



## Effect of ice maturation, freezing and heat treatment on the peelability and quality of cold water shrimps (*Pandalus borealis*)

Gringer, Nina; Skytte, Jacob Lercke; Dang, Tem Thi; Orlie, Vibeke; Olsen, Karsten; Schlippè-Steffensen, Kaino; Jessen, Flemming

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1 Effect of Ice Maturation, Freezing and Heat Treatment on the Peelability and Quality of Cold Water

2 Shrimps (*Pandalus borealis*)

3

4 Nina Gringer<sup>a,\*</sup>, Jacob Lercke Skytte<sup>a</sup>, Tem Thi Dang<sup>b</sup>, Vibeke Orlien<sup>b</sup>, Karsten Olsen<sup>b</sup>, Kaino

5 Schlippè-steffensen<sup>c</sup> and Flemming Jessen<sup>a</sup>

6 <sup>a</sup>National Food Institute, Technical University of Denmark, Søtofts Plads, Building 227, DK-2800

7 Kgs. Lyngby, Denmark

8 <sup>b</sup>Department of Food Science, Faculty of Science, University of Copenhagen, Rolighedsvej 26, DK-

9 1958 Frederiksberg C, Denmark

10 <sup>c</sup>Launis A/S, Industrivej Nord 2, DK-9982 Ålbæk, Denmark.

11

12 \* Corresponding author at: National Food Institute, Technical University of Denmark, Søtofts Plads,

13 Building 227, DK-2800 Kgs. Lyngby, Denmark

14 E-mail address: [ngri@food.dtu.dk](mailto:ngri@food.dtu.dk) (Nina Gringer).

15

1           1. Introduction

2   Worldwide shrimps are considered a delicate food. The cold water shrimp, *Pandalus borealis*, spends  
3   up to seven years in the sea before it reaches the preferred size for consumption, valued by consumers  
4   due to its sweet taste and firm texture. In 1994 the sensory quality of shrimps were defined with a  
5   complex set of characteristics including appearance, aroma, taste and texture (Shahidi & Botta, 1994).  
6   These characteristics are all affected by processing and the shrimp industry has a set of choices when  
7   producing shrimps ready for sale. The shrimps can be processed fresh; i.e. after catch the fresh shrimps  
8   undergo a maturation to loosen the shell before heat treatment and (mechanical) peeling; or the shrimps  
9   can be frozen on-board or upon landing and kept frozen until processing, where the latter include  
10  thawing, appropriate maturation, heat treatment and (mechanical) peeling, unless the shrimps are sold  
11  as a frozen, untreated product. The quality characteristics of shrimp are the red colour, the sweet taste  
12  and the firm texture, hence, the challenge of the industry is to use the right processing technique  
13  resulting in red shrimps with firm texture and sweet taste.

14  The maturation step is a crucial step in the shrimp processing in order to obtain a high peeling yield and  
15  shrimps with intact muscle, i.e. intact tail (Dang et al., 2018b). The maturation methods used by most  
16  shrimp industries today are either submerging the frozen shrimps in a brine (with salts for up to two  
17  days) or covering the unfrozen shrimps with ice (up to seven days). The maturation weakens the  
18  connective attachment between shell and muscle, which facilitates the subsequent machine peeling.  
19  However, too long maturation induces quality loss of the peeled shrimp, leading to less red and more  
20  yellow shrimps after cooking, and loss of the amino acids responsible for the sweet taste of the final  
21  product (Høegh, 1989; Erickson, Bulgarelli, Resurreccion, Vendetti, & Gates, 2007). Furthermore, the  
22  juiciness of cooked shrimps has been shown to decrease in shrimps during storage on ice (Erickson et  
23  al., 2007).

24 After the maturation step, heat treatment is necessary to provide a tender and cooked shrimp product  
25 and to inactivate bacteria i.e. *Listeria monocytogene* (Mejlholm, Devitt, & Dalgaard, 2012). However,  
26 as thermal processing affects the sensory and textural characteristics of shrimp (Mizuta, Yamada,  
27 Miyagi, & Yoshinaka, 1999; Erdogdu & Blaban, 2000; Niamnuy, Devahastin, & Soponronnarit, 2007;  
28 Niamnuy, Devahastin, & Soponronnarit, 2008; Sundararajan et al., 2011), care has to be taken not to  
29 overcook the shrimps as this will compromise the quality of the final product. Quality changes due to  
30 cooking are partly caused by denaturation of proteins affecting the quality characteristics like  
31 tenderness, moisture content, juiciness and flavour (Sundararajan et al., 2011). Since texture may  
32 change dramatically during extended cooking it is considered as one of the most important quality  
33 parameters in relation to shrimp processing (Wang et al., 2018).

34 The aim of this work was to provide knowledge about the effects of ice maturation and freezing on the  
35 sensory quality, i.e. colour and texture (consumer perspective), as well as the peelability (industry  
36 perspective, measured by the mechanical peeling work) of ready-to-eat (matured, heat treated and  
37 peeled) cold water shrimps. In addition, two capture locations have been tested to include the natural  
38 variation in shrimps, and both uncooked and steamed shrimps were included to evaluate the  
39 interdependency of the quality and peeling work measured in the uncooked and heat treated shrimps.

40

## 41 2. Materials & Methods

### 42 2.1. Experimental design

43 Two batches of shrimps (A and B), differing in catching time and location, have been analysed. In each  
44 batch, the shrimps were iced immediately after catch and then at day one divided into two groups:  
45 unfrozen and frozen (at  $-20\text{ }^{\circ}\text{C}$  and stored for two months before used). After frozen storage the  
46 shrimps were thawed in cold water for five min before maturation.

