, the values of Ar are generally lower or efficiency is higher. It indicates that
259 high density materials having sufficient stiffness are able to resist the incoming wave. Materials
260 having density in the range of $(0.15 < \rho_{fill} / \rho_{soil} < 1)$ perform well, when the shear wave velocity
261 lies in the range $(1.0 > V_{Sfill} / V_{Ssoil} > 2.5)$.

262 Fig. 6 shows the variation of Ar with change in damping properties of the infill
263 materials, keeping all other parameters unchanged. It is observed that the values of Ar are not
264 very sensitive to the changes in the damping characteristics of the infill materials. With a
265 variation of damping coefficient of the infill from 5%-15%, no significant changes were
266 detected in the values of Ar .

267

268 **Vibration isolation efficiency of geofom trenches**

269 The results in the previous section indicate that low density materials having lower shear wave
270 velocity relative to the surrounding soil domain are ideal as infill materials to be used in the
271 trenches. Following that, further analyses have been carried out by selecting a low density
272 geofom material to be used in the trenches. The type of geofom used is Polyurethane. It is a
273 leading member of the wide range and diverse family of polymers, manufactured both in solid
274 as well as cellular forms and can be rigid as well as flexible.

275 ***A. 2-D Parametric study***

276 A step-wise sensitivity analysis is carried out to investigate the relative influence of all the
277 relevant geometrical parameters of the Polyurethane Foam (PU-Foam) trench on its efficiency.
278 At first, the impact of geofom trench depth, D and screening distance, L , are analyzed while
279 keeping the width to be constant at 0.25m. Following that, the width of the trench, w is varied
280 for chosen depths, keeping the trench fixed at two particular locations, simulating near field
281 and far field isolation. Finally, the influence of the cross-sectional area, A and ratio of d/w is
282 investigated. The soil and loading parameters remain same as taken for the infill trenches. The
283 properties of the PU-Foam used are taken from Alzawi and EI Nagggar (2011) as: $V_s =$
284 330m/sec , $\rho = 61\text{kg/m}^3$.

285 ***Results and discussions***

286 ***(i) Influence of depth and location of the barrier***

287 The trench is placed at different locations, L and at each position, the normalized depth, D is
288 changed from 0.3 to 1.5, while the width remains constant. Fig. 7a represents the combined
289 influence of D and L on average amplitude reduction ratio, Ar of the geofoam trenches. Firstly,
290 it is observed that PU-foam trenches have a very good vibration isolation capacity. The Ar
291 values show a major dependency on both the screening distance and the normalized depth.
292 Secondly, it is observed that on changing the normalized distance, L from 0.4 to 1.6, Ar changes
293 in a complex manner depending on the depth. For $L > 1.8$, the effectiveness is mostly governed
294 mainly by normalized depth and is almost independent of the location of the barrier from the
295 source of vibration. So, it can be said that increasing D , generally results in reduction in Ar ,
296 but, in a complicated way, depending on position of the barrier. For far-field isolation, an
297 increase in D is generally accompanied by a boost in the system efficiency whereas, for near-
298 field isolation the same is not always true. Thirdly, increasing the barrier's depth D beyond 1.1
299 or 1.2 does not have any significant impact on reduction in Ar . Thus the optimum barrier depth
300 can be considered to be around 1.2 for all practical purposes.

301

302 (ii) Influence of width of barrier

303 In this case, the trench is placed at two different locations. In the first case, it simulates
304 relatively near-field isolation, with $L=0.4$ and for the second case, it is far-field isolation, with
305 $L=1.5$. For both the cases, simulations are performed for a few chosen depths, by varying the
306 width of the trench while keeping the barrier location fixed. Figs. 7b and 7c illustrates the
307 influence of width, w , on average amplitude reduction ratio, Ar of the geofoam trenches. It can
308 be clearly seen that unlike an open trench, where width does not play any significant role in the
309 system-efficiency; here substantial impact of width on the performance is observed. This
310 occurs because, for an infill trench, wave reflection, absorption and transmission, all have a
311 role to play and hence, the stiffness of the system is important as a whole, in which the width

312 is an integral part. As an example, it can be shown that with an increase in width from 0.15 to
313 0.35, the Ar values decrease by about 40% for almost all the chosen depths and for both the
314 cases. Also from this figure, it becomes evident that for near-field isolation (Fig. 7b) the
315 increase of depth does not have the same impact on the system efficiency as compared to far-
316 field isolation (Fig. 7c).

317

318 *(iii) Influence of cross-sectional area and slenderness ratio of the barrier*

319 For a particular location of the barrier at $L= 1.5$, the influence of cross sectional area, A on the
320 performance of the trench is investigated along-with determination of optimum d/w ratio for
321 each cross sectional area. The cross sectional area of the trench, A is increased gradually from
322 0.5 m^2 to 2.5 m^2 . For each area, the slenderness of the trench (d/w) is progressively varied from
323 0.5 to around 6.0. Fig. 7d demonstrates the combined influence of cross sectional area and
324 slenderness ratio on the functioning of the trenches. It is observed for lower cross sectional
325 areas, ($A < 1.0 \text{ m}^2$), it is reasonable to construct a deeper trench ($d/w = 4.0 - 5.0$) than a shallow
326 one to have greater efficiency. However, for larger cross sectional areas, ($A > 1.0 \text{ m}^2$), it is
327 sufficient to construct a trench having d/w in the range of 1.5-2.0. Extra cost incurred in creating
328 deeper trenches does not bring about greater benefits. In fact, with increase in cross sectional
329 area the optimum d/w ratio hovers near 1.5. Again, for low slenderness ratio values, $d/w < 2$,
330 the increase in cross-sectional area has a very positive impact on the efficiency of the system.
331 For the particular case when $d/w = 1$, the Ar values decrease by about 55% when A is increased
332 from 0.5 m^2 to 2.5 m^2 . For higher values, $d/w > 2$, the increase in area does not have much of
333 an impact on the performance of the system except for very small cross sections like $A < 0.80 \text{ m}^2$.

