



Rebound effects of food waste prevention

Environmental impacts

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Published in:
Waste Management

Link to article, DOI:
[10.1016/j.wasman.2022.08.020](https://doi.org/10.1016/j.wasman.2022.08.020)

Publication date:
2022

Document Version
Early version, also known as pre-print

[Link back to DTU Orbit](#)

Citation (APA):
Albizzati, P. F., Rocchi, P., Cai, M., Tonini, D., & Astrup, T. F. (2022). Rebound effects of food waste prevention: Environmental impacts. *Waste Management*, 153, 138-146. <https://doi.org/10.1016/j.wasman.2022.08.020>

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1 **Rebound effects of food waste prevention:**
2 **Environmental impacts**

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12 **Abstract**

13 Food waste prevention across the food supply chain has been addressed by the European
14 Union (EU) as the top priority to reduce farm-to-fork impacts. Despite the environmental
15 benefits of food waste prevention are widely acknowledged, life cycle assessments
16 usually do not account for rebound effects, the inclusion of which may decrease or even
17 cancel out the expected environmental savings. Rebound effects are understood as the re-
18 spending of accrued monetary savings, determined by the implementation of food waste
19 prevention initiatives, either on the same product (i.e. direct effects - food) or on other
20 products and/or services (i.e. indirect – non-food) including economy-wide effects
21 (macroeconomic rebound effects). Macroeconomic rebound effects were quantified by
22 means of the global equilibrium model Fidelio and were then converted into
23 environmental impacts by performing an environmentally extended input-output analysis
24 based on the assessment method Environmental Footprint 3.0. From an environmental
25 and an economic perspective, it was found that food waste prevention initiatives across
26 the entire food supply chain were beneficial, but efforts targeting households should be
27 prioritised as the largest potential savings were obtained at this stage. Prevention
28 initiatives implemented at households were associated with potential savings of up to 1 t
29 CO₂-eq. t⁻¹, which was reduced to a potential saving of 0.6 t CO₂-eq. t⁻¹, corresponding to
30 a 38% decrease, when accounting for macroeconomic rebound effects. Finally, our results
31 highlighted the importance of accounting for adjustment costs in the production stages of
32 the food supply chain.

33 **Keywords**

34 Input-output; LCA; general equilibrium; food supply chain; sustainable development
35 goals

36 **1. Introduction**

37 Food waste represents loss of resources and environmental emissions, annually
38 corresponding to about 8% of global greenhouse gas (GHG) emissions (Gustavsson et al.,
39 2011; World Bank, 2020). Tackling food waste is a critical step towards sustainability
40 (Sánchez López et al., 2020). According to the food waste hierarchy, indicating the most
41 and least preferred management strategies, prevention has highest priority due to large
42 environmental benefits as demonstrated by life cycle assessments (for example, Tonini et
43 al., 2018, Gentil et al., 2011 and Oldfield et al., 2016). Very few of those studies, however,
44 include the economic ramifications of food waste prevention (e.g. Salemdeeb et al.,
45 2017). In this respect, an element of concern is the possibility of so-called rebound effects.

46 In this context, rebound effects relate to the fact that preventing food waste may free up
47 economic resources. When those resources find a new use in production and
48 consumption, associated environmental impacts are inevitable. These impacts may offset
49 – and even counterbalance – the environmental benefits obtained by avoiding food waste.
50 Such rebound effects may arise in several ways (Sorrell and Dimitropoulos, 2008). For
51 example, with food supply chains (FSCs) less wasteful it is possible that lower prices lead
52 to an increase in the consumption of food itself (direct rebound effect). Conversely, freed
53 economic resources may be used on commodities other than food (indirect rebound
54 effect). More generally, any substantial decline in food waste is likely to affect prices
55 beyond food products triggering a variety of adjustments in the economic system
56 (economy-wide effects). The effect of three mentioned rebound effects results in a
57 macroeconomic rebound effect. As such, a variety of economic effects can arise from
58 initiatives to reduce waste across the FSC (for details, see e.g. de Gorter et al., 2021).

59 Several studies have attempted quantifying the economic effects of food waste prevention
60 in the European Union (EU), usually including estimations of GHG savings. As analysed
61 by Höjgård et al. (2013), a possible solution for lowering food waste is the inclusion of
62 taxes proportional to the GHG intensity of food production. However, this proved not to
63 be sufficient to reduce the agriculture's negative impact on the environment. Further, as
64 discussed in Höjgård et al. (2013), the implementation of a tax would not lead to any
65 technical improvements with the larger share of the costs borne by consumers causing a
66 reduction in demand due to higher prices, affecting the entire economy . On the other
67 hand, lower prices would be observed if the demand for all foods was reduced (resulting
68 in food waste reduction) causing a fall in food import and a rise in food export from the
69 EU. Yet, if the costs for achieving such an increase in consumption efficiency are not
70 included, unrealistic scenarios can arise. It is therefore important to consider adjustment
71 costs, i.e. the costs of implementing prevention initiatives, despite being difficult to
72 estimate (Jafari et al., 2020). For example, in Philippidis et al. (2019), adjustment costs
73 varying between 1% and 5% were assumed on the supply side, while in the study by
74 European Commission (2014) a cost of 17 € t⁻¹ for the implementation of prevention
75 campaigns was employed. Yet, both in the study by Philippidis et al. (2019) and European
76 Commission (2014), it was not investigated how consumers' savings, arising from food
77 waste prevention, would be spent, which highly affects the results. This was analysed by
78 Salemdeeb et al. (2017), where the impact of microeconomic rebound effects (i.e. not
79 accounting for the three effects) was assessed. The authors estimated that the inclusion
80 of direct and indirect rebound effects lowered GHG savings by 23-59%, where the lower
81 boundary reflects purchase/investment in products/services with lower GHG intensities
82 (e.g. education or health) than food production, and the upper boundary reflects higher
83 GHG intensity products/services (e.g. air travel). In the worst case, if savings are spent

84 on highly polluting activities, there is the possibility of “backfire” effects, namely
85 situations when the benefits of food waste prevention are outweighed by the re-spending
86 of consumers (Martinez-Sanchez et al., 2016).

87 From the literature analysed, two main gaps were identified: i) the quantification of
88 macroeconomic rebound effects including price elasticities and cross-elasticities of food
89 and non-food goods; and, ii) the assessment of the environmental impacts associated with
90 rebound effects across all relevant impact categories to avoid burden shifts (Sala et al.,
91 2021). In this study, we first utilise a general equilibrium model of the economy, Fidelio
92 3 (Rocchi et al., 2019), to simulate changes in production and consumption under various
93 food waste prevention scenarios. Secondly, the results of the economic simulations are
94 combined with the environmental extensions of the Exiobase 3 input-output database
95 (Merciai and Schmidt, 2018) to quantify the associated environmental pressures.
96 Following the approach in Beylot et al. (2019), the environmental pressures were paired
97 with up-to-date impact assessment models to quantify a wide range of different
98 environmental impacts and, therefore, avoid burden-shifts. The results from this analysis
99 are provided as guidance to policy- and decision-makers for identifying where in the FSC
100 initiatives can be applied to achieve most benefits.

