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Development of graphene-based enzymatic biofuel cells: A minireview

Jing Tang^a, Xiaomei Yan^a, Christian Engelbrekt^a, Jens Ulstrup^{a,b}, Edmond Magner^c, Xinxin Xiao^{a,*}, Jingdong Zhang^{a,*}

^aDepartment of Chemistry, Technical University of Denmark, Kongens Lyngby 2800, Denmark

^bKazan National Research Technological University, K. Marx Str., 68, 420015 Kazan, Republic of Tatarstan, Russian Federation

^cDepartment of Chemical Sciences and Bernal Institute, University of Limerick, Limerick V94 T9PX, Ireland

*Corresponding authors: Xinxin Xiao (xixiao@kemi.dtu.dk) and Jingdong Zhang (jz@kemi.dtu.dk)

Abstract: Enzymatic biofuel cells (EBFCs) have attracted increasing attention due to their potential to harvest energy from a wide range of fuels under mild conditions. Fabrication of effective bioelectrodes is essential for practical EBFCs application. Graphene possesses unique physiochemical properties making it an attractive material for the construction of EBFCs. Despite these promising properties, graphene has not been used for EBFCs as frequently as carbon nanotubes, another nanoscale carbon allotrope. This review focuses on current research progress in graphene-based electrodes, including electrodes modified with graphene derivatives and graphene composites, as well as free-standing graphene electrodes. Particular features of graphene-based electrodes such as high conductivity, mechanical flexibility and high porosity for bioelectrochemical applications are highlighted. Reports on graphene-based EBFCs from the last five years are summarized, and perspectives for graphene-based EBFCs are offered.

Keywords: graphene; bioelectrodes; enzyme electrochemistry; bioelectrochemistry; enzymatic biofuel cell

1. Introduction

Enzymatic biofuel cells (EBFCs) are electrochemical devices, in which enzymes are employed to catalyze the oxidation of fuel molecules and/or the reduction of dioxygen or peroxide for electricity generation (Fig. 1). In comparison to conventional fuel cells (FCs) [1-5], EBFCs operate under mild conditions (*i.e.* ambient temperature, neutral pH), instead of strongly acidic/alkaline environments. EBFCs can be considered as sustainable and renewable considering that enzymatic catalysts are used rather than scarce noble metals. Fuels such as starch, glucose, fructose and lactate for EBFCs are also abundant in nature. Benefiting from the high selectivity of enzymes toward their substrates, expensive membrane separators can be avoided if the enzymes are immobilized, offering relatively simple fuel cell configurations. These advantages make EBFCs suitable for applications such as self-powered biosensors using power output as the analytical signal [6, 7], implantable [8-10] and wearable [11, 12] power sources fuelled by endogenous biological substances, as well as portable power sources [13].

Fig. 1. (A) Schematic illustration of an EBFC with a bioanode operating with mediated electron transfer (MET), and a biocathode operating with direct electron transfer (DET). EBFC applications as (B) wearable [11], (C) implantable [10] and (D) portable power sources [14]. Reprinted with permission from ref. [10, 11, 14]. Copyright 2014 Royal Society of Chemistry; Copyright 2013 Springer Nature; Copyright 2014 American Chemical Society.

However, insufficient open circuit voltage (OCV), low power output and poor stability of EBFCs are challenges in practical applications [15]. To address these obstacles, it is important to consider the following fundamental issues: (1) the achievement of efficient electronic communication between the active centers of enzymes and electrode surfaces; and (2) maintenance of the electrocatalytic activity of immobilized enzymes on the electrode surface. Interfacial electron transfer (ET) between the enzyme active site and the electrode surface is the core of the operation of EBFCs. Depending on whether external redox molecules are involved or not, the ET process can be classified into mediated ET (MET) and direct ET (DET) (Scheme 1). MET is a system in which a mediator molecule is oxidized or reduced by reacting with the enzyme active site, and subsequently re-formed on the electrode surface by fast ET. DET entails direct communication between the enzymes and the electrode by electron tunneling, correlated directly to the enzyme active site proximity with suitable orientation of the enzyme relative to the electrode surface.

Scheme 1. Schematic illustration of representative MET and DET processes between the enzyme and the electrode surface at enzymatic bioelectrodes: (A) MET from the bioanode surface through a redox mediator to glucose oxidase (GOx, PDB: 1cf3), and (B) DET from a biocathode surface to bilirubin oxidase (BOx, PDB: 2xxl), catalytic copper centers are highlighted in orange color.

The instability of enzyme electrodes is typically a consequence of lack of intrinsic stability of the enzyme itself or enzyme leaching from the electrode surface due to weak enzyme/electrode interactions [16]. The enzyme immobilization technique employed, such as adsorption, covalent binding, and encapsulation, *etc.*, determines the stability of enzymatic bioelectrodes. Adsorption, considered as the simplest and mildest technique, entails immobilization of enzymes on the electrode surface *via* non-covalent interactions such as van der Waals and electrostatic interactions [17]. Adsorption can retain the intrinsic activity of the enzyme, but the enzyme molecules tend to leach from electrode surfaces [18]. Covalent binding of enzymes to electrode surfaces minimizes enzyme leaching but may lead to partial denaturation of biomolecules. Site-directed immobilization of engineered enzymes can provide precise control of the orientation of the enzyme

on the electrode surface, resulting in optimized performance [19-21]. This technique was used to produce cellobiose dehydrogenase (CDH) bioelectrodes, which retained their catalytic currents for at least two months [20]. Entrapping enzymes into polymer matrices or inorganic frameworks on the electrode surface is another useful method for enzyme immobilization, which can reduce the amount of enzyme leaching and avoid enzyme denaturation. It has been reported that alcohol dehydrogenase entrapped in micellar polymers retained its activity after 45 days [22, 23]. Furthermore, many enzymes have been entrapped in sol-gel matrices, some of which contain redox moieties (Os or ferrocene-based complexes) or embedded conductive nanomaterials [24-26]. Apart from the enzyme immobilization techniques, other factors such as enzyme environment affect the lifetime of bioelectrodes. It has been proposed that stabilization can also be improved when the enzyme is confined in a three-dimensional (3D) matrix or closely surrounded by nanomaterials [27-29].