334

335 ***B. 3-D finite element model and analysis***

336 *Validation of present model*

337 After an extensive 2-D parametric study on performance of PU-Foam trenches as wave
338 barriers, a 3-D analysis is carried out for studying their responses with other configurations and
339 loading conditions. A 3-D finite element model (100 m x 50 m x 20 m) is developed in PLAXIS
340 3D with its dynamic module using 10 noded tetrahedral elements. The model dimensions are
341 chosen in a manner so as to avoid any boundary effects (Kumar et al. 2017, Kumar and
342 Choudhury 2018). Viscous boundaries are applied along the edges so as to account for the
343 semi-infinite extent of the soil and prevent undue reflection of the waves along the boundaries
344 (Kumar et al. 2015, 2016). Literature studies show that the wave relaxation coefficients related
345 to absorbent boundaries, taken to be $C1= 1.0$ and $C2=0.25$ results in a reasonably good
346 absorption of the waves at the edges (Wang et al. 2009; Brinkgreve and Vermeer 1998).
347 Accordingly these values are adopted in the present study. The boundary conditions involve (i)
348 completely restraining the bottom edge and, (ii) restricting the vertical model boundaries from
349 moving in the direction of their normal. The element size is kept roughly less than $1/8^{\text{th}}$ of the
350 smallest Rayleigh wavelength (Kuhlemeyer and Lysmer 1973). In addition, local refinement
351 of the mesh is done near the critical areas of interest like loading zone, barrier location and in
352 general on the ground surface to ensure high degree of accuracy of the results. Fig 8a depicts
353 the discretized 3-D model developed for this problem. A linear elastic model is adopted for all
354 the materials considering a small strain behaviour.

355 The numerical model is first validated with the works of previous researchers. For this
356 purpose, the field data recorded by Alzawi and EI Naggar (2011) is taken for comparison. Fig.
357 8b shows a good agreement between the results obtained in this study and those observed by
358 Alzawi and EI Naggar (2011). The differences noted in some cases could be due to variability
359 and anisotropy in soil properties in localized areas in the field.

360 *Results and discussions*

361 *(i) Influence of the type of barrier system*

362 The 3-D model is next employed to study the response of other configurations of the geofoam
363 barrier. The most common profile adopted for wave barriers involves a straight, rectangular
364 vertical cut into the ground. In this section, calculations are performed with another simple
365 barrier configuration, involving two continuous foam walls kept at a spacing (s); depicted
366 pictorially in Fig. 9a. Simulations are carried out to determine the influence of the spacing (s)
367 between the two walls on the system performance. Analysis are performed by varying the
368 normalized spacing ($S=s/L_R$) from 0.2 to 1.0. The computations are done for the frequency
369 range of 30Hz to 60Hz. The PU-Foam barriers are of normalized depth, $D = 0.75$, width, $w =$
370 0.2 m and placed at $L = 0.53$ m from the source of vibration. The size, fixities, boundary
371 conditions and meshing of the 3-D model remains same as described in the preceding section.
372 The material properties of the in-situ soil and geofoam remain unchanged. The values of A_r are
373 computed for vertical velocity component, by observing the time history of nodes on the ground
374 surface along a monitoring path. Fig. 9b illustrates the variation of the average amplitude
375 reduction ratio as a function of the barrier normalized spacing for the chosen frequency range.
376 It can be easily noted that this barrier system is quite effective in damping out the vertical soil
377 vibrations. The A_r values are much lower at higher frequencies, indicating a better system
378 performance. In addition, the system response is quite sensitive to the barrier spacing,
379 especially at low values of S ($S = 0.2$ to 0.4). In the frequency range chosen for this study, the
380 optimum spacing is obtained to be around $0.5 L_R$ to $0.6 L_R$. Wider spacing than this, does not
381 bring any added benefits in terms of increase in efficiency and are even detrimental to the
382 performance in some cases.

383

384 *(ii) Barrier performance for a moving load*

385 *Simulation of moving load*

386 Until now, a harmonic load was considered in all the analyses. However, the scenario is
387 changed when the load apart from being dynamic in nature also shifts its position with time,
388 which is the case for a moving load like a train. A moving load can significantly increase
389 displacements in the structure compared to a static load. Thus, the response of the PU-Foam
390 barrier is investigated under the vibrations generated by moving loads.

391 Fig. 10 shows the developed numerical model. It has dimensions of 200 m x 100 m x
392 20 m. The dimensions have been kept large enough so as to prevent wave reflections from the
393 boundaries. The track rests on an embankment of width 5 m and height 0.5m. For simplicity,
394 the properties of the soil in the embankment and the ground remains same (as described
395 previously). The track consists of a pair of steel rails resting on concrete sleepers; both
396 modelled using beam elements. The cross-sectional area (A) of the rail and the sleeper are: A_{rail}
397 $= 0.0077 \text{ m}^2$ and $A_{sleeper} = 0.05 \text{ m}^2$. The sleepers are laid on ground at a spacing (c) of 0.6 m.