47 Shrimp from both the unfrozen and frozen groups were matured on ice for one, two, three and four  
48 days. After maturation, shrimps were subdivided into two subgroups: matured uncooked (immediately  
49 analyses of peelability and quality after maturation) and matured steamed (steamed at 100 °C for 90 s  
50 before analyses of peelability and quality). Figure 1 summarizes the experimental setup, and in total  
51 1760 shrimps have been used for this study; 640 were used to test the peeling work; 560 were used for  
52 the textural quality (Texture Profile Analysis, TPA analysis); and 560 were used for the colour  
53 measurement.

54

## 55 2.2. Shrimps, maturation and heat treatment

56 Launis A/S provided freshly landed shrimps (max 24 hour from catch to landing) from Skagen,  
57 Denmark. Shrimps in batch A were caught from shallow waters in the northeast part of Skagerrak on  
58 26<sup>th</sup> of September 2016. Batch B was caught from deep waters in the northwest part of Skagerrak on 5<sup>th</sup>  
59 of December 2016. Both batches were delivered on ice (made on tap water) to the laboratory in Kgs.  
60 Lyngby within 24 h. Both batches were ocean-run, i.e. all sizes included (2.6-13.6 g/shrimp).

61 The ice maturation of shrimps was conducted in plastic containers at 2 °C by placing a layer of shrimps  
62 (approx. two cm) between two thick layers of ice (approx. five cm, made on ion-exchanged water) for  
63 up to four days. The shrimps were in direct contact with the ice. New granular ice was added daily to  
64 the shrimp-ice mixture and meltwater were allowed to drain off. The shrimps were heat treated by  
65 steaming a layer (approx. 250 g) of shrimps in a stainless steel pot (28 cm in diameter) with boiling  
66 water (approx. six L) for 90 s. The shrimps were placed on a horizontally stainless steel sieve (two cm  
67 above the water) which was custom-made to fit the pot diameter, thus allowing all shrimps to obtain the  
68 same heat level. Immediately after steaming, the shrimps were cooled in ice water for one min. to stop  
69 the cooking process and drained in a sieve for five min. before analysis.

70

### 71 2.3. Colour and texture profile analysis

72 Colour and texture were evaluated on hand-peeled shrimps (shrimp meat) either immediately after ice  
73 maturation (uncooked) or after ice maturation and steaming (steamed).

74 Texture profile analysis (TPA) was performed using a Texture Analyser XT Plus (Stable Micro  
75 Systems Ltd., UK). A muscle sample with the length of 1.50 cm measured from the head end of the  
76 muscle towards the tail was isolated, kept on ice (2 °C), placed on the platform on one side, and  
77 compressed by a P50 cylindrical probe (50 mm in diameter). As all samples (n=20 for all sampling  
78 points in the experimental design) for the TPA test were selected with the criteria of having similar size  
79 ( $0.96 \pm 0.14$  g/1.50 cm), the samples were assumed sufficiently identical to compare the results between  
80 shrimps. Settings for TPA were: constant test speed, 1.0 mm/sec; sample deformation, 50%; and hold-  
81 time between cycles, 10 sec. The texture analysis parameters hardness (maximum force at first  
82 compression, N), resilience (upstroke energy of first compression divided by downstroke energy of first  
83 compression, %), springiness (distance of second compression divided by distance of first compression,  
84 %), and chewiness (product of hardness; area of second compression divided with area of first  
85 compression; and springiness, N) were calculated from the force-time curves generated by the in-built  
86 software Texture Exponent 32. Results are presented as median values.

87 The colour of the shrimps (n = 20 for all sampling points in the experimental design) was assessed  
88 using the VideometerLab 2 instrument (Videometer A/S, Hørsholm, Denmark), where the CIE *Lab*  
89 values ( $L^*$  = lightness,  $a^*$  = redness and greenness, and  $b^*$  = yellowness and blueness) were recorded at  
90 a D65 standard illuminant. Shrimps were placed in a petri dish and positioned in the Videometer for  
91 recording and the surface of the shrimp muscle was analysed by image segmentation using the in-built  
92 software. Hereafter, the three colour components for each shrimp was estimated by the average

93 intensity value across all pixels covering the segmented shrimp muscle and the results are presented as  
94 the median value.

95

#### 96 2.4. Peelability method

97 The peelability was assessed by measuring the mechanical peeling work as previously presented  
98 (Gringer et al., 2018). In brief, the first three abdominal segments of the shrimp body were carefully  
99 isolated, legs cut off and sample weighed. This part is from now on referred to as the shrimp sample,  
100 denoted SS. The SS was attached to a needle on the base plate of a Texture Analyser XT Plus (Stable  
101 Micro Systems Ltd., UK) where it could freely rotate around the needle during the peeling, thus  
102 minimizing the effect of the meat sticking to the needle. The probe of the Texture Analyser was  
103 mounted with a metallic hinge clip. The peeling was conducted by pulling the shell off (constant speed  
104 of one mm/sec for a distance of 60 mm) the muscle after attaching the hinge clip to the shell on one  
105 side of the sample. The total work (area under the force·distance curve, N·mm = mJ) used to peel the  
106 shrimp (referred to as peeling work) was calculated for each shrimp which were peeled satisfactory (no  
107 shell parts left on the meat) and normalized by dividing with the mass of the sample (work/mass of SS).  
108 For each sampling point in the experimental design, 20-30 shrimps were peeled (n=30 for B and B-f  
109 (Figure 1), n=20 for all other) of which 55-100 % were peeled satisfactory. The results are presented as  
110 the median values.