The introduction of conductive nanomaterials can significantly improve the performance of enzymatic bioelectrodes and therefore of EBFCs [15, 30]. Carbon-based nanomaterials, for example, CNTs, are widely used in enzyme electrochemistry [31]. As noted, graphene, featuring the ideal one-atom-thick sheet of sp^2 bonded carbon atoms in a honeycomb lattice, is an excellent electrode candidate due to its robust mechanical strength, high electronic conductivity and large specific surface area [32-34]. These properties can be utilized to facilitate DET between the active site of the enzyme and the electrode surfaces as well as increase enzyme loading [35]. However, an atomically flat electrode (roughness factor of 1), cannot sustain a sufficient enzyme loading for most practical uses, implying that 3D aspects could be incorporated in the electrode design. 3D graphene-based electrodes with a high porosity and enhanced fuel diffusion rates for EBFCs can be fabricated [36, 37]. Despite these attractive properties, application of graphene based EBFCs as power sources is still at an early stage [38, 39]. There are only few reviews on the potential of graphene to improve the performance of enzymatic bioelectrodes and EBFCs published several years ago [40-42]. A timely review on graphene based EBFCs is therefore appropriate.

The present report covers recent developments and applications of graphene-based bioelectrodes in EBFCs with a focus on graphene-based electrodes for enzyme immobilization. Fabrication routes for graphene-based electrodes, including graphene derivatives, graphene composites, and free-standing graphene electrodes, are summarized. Features of graphene-based electrodes such as high conductivity, good flexibility, and high porosity for bioelectrochemistry applications are

particularly highlighted. Reports on graphene-based EBFCs published over the last five years have been evaluated based on performance parameters such as power output and lifetime. Further perspectives for the field are also offered and discussed.

2. Graphene-based electrodes

As a 2D sheet with sp^2 hybridized carbon atoms, structurally perfect graphene displays unique properties such as high electronic conductivity ($2-65 \text{ S cm}^{-1}$) [43-46], light weight and therefore high specific surface area (up to $\sim 2600 \text{ m}^2 \text{ g}^{-1}$) [47], and mechanical strength, which together make it a highly attractive electrode material [40, 48]. The properties of graphene depend on preparation and assembly methods. Mechanical exfoliation [49], epitaxial growth [50], chemical vapour deposition (CVD) [51-54], un-zipping of CNTs [55], Ni^{2+} -exchange/KOH activation [56], and reduction of chemically produced graphene oxide (GO) [57, 58] are general routes for graphene production. Mechanical exfoliation was the first reported method to isolate graphene sheets from pyrolytic graphite, but is not suitable for large-scale production [34]. CVD is attractive since it can produce “pure” and high-quality graphene with large area and specific functionalized atoms or groups on solid surfaces, but its usage is limited by high cost [52]. Un-zipping of CNTs and Ni^{2+} -exchange/KOH activation are delicate processes and not applied widely in bioelectrochemistry. An inexpensive and easily scalable fabrication method relies on the reduction of GO obtained from the oxidation and subsequent exfoliation of graphite [41]. This ‘wet chemical’ method is highly suitable for further chemical and biochemical modification. After a thermal [59], chemical [60] or electrochemical [57, 61] reduction process, the conductivity of GO can be enhanced *via* restored sp^2 conjugation. Reduced GO (RGO) nanosheets can also be prepared on the surface of carbon fibers by *in situ* electrochemical procedures consisting of oxidative and reductive steps to yield surface supported RGO (Fig. 2) [62]. RGO sheets possess considerable amounts of defects and disordered structures, different from the “ideal” graphene. The direct utilization of graphene in bioelectrochemical applications suffers from irreversible π - π stacking aggregation and loss of active surface area. Surface modification with functional groups is needed to achieve specific properties. Physicochemical properties such as hydrophilicity and surface charge, which can be tuned by functionalization, affect further the performance of the enzymatic bioelectrodes. Free-standing graphene electrodes have emerged recently as promising support

materials for wearable and implantable biomedical devices due to their mechanical robustness and flexibility (Fig. 2).

Fig. 2. Fabrication routes for graphene-based electrodes, including graphene derivative and graphene composites modified electrodes as well as free-standing graphene electrodes. Representative scanning electron microscopy (SEM) images (left to right: graphene nanosheets on carbon fibers [62] of carbon papers, graphene/multi-walled CNT (MWCNT) [63], 3D graphene foam [64], and graphene paper [65]). Preparation methods are also summarized. Reprinted with permission from ref. [62-65]. Copyright 2016 John Wiley and Sons; Copyright 2011, 2012 American Chemical Society; Copyright 2019 Royal Society of Chemistry.

2.1 Graphene derivatives

Pristine graphene has not been widely exploited as bioelectrode materials due to the lack of functional groups such as oxygenated groups to anchor enzymes [66]. RGO is a graphene derivative with residual oxygenated species on the graphene sheets, which is suitable for construction of enzymatic bioelectrodes [67]. For example, Zhou *et al.* modified glassy carbon electrodes (GCEs) by drop-casting chemically produced RGO followed by the attachment of GOx [68]. The resulting bioelectrode showed a good biosensing performance for the detection of glucose compared with graphite/GCE-based bioelectrodes. This suggests that the high density of edge-plane like defects on RGO may provide favorable sites to accelerate the reduction of H₂O₂ generated on the electrode surface. Unnikrishnan *et al.* prepared a similar GOx/RGO-based bioelectrode *via* a one-step process, demonstrating that RGO enabled high stability of GOx and thus a stable response (81% retention of its initial response after 50 days' storage) [69]. However, aggregation of RGO could result in a decrease of surface area, leading to low enzyme loading and

electrocatalytic current. It has been reported that a larger amount of laccase can be wired onto anthraquinone-modified RGO/MWCNT ($0.77 \text{ nmol cm}^{-2}$) than to the comparable aggregated RGO-based matrix ($0.42 \text{ nmol cm}^{-2}$ for anthraquinone-modified RGO and $0.58 \text{ nmol cm}^{-2}$ for MWCNT/RGO) [70]. This implies that modification of RGO sheets with functional groups can prevent aggregation and therefore preserve high surface area for enzyme immobilization with MWCNT, as well as ensure specific adsorption of enzyme with functional groups [70, 71]. Modifications of GO derivatives will be detailed in the section 2.2.