398 The vehicle unit chosen for this demonstration is a typical German ICE3 railcar with
399 the distance (X) between the first and last wagon axles as 21.6 m. The length of the loading in
400 the rail (X_o) was chosen to be: $X_o = X + 2 * 0.3X \approx 34.80 \text{ m}$; the additional length to account for
401 shear force distribution and effects of impact load distribution (Shahraki et al. 2014). To
402 replicate a train moving on the rails, point loads are applied along the length of the beam at
403 spacing of: $c/2 = 0.30 \text{ m}$. Thus, the total number of dynamic loads (N) per rail are: $N = X_o /$
404 $c/2 = 117$. The value assigned to each point load is the vertical wheel load ($P = 80 \text{ kN}$). To
405 incorporate the moving nature of the load, dynamic signals/multipliers are assigned to each of
406 these 117 point loads. The signal for each load location represents how the forces vary at that
407 particular point in the rail as the wheel load moves along. The multipliers are obtained by
408 considering the rail to be a beam resting on an elastic pin foundation and analyzed under a set
409 of unit static loads at different locations. Each point load is multiplied by the value of its own
410 signal for every time dynamic time step. The latter is the parameter which accounts for the time

411 taken by the train to cross a distance of $c/2$. As an example for a train travelling at a speed (V)
412 of 180km/hr, the time lag between two consecutive point loads are : $\Delta t = c/2/V = 0.3 \text{ m} / 50 \text{ m/s}$
413 $= 0.006 \text{ sec}$. Accordingly, the time step for this dynamic analysis is kept as 0.006 sec. The total
414 time of analysis is based on the time taken by the last axle to cross the loading zone. In this
415 study, analyses have been carried out for train speeds 250 km/hr, 180 km/hr and 80 km/hr. At
416 these chosen speeds, the track responses can be assumed to be mainly quasi-static and the
417 dynamic effects to be negligible. The dynamic forces due to wheel-rail irregularity and other
418 defects due to wheel-flats are not part of this study. Here, the focus is on quasi-static track
419 response. The geofom trench is chosen to be of depth 5 m and width 0.5 m. It has been placed
420 at roughly 10 m from center of railway track. The material properties of the foam and the soil
421 domain remain same as before.

422 *Results and discussions*

423 Fig. 11a demonstrates the influence of train speed on the velocity of soil particles on the ground
424 surface. It is seen that with increase in train speed, the velocity of vibration increases, especially
425 in the near field region. This is most notably marked for vertical vibrations. The vertical
426 vibration levels are very high in the near field condition but their attenuation with distance
427 occurs at a very fast rate. At distances far away from the source of vibration, the horizontal and
428 the vertical velocities show nearly same values for all the train speeds. Fig. 11b presents a set
429 of typical results of the analysis in the frequency domain. It compares the velocity of vibration
430 for the different speeds in absence of trench. It is observed that with an increase in the train
431 speed, the frequency of ground vibration increases. For train speed of 80km/hr, the frequency
432 of vibration ranges from 0-30 Hz. For speed of 180km/hr, the predominant range of vibration
433 is 10-40 Hz, while for a speed of 250km/hr, the range extends from 20-55 Hz. Fig. 12 compares
434 the frequency of vertical vibration, in presence and absence of trench, for the different train
435 speeds. From Fig. 12a, it is clearly observed that for the train speed of 80km/hr, the frequency

436 of vibration, post-trench installation is mostly arrested within 20Hz. The frequencies in the
437 zone 20-30Hz are partly damped by the wave barrier. The same trend is noted in Figs. 12b and
438 12c. In the former case (Fig 12b), the frequency of vibration in the zone of 30-40Hz, is mostly
439 damped out. The particles vibrate primarily in the range of 0-30 Hz, especially, within 10-
440 20Hz. In the latter case (Fig 12c), the frequencies higher than 40 Hz are completely blocked by
441 the barrier. This shows that the high frequency or shorter wavelength waveforms are blocked
442 very effectively by the barrier. For the chosen barrier depth (5 m) and soil profile,
443 corresponding to a frequency of 40Hz, the normalized depth D is approximately 1.0. For
444 frequencies higher than 40Hz, the value of D is greater than 1 and the barrier effectively
445 depletes these frequency contents. Hence, more efficiency is achieved at higher train speeds as
446 in this case the quasi-static track response has higher frequency contents.

447 **Conclusions**

448 A numerical finite element analysis was carried out using PLAXIS, to interpret the behaviour
449 of open and infill trenches, acting as wave barriers in scaling down the ground vibration levels
450 caused by surface sources. The study brings forth the behaviour and responses of trenches for
451 a wide range of geometrical and material properties, different barrier types and loading
452 conditions. The analysis was carried out in stages, from open cuts to infill ones, with special
453 focus on polyurethane foam trenches. The developed model was used to carry out a parametric
454 study in order to identify the key factors affecting the vibration isolation capacity of trenches.
455 2-D simulations were performed in order to understand the impact of geometrical and material
456 properties of the trenches, on its efficiency as a wave barrier, due to vibrations caused by a
457 harmonic load. Subsequently, 3-D analysis was carried out when the load apart from being
458 dynamic in nature also changed its position with time.