111

#### 112 2.5. Data analysis

113 The measurement data were grouped according to the sample treatment (the experimental design)  
114 resulting in 28 groups (seven sampling groups measures for four days). Within each group, the mean,  
115 the standard deviation and the median were calculated, and the number of values recorded. The group

116 medians were used in Figures 2-4 to illustrate the dependence of the various quality and peeling  
117 parameters on maturation time. The mean, standard deviation and number of values were used for  
118 statistical analysis of peelability (two-way ANOVA, maturation time and treatment/batch, with  
119 Tukey's post-test, using  $p < 0.05$  as level of significance), and of day 1 texture and colour data (one-way  
120 ANOVA with Holm-Sidak's multiple comparison test between treatments). Calculations were made by  
121 use of the program Prism 6 from GraphPad Software, San Diego, USA.

122

### 123 3. Results and discussion

#### 124 3.1. Quality changes in steamed shrimps due to ice maturation

125 The quality parameters, texture and colour of the final product (the steamed and peeled shrimps), were  
126 followed as a function of ice maturation time of the uncooked shrimps for up to four days in order to  
127 study the influence of the maturation process on quality. The shrimps were matured on ice as uncooked  
128 shrimps (+/- frozen storage) and steamed and peeled (thus ready-to-eat) before analysis of the texture  
129 and the colour. In Table 1 the textural parameters hardness, resilience, springiness and chewiness are  
130 shown for all the analysed groups of steamed shrimps after maturation for up to four days. No  
131 systematic differences were found neither between the steamed groups (A-fs, B-s and B-fs) nor  
132 between maturation times, except from springiness that seemed to change systematically for the three  
133 groups during the maturation, i.e. the springiness was increasing with time (from 60-65% to 64-80%),  
134 thus the longer period of ice maturation the springier the steamed shrimps got (Figure 2). Studies of the  
135 instrumental textural quality in heat treated shrimp after different periods of ice maturation are sparse,  
136 but some studies have been performed using sensory analysis for textural evaluation. Based on a  
137 trained sensory panel, Thimmappa and co-workers (2019) reported that the prime textual quality of  
138 heat treated shrimps was maintained for four days in ice, and reached to the lower margin of



139 acceptability on the 7th day (measured on a ten-point scale from excellent to not acceptable)  
140 (Thimmappa, Manjunatha, Prabhu, & Elavarasan, 2019). Erickson et al. (2007) also considered the  
141 textural changes in cooked warm water shrimp noted upon ice maturation for up to ten days as  
142 detrimental to the quality, i.e. shrimps that had been on ice for long time were firmer and less juicy than  
143 the fresh shrimps.

144 The effects of ice maturation on the colour of the steamed shrimps are shown in Figure 3. Regardless of  
145 batch A or B and with/without frozen storage, all steamed shrimps showed a decrease in the  $L^*$   
146 component (whiteness) and an increase in the  $b^*$  component (yellowness) with increased time of  
147 maturation. The  $a^*$  value (redness) of unfrozen, steamed shrimps (B-s) constantly decreased over  
148 maturation time whereas that of frozen, steamed shrimps (B-fs) remained almost unchanged. Although  
149 the redness of unfrozen, steamed shrimps decreased, its value was still higher than frozen-steamed  
150 shrimps at the end of maturation (4 days). The decrease in redness could be attributed to the decrease in  
151 astaxanthin content that is predominantly present in epidermis of shrimp (Nègre-Sadargues et al.,  
152 1993). Thus the steamed ready-to-eat shrimps appeared less white and more yellow after ice maturation  
153 of unfrozen shrimps for four days compared to one day. Even though the redness of the frozen, thawed  
154 and steamed shrimps did not change during the ice maturation, the level was still lower than in the  
155 unfrozen shrimps and combined with the found decrease in whiteness and increase in yellowness this  
156 changed the overall appearance of the shrimps in a less attractive direction (Høegh, 1989). Flores &  
157 Crawford (1973) found that the level of total carotenoid (astaxanthin and astacin) decreased in *P.*  
158 *jordani* during the first two days of ice maturation of unfrozen shrimps, which is in accordance with the  
159 decrease in  $a^*$  value of the unfrozen batch B observed in Figure 3, panel II. In addition, this loss of red  
160 colour during ice maturation is an empirical observation in the industry which is an unneglectable focus  
161 point in optimizing the process (Launis A/S, personal communication).

162

163 3.2. Effect of freezing on the quality in steamed shrimps

164 Freezing of the shrimps before ice maturation affect the quality of the steamed shrimps (A-fs and B-fs)  
165 differently compared to the unfrozen, steamed shrimps (B-s).

166 From Table 1 it is seen that frozen storage at  $-20\text{ }^{\circ}\text{C}$  for two months prior to maturation on ice, for  
167 three to four days, and a subsequent steaming and peeling results in more springy shrimps (A-fs and B-  
168 fs) compared to the shrimps which have been matured, steamed and peeled immediately after landing  
169 (B-s). Furthermore, the frozen storage not only resulted in more springy shrimps (A-fs and B-fs) than  
170 the unfrozen shrimps (B-s) but also in a more pronounced increase in springiness over time (Figure 2).  
171 This increase in springiness of the frozen stored shrimps might be due to freezing-induced denaturation  
172 of shrimp protein, caused by the formation of larger ice crystals, which have been reported to take  
173 place in uncooked shrimps during freezing (Lopkulkiaert, Prapatsornwattana, & Rungsardthong, 2009).  
174 In contrast, Nip & Moy (1981) did not report notable differences in texture of unfrozen and frozen ( $-18$   
175  $^{\circ}\text{C}$ , one month) warm water shrimps.