101 **2. Materials and Methods**

102 In the study, we defined scenarios focusing on the economic and environmental effect of
103 decreasing food waste levels (i.e. shock) to the ones set by the reduction targets proposed
104 by the ongoing policy debate (section 2.4). The corresponding economic effects were
105 estimated by using Fidelio, while the environmental impacts were quantified by means of
106 an input-output life cycle assessment (section 2.1-2.3).

107 Rebound effects need to be included, especially in consequential LCAs where consequences of
108 policies/implementation of technologies/etc. are anticipated to be significant. Typically, this is
109 the case when the cost difference between scenarios analyzed is important (e.g. between
110 incineration and landfill the cost difference may be around 20-40 euro; between prevention and
111 incineration can be thousands of euro; this generates income changes and rebounds). These will
112 have effects also on other sectors in the economy and on households. However, in most cases,
113 rebound effects are minor and can therefore be neglected in the analysis. Combining
114 LCAs with economic models is the only avenue to be able to calculate the impacts outside
115 of a product/system's life cycle (Earles et al., 2013). Both the economic and the
116 environmental assessment can be performed in different ways. Indeed, the former can be
117 carried out through a computable equilibrium model (either partial or global) or through
118 income distribution models (Almeida et al., 2022), while the latter can either be
119 performed through top-down or process-based LCAs. Among the others, Dandres et al.
120 (2011) and Earles et al. (2013) propose to pair computable equilibrium models together
121 with process-based LCAs, while Almeida et al. (2022) performed a top-down LCA by
122 means of Exiobase. We believe that combining the results of economic models with input-
123 output tables, such as the ones reported in Exiobase, is the most straightforward way of
124 accounting for the environmental impacts of rebound effects in the economy. . It is
125 important to note that the results obtained with such an LCA should not be directly
126 compared with results obtained from bottom-up LCAs, but should be rather used to
127 complement bottom-up LCA which typically exclude rebounds.

128 **2.1 Food waste in the economy**

129 The global economy is divided into a certain number, K , of geographical regions. The
130 production side of the economy consists of I industries. Let q_{ik} represent the output of
131 industry i in country k , for $i = 1, \dots, I$, and $k = 1, \dots, K$. On the consumption side, households

132 allocate their budget among J consumption categories. The quantity of category j products
133 purchased by region k households will be denoted b_{jk} . As customary in this family of
134 models, production and consumption choices reflect profit- and utility-maximizing
135 behaviour, respectively.

136 Waste is introduced in the analysis using an approach similar to that of de Gorter et al.
137 (2021). We assume that part of the economy's output disappears (at no cost) before it can
138 be sold. The rate at which output is lost in industry i in region k will be designated as ω_{ik} .
139 This leaves $u_{ik} = (1 - \omega_{ik})q_{ik}$ units of available output, with $0 \leq \omega_{ik} \leq 1$ for all i 's and k 's.
140 Similarly, we postulate that households actually consume only a portion of the goods they
141 purchase. Quantities consumed and purchased are related by $c_{jk} = (1 - \theta_{jk})b_{jk}$, where c_{jk} and
142 θ_{jk} represent actual household consumption and the waste rate for product category j in
143 region k , respectively. Just like the ω 's, the θ 's are bounded between zero and one.

144 The waste rates are assumed to be exogenous (de Gorter et al., 2021). We obtain estimates
145 of the waste rate baseline values from the literature and calibrate the model accordingly.
146 We then calculate how activity levels in various parts of the economy would be affected
147 if the waste rates could be reduced. The construction of the alternative waste scenarios is
148 based on a review of the ongoing policy debate on food waste prevention, as described in
149 section 2.2.3. It is noteworthy that, since our analysis focuses primarily on the industries
150 and consumer product categories that comprise the FSC, the waste rates associated with
151 all non-food industries and product categories are set to zero across scenarios, i.e. the
152 economic model simulates the exogenous shocks on the waste rates of only the food
153 related sectors on the rest of the economy.

154 We use the superscript 0 to denote the value of the relevant variable in the baseline.
155 Conversely, a variable's value in a generic s -th scenario is identified by the superscript s .

156 The symbol Δ is used to indicate (absolute) change relative to the baseline level. Thus,
 157 for example, in response to the waste rate changes implied by scenario s , the output of
 158 industry i in country k varies by $\Delta q_{ik}^s = q_{ik}^s - q_{ik}^0$.

159 If – in spite of the waste rate shock – firms and households continued to use the same
 160 quantities of all commodities, the new output levels would be given by $v_{ik}^s = u_{ik}^0 / (1 -$
 161 $\omega_{ik}^s)$ for all i 's and k 's. In proportional terms, industry output would change by $(\omega_{ik}^s -$
 162 $\omega_{ik}^0) / (1 - \omega_{ik}^s)$. In our model, however, a waste rate shock sets off a series of price
 163 adjustments, which in turn leads economic agents (both firms and households) to modify
 164 their behaviour (e.g. production and consumption levels), then, in general $q_{ik}^s \neq v_{ik}^s$. With
 165 a view to analysing the rebound effects of food waste reduction policies, it is useful to
 166 break down the output changes associated with scenario s into two components:

$$167 \quad \Delta q_{ik}^s = (v_{ik}^s - q_{ik}^0) + (q_{ik}^s - v_{ik}^s) \quad (\text{Eq. 1})$$

168 The first term on the right-hand side can be thought of as a direct effect of the food waste
 169 shock. The second term, on the other hand, embodies the response by economic agents.
 170 Finally, adjustments to the equations on which Fidelio is based can be found in section
 171 A1 of Appendix A.

172 **2.2 Environmental impacts**

173 Following standard practice in input-output analyses (Miller and Blair, 2009),
 174 environmental impacts are calculated from the Δq 's assuming that they are directly
 175 proportional to the level of economic activity. To this end, let e_{ikn} represent emissions of
 176 a generic pollutant n (or extraction of generic resource n) by industry i in country k . Then,
 177 the effect of the s -th shock is given by:

$$178 \quad \Delta e_{ikn}^s = g_{ikn} * \Delta q_{ik}^s \quad (\text{Eq. 2})$$

179 where g_{ikn} is a coefficient reflecting environmental impact per unit of output for the
 180 relevant combination of industry, country and impact category. We construct the g 's from
 181 the Exiobase database and keep them fixed across scenarios. As for changes in output
 182 levels, environmental impacts can also be thought of as the sum of two terms:

$$183 \quad \Delta e^s_{ikn} = d^s_{ikn} + r^s_{ikn} \quad (\text{Eq. 3})$$

184 where $d^s_{ikn} = g_{ikn} * (v^s_{ik} - q^0_{ik})$ is directly related to the changing waste rate (direct effect),
 185 and $r^s_{ikn} = g_{ikn} * (q^s_{ik} - v^s_{ik})$ capturing the economy's response (rebound effect).