459 Based on the results of the study and their analysis, the following observations can be made:

- 460 • Open trenches performed exceedingly well in mitigating the ground vibrations. The
461 main parameter controlling the efficiency was the normalized depth, D . For $D > 0.8$, the
462 system effectiveness in all cases, irrespective of the location or the width, was found to
463 be greater than 75%. Width of the trench did not play a very important role except for
464 extremely shallow trenches. The efficiency of an open trench as wave barrier was not
465 very sensitive to screening distances.
- 466 • For infill trenches, the most important parameters governing the efficiency was: density
467 and shear wave velocity of the infill material relative to the in-situ soil. The damping
468 characteristics of the infill material did not have a significant impact on the efficiency
469 of the trenches much. Both low-density and high-density materials (in comparison to
470 in-situ soil) could be ideal for use in infill trenches but, their performance was highly
471 sensitive to the relative stiffness of the trench material and the in-situ soil. For the
472 former category ($\rho_{fill} / \rho_{soil} < 0.15$) the upper limit could be identified as $V_{Sfill} / V_{Ssoil} <$
473 1.0 ; whereas for the latter ($\rho_{fill} / \rho_{soil} > 1$), the lower limit was found to be $V_{Sfill} / V_{Ssoil} >$
474 2.5 .
- 475 • PU-Foam trenches proved to be very effective material in damping out the ground-
476 borne vibrations. The efficiency of the geofoam trenches was dependent on the
477 normalized depth, width, screening distance, and, d/w ratio. In areas near to the source
478 of vibration, ($0.4 < L < 1.8$) the barrier showed a greater dependency on both the
479 screening distance and the depth, while, in regions far away, ($L > 1.8$) the influence of
480 screening distance was almost eliminated. The optimum barrier depth for all purposes
481 could be taken as 1.2. The increase in width had a positive impact on the functioning
482 of the barrier both in near field as well as far-field isolation. On considering cross-
483 sectional areas; for $A < 1.0\text{m}^2$, a deeper trench ($d/w = 4.0-5.0$) served a greater purpose.
484 However, for $A > 1.0\text{m}^2$, the optimum d/w ratio was in the range of 1.5-2.0.

- 485 • 3-D analysis revealed that double walled continuous rectangular trenches performed
486 well as wave barriers but the functioning was sensitive to the normalized spacing. An
487 optimum normalized spacing in this study was recognized to be roughly 0.5-0.6 times
488 the Rayleigh wavelength.
- 489 • The barriers were also found to be quite effective in damping out the vibrations caused
490 by passage of a moving load. They mostly damped out the high frequency or shorter
491 wavelength components from the vibration velocities; indicating an increase in
492 efficiency of the system, with an increase in train speed.

493 These observations can be generalized to arrive at the conclusion that trenches can prove to be
494 very effective when used as a wave barrier in mitigating ground-borne vibrations.

495

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500

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615

616 *List of symbols*

ξ	Damping coefficient
ν	Poisson's ratio
Δt	Dynamic time step
ρ	Density
d	Depth of trench
f	Frequency
l	Distance
s, c	spacing
w	Width of trench
ARR	Amplitude reduction ratio
Ar	Average amplitude reduction ratio
A	Cross-sectional area
D	Normalized depth of the trench
E	Elastic modulus
G	Shear modulus
L	Normalized distance
L_R	Rayleigh wavelength
N	Number of dynamic loads
P	Vertical wheel load
S	Normalized spacing
V_R	Rayleigh wave velocity
V_S	Shear wave velocity
W	Normalized width of the trench
X_o	Axle distance in rail-cars

617

Figures

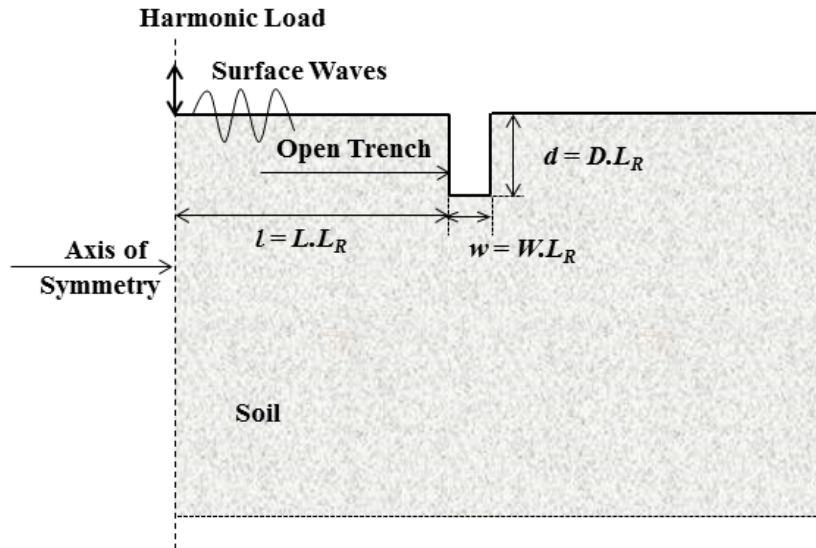


Figure 1: Schematic representation of vibration isolation system using open trench

