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# Atomically engineered interfaces yield extraordinary electrostriction

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18	Electrostriction is a property of all the dielectric materials where an applied electric
19	field induces a mechanical deformation proportional to the square of the electric
20	field. The magnitude of the effect is usually minuscule. However, recent discoveries
21	of symmetry-breaking phenomena at interfaces opens up the possibility to extend
22	the electrostrictive response to a broader family of dielectric materials. <sup>1,2</sup> Here, we
23	engineer the electrostrictive effect by epitaxially depositing alternating layers of

24 Gd<sub>2</sub>O<sub>3</sub>-doped CeO<sub>2</sub> and Er<sub>2</sub>O<sub>3</sub>-stabilized δ-Bi<sub>2</sub>O<sub>3</sub> with atomically controlled 25 interfaces on NdGaO<sub>3</sub> substrates. We find that the electrostriction coefficient reaches 2.38×10<sup>-14</sup> m<sup>2</sup>/V<sup>2</sup>, exceeding the best-known relaxor ferroelectrics by three 26 27 orders of magnitude. Our atomic-scale calculations show that the extraordinary 28 electrostriction coefficient is driven by the coherent strain imparted by the 29 interfacial lattice mismatches. Thus, artificial heterostructures open a new avenue 30 to design and manipulate electrostrictive materials and devices for nano/micro 31 actuation and cutting-edge sensor applications.

32 Materials developing strain in response to an electric field have attracted significant 33 attention over the previous several decades due to their wide applications, ranging from 34 non-resonant actuators, high-end transducers, artificial muscles, energy harvesting, and various sensors.<sup>3-4</sup> While piezoelectricity is limited to materials with a non-35 36 centrosymmetric crystal structure, electrostriction is a general property of all dielectrics, 37 which produces a high displacement accuracy with the absence of strain-field hysteresis 38 and remnant polarization. However, the electrostriction coefficient  $(M_{xx})$  is usually low, attaining a value less than 10<sup>-19</sup> m<sup>2</sup>/V<sup>2</sup> for simple oxides such as MgO, TiO<sub>2</sub> and Y:ZrO<sub>2</sub>.<sup>5</sup> 39 40 Owing to their very high electromechanical responses, the two archetypes of electrostrictive materials are relaxor ferroelectrics and ferroelectric polymers.<sup>5, 6</sup> The 41 former generates a significant electrostriction coefficient of  $1.0 \times 10^{-17}$  m<sup>2</sup>/V<sup>2</sup> with 42 mechanical stress of 150 MPa or less.<sup>7, 8</sup> In contrast, flexible polymers exhibit high 43

44 electrostrictive coefficients up to  $1.8 \times 10^{-18} \text{ m}^2/\text{V}^2$  while the stress delivered is about two 45 orders of magnitude lower (2 MPa on average).<sup>9</sup>

46

A new family of high-performance electrostriction materials was recently discovered in Gd<sub>2</sub>O<sub>3</sub>-doped CeO<sub>2</sub> (CGO), exhibiting anomalously large electrostriction with the maximum stress exceeding 500 MPa.<sup>10,11</sup> The investigated CGO-based films have typically large thicknesses (t > 300 nm), where the in-plane biaxial strain is fully relaxed, and the  $M_{xx}$  is improved by less than one order of magnitude compared to the bulk counterparts, i.e.,  $10^{-17}$  vs  $10^{-18}$  m<sup>2</sup>V<sup>-2</sup>.<sup>10, 13-15</sup>

53

54 Over the past decade, increased interest has been placed in the growth of ultrathin 55 complex oxide heterostructures. These films exhibit superior properties, such as fast ionic conduction,<sup>16</sup> metal-to-insulator transition,<sup>17</sup> and ferroelectricity in otherwise paraelectric 56 materials.<sup>18</sup> Such emergent properties are associated with the complex yet tailorable 57 interfacial morphology that gives rise to ionic/electronic redistribution, symmetry 58 breaking and strain gradients.<sup>1,2</sup> For ferroelectric thin films, the evolution of electric 59 60 polarization with reduced film thickness has been one of the crucial topics in the field, with interfaces and surfaces playing a pivotal role.<sup>19-23</sup> However, to date, the effects of 61 62 interfaces and synthesis of ultrathin films (<< 100 nm) on the electrostriction property 63 has not been explored.