176 In addition, Figure 3 reveal that freezing not only affected the final texture but also the colour of the  
177 ready-to-eat shrimps. The shrimps that had been frozen for two months and then subsequently steamed  
178 (A-fs and B-fs) were less red and more yellow than the unfrozen steamed shrimps (B-s), i.e. the  $a^*$   
179 components were lower and the  $b^*$  components higher at day one after freezing compared to no  
180 freezing (Figure 3). Thus, the frozen storage of uncooked shrimps for two months had negatively  
181 affected the colour of the shrimps, reducing the wanted red colour and increasing the very unwanted  
182 yellow colour. However, while the redness of frozen shrimps (A-fs and B-fs) remained unchanged over  
183 the four-day maturation period the redness of unfrozen shrimps (B-s) constantly decreased to the same  
184 redness level of frozen shrimps at the end of maturation. In contrast, the yellowness of the unfrozen

185 shrimps (B-s) not only started at a lower level at day one, but also maintained at the same level  
186 throughout the maturation time, whereas the frozen shrimps (A-fs and B-fs) got more and more yellow  
187 during the maturation time. In this respect it could thus be an advantage for the shrimps industry to  
188 avoid a frozen storage of the shrimp in order to avoid unwanted colour changes.

189

### 190 3.3. Effect of process parameters on peeling work

191 The peelability of shrimps is of utmost importance for shrimp manufacturers due to the direct  
192 relationship to the peeling yield and the efficiency of the peeling process (Gringer et al., 2018; Dang et  
193 al., 2018a). As a rule of thumb, 1% change in peeling yield corresponds to a 10% change in the  
194 contribution margin (Høegh, 1989) obviously emphasizing the importance of improving the maturation  
195 process for the shrimp industry.

196 In the present study, peelability was assessed by a quantitative measurement of the mechanical work  
197 needed to separate the shell from the muscle, referred to as the *peeling work*. The peeling work for both  
198 uncooked and steamed shrimps as a function of time of ice maturation is shown in Figure 4. According  
199 to the industry, the shrimps are almost impossible to peel on the peeling machines before four,  
200 sometimes even more, days on ice (Launis A/S, personal communication). Machine peeling of shrimps,  
201 which have not been matured properly, will result in lower peeling yield and thus a loss in revenue. The  
202 fact that ice maturation positively affect the peelability of shrimps is in accordance with earlier studies  
203 (Gringer et al., 2018; Høegh, 1989). In the present study it was found that for the steamed shrimps the  
204 peeling work throughout the four days of ice maturation did not change significantly (Figure 4; the  
205 three solid lines, A-fs, B-s and B-fs) leading to the conclusion that ice maturation for more than one  
206 day was not needed to improve the peeling work. This is in contrast to the industrial practice where  
207 maturation time for up to seven days are needed to ensure proper peeling (Launis A/S, personal

208 communication). Thus, the method used here to evaluate the peeling work might not be applicable for  
209 imitating the actual peeling on the automatic peeling machines.

210 Two batches (A and B) were tested to explore the relationship between catching place and maturation  
211 effect on shell-loosening. The peeling work of the two batches did not differ significantly (Figure 4)  
212 and neither did the textural characteristics. However, the colour of the two batches analysed were  
213 somewhat different, i.e. batch B appeared redder and less white than batch A (Figure 3).

214

#### 215 3.4. Interdependence of quality and peeling work of steamed and uncooked shrimps

216 A second goal in this study was to evaluate if there exist interdependency between attributes measured  
217 in uncooked and in steamed shrimps. In order to assess this, all the measurements conducted in the  
218 steamed shrimps were likewise conducted in the uncooked shrimps after the same treatments (Figure  
219 1).

220 The texture did change during the ice maturation and during the subsequent heat treatment, and while  
221 springiness increased during maturation time in the steamed shrimps (Figure 2, A-fs, B-s and B-fs), it  
222 decreased in the uncooked shrimps (Table 1, A, A-f, B and B-f). Furthermore, after one day of ice  
223 maturation the steamed and uncooked shrimps had the same level of springiness, while both hardness,  
224 resilience and chewiness were at a higher level in the steamed shrimps compared to the uncooked  
225 shrimps, thus steaming increased these three textural parameters (Table 1). These findings are in  
226 accordance with the results presented by Erdogdu & Blaban (2000) and Xu et al. (2016) who found that  
227 heat treatment affected the texture of shrimp meat by increasing hardness, springiness and chewiness  
228 compare to that of raw shrimps. Mizuta, Yamada, Miyagi & Yoshinaka (1999) have also reported an  
229 enhanced firmness in shrimp meat after heat treatment and these textural changes in shrimps upon

230 boiling is highly probable caused by denaturation of proteins following aggregation (Niamnuy et al.,  
231 2007).