186 As the geographical focus of the analysis is on the EU, waste rates are only shocked in
 187 EU countries and our main results are aggregated at the EU level. Thus, the impact of
 188 changing industry i activity levels on the n -th environmental stressor in scenario s is given
 189 by $\Delta E^s_{in} = \sum_{k \in \text{EU}} \Delta e^s_{ikn}$. For the purpose of this analysis, we define the EU as consisting of
 190 all pre-Brexit Member States. Further, adding up over the industry dimension (i subscript)
 191 yields an economy-wide measure of impact. The decomposition of environmental
 192 impacts into direct and rebound effects carries over naturally to these aggregated results.
 193 Emissions and resource extraction directly associated with household consumption
 194 activities are not taken into account in our environmental assessment, as they were
 195 insensitive to the policy shocks considered.

196 To convert the emissions to/resources extracted from the environment, i.e. the elementary
 197 flows (Δe^s_{ikn}), into the emissions contributing to each impact category, it is necessary to
 198 multiply the elementary flows by the characterisation factors for each pollutant and
 199 resource extracted for different impact categories ($\Delta F^s_{ikn} = \Delta e^s_{ikn} * C$). The characterisation
 200 factors (C) are based on the Environmental Footprint EF3.0 (Zampori and Pant, 2019)
 201 developed by the European Commission and are obtained as described in Beylot et al.
 202 (2019), representing the most up-to-date LCIA method for Europe. Potential impacts

203 were quantified for: climate change; acidification; eutrophication, terrestrial;
 204 eutrophication, marine; eutrophication, freshwater; land use; water use; human toxicity,
 205 cancer effects; human toxicity, non-cancer effects; ecotoxicity, freshwater; particulate
 206 matter; photochemical ozone formation; resource use, minerals and metals; and, resource
 207 use, fossil. The inclusion of all 14 impact categories allows to better highlight possible
 208 trade-offs when comparing the different scenarios.

209 Finally, by dividing the impacts by the tonnes of avoided food waste, based on the figures
 210 provided in the hybrid version of EXIOBASE 3 (Merciai and Schmidt, 2018, 2016) for
 211 the *Agriculture (A01)* sector, we expressed the environmental impacts per tonne of
 212 avoided food waste. Details about the calculations performed can be found in section
 213 A2.2 of Appendix A.

214 **2.3 Adjustment costs**

215 As a starting point, our calculations are carried out under the assumption that food waste
 216 reduction can be attained at no cost. We then expand on this first analysis by
 217 contemplating alternative scenarios in which waste avoidance is costly (e.g. to reduce
 218 food waste at production, investments are required to optimise the technologies used). To
 219 this end, we posit that avoiding the creation of one unit of waste in generic industry i in
 220 country k would cost the producer some fixed amount κ_{ik} . Then, the overall cost of
 221 reducing the waste rate from its baseline level ω_{ik}^0 to a lower level ω_{ik} is given by $\kappa_{ik}(\omega_{ik}^0$
 222 $- \omega_{ik})q_{ik}$. Net of the adjustment cost, the producer's revenue is:

$$223 \left[p_{ik} - \kappa_{ik} \left(\frac{\omega_{ik}^0 - \omega_{ik}}{1 - \omega_{ik}} \right) \right] u_{ik} \quad (\text{Eq. 4})$$

224 where p_{ik} represents the price of industry output i in country k .

225 It is apparent from Equation 4 that in our formulation adjustment cost operates like a
226 specific tax of amount $\kappa_{ik}[(\omega_{ik}^0 - \omega_{ik}) / (1 - \omega_{ik})]$ on available output (although one that
227 does not generate any revenue for the government) and as such we incorporate it in the
228 modelling framework provided by Fidelio. With the baseline and policy waste rates
229 already determined, the tax rate is defined up to κ_{ik} . To operationalize our approach we
230 only need to specify the cost factors. Given that reliable data on adjustment costs are not
231 available, we consider two alternatives to the free adjustment scenario ($\kappa_{ik} = 0$ for all i
232 and k) that results in the highest revenues (as it can also be observed from Eq. 4), a
233 moderate-cost (all the κ 's set equal to 0.5), and a high-cost scenario (all κ 's set to 1).
234 Indeed, each unit of output that is converted from waste to available product can be sold
235 at the market price. In applied equilibrium models such as Fidelio, all prices are initially
236 normalised to one. Thus, the moderate-cost scenario implies that adjustment cost account
237 for half the additional revenue generated by waste reduction. Analogously, the high-cost
238 scenario assumes that additional revenue is entirely absorbed by adjustment costs.
239 Finally, waste avoidance at the household level can be attained free of cost throughout
240 scenarios.

241 **2.4 Description of the scenarios**

242 The definition of food waste adopted in this study follows the one provided in the
243 FUSIONS project: food waste accounts for both edible and inedible parts of food, which
244 is removed from the FSC to be disposed of or recovered (Östergren et al., 2014).

245 In the study, we consider two overall goals centered on food waste prevention, namely
246 the Sustainable Development Goal #12.3 (United Nations, 2015) and the Resource
247 Efficiency Roadmap (European Commission, 2011). The former clearly states a
248 quantitative prevention goal (i.e. 50% reduction) for post-processing food waste

249 (wholesale and retail, food services, and households), but not at the level of pre-consumer
250 food waste (primary production, and production and manufacturing). Therefore, a
251 quantitative reduction goal for pre-consumer food waste was based on the targets of the
252 Resource Efficiency Roadmap, aiming at reducing resource inputs in the FSC by 20% by
253 2020 (European Commission, 2011). It is noteworthy that no specific prevention measure
254 is assessed in the study, but rather the economic and environmental effects of achieving
255 the current EU/SD goals is quantified.

256 These targets were considered in six different scenarios which shocks were defined based
257 on the figures provided in Caldeira et al. (2019) who estimated that the EU-27+1 wasted
258 123 MT of food across the FSC, excluding wholesale and retail, corresponding to 19% of
259 the total available food (638 Mt). Households wasted the highest amount of food (50 Mt,
260 corresponding to 8% of the total available food), followed by primary production (32 Mt,
261 corresponding to 5% of the total available food), processing and manufacturing (31 Mt,
262 corresponding to 5% of the total available food) and, finally, food services (10 Mt,
263 corresponding to 2% of the total available food) (Caldeira et al., 2019).

264 The scenarios considered in the study (Figure 1) account for different levels of food
265 wasted across the FSC and resulted in: i) scenario 0: baseline, or business-as-usual, with
266 no prevention policies implemented throughout the FSC (i.e. a “do-nothing” scenario
267 with food waste levels equal to 2011 – 19% of the total available food is wasted); ii)
268 scenario I: 20% food waste reduction in primary production (food waste at primary
269 production becomes 4% of the total available food – the food wasted is 80% of the 5%
270 calculated in the baseline – leading to a total of 18% of food wasted across the entire food
271 supply chain); iii) scenario II: 20% food waste reduction in processing and manufacturing
272 (food waste at processing becomes 4% of the total available food, leading to a total of
273 18% of food wasted across the entire food supply chain); iv) scenario III: 50% food waste

274 reduction in food services (food waste at food services becomes 1% the total available
275 food, leading to a total of 18% of food wasted across the entire food supply chain); v)
276 scenario IV: 50% food waste reduction at households (food waste at households becomes
277 4% of the total available food, leading to a total of 15% of food wasted across the entire
278 food supply chain); and, vi) scenario V: the food waste reductions of scenarios I-V are
279 combined (food waste across all stages becomes 13% of the total available food). It is
280 noteworthy that wholesale and retail was not considered among the stages of the FSC as
281 in Fidelio this is merely an activity providing a service, i.e. trading goods.