65 Here, we demonstrate a new concept of engineering electrostriction through artificial interfaces. We selected Gd<sub>2</sub>O<sub>3</sub>-doped CeO<sub>2</sub> (CGO) and Er<sub>2</sub>O<sub>3</sub>-stabilized δ-Bi<sub>2</sub>O<sub>3</sub> (ESB) 66 as the two model material systems. We designed the multilayers to achieve two purposes: 67 1) to establish an interfacial configuration where the lattice mismatch can be used as a 68 69 tuning knob and 2) to confine the electrostrictive layers by selecting a set of two materials 70 that develop desired lattice distortions under an electric field. With this strategy, we 71 achieved an electrostrictive enhancement of three orders of magnitude when compared to thick CGO films, reaching the highest value ( $M_{xx} \sim 10^{-14} \text{ m}^2/\text{V}^2$ ) measured so far in any 72 73 electrostrictive material. This artificial electrostrictive heterostructure paves a new way 74 for achieving extraordinary electrostriction, yielding new opportunities for nano/micro 75 electrostrictive devices.

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77 Ultrathin films were deposited by pulsed laser deposition (PLD). The heterostructures consist of alternating layers of gadolinium-doped ceria (Ce<sub>0.8</sub>Gd<sub>0.2</sub>O<sub>1.9</sub>, CGO) and 78 79 erbium-stabilized bismuth oxide (Er<sub>0.4</sub>Bi<sub>1.6</sub>O<sub>3</sub>, ESB) deposited on pseudocubic (pc) [010]-80 oriented NdGaO<sub>3</sub> substrates (NGO). The heterostructures are defined as 81 NGO/CGO/[ESB/CGO]<sub>N</sub>, where  $N = \{1, 3, 7, 10, 15\}$  is the number of [ESB/CGO] 82 bilayers as schematically illustrated in Fig. 1a. The total thickness of the thin films was 83 fixed at about 17 nm with a ratio of 1:1 of CGO and ESB. We define a modulation length

84	( $\Lambda$ ) as the thickness of the [ESB/CGO] bilayers with values of 8.5, 2.8, 1.2, 0.9 and 0.6
85	nm, corresponding to $N = 1, 3, 7, 10$ and 15, respectively. High-angle annular dark-field
86	scanning transmission electron microscopy (HAADF-STEM) Z-contrast images of
87	NGO/CGO/[ESB/CGO]7 reveal the epitaxial relationship between the constituent layers,
88	with ESB exhibiting a brighter ADF image contrast than CGO (Fig. 1b). Atomically
89	resolved EDX profiles of Ce, Er and O show the compositional variation from which
90	well-defined interfaces can be identified. Up to a value of $N = 7$ and $\Lambda = 1.2$ nm, we
91	observe no sign of dopant segregation or formation of extended defects (e.g. dislocations
92	or line defects). However, a further increase of N to 10 ( $\Lambda$ =0.9 nm) results in significant
93	chemical intermixing, indicating the collapse of the heterostructure (Extended Data Fig.
94	1).

96 The electrostrictive response of the 17 nm thick multilayer deposited on an NGO cantilever is proportional to the square of the electric field strength (Extended Data Fig. 97 98 2). The maximum stress generated in this configuration was 9.7 GPa. Fig. 1c shows the 99 electrostriction coefficient  $(M_{xx})$  of the multilayers as a function of the modulation length 100 measured at 1 Hz. For ease of comparison, the electrostriction coefficients  $(M_{xx})$  of a 101 single layer of CGO thin film (t = 17 nm) deposited on NGO are also shown, as well as a 102 range of thick CGO films ( $t \ge 400$  nm) deposited on different substrates taken from the literature.<sup>10,14,15</sup> Comparisons with Bi<sub>2</sub>O<sub>3</sub>-based films are not included as their 103