232 Steaming likewise affected the colour, with the most pronounced difference in the  $L^*$  component which  
233 were increased from a range of 66-71 in the uncooked shrimps (A, A-f, B and B-f in Table 2) after one  
234 day on ice to a range of 78-82 in the steamed shrimps (A-fs, B-s and B-fs in Table 2 and Figure 3).  
235 Although the  $L^*$  component decreased with maturation time for the steamed shrimps, the four-day  
236 matured steamed shrimp were more white than the four-day matured uncooked shrimps. This increase  
237 in whiteness upon heat treatment (boiling in water) was also reported by Niamnuy et al. (2007).  
238 Additionally, the present study found that freezing the shrimps prior to maturation resulted in a  
239 decrease in the  $L^*$  component during maturation, whereas the unfrozen and uncooked shrimps  
240 increased slightly in lightness during maturation and the unfrozen and steamed shrimps barely changed  
241 the lightness throughout the maturation time (Table 2). This finding is in accordance with Ma, Zhang,  
242 Deng, & Xie (2015), who reported that the shrimps became less white during six weeks of frozen  
243 storage ( $-18\text{ }^{\circ}\text{C}$ ). In contrast, Sundararajan et al. (2011) observed an increase in the  $L^*$  component  
244 during frozen storage at  $-21\text{ }^{\circ}\text{C}$  of raw and peeled shrimps for the first 2-4 weeks, but then the  $L^*$   
245 component decreased, explained as resulting from degradation of astaxanthin and lipid oxidation. In a  
246 study by Xu et al. (2016), heat treatment of freshly landed shrimps was shown to increase all colour  
247 components ( $L^*$ ,  $a^*$  and  $b^*$ ) compared to uncooked shrimps. Thus, the redness of shrimps was  
248 expected to increase during heat treatment due to release of astaxanthin from the carotenoproteins upon  
249 heat-induced denaturation of these proteins (Muriana, Ruiz-Gutierrez, Gallardo-Guerrero, & Minguez-  
250 Mosquera, 1993). Yet, loss of red colour during ice maturation is an empirical observation in the  
251 industry (Launis A/S, personal communication) for which reason the red colour was expected to faint  
252 with maturation time. However, no effect of ice maturation on the  $a^*$  component was observed in

253 neither uncooked nor steamed shrimps in the present work and the level of redness were not higher in  
254 the steamed shrimps compared to the uncooked shrimps (Table 2).

255 The evaluation of the uncooked shrimps further underlined the negative effect of freezing on  
256 yellowness, as all four groups of frozen shrimps (A-f, A-fs, B-f and B-fs) showed increasing levels of  
257 the  $b^*$  component during maturation time, whereas the three unfrozen groups (A, B and B-s) remained  
258 at the level of yellowness from one day on ice throughout the four days of ice maturation (Table 2). In  
259 contrast to the results obtained for the  $a^*$  and  $b^*$  components in the present study, Okpala, Choo, &  
260 Dykes (2014) found that colour intensity (chroma,  $(a^{*2} + b^{*2})^{1/2}$ ), during ice maturation of shrimps,  
261 decreased slightly after one day on ice followed by a stable intensity up to day eight and then a  
262 significant increase at day 12. An unchanged chroma value reflects no or equal change in  $a^*$  and  $b^*$   
263 giving same perceived intensity or saturation of the colour, while a change in the value is a result of  
264 different effects on either  $a^*$  or  $b^*$ . In the present study the colour intensity increased during ice  
265 maturation as a consequence of the increasing yellowness. However, Okpala et al. (2014) did not report  
266 the specific  $a^*$  and  $b^*$  values, but the observed decrease in chroma must reflect a decrease in at least  
267 one of these components.

268 It was expected that the four-day matured shrimps would be easier to peel after steaming compared to a  
269 short maturation time and compared to uncooked shrimps. However, as shown in Figure 4, the peeling  
270 work was different only on day one, i.e. the uncooked shrimps demanded more work to peel the  
271 shrimps compared to the steamed shrimps. In a previous study we showed that the peeling work  
272 decreased significantly from day zero to day one (Gringer et al., 2018) and thus it would be expected  
273 that the peeling work in the present study would have been even higher at day zero than the values  
274 found at day one. This reduction in peeling work demonstrated the loosening of the shell-muscle  
275 attachment, which was most likely caused by intrinsic enzymes in the shrimp and by enzymes from

276 microorganisms during the post-mortem storage and therefore accountable for enhancing the shell  
277 removal (Crawford, 1980). However, after a significant ( $p<0.05$ ) decrease in peeling work in the  
278 uncooked shrimps (Figure 4, A, A-f, B and B-f) from day one to day two on ice, the peeling work was  
279 almost identical for all the seven combinations of groups. Furthermore, the peeling work stayed at a  
280 steady level throughout the rest of the maturation period, indicating that three and four days on ice did  
281 not improve the peelability. However, the steaming process promoted the shell loosening slightly, since  
282 the peeling work for the three steamed groups of shrimp were lower than the corresponding peeling  
283 work for the uncooked groups of shrimps (Figure 4).

284

#### 285 4. Conclusion

286 The present findings on the shrimp quality parameters, changing during maturation and due to freezing  
287 and steaming, were overall in accordance with industrial observations, except for the expected  
288 reduction in red colour during maturation, which could not be documented in the present work.  
289 Additionally, no impact of maturation and freezing on peelability was found, and this is not in  
290 compliance with the industrial experience. This revealed that the applied method measuring the peeling  
291 work for evaluating the peelability was not measuring parameters representing what is actually  
292 happening on the automatic peeling machines in the industry. Although, the peeling work was a  
293 measure of the strength of properties such as specific bindings between shell and muscle of the overall  
294 shell-muscle-attachment, those bindings were evidently not the same as the shell-muscle-attachments  
295 or shell properties that are central for the actual peelability of the shrimps on the industrial peeling  
296 machines. Further studies of the structures and attachments that are important for the industrial  
297 peelability is therefore important in order to establish lab-scale measurements to use in optimizing  
298 shrimp production.