Elemental doping is a versatile method to tune the electronic structure of graphene. GO and RGO can be regarded as a kind of O-doped graphene. Recent attempts to tailor the electronic properties of graphene include doping heteroatoms such as N [72, 73], P [74], B [75, 76], S [77], and F [78, 79]. Among these, nitrogen-doped graphene (NG) has been widely studied [72, 73, 80, 81]. Compared to graphene and RGO, NG exhibits much better electrocatalytic activity [82] because of a relatively high positive partial charge density on carbon atoms adjacent to the N-doping sites [83, 84], allowing enhanced electrical conductivity [85] and ET efficiency [80]. A NG modified gold electrode has been used to immobilize formate dehydrogenase (FoDH), showing a 500 mV decrease in the oxidation overpotential of reduced nicotinamide adenine dinucleotide (NADH) compared to an undoped graphene electrode [72]. The regeneration of the NAD^+ cofactor was thus accelerated, leading to more facile formate oxidation process with an onset potential of ca. -0.25 V vs. SCE. In addition, a membrane-less glucose/ O_2 EBFC with a NG modified GOx based bioanode, mediated by a ferrocene-based polymer, showed an enhanced power output ($85.91 \text{ } \mu\text{W cm}^{-2}$) over a similar RGO based EBFC ($59.45 \text{ } \mu\text{W cm}^{-2}$) [73].

P- and B- doped graphenes as promising electrode materials for supercapacitors [75], batteries [76], and electrocatalysis [74, 86] have been reported, but are rarely applied in bioelectrochemistry. S- and F-doped graphenes have been studied for biomolecular sensing, and are promising graphene derivatives for bioelectrochemical applications [77, 78, 87]. A type of S-doped graphene, with abundant micro- and meso-pores, showed activity towards dopamine redox chemistry with high selectivity, a high sensitivity, and low detection limit ($3.94 \text{ } \mu\text{M } \mu\text{A}^{-1}$, $1.5 \times 10^{-8} \text{ M}$) [77]. An electrochemical F-doped RGO/GCE sensor for histamine showed, for example, a detection limit of 7 nM, because the F-atoms provided highly active catalytic sites and fast ET [78]. The electrocatalytic performance of controllably F-doped graphene for NADH oxidation has also been

investigated, with a decrease in the overpotential of NADH oxidation by 0.25 V in comparison to a bare GCE. This could be attributed to the higher conductivity of low-fluorinated graphene [87].

O and N doped graphenes are the most studied graphene derivatives for the fabrication of graphene-based electrodes in bioelectrochemistry. The main reason could be that these two graphene derivatives can be obtained easily by relatively mild chemical methods. To further explore the potential of electrodes based on graphene derivatives in EBFCs applications, facile and controllable methods of synthesizing doped graphenes are needed.

2.2 Graphene composites

Most bioelectrochemical applications of graphene involve functionalized graphene composites, where graphene is functionalized with hydrophilic/hydrophobic or positively/negatively charged groups such as hydroxyl [58], anthraquinone [70], amino [57] and carboxylic surface groups [88]. The formation of functional bonds on graphene layers alters their physical and chemical properties, and precise control over the functionalization processes is therefore required. These functional groups on graphene are particularly important for the attachment of enzymes, affecting the reproducibility and performance of the prepared bioelectrodes.

Covalent bonding and noncovalent interactions are two ways to functionalize graphene. Organic covalent functionalization reactions of graphene include two general routes: (a) transformation of sp^2 carbon of pristine graphene to sp^3 hybridization with free radicals or dienophiles, and (b) formation of covalent bonds between organic functional groups and the oxygenated groups of GO [89]. Specifically, graphene can be grafted with organic groups using diazonium salts, nitrophenyls, peroxides and hydroxylated aryl groups *etc.* [41, 88, 90] Bari and co-workers functionalized RGO with two different diazonium molecules bearing either negatively or positively charged groups, preparing DET-type enzymatic electrodes by covalently anchoring laccase and BOx, respectively,. A high catalytic current density plateau (1.0 mA cm^{-2} for laccase and 0.4 mA cm^{-2} for BOx at a rotating disc electrode with a rotating speed of 1500 rpm) were obtained [88]. Covalent functionalization changed the properties of graphene dramatically. For example, graphene sheets treated with diazonium salts showed a decrease in conductivity with increasing grafting density [91]. Graphene derivatives such as GO and RGO with considerable amounts of oxygenated groups can be grafted to polymer chains using reactive species such as hydroxyl and amine groups. Most of these polymers, *e.g.* poly(ethylene glycol) (PEG) [92], polylysine (PLL) [93], polyethylenimine

(PEI) [57], polyallylamine (PAA) [94] and poly(vinyl alcohol) (PVA)[95], are biocompatible and can be used to immobilize proteins. As an example, a PLL/RGO composite with immobilized horseradish peroxidase was used to construct a H_2O_2 biosensor exhibiting 2.7-fold higher reduction currents over the control bioelectrode without the utilisation of RGO (at -0.3 V vs. Ag/AgCl) [93]. These composites show synergetic properties: the polymeric part leads to high dispersion in a certain solvent, while graphene offers the electrical conductivity and reinforcement of the mechanical properties.