104 electrostrictive properties have not been investigated due to their structural and chemical 105 instabilities.<sup>11, 24, 25</sup> As seen in Fig. 1c, the measured electrostriction coefficients exhibit a 106 "volcano-like" shape as a function of the modulation length, reaching a maximum at N =107 7 ( $\Lambda = 1.2$  nm). The electrostriction coefficients generally follow a linear increase as the 108 modulation length decreases down to 1.2 nm. Different materials' values reported in the 109 literature follow the same trend, regardless of the deposition methods, process parameters, 110 microstructure of the films and type of substrate/electrode.<sup>10, 14, 15, 26</sup> Remarkably, for the first time, we show that the maximum  $M_{xx}$  of the heterostructure (2.38 × 10<sup>-14</sup> m<sup>2</sup>/V<sup>2</sup>) 111 surpasses that of the thick CGO films by more than three orders of magnitude.<sup>10, 14, 15, 26</sup> 112 However, as  $\Lambda$  decreases below  $\Lambda = 1.2$  nm (N > 7) the electrostriction coefficient 113 114 decreases significantly. This effect relates to intermixing at the interfaces (Extended Data 115 Fig. 1) and the corresponding decrease in the electrostrictive performance.

116

We have systematically investigated the performance of the heterostructures with different stacking sequences where the deposition on NGO was started with either CGO or ESB. When ESB was deposited directly on NGO (NGO/ESB/[CGO/ESB]<sub>7</sub>), the heterostructure is unstable and shows a reduced electrostriction coefficient of  $3.0 \times 10^{-16}$  $m^2/V^2$  (Extended Data Fig. 3). In contrast, when CGO was deposited on NGO (NGO/CGO/[ESB/CGO]<sub>7</sub>), the heterostructure was stable and exhibited a significantly enhanced electrostriction, highlighting the importance of the stacking sequence. We thus

124	used NGO/CGO/[ESB/CGO] <sub>N</sub> as the main configuration in our experiments, ensuring
125	that the heterostructure is capped with CGO to avoid degradation of the ESB. Fig. 1d
126	shows the electrostriction coefficient, $M_{xx}$ , for heterostructures with $N = 1$ ( $\Lambda = 12.0$ nm),
127	$N = 7$ ( $\Lambda = 1.21$ nm) and $N = 15$ ( $\Lambda = 0.57$ nm) as a function of the frequency. Our results
128	outperformed any known electrostrictive materials, including bulk CGO, <sup>26</sup> Y/Nb:Bi <sub>2</sub> O <sub>3</sub> , <sup>11</sup>
129	La <sub>2</sub> Mo <sub>2</sub> O <sub>9</sub> , <sup>27</sup> Y:ZrO <sub>2</sub> (YSZ) <sup>11</sup> as well as the commercial relaxor ferroelectrics, such as
130	Pb(Mg <sub>1/3</sub> Nb <sub>2/3</sub> )O <sub>3</sub> -PbTiO <sub>3</sub> (PMN-PT), <sup>6</sup> P(VDF-TrFE) copolymers <sup>9</sup> and the recently
131	discovered ultrahigh electrostriction in lead halide perovskites. <sup>28</sup> Similar to bulk CGO,
132	the electrostriction coefficient of the heterostructures decreases when the frequency is
133	increased (1 < $f$ < 200 Hz). The measured $M_{xx}$ decreases from 2.38×10 <sup>-14</sup> at 1 Hz to
134	$3.76 \times 10^{-15} \text{ m}^2/\text{V}^2$ at 200 Hz for $N = 7$ . The enhancement in the electrostrictive response
135	may lead to novel applications, as it permits a significant decrease in the operating
136	electrical field, which improves the long-term stability of the devices.

One potential drawback associated with multilayers is the possible delamination at the interfaces after cyclic electrical loading, leading to the failure of the electrostrictive devices. Therefore, we have evaluated the fatigue behaviour of NGO/CGO/[ESB/CGO]<sub>7</sub> as a function of time at a constant electric field of 17.4 kV cm<sup>-1</sup>. The field-induced stress shows no sign of degradation and remains stable after 1000 cycles at 1 Hz. Subsequent

measurements further confirm the mechanical stability at 50 and 200 Hz for another 1000
cycles, respectively (Extended Data Fig. 4).