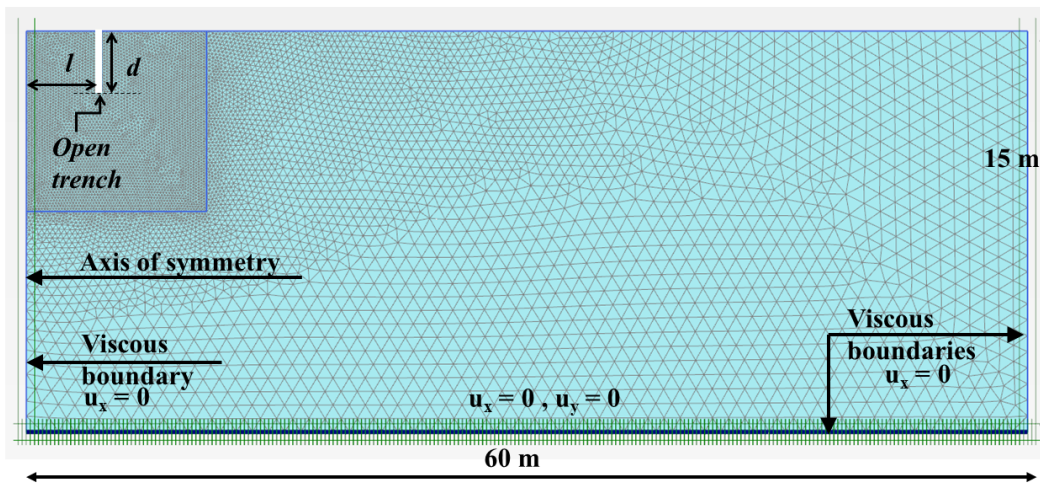


Figure 2: Typical 2-D numerical model developed for open trench in PLAXIS

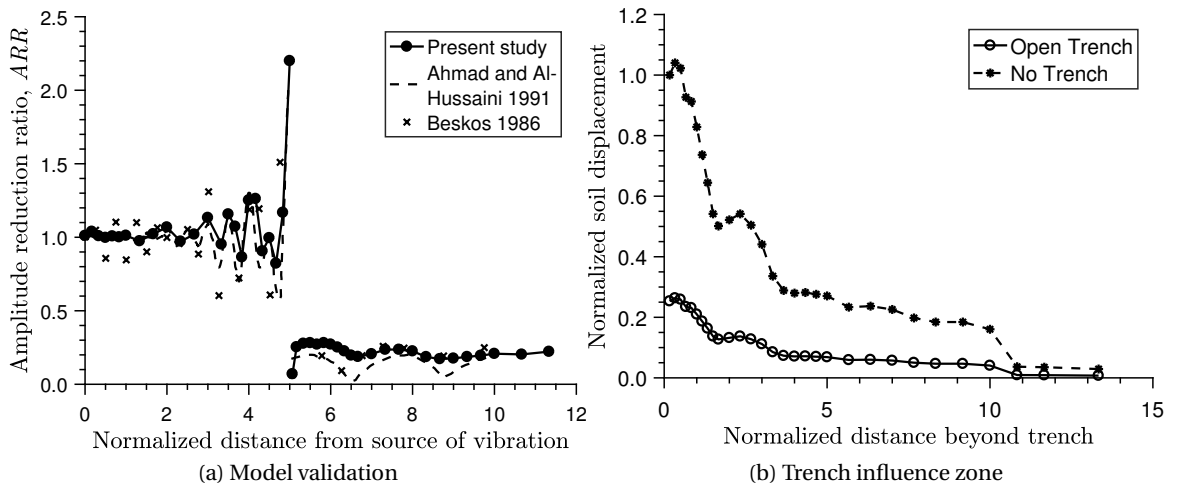


Figure 3: Analysis of open trench (a) 2-D finite element model verification, $W = 0.1$, $D = 1$, $L = 5$, and (b) normalized vertical displacement amplitude of ground surface

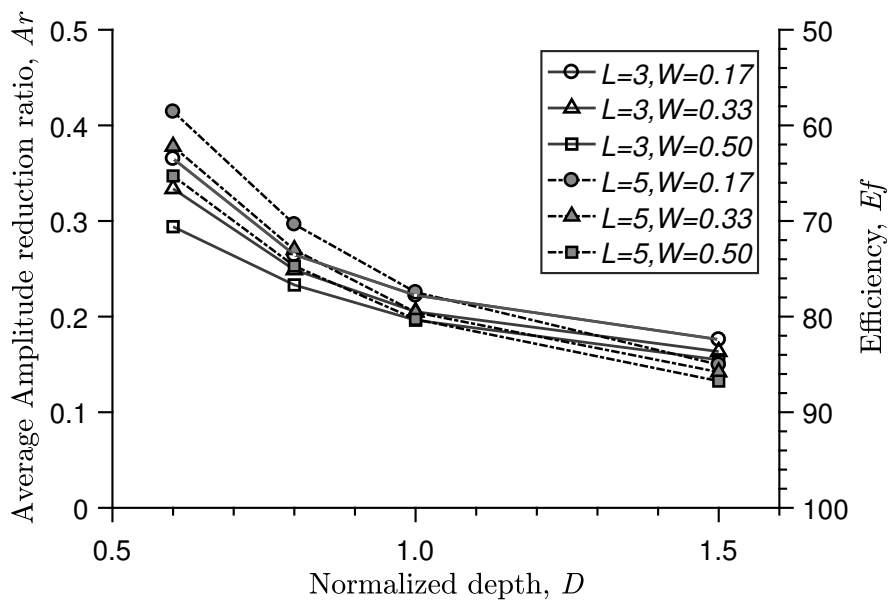


Figure 4: Variation of average amplitude reduction ratio with change in normalized depth of open trench

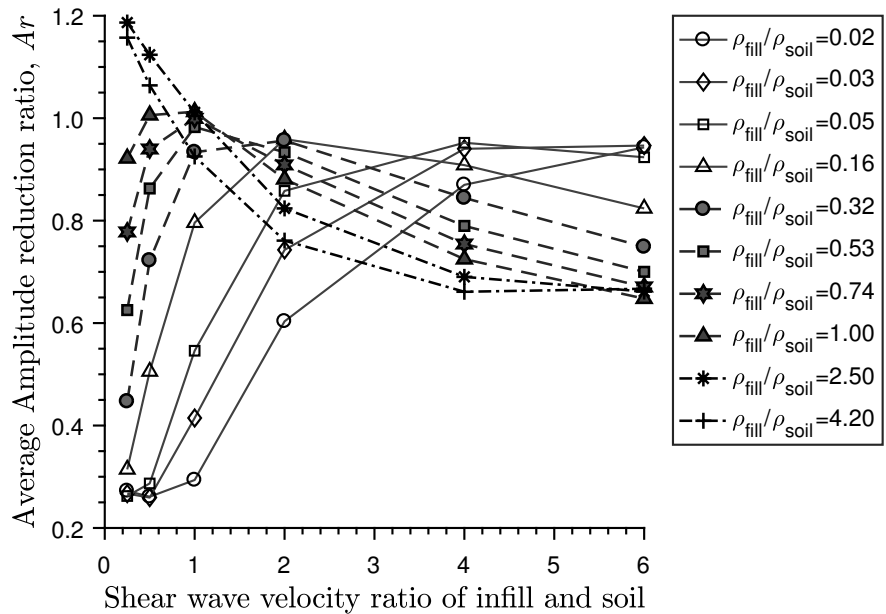


Figure 5: Variation of average amplitude reduction ratio with change in shear wave velocity ratio of infill trench and in-situ soil