299

300

301 5. Acknowledgements

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309

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372 Cooking on Textural Properties and Taste Compounds of Shrimp (*Metapenaeus ensis*). *Food*  
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1 Table 1: Minimum (min.), median and maximum (max.) values of the TPA parameters springiness,  
 2 hardness, resilience and chewiness on all seven groups of shrimps after maturation of uncooked  
 3 shrimps for one-four days on ice.

		Day 1			Day 2			Day 3			Day4		
		Min.	Median	Max.	Min.	Median	Max.	Min.	Median	Max.	Min.	Median	Max.
Springiness, %	A	48.5	62.7 <sup>x</sup>	92.9	59.3	67.0	75.3	49.1	59.7	100.9	44.2	62.6	80.6
	A-f	49.4	64.5 <sup>x</sup>	94.8	47.5	56.7	95.3	41.3	50.6	84.1	42.4	49.8	92.8
	A-fs	60.3	64.8 <sup>x</sup>	92.8	59.3	67.0	75.3	63.5	71.4	76.3	61.3	70.3	78.6
	B	52.5	74.4 <sup>h</sup>	94.6	56.6	66.6	92.8	47.7	57.4	87.5	45.1	61.4	95.5
	B-s	55.0	60.1 <sup>i</sup>	79.6	54.2	63.2	82.0	48.6	64.3	73.8	54.5	63.5	86.3
	B-f	51.7	62.6 <sup>h,i</sup>	94.3	52.3	61.6	96.1	40.4	51.2	79.7	43.7	67.7	87.9
	B-fs	49.7	63.2 <sup>i</sup>	74.8	61.6	70.0	87.0	60.2	75.6	94.3	70.0	79.7	99.9
Hardness, N	A	3.0	4.1 <sup>x</sup>	6.1	3.4	5.9	8.4	2.5	4.2	5.6	2.0	4.2	5.8
	A-f	2.9	4.5 <sup>x</sup>	6.8	2.2	5.6	6.9	2.6	5.4	8.0	2.7	5.8	8.6
	A-fs	4.5	7.4 <sup>y</sup>	10.1	3.4	5.9	8.4	4.7	6.2	8.7	5.3	7.3	8.9
	B	3.1	5.1 <sup>h</sup>	6.5	3.3	4.8	6.3	3.5	4.3	6.1	3.1	4.3	5.7
	B-s	4.1	6.1 <sup>h</sup>	7.4	4.4	6.9	10.2	3.4	5.4	8.8	4.1	5.6	8.4
	B-f	1.5	5.1 <sup>h</sup>	7.1	4.1	5.5	8.1	3.4	4.9	6.8	2.0	4.2	6.2
	B-fs	3.0	5.7 <sup>h</sup>	8.6	4.1	7.3	9.5	4.5	6.7	8.2	3.9	6.3	7.7
Resilience, %	A	20.3	23.6 <sup>x</sup>	34.3	19.9	35.8	43.8	19.2	24.1	30.1	17.2	21.5	31.7
	A-f	12.5	25.8 <sup>x</sup>	32.7	21.7	28.4	39.9	24.1	30.8	41.1	23.2	30.0	39.8
	A-fs	27.9	34.1 <sup>y</sup>	40.3	19.9	35.8	43.8	24.4	30.2	38.6	20.8	28.2	37.2
	B	24.1	30.4 <sup>h</sup>	36.4	18.4	25.3	34.3	18.1	25.2	33.5	20.6	24.2	31.2
	B-s	26.4	33.9 <sup>i</sup>	41.5	24.3	35.9	40.0	27.0	31.7	39.9	23.6	32.8	38.8
	B-f	24.4	28.4 <sup>h</sup>	36.9	23.4	27.1	38.3	23.6	27.1	34.8	26.9	35.8	39.7
	B-fs	25.4	34.3 <sup>i</sup>	38.2	29.6	36.8	42.3	25.1	34.0	38.8	31.2	39.6	48.3
Chewiness, N	A	0.7	1.1 <sup>x</sup>	1.4	1.1	2.4	3.7	0.6	1.0	2.2	0.5	0.8	1.6
	A-f	0.4	1.3 <sup>x</sup>	2.0	0.8	1.4	2.2	0.9	1.2	2.5	0.8	1.4	2.3
	A-fs	1.7	2.9 <sup>y</sup>	6.3	1.1	2.4	3.7	1.7	2.5	4.1	1.8	2.6	3.9
	B	1.3	1.6 <sup>h</sup>	2.6	0.7	1.4	2.0	0.7	1.0	1.6	0.7	1.0	2.0
	B-s	1.4	2.0 <sup>i</sup>	3.3	1.3	2.9	4.1	1.1	2.0	3.5	1.2	2.1	3.2
	B-f	0.8	1.4 <sup>h</sup>	2.4	1.0	1.5	2.5	0.7	1.2	1.5	0.7	1.5	2.2
	B-fs	0.8	2.5 <sup>i</sup>	3.9	1.7	3.2	5.7	1.5	3.0	4.0	2.0	3.4	4.6

4 n=20 for all measurements.