145

146 We have performed structural analysis to rationalize the exceptionally large 147 electrostriction coefficients. Fig. 2a shows the reciprocal space mappings (RSMs) around 148 the asymmetric  $(221)_{pc}$  reflection of NGO for different heterostructures with different N. 149 The out-of-plane position and shape of the (420) reflections of the heterostructures change 150 with increasing N. The overall structural coherency is essentially maintained, indicating 151 that the in-plane lattice parameters of the heterostructure are coherent with respect to the 152 substrate, which is in line with the STEM results. The sub-peaks along (110) observed 153 for N = 1, and 3 and along the (004) are attributed to the lattice relaxations within the 154 CGO and ESB layer. X-ray diffraction ( $2\theta$ - $\omega$  scan) analysis reveals that the 155 heterostructures are phase-pure films oriented along the (110) crystallographic direction 156 (Fig. 2b). A minor signal of (111) orientation is observed for the N = 3, 7 and 15 (results 157 are not shown here). The Laue diffraction oscillations around the superlattice peaks 158 originate from the coherency between individual sublayers and indicate smooth interfaces 159 between the ESB and CGO layers (Fig. 2b), aligning well with the STEM results (Fig. 160 1b). To accommodate the significant mismatch and allow cube-on-cube growth, the 161 fluorite oxide (CGO) grows epitaxially on the perovskite oxide (NGO) by allowing a 162 rotation of 45°. This arrangement results in an epitaxial relationship of 163  $<110>_{CGO}//<010>_{pc NGO}$  (see also Extended Data Fig. 1a) and a significant decrease in the 164 mismatch to ~ 1% (See Fig. 2c).

165

166 For the heterostructure (NGO/CGO/[ESB/CGO]<sub>N</sub>), the lattice mismatch to the substrate 167 is entirely compensated by elastic strain, generating an average in-plane strain of 1% (see 168 Fig. 2d). On the other hand, the magnitude of the average out-of-plane strain decreases 169 when increasing N from 1 to 7. The minimum strain value is observed at  $1/\Lambda = 0.8 \text{ nm}^{-1}$ with the abnormal strain change for  $1/\Lambda > 0.8$  nm<sup>-1</sup> attributed to the chemical intermixing 170 171 at the interfaces, as shown in the EELS and EDX maps in Extended Data Fig. 1b and c. The minimum in the out-of-plane lattice parameters at  $1/\Lambda = 0.8$  nm<sup>-1</sup> correlates well with 172 173 the measured modulation length-dependent electrostriction coefficient (Fig. 1c).

175 We next performed atomic-scale simulations on CGO/ESB heterostructures to understand 176 the structural evolution as a function of modulation length (Fig. 2). The model structures 177 are optimized with the in-plane lattice parameters fixed to the NGO substrate, while the 178 out-of-plane lattice parameter is allowed to relax. The calculations were carried out for 179 alternating layers of CGO and ESB with different modulation lengths, corresponding to 180 96, 48, 32, 24, 16, 12, 8, 6 and 4 cationic planes, respectively (see Method section). Fig. 181 3a is a schematic illustration of the modulation length, and the definition of the cationic 182 interplanar distance  $(d_{\rm C})$  projected onto the out-of-plane direction. The amplitude of

183	CGO/ESB interfacial coupling is captured by the variation of $d_{\rm C}$ as a function of
184	modulation length (Fig. 3b). For example, for $\Lambda = 18.56$ nm (96 cationic planes), the
185	lattice relaxation yields two distinct plateaus at 1.92 and 1.96 Å, close to the individual
186	interplanar distances of bulk CGO and ESB, respectively. This range of values agrees
187	well with the lattice relaxation observed for $N = 1$ and $N = 3$ in the RSMs shown in Fig.
188	2a.

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190 With the decrease of  $\Lambda$ , the interfacial coupling becomes progressively evident. By further 191 reducing  $\Lambda$  towards 1.55 nm and beyond (approaching the modulation length of 1.2 nm 192 for NGO/CGO[ESB/CGO]<sub>7</sub>), the interplanar distances become gradually frustrated. At  $\Lambda$ 193 = 0.78 Å, the discrimination between the interfaces and individual regions becomes 194 difficult. The structural evolution is also associated with a peak maximum  $(1/\Lambda = 0.8 \text{ nm}^{-1})$ 195 <sup>1</sup>) in the out-of-plane lattice parameter in which above the modulation length decreases 196 as shown in Fig. 3c. Remarkably, the results obtained from the atomic-scale simulations 197 agrees well with the results obtained from the X-ray diffractions and the electrostrictive 198 measurements (Fig. 1c). The above results reveal a clear correlation between the 199 electromechanical properties and the epitaxial strain.