282 ***FIGURE 1***

283 **3. Results**

284 The economic and environmental results are discussed in section 3.1 and 3.2,
285 respectively. The results are presented as the difference (in production for the economic
286 results, and impacts for the environmental results) between scenarios I-V and the baseline.
287 Throughout the results we refer to it only with the name of scenarios I-V, e.g. the
288 difference in environmental impacts between scenario I and the baseline is referred to as
289 “scenario I”, etc., unless stated otherwise. Furthermore, the results are presented per
290 sector following the aggregation displayed in section A3.1 of Appendix A. The complete
291 list of economic results is reported in section A4 of Appendix A, while the environmental
292 results are listed in sections A5-A6.

293 The results obtained in the environmental assessment represent the total (or joint) effect
294 of food waste prevention and macroeconomic rebound effects. Specifically, the results
295 reported for the *Agriculture (A01)* sector represent the saving/burden incurring from food
296 waste prevention and related direct rebound effects. Therefore, to distinguish the savings
297 related to food waste prevention from the burdens incurring from direct rebound effects

298 in the *Agriculture (A01)* sector, the calculation explained in section A2.2 of Appendix A
299 was performed, while the corresponding results are discussed in section 3.3.

300 Finally, in sections 3.2-3.3, we only discuss impact categories that have robustness factors
301 greater than 0.7, based on the ranking provided in Sala et al. (2018). Therefore, human
302 toxicity, cancer and non-cancer effects, and ecotoxicity freshwater are excluded; yet, their
303 results can be found in sections A5-A6 of Appendix A.

304 **3.1 Results of economic modelling**

305 The scenarios introduced in section 2.4 shock the EU economy by changing the waste
306 rate at various points in the food supply chain. In each case, the shock sets off a series of
307 adjustments in the economic system that extends beyond food production and
308 consumption. Figure 2 displays the relative change in output experienced by the various
309 sectors of the economy under the different food waste scenarios.

310 *****FIGURE 2*****

311 First, consider what happens to the output of food-related sectors – namely, *Agriculture*
312 *(A01)*, *Food (C10-C12)*, and *Hotels/Restaurants (I)*. These are the sectors affected most
313 directly by the shocks. Broadly speaking, in these sectors a reduction in the waste rate
314 gives rise to two effects of opposite sign. On one hand, when less output is wasted, the
315 same consumption level can be sustained at a lower level of production. On the other, a
316 reduction in the waste rate effectively makes agricultural and food products cheaper for
317 consumers and processors to use (i.e. suppose that a product can be bought at price p and
318 is wasted at rate ω ; then, the price effectively paid for using a unit of the product is
319 $\tilde{p}=p/(1-\omega)$ where a reduction in ω makes the effective price \tilde{p} smaller). The resulting
320 increase in demand (direct rebound effect) tends to lift consumption and output as well.
321 This rebound effect is more pronounced when waste reduction is free ($\kappa=0$, Figure 2a).

322 When waste reduction is moderately ($\kappa=0.5$, Figure 2b) or highly expensive ($\kappa=1$, Figure
323 2c), the price-reducing effect of the waste shock is at least partly offset by the adjustment
324 cost.

325 In scenario I, for instance, in the absence of adjustment costs the rebound effect
326 dominates: overall output of food-related sectors is calculated to increase by 1.2%, with
327 more than two-thirds of the change accounted for by *Agriculture (A01)*, the sector where
328 the shock takes place in this scenario. Once reducing food waste becomes costly,
329 however, agricultural production actually experiences a decrease – by 0.94% with $\kappa=0.5$,
330 and by 1.74% with $\kappa=1$. The introduction of the adjustment costs also has repercussions
331 on the output of the *Food (C10-C12)* (+0.01% with $\kappa=0.5$ and -0.10% with $\kappa=1$) and
332 *Hotels/restaurants (I) sectors* (+0.01% with $\kappa=0.5$ and -0.05% with $\kappa=1$).

333 The results for scenario II are qualitatively similar to those obtained for scenario I. In the
334 *Food (C10-C12)* sector, the impact of the waste shock on production ranges from +3%
335 ($\kappa=0$) to -1.8% ($\kappa=1$). Concerning the other food-related sectors, the relative change in
336 output is between 0.06% (with $\kappa=0$) and -0.6% ($\kappa=1$) for *Agriculture (A01)*, and between
337 0.4% ($\kappa=0$) and -0.2% ($\kappa=1$) for *Hotels/restaurants (I)*.

338 In the case of scenario III, on the other hand, output decreases already in the absence of
339 adjustment costs: *Agriculture (A01)* decreases its output from -0.02% ($\kappa=0$) to -0.05%
340 ($\kappa=1$), *Food (C10-C12)* from -0.04% ($\kappa=0$) to -0.06 % ($\kappa=1$), and, finally,
341 *Hotels/restaurants (I)* from -0.2% ($\kappa=0$) to -0.9% ($\kappa=1$).

342 Contrary to scenarios I-III, which all consider waste reductions on the supply-side of the
343 economy, scenario IV focuses on consumers. As noted above (section 2.1), in this case it
344 is assumed that households do not face any adjustment costs, so that the results in Figure
345 2 are constant across panels a, b and c. The results for scenario IV suggest that initiatives

346 applied at this stage have the greatest potential for reducing output (Figure 2). Indeed,
347 production would drop by -2.5% for *Agriculture (A01)* and by -3% for *Food (C10-C12)*,
348 representing the largest reductions among scenarios I-IV.

349 Finally, scenario V combines all the prevention initiatives considered in scenarios I-IV.
350 The economic output of food-related activities decrease whether or not adjustment costs
351 are accounted for, with the reduction becoming more sizable as the adjustment costs
352 increase: *Agriculture (A01)* drops from -1.8% ($\kappa=0$) to -4.9% ($\kappa=1$), *Food (C10-C12)*
353 from -2.5% ($\kappa=0$) to -4.9% ($\kappa=1$), *Hotels/restaurants (I)* from 0.7% ($\kappa=0$) to -0.8% ($\kappa=1$).