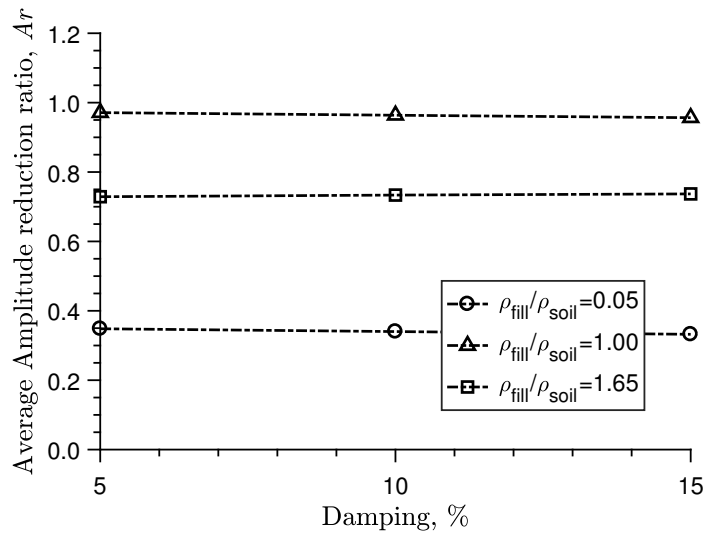


Figure 6: Variation of average amplitude reduction ratio with change in damping characteristics of infill trench

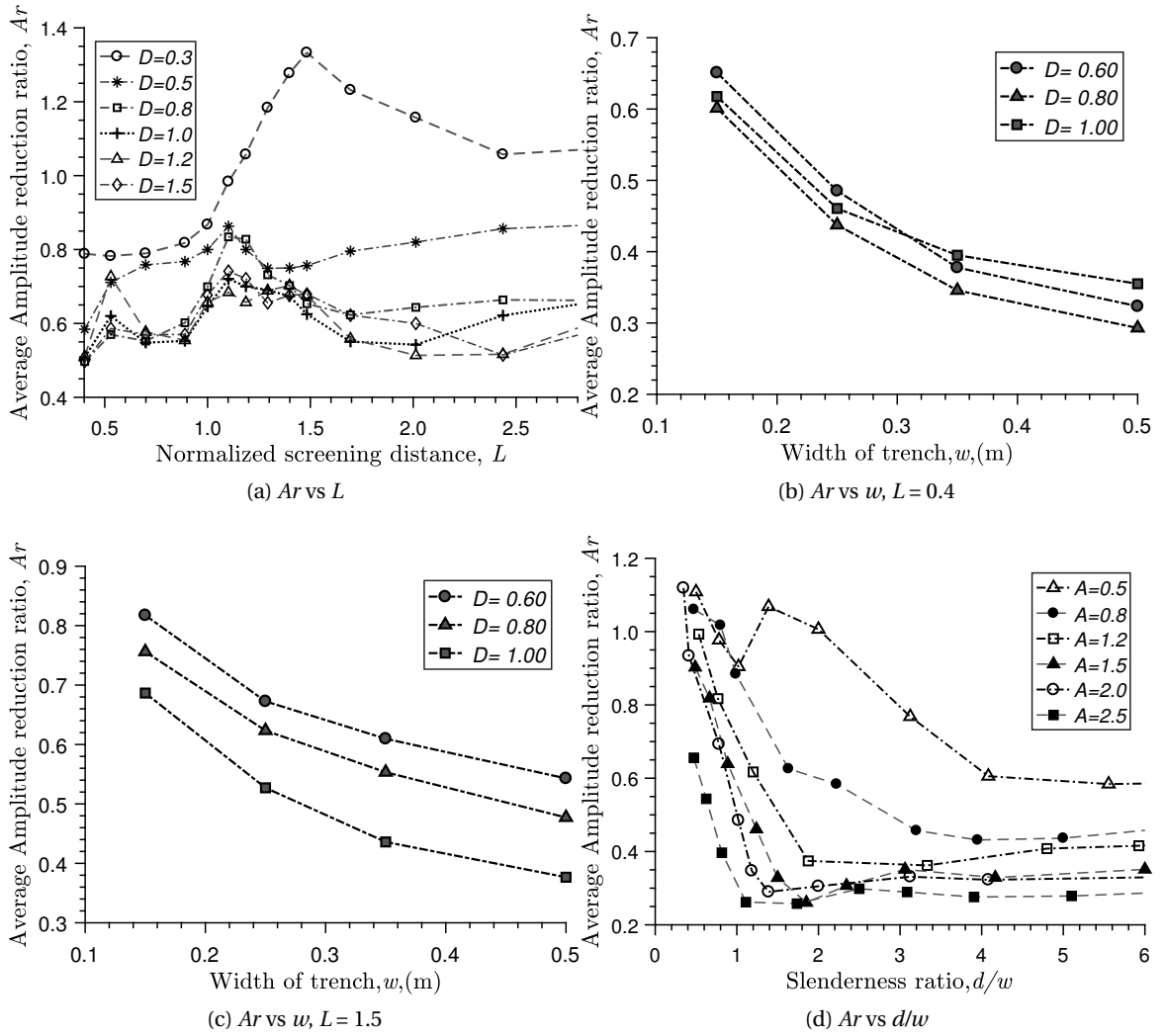


Figure 7: Variation of average amplitude reduction ratio with change in various geometrical parameters of geofoam trench: (a) normalized screening distance, (b)-(c) width, and (d) slenderness ratio