200 To further understand the relationship between the electromechanical properties, the 201 modulation length and strain, we perform molecular dynamics (MD) simulations on 202 heterostructures with different modulation lengths and biaxial strain ( $\varepsilon^*$ ). Fig. 4a shows

203	the calculated Helmholtz free energy $(F)$ as a function of the biaxial strain for the
204	heterostructure with $\Lambda = 1.55$ nm (12 cationic layers), which is close to the maximum
205	electrostrictive effect (Fig. 1c). The system has the lowest total energy $(F)$ in the absence
206	of strain and increasing free energy when compressive or tensile strains are applied. The
207	free energy increases at a specific strain value and exhibits a maximum function of $1/\Lambda$
208	(Fig. 4b). This effect is attributed to the enhanced interlayer interactions, as CGO and
209	ESB couple at the interfaces.

211 Applying an electrical field of E = 20 kV/cm along the +x direction causes an energy difference  $\Delta F = F_E = 20 \ kV/cm - F_E = 0$ , which is shown in Fig. 4c as a function of  $\Lambda$  and 212 213 different  $\varepsilon^*$ . Interestingly,  $\Delta F$  has a parabolic behaviour as a function of  $1/\Lambda$ , indicating a linear relationship between  $\Delta F$  and  $(1/\Lambda)^2$ . Assuming that the in-plane and out-of-plane 214 215 lattice parameters are allowed to relax, the energy change,  $\Delta F$ , will be dominated by the 216 elastic energy due to the strain developed ( $\Delta u$ ). Thus,  $\Delta F$  relates to  $\Delta u$  following Hooke's law:  $\Delta F \propto (\Delta u)^2$ . Since the electrostriction coefficient  $M_{xx}$  is directly proportional to  $\Delta u$ , 217 one could derive the following relationship  $(M_{xx})^2 \propto (\Delta u)^2 \propto \Delta F \propto (1/\Lambda)^2$ , which indicates 218 219 that  $M_{xx} \propto 1/\Lambda$ . This relation is in a reasonable agreement with the relationship observed 220 experimentally, although the experimental values of  $M_{xx}$  increases slightly faster, *i.e.*,  $M_{xx}$  $\propto (1/\Lambda)^{1.3}$  (see Fig. 1c). Similarly, a tensile strain would drive the system away from its 221 222 ground state to a higher energy state (see Fig. 4a). Therefore, a larger field-induced lattice

change could be generated, allowing the heterostructure to contract when E is applied parallel to the (100) direction (Extended Data Fig. 5).

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226 The electrostrictive effect is further confirmed by inspecting the response of local 227 distortions to the electric field. To describe the collective contribution of such local 228 distortions, we have extracted the electric dipoles induced by defects and the 229 displacements of cations and anions (Extended Data Fig. 6 and the Method part). Fig. 4d presents the dipole distribution within the heterostructure ( $\Lambda = 4.65$  nm) for  $\varepsilon^* = +0.05$  at 230 231 300 K in the absence of an electric field. It is clear from this figure that various local 232 configurations exist, and there is no apparent ordered arrangement of local distortions. By 233 applying a large electrical field (E = 30 kV/cm) along the +x direction, the distribution of 234 electric dipoles becomes skewed in +x direction (Fig. 4e). This effect corresponds to a 235 more ordered structure with dipoles aligning along the external electric field. 236 Simultaneously, the density and magnitude of the dipoles increase substantially due to 237 the off-centre displacements of cation and anions. Fig. 4f summarises the normalized 238 probability distribution function,  $P(\mu_x)$ , against the normalized magnitude of the electric 239 dipole moments along the x-axis  $(\mu_x)$  for heterostructures with different  $\Lambda$  under the same 240 tensile strain ( $\varepsilon^* = +0.05$ ). With the absence of an electric field, the dipoles exhibit a broad 241 and symmetric distribution. This configuration gives rise to a zero macroscopic polarisation (Fig. 4f solid line). However, applying an electric field along the +x direction 242