354 Leaving food-related sectors aside, how is the rest of the EU economy affected by the
355 food waste shocks? Throughout scenarios I-III, when the adjustment costs are zero
356 reducing waste in the food supply chain has an expansionary effect on the economy,
357 raising production in all non-food sectors. As adjustment costs increase, however, this
358 effect gradually disappears or reverses. In scenario IV, the (cost-free) reduction in
359 household-level food waste frees up resources that consumers reallocate to a significant
360 extent to non-food expenditure. This also tends to increase production. In scenario V,
361 which blends together scenarios I-IV, the most significant impacts on the output of non-
362 food sectors are found in *Other manufacturing (C)* (from 3.6% at $\kappa=0$, to 1.4% at $\kappa=1$),
363 *Other services (G, J-N, R-T)* (from 2.9% at $\kappa=0$, to -0.05% at $\kappa=1$), *Public sector (O_P)*
364 (from 1.3% at $\kappa=0$, to 0.9% at $\kappa=1$), and *Paper (C17)* (from 1.3% at $\kappa=0$, to 0.6% at $\kappa=1$).

365 **3.2 Environmental results**

366 In all three sets of scenarios, for the majority of impact categories considered in the study,
367 the results highlighted that food waste prevention initiatives applied at consumption
368 stages reduced total impacts. When prevention policies were applied at production stages,
369 namely scenarios I-II, and under the assumption of no adjustment costs, the burdens from

370 direct and indirect rebound effects cancelled out the benefits of avoiding food waste (i.e.
371 backfire effect), thus resulting in higher impacts compared to the baseline. Yet, when
372 assuming adjustment costs different from zero, lower environmental impacts than the
373 baseline were observed also for the abovementioned scenarios. Furthermore, the results
374 highlighted that as adjustment costs increased, the environmental burdens of the FSC
375 decreased due to reductions in food production and the associated waste generation
376 (section A5, Appendix A).

377 **3.2.1 Climate change**

378 The results obtained for climate change are displayed in Figure 3, where negative values
379 indicate savings in scenarios I-V, while the vice versa applies for positive values.

380 ***FIGURE 3***

381 Under the assumption of $\kappa=0$, an increase of 6.5 Mt CO₂-eq year⁻¹ in scenario I, 3.5 Mt
382 CO₂-eq year⁻¹ in scenario II, and 0.6 Mt CO₂-eq year⁻¹ in scenario III, was observed in the
383 total Climate Change burdens due to increases in the economic output (i.e. backfire effect)
384 (section 3.1.1 and 3.1.2). In scenarios IV-V the total burdens decreased by 16.4 Mt CO₂-
385 eq year⁻¹ and 6.1 Mt CO₂-eq year⁻¹, respectively. Notice that the total potential savings
386 obtainable at food related sectors were reduced by increases in the other economic sectors
387 (rebounds). However, as adjustment costs increased ($\kappa=0.5$ and $\kappa=1$), a reduction in the
388 burden was observed also for scenarios I-III due to decreases in the economic output
389 (sections 3.1.1-3.1.3). In scenarios I-V, increasing adjustment costs reduced the burdens
390 of both food related sectors and the other sectors, especially for *Utilities (D_E)* and
391 *Extraction (B)* (Figure 3).

392 **3.2.3 Eutrophication, acidification, particulate matter and photochemical ozone** 393 **formation**

394 The impact categories eutrophication (marine, freshwater and terrestrial), acidification
395 and particulate matter showed similar trends (Appendix A5). As adjustment costs
396 increased, the total burdens calculated for scenarios I-V decreased, i.e. a reduction in
397 emissions compared to the baseline was observed. Specifically, for $\kappa=0$, backfire effects
398 were observed for scenarios I-II, while in scenarios III-V the reduced emissions in food
399 sectors counterbalanced the increased burdens, which were mainly related to *Utilities*
400 (*D_E*) and *Transport (H)* for eutrophication and acidification, and *Utilities (D_E)*,
401 *Transport (H)* and *Extraction (B)* for particulate matter. When adjustment costs were
402 assumed different from zero, scenarios I-V all incurred lower total burdens than the
403 baseline, with the highest reductions at $\kappa=1$. Furthermore, the results showed that for all
404 sets of scenarios, scenario IV had the greatest potential in reducing impacts.

405 The results obtained for photochemical ozone formation followed the same trend as for
406 eutrophication, acidification and particulate matter at $\kappa=0.5$ and $\kappa=1$. Yet, at $\kappa=0$,
407 scenarios I-III and scenario V resulted in backfire effects, which were mainly related to
408 the sectors *Utilities (D)*, *Transport (H)*, *Other services (G, J-N, R-U)*, and *Extraction (B)*
409 (Appendix A5).

410 **3.2.4 Land use and Water use**

411 The results obtained for land and water use followed the trend observed for the
412 eutrophication related impact categories (section 3.2.3). When adjustment costs were
413 assumed to be zero, scenarios I-II resulted in backfire effects (Appendix A5), while
414 scenarios III-V incurred lower burdens than the baseline due to the benefits of decreased
415 production and wastage of food. At $\kappa=0.5$ and $\kappa=1$, the burdens of scenarios I-II also
416 decreased compared with the baseline, thus increasing the potential reductions observed
417 in scenario V, which comprehends all shocks. As for the non-food related sectors, in the

418 impact category land use *Other primary (A)* was mainly affected due to forestry and
419 logging (sector *A02*), while for water use *Paper (C17)*, *Chemicals (C20)*, *Utilities (D_E)*,
420 and *Other services (G, J-N, R-T)*.

421 **3.2.5 Resource use, fossil and resource use, minerals and metals**

422 The results obtained for resource use, fossil and resource use, minerals and metals showed
423 a different trend than the other impact categories. For both impact categories, at $\kappa=0$
424 scenarios I-V all incurred in backfire effects due to increases in the economic output for
425 *Extraction (B)*. At $\kappa=0.5$, the results obtained for scenarios I, IV, and V resulted in higher
426 burdens than the baseline, while at $\kappa=1$ all scenarios, except for scenario IV, incurred
427 lower burdens than the baseline.

428 **3.3 Results expressed per tonne of avoided food waste**

429 The results calculated as the difference between scenarios I-V and the baseline at $\kappa=0.5$
430 expressed per tonne of avoided food waste are presented in Figure 4. The results display
431 the contribution analysis to the total impacts of direct rebound effects and food waste
432 prevention in the *Agriculture (A01)* sector, other food related sectors (as the sum of related
433 direct rebound and prevention effects), indirect rebound effects, and the totals obtained
434 for $\kappa=0$ (blue dot in Figure 4) and $\kappa=1$ (red square in Figure 4). It is noteworthy that direct
435 and indirect rebound effects take into account economy-wide effects as well thus
436 representing macroeconomic rebound effects.

437 *****FIGURE 4*****

438 As illustrated in Figure 4, the impact of food waste prevention (per impact category) is
439 constant across scenarios and is calculated based on the results obtained for the baseline
440 on the assumption that the impacts for producing food would be unchanged. By
441 disaggregating the contribution of rebound effects (inclusive of direct, indirect, and

442 economy-wide effects), it was possible to calculate the reduction of the benefits
443 associated with prevention (avoiding food waste generation) for each impact category and
444 scenario considered in the study. All in all, the results in the majority of impact categories
445 are driven by food waste prevention and direct rebound effects on the *Agriculture (A01)*
446 sector. Only for resource use, fossil and resource use, metals and minerals the results were
447 driven entirely by indirect rebound effects and, specifically, the *Extraction (B)* sector. As
448 follows, we present only the results obtained for $\kappa=0.5$ and scenario IV, while the
449 complete list of the results can be found in section A6 of Appendix A.