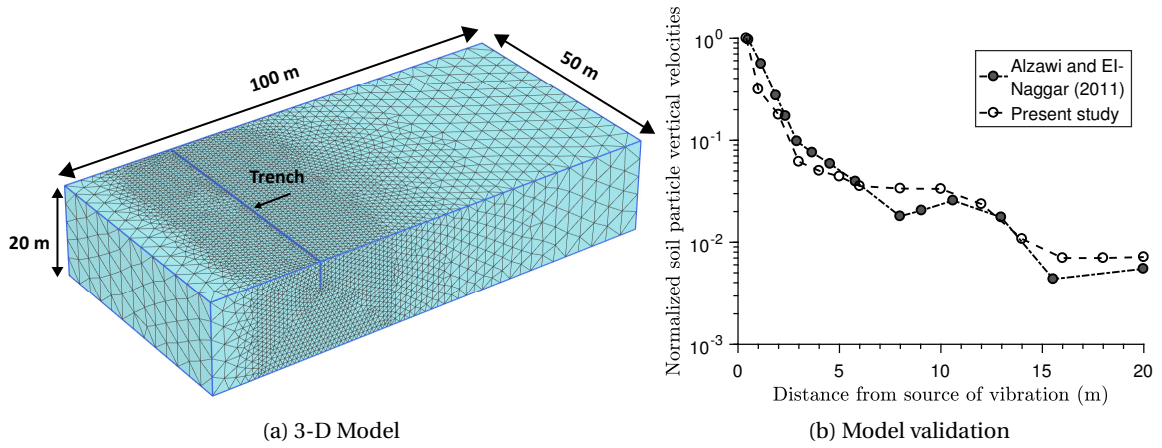


Figure 8: 3-D analysis of geofom trenches (a) typical model developed in PLAXIS, and (b) validation of the numerical model , $l = 2.5 \text{ m}$, $f = 50\text{Hz}$

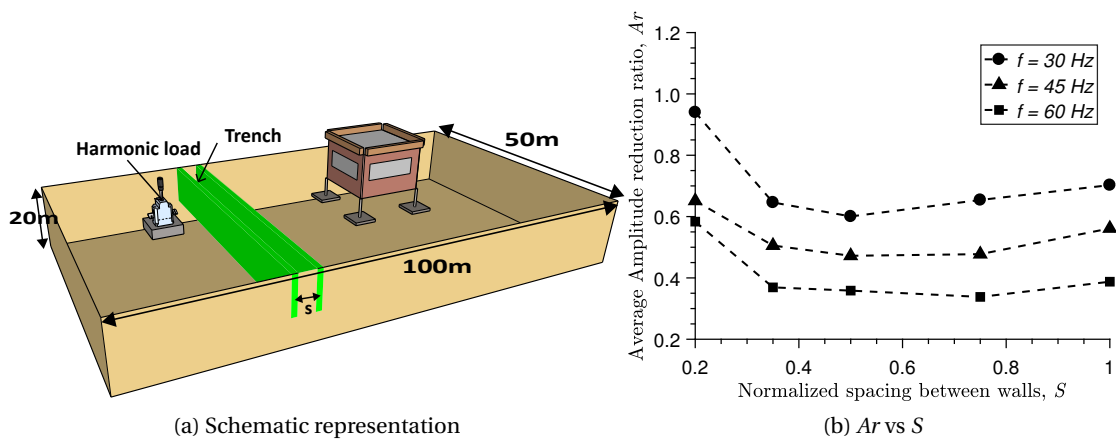


Figure 9: Analysis of a double walled continuous rectangular geofom trench system (a) schematic representation of the system, and (b) variation of average amplitude reduction ratio with change in normalized spacing between the two walls