induces an asymmetric probability function with the peak in  $P(\mu_x)$  shifted to higher values, demonstrating the alignment of the dipoles along the direction of the electrical field. With the decrease of  $\Lambda$ , the dipoles become less resistive to changes in the electrical field. Therefore, the alignment along the +*x* direction is increasingly favoured. Such facile structural variations are responsible for increasing the change in energy and electrostrictive performance when decreasing the modulation length.

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250 By engineering the electrostrictive materials with specifically designed interfaces, we 251 demonstrated a significantly enhanced electrostriction coefficient surpassing any other 252 known electrostrictive materials. These results produce a framework for engineering 253 electrostrictive properties in heterostructures. It also offers new opportunities for 254 designing and manipulating the performance of electrostrictive materials, e.g., for optical 255 communications, which is at the heart of commercial technologies such as digital light-256 processing and optical switches and sensing and imaging devices with long-term stability. 257 Unlike the toxic lead-based ferroelectrics such as PMN-PT and MAPbI<sub>3</sub>, the current 258 electrostrictive materials are environmentally friendly, making them suitable for a wide 259 range of biomedical actuation and micro-sensors applications.

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261 **Online content** 

- 262 Any methods, additional references, Nature Research reporting summaries, source dats,
- 263 extended data, supplementary information, aknowledgements, peer review information;
- 264 details of author contributions and competing interesting; and statements of data and code
- 265 availability are available at http://npg.nature.com
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337

#### **Author Contributions** 338

339

340 H. Z., N. P. and V.E. conceived the idea and designed the project. H.Z. and S.S. prepared 341 the samples and characterized the electromechanical properties. N.G. performed the 342 STEM measurements and analyzed the STEM-EELS results. D.J. helped with the 343 processing of the HAADF-STEM data analysis, and D.C. did the statistical analysis of

344	the EDX results under the supervision of N.G. and J.V. D.P. and R.D. performed the XRD
345	and RSMs characterization. H. Z. and I. E.C. performed the atomic-scale simulations. D.
346	V.C. performed the finite element simulations. H.Z. and N.P. wrote the manuscript with
347	input from all the authors. All authors have read and agreed to the published version of
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350	
351	Additional information
352	
353	Supplementary information is available for this paper at <u>www.nature.com</u> .
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356	

## 357 Methods

358 Thin-film fabrication. The heterostructures are fabricated by alternating CGO and ESB layers using pulsed laser deposition (PLD) with a multi-target carousel. The target-359 360 substrate distance was 50 mm. The 248 nm KrF excimer laser was operated at 2 Hz with 361 a laser fluency of 1.8 J/cm<sup>2</sup>. The deposition rate is ~0.05 nm per pulse. The total number 362 of laser shots on the targets is 3560 (1780 for CGO and 1780 for ESB), giving rise to a 363 total thickness of ~17 nm. The ratio of CGO and ESB is fixed at 1:1, whereas the thickness 364 of each layer varies with modulation length. The deposition was performed at 600 °C at 365 an oxygen partial pressure of 10<sup>-3</sup> mbar. The heating/cooling rate is 10 °C/min. The Au 366 top electrodes are sputtered with a Bal-Tec SCD 005 Sputter Coater at room temperature.

367 STEM, EDX and EELS measurement. The cross-section TEM lamellas were prepared 368 via focused ion beam (FIB) using a FEI HELIOS 650 dual-beam Focused Ion Beam device. 369 During the preparation process, carbon and platinum protective layers were deposited on 370 top of the film. The aberration-corrected high angular annual dark-field scanning 371 transmission electron microscopy (HAADF-STEM) and energy-dispersive X-ray 372 spectroscopy (EDX) were performed on a probe aberration-corrected 'cubed' FEI TITAN 373 80-300 electron microscope operated at 300 kV equipped with SUPER-X EDX detector 374 system. Line profiles of elemental distribution along the TEM lamellas were averaged 375 over several unit cells laterally for better statistics. Electron energy loss spectroscopy 376 (EELS) data were acquired on a double aberration-corrected 'cubed' FEI TITAN 80-300 electron microscope operated at 120 kV in monochromated mode, providing an energy 377 378 resolution of 150 meV.