450 For climate change, the savings related to prevention equalled approximately 1 t CO₂-eq
451 t⁻¹ avoided food waste, which was reduced by 38% due to macroeconomic rebound
452 effects. For the impact categories acidification, particulate matter, and eutrophication,
453 marine, the potential benefits of food waste prevention were reduced by 40%, while for
454 eutrophication, freshwater and terrestrial by 41%. Food waste prevention savings were
455 reduced for land use and water use by 45% and 38%, respectively. Finally, for resource
456 use, fossil and resource use, minerals and metals, the results indicated backfire effects.

457 **4. Discussion**

458 **4.1. Differences in economic and environmental impacts**

459 The economic results showed that food waste prevention initiatives at production stages
460 have the potential to increase agricultural and food production, at least when they do not
461 entail any adjustment costs for producers. This is because a waste reduction effectively
462 represents an improvement in productivity. Accordingly, it tends to expand economic
463 activity. Instead, when prevention was enforced at the consumption stages, a decrease in
464 food production was observed. However, as adjustment costs increase, a decrease in
465 productivity in all food related sectors was observed, which influenced also the non-food

466 sectors causing a reduction in their economic output. The same trend was observed in the
467 environmental results: overall, a reduction in the environmental burdens was observed as
468 adjustment costs increased. Furthermore, the environmental results also showed that the
469 greatest potential in reducing impacts could be achieved implementing prevention
470 initiatives at post-processing stages, especially at households.

471 Focusing on the indirect rebound effects, the sectors mainly contributing to the results
472 differed in the economic and in the environmental assessments. From the economic
473 results, *Other manufacturing (C)*, *Other services (G, J-O, R-T)*, and to a lower extent
474 *Extraction (B)*, *Public sector (O-P)*, and *Paper (C17)* mainly experienced increases in the
475 economic output. With respect to the environmental results, *Extraction (B)*, *Utilities*
476 *(D_E)*, *Transport (H)*, *Chemicals (C20)* and, to a lower extent, *Other manufacturing (C)*
477 and *Other services (G, J-O, R-T)* were identified as the main contributors to indirect
478 rebound effects. The discrepancies between the economic and the environmental results
479 showed that, despite having small increases in the economic output, sectors that are
480 mainly fossil based and/or require many resources (e.g. *Extraction (B)* and *Utilities*
481 *(D_E)*) have high impacts on the environment and can potentially cancel out the
482 environmental savings from prevention actions, especially under the assumption of no
483 adjustment costs incurred by food industries.

484 **4.2 Comparison with previous studies**

485 As the majority of the published studies focused on food waste prevention at households
486 estimating solely climate change impacts, it was possible to compare the results obtained
487 for scenario IV and climate change only, leading to potential burden shifts across the other
488 impact categories.

489 The results obtained in scenario IV for climate change, under the assumption of no
490 adjustment costs, for the *Agriculture (A01)* sector (-17.5 Mt CO₂-eq year⁻¹) were in line
491 with the findings of Philippidis et al. (2019) and Höjgård et al. (2013), who estimated in
492 their assessment a reduction in climate change impacts of 16 Mt CO₂-eq. In their study,
493 Philippidis et al. (2019) accounted for direct rebound effects only, which were estimated
494 using MAGNET, a computable general equilibrium model focused on the agri-food
495 sector. MAGNET allows identifying in the *Agriculture (A01)* sector for what products
496 there is a reduction, while this level of detail cannot be obtained with Fidelio, having as
497 ultimate goal to model market responses in the entire economy. The results of Höjgård et
498 al. (2013) were obtained employing the partial equilibrium model CAPRI, which is
499 specific for agricultural assessments. However, being CAPRI a partial equilibrium model,
500 the effects of indirect rebound effects are not quantified.

501 As for the results expressed per tonne of avoided food waste, in the study by Martinez-
502 Sanchez et al. (2016) rebound effects ranged from 1.5 t to 4.4 t CO₂-eq t⁻¹ avoided food
503 waste, which are higher than those estimated in this study (0.4 t CO₂-eq t⁻¹ avoided food
504 waste). As highlighted in Salemdeeb et al. (2017), in the study by Martinez-Sanchez et
505 al. (2016) a highly aggregated economic model was used to estimate the re-spending of
506 households. Furthermore, the assumptions made on the goods that were affected by
507 prevention initiatives were chosen based on extreme scenarios rather than elasticity-based
508 simulations, as in the current study. The estimated rebound effects calculated herein were
509 of the same order of magnitude of Salemdeeb et al. (2017). In their study, under the
510 assumption that consumers purchase the most consumed goods, rebound effects spanned
511 from 0.3 to 0.33 t CO₂-eq t⁻¹ avoided food waste. On the other hand, when the authors
512 assumed the purchasing of goods with the highest GHG intensities, rebound effects
513 spanned from 0.6 to 0.8 t CO₂-eq t⁻¹ avoided food waste. Of the total rebound effects

514 estimated in Salemdeeb et al. (2017), approx. 0.3 t CO₂-eq t⁻¹ avoided food waste was
515 attributable to direct effects when assuming that consumer purchase the most polluting
516 goods and 0.1 when assuming purchasing the most consumed goods, which are in the
517 same order of magnitude of the direct rebound effects estimated herein (approx. 0.4 t
518 CO₂-eq t⁻¹ avoided food waste). Differences in the magnitude of direct and indirect
519 rebound effects between our study and Salemdeeb et al. (2017) are due to the type of
520 analysis conducted. In our study, macroeconomic rebound effects were quantified, while
521 in Salemdeeb et al. (2017) microeconomic effects only were quantified. It should however
522 be noticed that, all in all, the reduction in the benefits of prevention calculated in our study
523 (38%) was comparable to Salemdeeb et al. (2017) (ranging from 23 to 59%). However,
524 Salemdeeb et al. (2017) did not consider any adjustment costs, the inclusion of which
525 highly affects the results as shown in our study.

526 **4.3 Policy implications**

527 The results obtained showed that reductions in environmental impacts can be achieved
528 when implementing prevention actions across the entire FSC. Of all stages, both from an
529 economic and an environmental perspective, food prevention initiatives are most
530 effective at households, which have been identified in previous studies as the main food
531 waste generators and polluters (Tonini et al., 2018), notwithstanding possible rebound
532 effects. This suggests that policies targeting the households have the largest potential to
533 mitigate the pressure on food related sectors. However, in order to maximise the benefits,
534 the policy needs to support a “sustainable” re-spending of the income. Indeed, despite
535 being moderate from an economic perspective, it was observed that the increased
536 consumption in *Extraction (B)*, *Transport (H)*, and *Other utilities (D_E)* significantly
537 reduced the benefits achieved with preventing food wastage because of their considerable
538 impact on the environment. Therefore, it is crucial to install incentives to direct

539 consumption expenditures towards sectors that have low/negligible environmental
540 impacts but also have positive societal outcomes, such as health, education and culture.