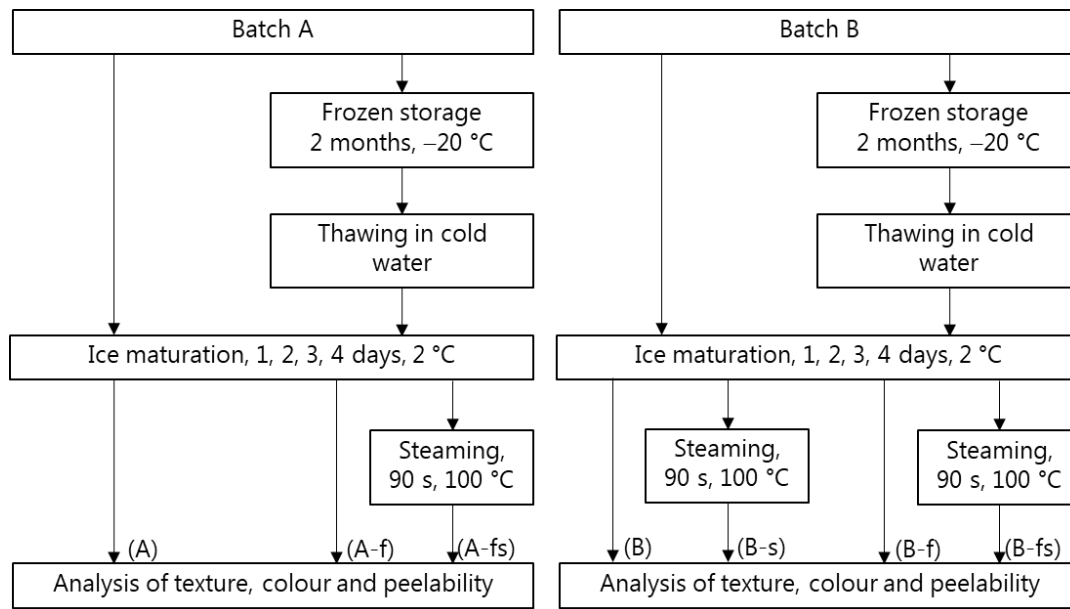
5 Values for day 1 marked with the same letter (within code A (x, y) or B (h, i)) are not significantly  
 6 different.

7 Table 2: Minimum (min.), median and maximum (max.) values of the colour parameters  $L^*$ ,  $a^*$  and  $b^*$   
 8 on all seven groups of shrimps after maturation of uncooked shrimps for one-four days on ice.

		Day 1			Day 2			Day 3			Day4		
		Min.	Median	Max.	Min.	Median	Max.	Min.	Median	Max.	Min.	Median	Max.
$L^*$ -value	A	67.7	69.2 <sup>x</sup>	72.3	67.6	70.2	72.6	69.2	72.9	74.7	71.3	73.7	77.0
	A-f	65.3	71.2 <sup>y</sup>	73.4	67.0	69.7	73.9	66.6	69.4	71.8	65.5	68.0	71.5
	A-fs	79.3	81.7 <sup>z</sup>	83.2	76.5	79.9	81.5	77.3	78.3	80.2	73.5	76.9	78.7
	B	62.3	66.5 <sup>h</sup>	68.7	62.3	65.8	69.9	63.7	67.6	70.7	64.5	67.9	72.3
	B-s	73.6	78.6 <sup>i</sup>	81.4	75.9	79.2	83.0	75.5	78.2	82.3	74.7	77.7	79.3
	B-f	64.0	67.4 <sup>h</sup>	72.0	65.0	68.6	72.7	57.4	66.8	69.4	59.8	66.7	69.8
	B-fs	75.6	78.1 <sup>i</sup>	81.4	74.7	78.4	81.4	72.3	75.6	77.8	72.3	75.7	77.5
	$a^*$ -value	A	6.5	7.3 <sup>x</sup>	9.0	5.8	7.8	11.0	6.6	8.6	10.0	5.3	7.0
A-f	4.6	6.5 <sup>y</sup>	8.0	4.0	6.4	8.5	5.0	6.3	10.1	4.2	5.7	7.7	
A-fs	5.4	7.0 <sup>x</sup>	11.5	4.8	7.0	9.8	4.7	6.9	9.3	5.3	8.0	10.4	
B	5.9	8.5 <sup>h</sup>	12.0	7.3	9.0	11.7	6.6	8.8	10.3	7.5	9.2	11.9	
B-s	7.4	10.9 <sup>i</sup>	16.1	8.2	10.2	14.3	7.8	9.7	14.4	7.4	9.1	12.3	
B-f	5.8	7.2 <sup>j</sup>	8.5	4.7	7.0	10.2	2.3	7.0	10.8	4.5	6.8	9.6	
B-fs	6.0	8.8 <sup>h</sup>	12.6	6.1	8.7	11.3	7.0	9.6	14.0	6.4	8.4	12.4	
$b^*$ -value	A	13.4	14.2 <sup>x</sup>	15.4	12.6	14.6	16.7	13.3	15.7	16.6	12.3	14.4	19.7
	A-f	11.7	14.0 <sup>x</sup>	17.6	13.3	15.9	19.1	14.9	17.5	21.9	15.5	18.5	22.0
	A-fs	13.1	14.5 <sup>x</sup>	16.9	15.1	17.0	20.0	13.2	17.3	20.1	16.2	18.5	22.7
	B	11.4	13.5 <sup>h</sup>	16.8	13.6	15.4	18.6	13.2	15.5	19.4	14.4	15.8	18.3
	B-s	11.0	13.2 <sup>h</sup>	16.5	10.9	13.6	16.9	11.9	13.6	14.8	12.1	13.7	16.0
	B-f	12.0	14.4 <sup>h</sup>	18.5	11.0	13.5	17.6	13.4	16.6	22.7	13.1	17.5	21.6
	B-fs	14.7	16.7 <sup>i</sup>	20.4	14.2	16.7	20.1	15.3	17.9	21.2	16.9	18.8	24.0

9 n=20 for all measurements.