Noncovalent functionalization includes polymer wrapping [57, 96, 97], adsorption of surfactants such as sodium and lithium dodecyl sulfate [98], direct interactions with nanomaterials such as carbon nanofibers and CNTs [14, 99, 100] or with small aromatic molecules [65]. Interactions between these modifiers and graphene are usually non-covalent interactions such as π - π , van der Waals, hydrophobic interactions, and electrostatic forces. Various noncovalent modifiers such as chitosan [101], polyaniline (PANI) [94], methylene green (MG) [102, 103], gold nanoparticles (AuNPs) [81, 104] and CNTs [14, 100] etc. have also been used to modify graphene [41, 89]. Depending on the nature of the modifier, noncovalent functionalization can significantly change the dispersibility, conductivity and other properties of graphene. For instance, the use of chitosan ensured the formation of homogeneous graphene suspensions [101] and biocompatibility for enzyme immobilization [105]. Wang and co-workers functionalized graphene with a water-soluble aromatic electroactive dye, MG, and MWCNT through layer-by-layer chemistry (Fig. 2 and Fig. 3) [63]. The resulting nanostructures with MG onto a graphene/MWCNT-based GCE showed lower charge-transfer resistance and better electrocatalytic activities toward NADH oxidation than that of pristine graphene. Such composite structures are therefore suitable for immobilizing NAD^+ dependent glucose dehydrogenase (GDH) [63]. Other composites containing graphene sheets within a polymer (e.g. poly(3,4-ethylenedioxythiophene) (PEDOT)) or AuNPs dispersed onto graphene showed improved surface area compared to graphene sheets [104, 106]. Covalently or noncovalently modification of graphene is thus efficient to introduce functional groups on graphene sheets, rendering the resulting composites biocompatible, dispersible, and electrochemically active. These properties are essential to achieve high enzyme loading, proper enzyme orientation and fast interfacial rates of ET on graphene-based electrodes.

Fig. 3. Schematic illustration of the formation of electrochemically functional (A) (graphene/SWCNT)₅ and (B) (graphene/MG)_n based nanostructures through a layer-by-layer method and corresponding SEM images. 5 represents the number of graphene layer and the scale bar is 1 μm . MG: methylene green. Reprinted with permission from ref. [63] with modification. Copyright 2011 American Chemical Society.

2.3 Free-standing graphene

Bulk electrodes (e.g. GCE, graphite and Au electrodes) are usually used to support graphene and graphene composites for enzyme immobilization. Alternatively, free-standing graphene-based electrodes have been reported widely [65, 100, 107]. Such architectures have been used for enzyme immobilization exploiting the graphene material mechanical strength, as well as the chemical and thermal stability of graphene. Graphene paper is thus one of the most promising free-standing electrode designs for practical applications due to its high flexibility, stability and easy fabrication. Shen *et al.* engineered a flexible graphene paper via a low-cost solution-processing procedure, (Fig. 2), with the adsorbed enzymes exhibiting excellent mechanical performance, where the catalytic performance of the flexible bioelectrode is little dependent on the degree of mechanical bending [65, 107]. In addition, 3D graphene platelets and graphene gels were reported recently. For example, Campbell *et al.* fabricated a free-standing 3D graphene/single-walled CNT (SWCNT) co-gel for a BOx bioelectrode [100]. The co-gel electrode had a large surface area ($\sim 800 \text{ m}^2 \text{ g}^{-1}$) ensuring high enzyme loading, and high porosity for substrate diffusion, while maintaining a moderate conductivity ($\sim 0.2 \text{ S cm}^{-1}$). Another type of free-standing graphene based electrode is the CVD-derived 3D graphene foam comprising continuous conductive networks, with a large surface area ($670 \text{ m}^2 \text{ g}^{-1}$) for abundant laccase loading (Fig. 2) [14, 64].

3. Features of graphene for bioelectrochemical applications

Graphene-based electrode materials have excellent features for a range of applications including energy storage and conversion [107], sensing [69], and bioremediation [108]. High electronic conductivity and mechanical strength, both hallmarks of graphene, are essential electrode material requirements. Under ambient conditions, the charge mobility in graphene can reach up to $15000 \text{ cm}^2 \text{ V}^{-1} \text{ s}^{-1}$, 10-fold of that in silicon [41]. In addition, the electronic conductivity of graphene is almost 60 times higher than that of SWCNTs [109] with a similar mechanical hardness (Young's modulus around 0.98 TPa) [110]. An early attempt to employ silica sol-gel immobilized graphene sheets/enzyme composite electrodes for EBFCs application was reported in 2010 [111], demonstrating that the catalytic efficiency of graphene based GOx anodes was twice those of SWCNT based GOx ones (Fig. 4A). As a result, the performance of graphene based EBFC similarly doubled (Fig. 4B). With the high optical transparency ($\sim 97\%$) and a wide electrochemical window, graphene films are regarded as potential candidates for replacement of the commonly used ITO-covered transparent electrodes in spectro-electrochemistry [112, 113].

In contrast to other carbon-based nanomaterials, graphene, consisting of 2D structures, has attracted considerable attention due to its unique layered structure. Monolayer graphene films can be very thin (ranging from 0.34 to 1.6 nm) [114]. The remarkable mechanical flexibility and lightness are furthermore key for sensing or wearable bioelectronics applications [39]. RGO, synthesized *via* a chemical reduction route, resembles crumpled silk due to interactions between the thin layers (Fig. 4C) [112]. The resulting RGO modified electrode showed an electrocatalytic peak for NADH oxidation with a 330 mV peak potential decrease compared to bare GCEs [112]. Furthermore, a graphene paper as a carrier for enzymes (i.e., GDH and BOx) has been used to fabricate EBFCs (Fig. 4D). The resulting glucose/oxygen EBFC displayed a power output up to $4 \mu\text{W cm}^{-2}$ (OCV of 0.665 V) (Fig. 4E), which could withstand bending up to 180° without obvious changes in power output due to the exceptional mechanical flexibility of graphene paper (Fig. 4F). This kind of flexible graphene based EBFC holds great promise for driving low power biomedical and bioanalytical microelectronics in particular for wearable applications [65].