541 **5. Conclusion**

542 While it is largely acknowledged and documented that food waste prevention is the
543 preferred option in the waste management hierarchy, rebound effects arising from
544 prevention are usually not accounted for in life cycle assessment studies. Rebound effects
545 arise due to accrued additional monetary savings that can be spent on the same products
546 (direct) or other products/services (indirect). In this study, the market response of
547 implementing prevention initiatives was assessed by means of Fidelio, a general
548 equilibrium model that allows calculating macroeconomic rebound effects based on price
549 elasticities and cross-elasticities. The economic results were further converted into
550 environmental impacts by performing an environmentally extended input-output
551 assessment in which fourteen impact categories were included. The economic and
552 environmental results showed that initiatives implemented at households have the greatest
553 potential in reducing total burdens (-5.2% from the economic perspective; for climate
554 change a reduction of 16.4 Mt CO₂-eq year⁻¹ compared with the business-as-usual). The
555 results also pinpointed that such initiatives to be effective need to promote the spending
556 on economic sectors characterised by low environmental impacts and resource
557 consumption, such as the public sector, and that the inclusion of adjustment costs in the
558 analysis is crucial to obtain realistic results.

559 **Disclaimer**

560 The views expressed in the article are the sole responsibility of the authors and in no way
561 represent the views of the European Commission and its services.

562 **Acknowledgements**

563 The authors acknowledge gratefully the funding “SustEnergy (grant no. 64017-0044)”
564 (Energy Technology Development and Demonstration Program, EUDP, under the Danish
565 Energy Agency) and the REPAiR project (ID 688920) under H2020-EU.3.5.4. Enabling
566 the transition towards a green economy and society through eco-innovation, WASTE-6b-
567 2015-Eco-innovative strategies. The authors would like to express their gratitude to
568 Rocco Palmitessa and Antoine Beylot for the help provided in the environmental
569 assessment.

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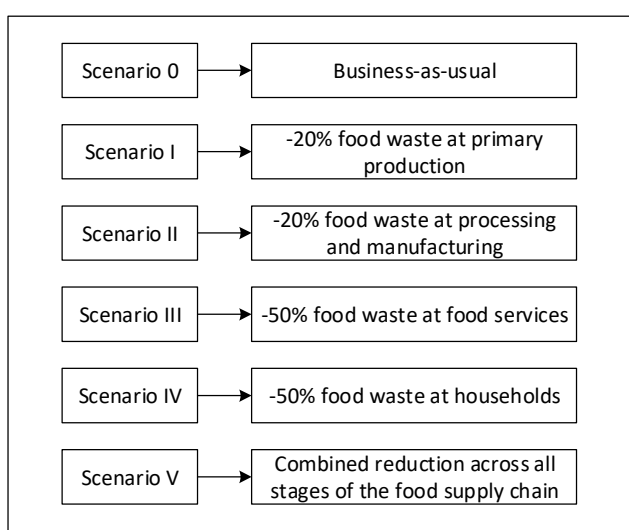
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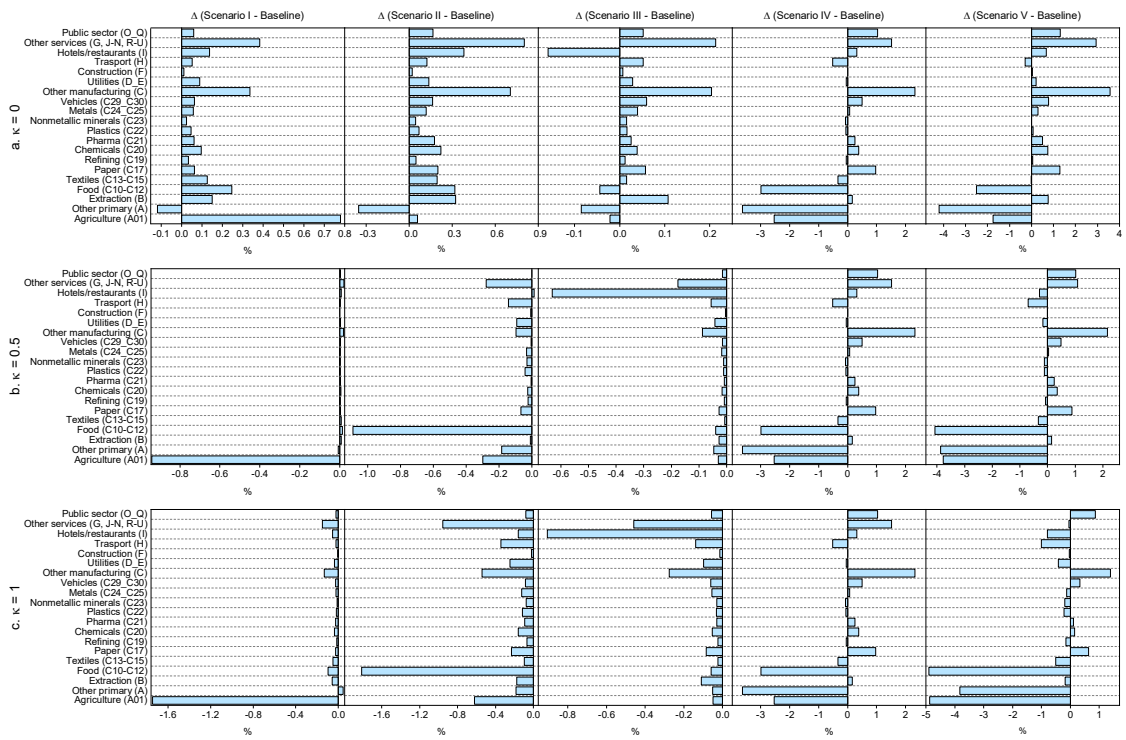
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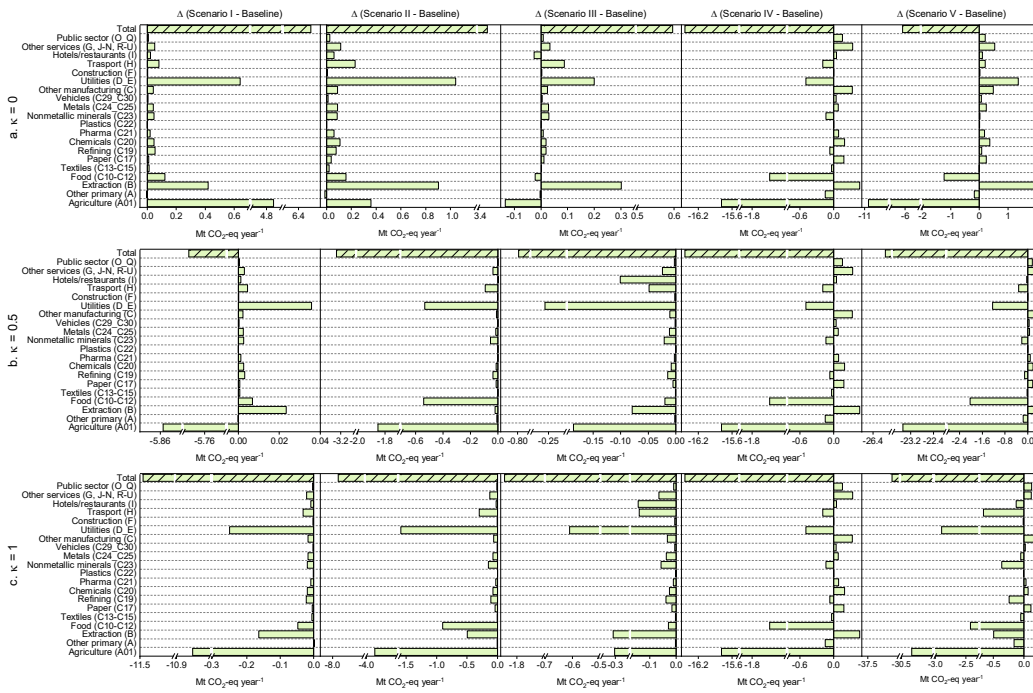
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662 **Figure 1.** Summary of the scenarios considered in the assessment.