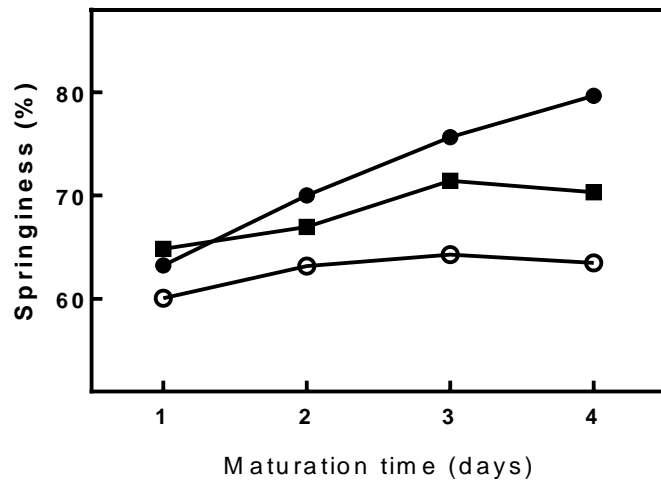
10 Values for day 1 marked with the same letter (within code A (x, y, z) or B (h, i, j)) are not significantly  
 11 different.



1

2 Figure 1: Experimental overview. Both batch A and B are analysed as unfrozen and frozen (f) samples  
3 as well as uncooked and steamed (s). The unfrozen and steamed shrimps in batch A was not analysed.

4

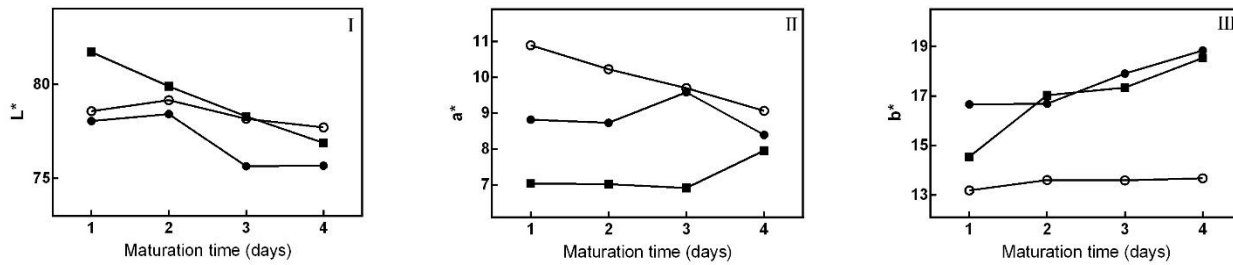


5

6 Figure 2: Effect of maturation time on springiness of steamed shrimps. Unfrozen or frozen/thawed  
7 shrimps were matured (stored on ice) for one to four days after which they were steamed and peeled  
8 and springiness analysed and shown as the median values. Symbols used: ○, unfrozen batch B (B-s); ●  
9 frozen/thawed batch B (B-fs); ■, frozen/thawed batch A (A-fs).

10

11

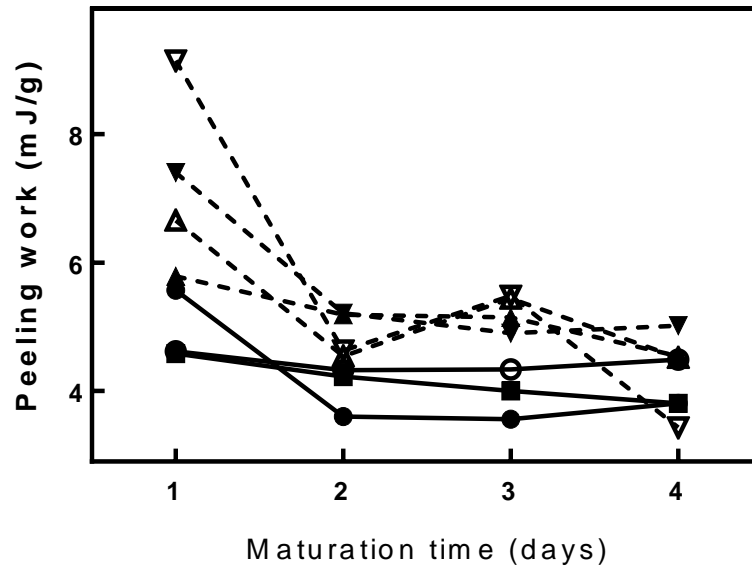


12

13 Figure 3: Effect of maturation time on colour of steamed shrimps. Unfrozen or frozen/thawed shrimps  
 14 were matured (stored on ice) for one to four days after which they were steamed and their colour  
 15 parameters  $L^*$  (Panel I),  $a^*$  (II) and  $b^*$  (III) measured and shown as median values. Symbols used: ○,  
 16 unfrozen batch B (B-s); ● frozen/thawed batch B (B-fs); ■, frozen/thawed batch A (A-fs).

17





18

19 Figure 4: Effect of maturation time on shrimp peeling work. Unfrozen or frozen/thawed shrimps were  
 20 matured (stored on ice) for one to four days after which some of them were steamed and some kept  
 21 uncooked. The peeling work was then measured and results are shown as median values. Symbols used  
 22 for steamed shrimps (solid lines): ○, unfrozen batch B (B-s); ●, frozen/thawed batch B (B-fs); ■,  
 23 frozen/thawed batch A (A-fs). Symbol used for uncooked shrimps (dashed lines): Δ, unfrozen batch A  
 24 (A); ▽, unfrozen batch B (B); ▲, frozen/thawed batch A (A-f); ▼, frozen/thawed batch B (B-f).

25