Fig. 4. (A) Cyclic voltammograms of graphene or SWCNT based anode in 100 mM glucose solution and graphene based anode in PBS (PH 7.4) without glucose (scan rate: 500 mV s^{-1}). The redox wave originates from the mediator ferrocenemethanol in PBS [111]. (B) Power density profiles for (■) graphene based EBFC and (▲) SWCNT based EBFC in 100 mM glucose solution [111]. (C) Transmission electron microscopy (TEM) image of reduced graphene sheet [112]. (D) Cross-section SEM image of the layered assembly of graphene papers [65]. (E) Polarization (red) and power curves (blue) obtained from graphene paper supported GDH bioanode and BOx biocathode in air-saturated buffer containing 6.4 mM glucose. Solid and dashed curves for pure PBS and blood-mimicking buffer, respectively. (F) Power density ratio of the EBFCs after bending to various angles [65]. Reprinted with permission from ref. [65, 111, 112] with modification. Copyright 2010 Elsevier; Copyright 2009 John Wiley and Sons; Copyright 2019 Royal Society of Chemistry.

Graphene-based aerogels constructed by the assembly of the individual graphene sheets display high porosity (i.e. low weight and high surface area) and high performance in both strength and electrical conductivity [115, 116]. Surface areas for aerogel fibers measured by the Brunauer,

Emmett and Teller (BET) technique was reported to be $884 \text{ m}^2 \text{ g}^{-1}$ [116], which is higher than for CNTs (512 to $790 \text{ m}^2 \text{ g}^{-1}$) [117, 118]. Furthermore, Qian *et al.* prepared aerogels with a weight density as low as 3.2 mg cm^{-3} and a surface area as high as $1019 \text{ m}^2 \text{ g}^{-1}$ [115]. A 3D NG aerogel (3D-NGA) incorporated with dopamine can serve as a highly efficient electrocatalyst for H_2O_2 reduction (Fig. 5) [119], exhibiting a detection limit of 0.05 mM and a linear detection range up to 35 mM . In addition, a GOx biosensor was developed based on a graphene aerogel/AuNPs (GA/AuNPs) hybrid material through a simple hydrothermal route [120]. The porous structure of the GA/GNs hybrid enabled a platform for GOx immobilization. The operation of this bioelectrode was demonstrated for glucose sensing, relying on reducing H_2O_2 at -0.4 V . with a sensitivity of $258 \mu\text{A mM}^{-1} \text{ cm}^{-2}$ in a linear range from 50 to $450 \mu\text{M}$, and a detection limit of $0.6 \mu\text{M}$.

Fig. 5. Digital photo of 3D-NGA and schematic illustration of its preparation [119]. To construct an electrode, the 3D NGA was cut into pieces ($1 \text{ cm} \times 0.5 \text{ cm}$, 0.3 mm thickness). The pieces were then fixed onto a glass slide, and an electrical lead made by copper paste and copper wire insulated with silicone rubber. Reprinted with permission from ref. [119]. Copyright 2016 Elsevier.

4. Graphene based enzymatic biofuel cells

Due to the favorable properties noted, the application of graphene in EBFCs offers the potential for improved power output and enhanced operational lifetime. Reports on graphene based EBFCs in the last five years are summarized in Table 1 and Table 2, showing that this potential is currently being realized. The performance of EBFC is evaluated in terms of maximum power density (P_{max}), OCV, and stability [15, 57, 65]. P_{max} is typically normalized to the geometric electrode area and the mass or volume of the cell [15]. Stability is not effectively measured by following OCV over time [15], as revealed by recent understanding on supercapacitor/EBFC hybrid devices. Instead, evaluation of power output over time provides a better picture of device stability. Most graphene-

based EBFCs were constructed similarly to CNT-based EBFCs, which do not, however, exploit the full potential of graphene-based devices. Probably due to lack of precise control over the graphene architecture, only a small number of the reported graphene-based EBFCs exceed a $P_{\max}$ of 1.0 mW cm^{-2} [15]. One example was a membrane-less and NG based formic acid/ O_2 EBFC that delivered a $P_{\max}$ of $1.96 \pm 0.13 \text{ mW cm}^{-2}$ and an OCV of $0.95 \pm 0.05 \text{ V}$. Effective recycling of NAD^+/NADH cofactor was achieved at a NG/AuNPs/FoDH bioanode, where NG played the key role in decreasing the NADH oxidation overpotential [72]. Evaluation of graphene-based bioanodes and biocathodes for EBFCs is provided in the following sections.

Table 1. Summarization of graphene based full EBFCs reported in literature.