379 **XRD and RSMs analysis.** The crystal structure and the strain states were characterized 380 by a high-resolution Bruker D8 discover diffractometer with monochromatic Cu  $K_{\alpha 1}$ 381 radiation ( $\lambda$ =1.5406 Å). The reciprocal space mappings were performed around the (221) 382 asymmetric reflection of the NGO substrate.

383 Electrostriction The electrostriction properties measurements. of the 384 NGO/CGO/[ESB/CGO]<sub>N</sub> heterostructures were measured with a planar electrode 385 configuration, with the two electrodes placed on the top of the thin films in parallel (Fig. 386 S4). This configuration avoids using the bottom electrode, thus facilitating the substrate's choice with desired lattice mismatch (and therefore biaxial strain).<sup>29</sup> The sinusoidal 387 electric field was generated by AIM-TTI TGP 3100 function generator, amplified by a 388 389 Trek 2220 amplifier. During the measurement, one end of the cantilever was clamped.

The oscillation of the free end was measured using a single-beam laser interferometer SIOS NA analyzer at the 2<sup>nd</sup>-harmonic of the electrical field. An Ametek 7230 DSP Lockin Amplifier was used to improve the signal-noise ratio (down to 0.2 nm). Such a measuring configuration yields the longitudinal electrostriction coefficient ( $M_{13}$ ) of the heterostructures (Extended Data Fig. 5a). However,  $M_{xx}$  is used for ease of comparison with results taken from the literature.

396 Atomic-scale simulations. Atomic-scale simulations were performed based on the well-397 established classical simulation approach to model the various possible distributions of 398 the point defects within the heterostructures. The interatomic interactions are described 399 by:

400 
$$V_{ij} = \frac{Z_i Z_j}{4\pi\varepsilon_0 r_{ij}} + A_{ij} \exp\left(-\frac{r_{ij}}{\rho_{ij}}\right) - \frac{C_{ij}}{r_{ij}^6}$$

401 where the first term describes the long-range Columb interactions, and the following two 402 terms correspond to the short-range electron cloud overlap and dispersions, respectively. 403 The parameters,  $r_{ij}$ ,  $Z_{i(j)}$  and  $\varepsilon_0$  are the distance between ions *i* and *j*, the ion's valences, 404 the permittivity of free space, respectively.  $A_{ij}$ ,  $\rho_{ij}$  and  $C_{ij}$  are the empirical Buckingham 405 parameters (listed in Extended Data Fig. 7a).

The molecular dynamics (MD) were performed with the following steps: 1) Construct the  $(100)\times(0\overline{1}1)\times(011)$ -orientated heterostructures with various modulation length; 2) Introduce the dopants and oxygen vacancies at random; 3) Apply biaxial strains by adjusting the in-plane lattice parameters to specific values; 4) Equilibrate the structures 410 at 2400 K for 600 ps, followed by another equilibration at 300 K for 300 ps; 5) Turn on 411 the electrical field along the (100)-crystallographic direction at 300 K and extract the 412 optimized structures and free energies after 100 ps. During the simulations, the in-plane 413 lattices parameters are fixed, whilst the out-of-plane lattice parameters are free to relax. 414 The pressure was kept constant (1.01 mbar), and the temperature was monitored by a Nosé-Hoover thermostat (NPT ensemble),<sup>30,31</sup> as implemented in the LAMMPS package.<sup>32</sup> 415 Large supercells of  $10 \times 8\sqrt{2} \times 24\sqrt{2}$  (41472 atoms) and  $16 \times 12\sqrt{2} \times 12\sqrt{2}$  (49768 416 417 atoms) were used to model the interfacial coupling (Fig. 3) and the modulation length and 418 strain (Fig. 4), respectively.