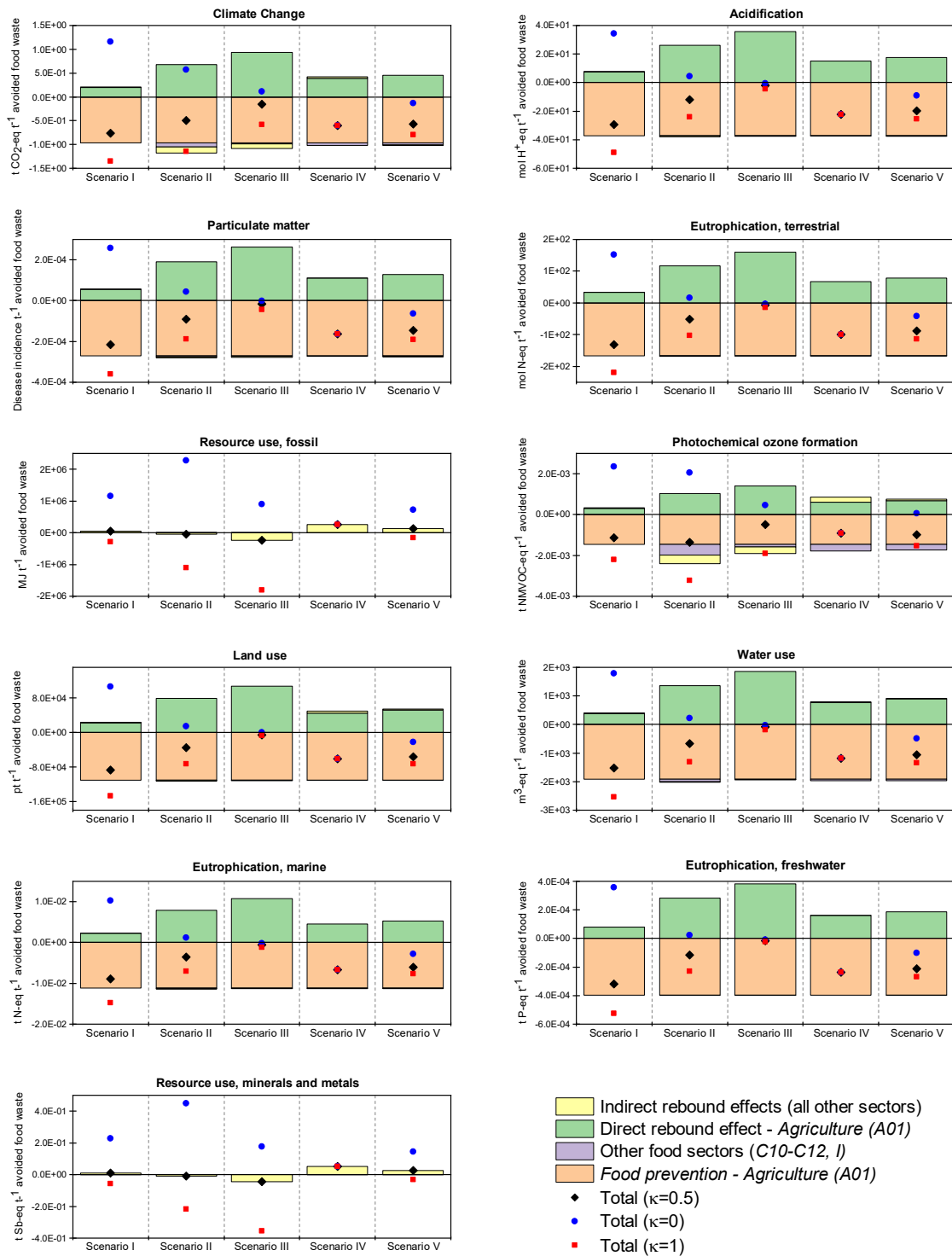
663

664 **Figure 2.** Variation in the economic output expressed as percentage changes [%] between
 665 scenarios I-V and the baseline. Negative values indicate a reduction in the economic
 666 output in scenarios I-V compared to the baseline, while the vice versa applies for positive
 667 values. The results presented in 2a refer to the set of scenarios where there are no
 668 adjustment costs (i.e. $\kappa=0$), the ones presented in 2b to adjustment costs accounting for
 669 half the additional revenue generated by waste reduction ($\kappa=0.5$), while the ones
 670 presented in 2c to adjustment costs entirely absorbing the revenue ($\kappa=1$). Note that the
 671 NACE2 nomenclature is reported in parenthesis on the y-axis.



672

673 **Figure 3.** Difference in emissions [Mt CO₂-eq year⁻¹] between scenario I-V and the
 674 baseline for the climate change. Negative values indicate savings in scenarios I-V
 675 compared to the baseline, while the vice versa applies to positive values. The results
 676 presented in 3a refer to the set of scenarios where there are no adjustment costs (i.e. $\kappa=0$),
 677 the ones presented in 3b refer to adjustment costs accounting for half the additional
 678 revenue generated by waste reduction ($\kappa=0.5$), while the ones presented in 3c refer to
 679 adjustment costs entirely absorbing the revenue ($\kappa=1$). Note that the NACE2
 680 nomenclature is reported in parenthesis on the y-axis.



681

682 **Figure 4.** Environmental results for $\kappa=0.5$ expressed per tonne of avoided food waste.

683 The histograms report the contribution to the total results (i.e. black diamond) of direct

684 rebound effects and food waste prevention in the *Agriculture (A01)* sector, other food

685 sectors, and indirect rebound effects. Negative values indicate a reduction in the burdens

686 of scenarios I-V compared with the baseline, while the vice versa applies for positive
687 values. The total results obtained for $\kappa=0$ (blue circle) and $\kappa=1$ (red square) are also
688 reported for comparison. The rebound effects herein reported are macroeconomic
689 rebound effects, which, therefore, take into account economy-wide effects.

690