Graphene materials	Anode	Cathode	No. of compartment	OCV (V)	$P_{\max}$ ($\mu\text{W cm}^{-2}$)	Stability	Ref.
Commercial graphene	CDH/AuNPs/graphene SPEs; DET; 5 mM glucose	Laccase/AuNPs/graphene SPEs; DET; Air-saturated	Two	0.74	5.16	90% decrease of $P_{\max}$ after 8 h	[104]
Commercial graphene	GOx/graphene-CPSS/Au; DET;* 300 mM glucose	BOx/graphene-CPSS/Au; DET; Air-equilibrated	One	0.72	20	-	[96]
Graphene	GOx/graphene-3D micropillar; DET;* 100 mM glucose	laccase/graphene-3D micropillar; DET; Air-saturated	One	0.91	136	49% decrease of $P_{\max}$ for the 2nd measurement after 7 days	[121]
RGO; chemical method	GOx/RGO-CoPc/GCE; DET;* 15 mM glucose	RGO-FePc/GCE; Air-equilibrated	One	0.35	23	80% retain of $P_{\max}$ after one month	[122]
RGO; chemical method	GOx/RGO-SWCNT aerogels; DET;* stirring 100 mM glucose	BOx/RGO-SWCNT aerogels; DET; Air-saturated	One	0.61	190	~20% retain of $P_{\max}$ after 15 h	[100]
RGO; chemical method	MWCNT-GOx-Nafion/RGO; DET;* 50 mM glucose	BOx/PBSE/RGO; DET; Air-saturated	One	-	70	-	[123]

* The reported claim that DET of native GOx based bioelectrodes is feasible must be reconsidered. SPEs: screen-printed electrodes; CPSS: carboxylated poly(styrene-b-isoprene-b-styrene); CoPc: cobalt phthalocyanine; FePc: iron phthalocyanine; PBSE: 1-pyrenebutanoic acid succinimidyl ester.

Table 1. Continued.

Graphene materials	Anode	Cathode	No. of compartment	OCV (V)	P _{max} (μW cm ⁻²)	Stability	Ref.
Graphene flakes; oxidation of carbon fiber	GDH/SiO ₂ NPs/PEI/MB/ graphene CP; MET; 0.02 mM NAD ⁺ 5 mM glucose; (human serum solution)	GOx/SiO ₂ NPs/hemin/graphene CP; DET; O ₂ -equilibrated; (air-equilibrated)	One	0.50; (0.53)	18; (4)	-; (decreased by > 15% after 12 h)	[124]
Graphene flakes; oxidation of carbon fiber	LDH/SiO ₂ NPs/PEI/MB/ graphene CP; MET; 2 mM NAD ⁺ 14 mM lactate; (real sweat)	LOx/SiO ₂ NPs/hemin/graphene CP; DET; Air-equilibrated	One	0.87; (0.79)	380; (225)	-	[125]
Graphene flakes; oxidation of carbon fiber	PQQ-GDH-CaM/PBSE/graphene CP; DET; 20 mM glucose	GOx/hemin/ graphene CP; DET; Air-equilibrated	One	~0.50	~70	-	[126]
Graphene flakes; oxidation of carbon fiber	PQQ-GDH/PBSE/graphene CP; DET; 20 mM glucose	Laccase/PBSE/graphene CP; DET; Air-equilibrated	One	0.41	5.5	-	[127]

SiO₂ NPs: SiO₂ nanoparticles; MB: Meldola's blue; CP: carbon paper; LDH: lactate dehydrogenase; LOx: lactate oxidase; PQQ: pyrroloquinolinequinone; CaM: calmodulin chimera.

Table 1. Continued.

Graphene materials	Anode	Cathode	No. of compartment	OCV (V)	$P_{\max}$ ($\mu\text{W cm}^{-2}$)	Stability	Ref.
NG; chemical method	FoDH/AuNPs/NG/Au; MET; 5 mM NAD^+ 50 mM formic acid	Laccase/AuNPs/NG/ Au; MET, 0.5 mM ABTS; O_2 -equilibrated	One	0.95	1960	-	[72]
Graphene paper; GO assembly with reduction	PQQ- GDH/MB/graphene paper; MET; 6.4 mM glucose	BOx/graphene paper; DET; Air-equilibrated	One	0.67	4.0	35% and 55% retain after 100 min in a static or stirring solution, respectively	[65]
Graphene paper; GO assembly with reduction	PQQ-GDH/cytochrome <i>c</i> /graphene paper; MET; 3 mM glucose	BOx/cytochrome <i>c</i> /graphene paper; DET; Air-equilibrated	One	0.38	0.29	-	[107]
GCFC; CVD method	GOx/Fc/GCFC; MET; 200 mM glucose	BOx/GCFC; DET; Air-equilibrated	One	~ 0.63	34.3	$P_{\max} > 5 \mu\text{W cm}^{-2}$ after 24 h	[128]
3D graphene; Ni^{2+} -exchange/ KOH activation	Nafion/GOx/Fc/3D- graphene/GCE; MET; 10 mM glucose	Nafion/laccase/3D- graphene-PTCA- DA/GCE; MET; O_2 -equilibrated	One	0.40	112	$\sim 84\%$ retain of initial <i>j</i> after 72- h discharging	[56]

FoDH: formate dehydrogenase; GCFC: graphene coated carbon fiber; Fc: ferrocene; PTCA: 3,4,9,10-perylene tetracarboxylic acid.

Table 2. Summarization of graphene based bioanodes for EBFCs reported in literature.

Graphene materials	Anode	Cathode	No. of compartment	OCV (V)	P _{max} (μW cm ⁻²)	Stability	Ref.
GO nanosheets (GONs); chemical method	GDH-BSA/GDH/NAD ⁺ /GONs/ GCE; MET; 10 mM glucose	Poly DA/lacase nanoflowers/AuNPs/Au; MET; Air-saturated	One	0.86	400	-	[129]
RGO; chemical method	<i>h</i> SO/R/G-P/CPG; DET; flowing 25 mM Na ₂ SO ₃	Commercial platinum (Pt); O ₂ flow	Two	0.64	61	Continued 5% decrease of initial P _{max} from the 3rd to 6th measurement	[57]
RGO; chemical method	GOx-FcCOOH-PEI-RGO/CPG; MET; 50 mM glucose	Commercial Pt; O ₂ flow	Two	0.40	5.1	40% retention of P _{max} after the 6th measurement	[130]
RGO; CVD method	GOx/TTF/RGO/AuNPs/ N-doped CNTs/Ni foam; MET; 60 mM glucose	Pt; Air-equilibrated	One	0.32	235	j _{max} of the anode at 0.25 V retained above 60% after 15 days	[81]
NG; CVD method	GOx/Fc-C6-LPEI/NG /CP; MET; 100 mM glucose	BOx/An-MWCNT/TBAB-Nafion/CP; MET; O ₂ -equilibrated	One	0.55	355	-	[73]

BSA: bovine serum albumin; DA: dopamine; *h*SO: human sulfite oxidase; G-P: reduced graphene oxide-polyethylenimine; CPG: carbon paper covered with graphene oxide; TTF: tetrathiafulvalene; Fc-C₆-LPEI: hexylferrocenyl linear PEI; An-MWCNT: anthracene-modified MWCNT; TBAB: tetrabutylammonium bromide.