419 The electronic dipoles were calculated to describe the local distortions and their 420 response to the electric field. The analysis was realized by dividing the period simulation box into  $N \times N \times N$  cubes, where the side length of each cube is  $L_{\text{cube}} = L_{\text{box}}/N$ . For 421 422 visualizing and statisting of the dipoles, the period simulation box was divided into  $4 \times 4$ 423  $\times$  4 and 8  $\times$  8  $\times$  8 cubes, respectively. By summing the point charges within the *i*th cube, the net positive charge  $(q_i^+)$  and negative charge  $(q_i^-)$  and the distance  $(\vec{r}_i)$  between  $q_i^+$ 424 and  $q_i^-$  were determined. The dipole moment was then calculated by  $\vec{\mu}_i = q_i \vec{r}_i$ , the 425 direction of which is parallel to the vector pointing from  $q_i^-$  to  $q_i^+$  in the *i*th cube. 426 427 Extended Data Fig. 8 schematically illustrated the appearance of electronic dipoles 428 induced by the defects within CeO<sub>2</sub> and  $\delta$ -Bi<sub>2</sub>O<sub>3</sub>.

## 430 Data Avalibility

- 431 The data that support the findings of this study are available from the corresponding
- 432 authors upon reasonable request.
- 433
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## 446 **Figure legends**:

447

## 448 **Figure 1**



449

450 Fig. 1| Multilayer structure and electrostrictive property of NGO/CGO/[ESB/CGO]<sub>N</sub>. a, Schematic illustration of

the multilayer architecture. **b**, STEM-HAADF image and EDX compositional variations for N = 7. **c**, Electrostriction coefficient ( $M_{xx}$ ) as a function of modulation length ( $\Lambda$ ) measured at 1 Hz. For single layered films,  $\Lambda$  is the total thickness. The inset schematically illustrate the top-top electrode configuration. **d**, Electrostriction coefficient ( $M_{xx}$ ) as a function of frequency for heterostructures with N = 1, 7 and 15. Electrostriction properties of various electrostrictive materials are shown for comparison: CeO<sub>2</sub>,<sup>26</sup> CGO15,<sup>26</sup> Y/Nb:Bi<sub>2</sub>O<sub>3</sub>,<sup>11</sup> YSZ,<sup>11</sup> La<sub>2</sub>Mo<sub>2</sub>O<sub>9</sub>,<sup>27</sup> PMN-PT,<sup>6</sup> P(VDF-TrFE),<sup>9</sup>

 $456 \qquad \text{and } MAPbI_3.^{28}$ 





476 Fig. 2| Structure analysis for NGO/CGO/[ESB/CGO]<sub>N</sub>. a, Reciprocal space mappings (RSMs) of the 477 NGO/CGO/[ESB/CGO]<sub>N</sub> heterostructures around the asymmetric  $(221)_{pc}$  reflection of the NGO substrate. b, X-ray 478 diffraction pattern  $(2\theta - \omega \text{ scans})$  of the films. c, Schematic illustration of the epitaxial relationship of the heterostructure 479 with respect to the NGO substrate. d, the evolution of the in-plane and out-of-plane strains. The in-plane and out-of-480 plane strains are calculated based on the RSMs and  $2\theta - \omega$  scans, respectively. The error bars in d represent the fitting 481 error of the lattice constants.













**499** Fig. 4| Mechanism of the enhanced electromechanical response. **a.** Free energy (*F*) for heterostructure with a 500 modulation length ( $\Lambda$ ) of 1.55 nm (8 cationic layers). **b.** Free energy as a function of  $\Lambda$  with different biaxial strains 501 ( $e^*$ ). **c.** Free energy change ( $\Delta F$ ) after applying electric field (*E*) **d** and **e**, The distribution of dipoles within the 502 heterostructure ( $1/\Lambda = 0.22 \text{ nm}^{-1}$ ) for E = 0 (**d**) and 30 kV/cm (**e**) along the +*x* direction. **f.** Normalized probability 503 distribution functions,  $P(\mu_x)$  against the normalized dipole moment along the *x*-axis ( $\mu_x$ ) for heterostructures with 504 different  $\Lambda$  under the same tensile strain ( $e^* = +0.05$ ). The dash-dotted lines in **a**, **b** and **c** are parabolic fitting to the 505 calculated results.

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