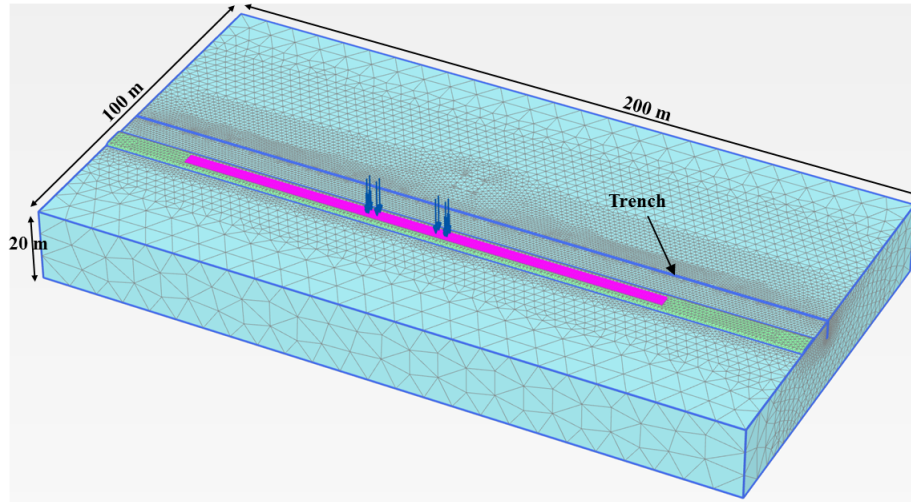


Figure 10: 3-D numerical model developed for simulating moving load

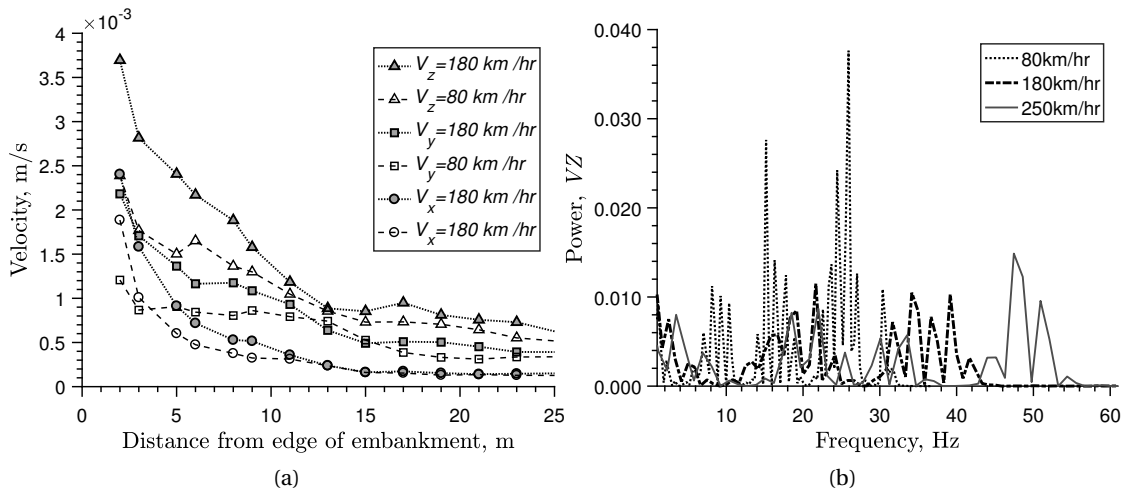


Figure 11: Variation of velocity of soil particles with change in train speed in absence of trench (a) time domain, and (b) frequency domain

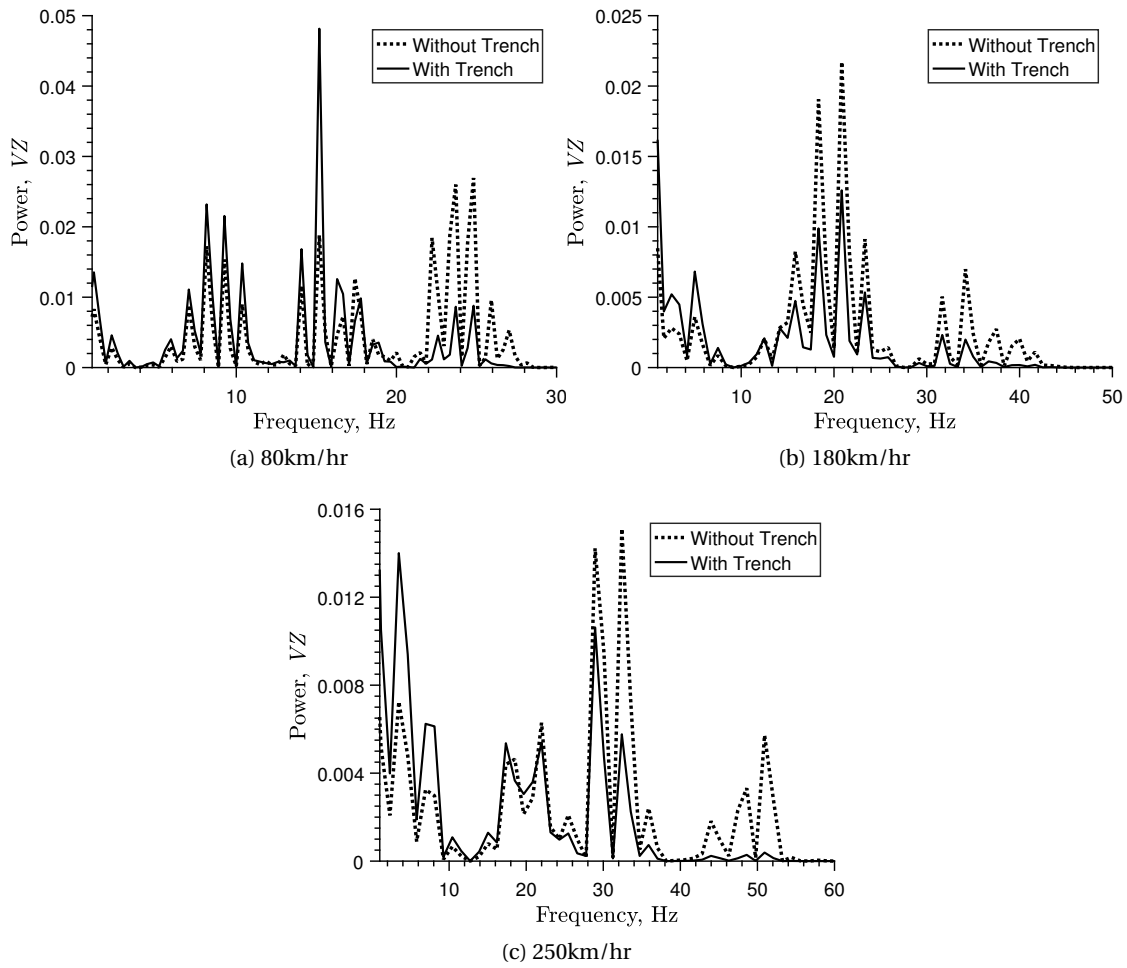


Figure 12: Comparative analysis of velocity in frequency domain in presence and absence of trench (a) 80 km/hr (b) 180 km/hr, and (c) 250 km/hr