4.1 Graphene based bioanodes

A broad range of fuels can be oxidized at bioanodes, including H₂, sugars (glucose, lactose, starch *etc.*), alcohols (methanol, ethanol, glycol *etc.*). Inorganic salts such as sulfite can also serve as fuels [57]. Glucose, a cheap fuel resource, has been most extensively investigated as the majority of EBFCs studies focus on applications in blood analysis with a certain variable concentration of glucose (typically 2-10 mM for normal blood) [131]. Representative mediated bioelectrocatalytic reactions by flavin adenine dinucleotide (FAD) dependent-GOx are shown schematically in eq. 1-3, where “M_{red}” and “M_{ox}” represent the reduced and oxidized form of the mediator, respectively. It should be noted that native GOx cannot undergo DET as the flavin group is too deeply buried in the protein matrix [132]. Various graphene materials have been used in the fabrication of GOx bioanodes for glucose/O₂ EBFCs, including chemically produced 2D graphene sheets [96, 104, 122], graphene papers [65, 107], NG sheets [73], and 3D graphene [121]. Glucose/O₂ EBFCs functionalized with 3D graphene showed considerable P_{max} values, ranging from 112 to 136 μW cm⁻², Table 1. Furthermore, a commercially available GOx (Amano Enzyme Inc., Japan) shows broader substrate response than most other common bioanode enzymes, and can oxidize many mono-, di-, tri-, and polysaccharides [133]. Such non-selective activity, though being an issue in biosensor applications, can be a great advantage for EBFCs.

Other enzymes such as GDH [65] and CDH [104] have also been used successfully as biocatalysts for the oxidation of glucose at graphene-based bioanodes. Due to the insensitivity to O₂, dehydrogenases can operate effectively in a one-compartment cell, where O₂ reduction takes place at the biocathode. For example, pyrroloquinoline quinone (PQQ) dependent GDH modified graphene paper showed good electrocatalytic activity in air-saturated electrolytes [65]. We combined the resulting bioanode with a BOx graphene-based cathode into a one-compartment EBFC. The device displayed an acceptable power output in air-saturated phosphate buffer containing 6.4 mM glucose, with an OCV of 0.665 V and a P_{max} of approximately 4 μW cm⁻².

Although glucose is used as the fuel in most graphene based EBFCs, other fuels need be investigated. Lactate, present at a concentration of 5-60 mM in sweat [38], has been catalytically oxidized at graphene based bioanodes, enabling development of wearable lactate/O₂ EBFCs [125, 134]. Such EBFCs can be externally located on the skin in contrast to glucose-powered devices that need to be surgically implanted in the body. Koushanpour *et al.* constructed a graphene-based lactate/H₂O₂ EBFC using a lactate dehydrogenase (LDH) bioanode and a lactate oxidase (LOx)/hemin biocathode (Scheme 2) [125]. An electrode functionalized with graphene nano-sheets by *in situ* electrochemically produced graphene flakes on carbon fibers was reported [125]. The resulting EBFC delivered a $P_{\max}$ of 380 and 225 $\mu\text{W cm}^{-2}$ when operated in a simulated human sweat (14 mM lactate) and real human sweat, respectively [125]. Sodium sulfite has also been utilized as a biofuel for graphene-based bioanodes [57]. Oxidation of sulfite to sulfate can be catalyzed by human sulfite oxidase (*hSO*), which has a Mo centered catalytic site and a built-in heme redox relay. A graphene-coated CP with large 3D porosity was demonstrated as a suitable support for immobilization of *hSO* with efficient heterogeneous ET and a saturation catalytic current of 24.4 $\mu\text{A cm}^{-2}$. The *hSO* graphene-based bioelectrodes were then exploited as bioanodes in hybrid EBFCs, coupled with a Pt based cathode. The EBFC with OCV of 0.64 V gave a $P_{\max}$ of 61 $\mu\text{W cm}^{-2}$, which is 6.6-fold better performance than previously reported sulfite/O₂ EBFCs using AuNPs [57, 135]. CPs, used as the *hSO* bioanode substrate, are typically hydrophobic, making it difficult to allow the enzyme solution to penetrate into the 3D matrix. Ultrasonic pre-treatment of CPs in suspensions of GO can enhance the GO coating by π - π interactions and therefore result in the improved hydrophilicity due to the presence of GO sheets on carbon fibers of CP [130]. GO pre-treated CP was shown to be a good support for a bioink consisting of GOx and mediator as well as graphene-polymer composites [130], resulting in a glucose/oxygen biofuel cells with a $P_{\max}$ of 5.1 $\mu\text{W cm}^{-2}$ at 25°C.

Scheme 2. A scheme of the lactate/H₂O₂ graphene-based biofuel cell. NADH and H₂O₂ formed by the

enzymes are consumed through electrocatalytic reactions by Meldola blue (MB) and hemin, respectively. Reprinted with permission from ref. [125]. Copyright 2017 John Wiley and Sons.

4.2 Graphene based biocathodes

The dioxygen reduction reaction (ORR) is the priority for biocathode research since most EBFC applications rely on using O_2 as the oxidant. Blue copper enzymes such as laccase and BOx have been widely utilized at biocathodes to catalyze the four-electron reduction of dioxygen to water [14, 136, 137]. The active centers of both laccase and BOx include four Cu atoms classified as T1, T2 and T3. The CuT1 site near the surface of the protein accepts electrons from electrodes. The electrons are then shifted to the CuT2/T3 trinuclear cluster at the inside of the proteins, where dioxygen is reduced efficiently to water. Usually high-potential laccase only produces appreciable catalytic current in acidic solution ($\sim$ pH 5.0), while BOx can catalyze dioxygen reduction in neutral solutions. The redox potential of BOD CuT1 (490 mV vs. NHE at pH 5.3) is generally lower than that of laccase, so the activity of commercial BOD is lower than that of laccase [138].

The performance of these biocathodes varies when immobilized on different graphene architectures. Graphene sheet composite is the most studied substrate for enzyme immobilization among graphene materials. In EBFC application, laccase undergoing MET on NG-AuNPs ($P_{\max}$: $1,960 \mu W cm^{-2}$) [72] and DET on graphene-3D micropillar composites ($P_{\max}$: $136 \mu W cm^{-2}$) [121], respectively, have been reported. Most BOx biocathodes used in EBFCs can directly receive electrons from the electrode surface, such as the case where BOx is physically adsorbed on RGO-SWCNT aerogels as a biocathode, assembled with a GOx bioanode in an EBFC ($P_{\max}$: $190 \mu W cm^{-2}$) [100]. 3D graphene-based electrode is also a promising support for laccase and BOx immobilization due to the high surface area. Recently, laccase was immobilized on 3D graphene networks produced by Ni^{2+} -exchange/KOH activation combination. With the help of an immobilized mediator (dopamine) this biocathode was coupled to a GOx bioanode in a glucose/ O_2 EBFC giving a $P_{\max}$ of $112 \mu W cm^{-2}$ [56]. BOx immobilized on flexible 3D graphene coated fiber cloth can be applied in a glucose EBFC with a GOx bioanode, resulting in a $P_{\max}$ of $34.4 \mu W cm^{-2}$ at 0.43 V [128]. In addition, an electrochemically produced graphene-based laccase biocathode can reach a DET catalytic current density of $1.0 mA cm^{-2}$ under stirring at 1,500 rpm [88].

In addition to O_2 , H_2O_2 generated *in-situ* can be reduced at the biocathode through catalytic reactions [139]. Koushanpour *et al.* fabricated FAD-dependent oxidases, i.e., GOx [124, 126] and

LOx [125], on hemin modified graphene CP biocathodes. GOx and LOx produce H_2O_2 during the catalysis of the oxidation of glucose and lactate, respectively, in the presence of oxygen. The immobilized hemin can reduce the generated H_2O_2 electrocatalytically by accepting the electrons from the CP electrode (Scheme 2). These GOx and LOx immobilized hemin/graphene CP biocathodes can be incorporated in glucose/ H_2O_2 or lactate/ H_2O_2 EBFCs with a GDH and LDH bioanode, respectively. Although a small number of high-performance graphene-based EBFCs ($P_{max} > 1.0 \text{ mW cm}^{-2}$) has been reported, the half-lifetime of the EBFCs ranges from several hours to days. Improvement of the performance of graphene-based bioanodes and biocathodes especially the long-term stability is thus an essential step for development of EBFCs.

5. Conclusions and perspectives

Graphene-based materials have been extensively studied for use in EBFCs. A number of graphene-based materials, including GO, RGO and graphene composites with polymers, CNTs and AuNPs *etc.*, can be used for the fabrication of bioelectrodes. The introduction of graphene can improve the lifetime and catalytic efficiency of EBFCs, though the stability and power output of such cells is significantly less than that of conventional FC. In respect of energy generation, robust and porous supporting materials are essential for practical applications. Supporting materials with large porosity must be compatible with both graphene and enzymes. However, the precise control of graphene-based materials synthesis (such as surface functionalization and design of hierarchical structure) and enzymes immobilization on graphene-based electrode surfaces, as well as understanding of the aggregation of graphene flakes leading to a decreased surface area remains as a challenge. The implementation of graphene-based EBFCs in implantable medical devices, although barely reported so far, requires further exploration. Such devices in animal or human bodies might cause inflammatory reaction and blood clotting [15]. As learnt from other carbon nanomaterial based EBFCs, these challenges could be addressed by device encapsulation with dialysis bags [140] and coating by polymers such as chitosan [141] and 2-methacryloyloxyethyl phosphorylcholine [142], to improve the biocompatibility.

The main directions of research in graphene based EBFCs are i) miniaturization aiming at implementation in/on human body and ii) energy generation for portable devices. The following perspectives can be of interest for future investigation: (1) Graphene quantum dots (GQDs) may be a suitable platform considering the easy grafting chemistry due to the presence of carboxylic

acid moieties at the edges of GQDs, the likely facilitated ET, and large specific surface areas [143]. (2) Lightweight graphene-based electrodes such as graphene hydrogels for bioanode and biocathode fabrications are promising for portable and wearable EBFCs benefiting from their low weight and high flexibility. (3) CVD derived graphene can serve as integrated electrodes of on-chip enzymatic devices for miniaturized biosensing or bio-powering [66, 144]. (4) A wide range of fuel molecules such as inorganic molecules or cheap biomass-derived biofuels using new enzymes provides scope for the construction of stable and efficient graphene-based bioanodes and biocathodes as well as other enzymatic bioelectrodes. With recent advances in fabricating sophisticated bioelectrodes as overviewed in the present report, there is significant scope to enable the realization of these perspectives.

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Highlights

- Recent research progress in fabrication of graphene-based electrodes is reviewed
- Features of graphene-based electrodes crucial for bioelectrochemistry are highlighted
- Reports on graphene-based enzymatic biofuel cells of the last 5 years are summarized
- Perspectives for graphene-based enzymatic biofuel cells are offered

Declaration of interests

☒ The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

☐ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: