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Published in: Biology

Link to article, DOI: 10.3390/biology11121701

Publication date: 2022

Document Version Publisher's PDF, also known as Version of record

Link back to DTU Orbit

Citation (APA):

Marana, M. H., Dalsgaard, I., Kania, P. W., Mohamed, A., Hannibal, J., & Buchmann, K. (2022). *Flavobacterium psychrophilum*: Response of Vaccinated Large Rainbow Trout to Different Strains. *Biology*, *11*(12), Article 1701. https://doi.org/10.3390/biology11121701

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Article Flavobacterium psychrophilum: Response of Vaccinated Large Rainbow Trout to Different Strains

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Simple Summary: Although *Flavobacterium psychrophilum* is recognized as the causative pathogen of rainbow trout fry syndrome (RTFS), often resulting in high fry mortality, it is also responsible for bacterial cold water disease (BCWD) in large and older rainbow trout (*Oncorhynchus mykiss*). These older fish do not experience high mortality, but sustain, through the shedding of bacteria, a constant infection pressure at farm level, which exposes fry to an unnecessary infection risk. We have produced and assessed the immunogenicity of an experimental injection BCWD vaccine, which may be used to decrease the shedding of bacteria from older fish. Significantly elevated antibody titers were found against all serotypes in vaccinated fish. The study suggests that an injection vaccine containing formalin-inactivated whole cells of *F. psychrophilum* (serotype Fd), adjuvanted with FIA, may also induce protection against heterologous strains. We hypothesize that the vaccination of older rainbow trout will reduce the infection pressure in farms and minimize *F. psychrophilum* infection in fry at farm level.

Abstract: Background: Although Flavobacterium psychrophilum is recognized as the causative pathogen of rainbow trout fry syndrome (RTFS), often resulting in high fry mortality, it is also responsible for bacterial cold water disease (BCWD) in large and older rainbow trout (Oncorhynchus mykiss). These older fish do not experience high mortality, but sustain, through the shedding of bacteria, a constant infection pressure at farm level, which exposes fry to an unnecessary infection risk. We have produced and assessed the immunogenicity of an experimental injection BCWD vaccine, which may be used to decrease the shedding of bacteria from older fish. Methods: A total of 800 fish were i.p.-injected: 200 fish received the bacterin with adjuvant, 200 fish received the bacterin alone, 200 fish received adjuvant alone and 200 fish were injected with physiological saline. Blood samples were taken at day 0 and at three different time points (4, 8 and 14 weeks) post-vaccination. Plasma antibody levels were measured by ELISA for reactivity against both the homologous F. psychrophilum vaccine strain (serotype Fd) and heterologous strains (serotype Th). Results: Significantly elevated antibody titers were found against all serotypes in vaccinated fish. Welfare parameters associated with the vaccination process were evaluated by analyzing trout plasma samples for six different biochemical parameters, but no adverse effects associated with injection were indicated. Conclusions: The study suggests that an injection vaccine containing formalin-inactivated whole cells of F. psychrophilum (serotype Fd), adjuvanted with FIA, may also induce protection against heterologous strains. We advocate for, as the next step, the performance of field trials evaluating if the vaccination of older rainbow trout will (1) reduce the infection pressure in farms, (2) elevate the general health level in all groups and (3) minimize F. psychrophilum infection in fry at farm level. This may reduce the need for the administration of antibiotics in all age classes.



Citation: Marana, M.H.; Dalsgaard, I.; Kania, P.W.; Mohamed, A.; Hannibal, J.; Buchmann, K. *Flavobacterium psychrophilum*: Response of Vaccinated Large Rainbow Trout to Different Strains. *Biology* **2022**, *11*, 1701. https:// doi.org/10.3390/biology11121701

Academic Editor: Willem B. Van Muiswinkel

Received: 26 October 2022 Accepted: 23 November 2022 Published: 24 November 2022

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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). **Keywords:** *Flavobacterium psychrophilum*; rainbow trout fry syndrome; bacterial cold water disease; aquaculture; injection vaccination

1. Introduction

Flavobacterium psychrophilum is a psychrophilic Gram-negative bacterium that causes bacterial cold water disease (BCWD) in juvenile and adult rainbow trout [1]. In small fry, the disease is known as rainbow trout fry syndrome (RTFS) [2]. Both disease forms can cause significant economic losses and necessitate frequent antibiotic treatments [3–5]. The mortality among older fish is generally lower; disease signs may occur, but surviving fish may act as reservoirs, allowing both horizontal and vertical transmission to other age classes [6–8]. Carriers without clinical signs allow F. psychrophilum to survive in spleen phagocytic cells [9,10], gonads [8] and eggs [6]. The bacterium is able to survive outside a host for extended periods [11] and benefits from low temperatures, as its optimal temperature range is 10–14 °C. The disease may be triggered by low water quality and poor management strategies, factors causing stress and increased susceptibility to pathogens in general [12]. The main infection control is based on improved management and treatment with antibiotics, but the latter strategy raises concerns about the development of antibiotic resistance in *F. psychrophilum* [13]. In addition, stringent rules apply for organic trout farms, restricting the use of antibiotics to control disease outbreaks. Thus, if the concerned aquaculture animals are to be sold as organic products, the treatments are limited to two courses per year, and only one treatment is accepted if a production cycle is less than a year [14]. Vaccination is generally considered as an effective and protective measure against bacterial infections in fish [15], but no commercial vaccine against *F. psychrophilum* is currently available in Danish aquaculture. The focus on RTFS and vaccine development for fry has diminished efforts for the development of an effective vaccine for older fish. The immature adaptive immune system of small fry only allows a weak response to vaccines [16], and the genetic and serologic variability of *F. psychrophilum* strains further suggests that a range of strains should be included in a vaccine in order to confer protection [17]. We hypothesized that a highly immunogenic vaccine for older and immunocompetent fish may be a way towards broad immunoprotection against the disease. Thus, by immunizing larger and older rainbow trout, the shedding of bacteria from the older fish will decrease, and thereby the infection level in the farm will fall. This will not only benefit the vaccinated older fish, but to a much higher degree protect the vulnerable fry from exposure. We have developed an experimental injection vaccine based on formalin-killed F. psychrophilum and vaccinated large rainbow trout. We then evaluated the antibody response in the fish, not only against the vaccine strain, but also against two heterologous strains. We present evidence that the intraperitoneal (i.p.) vaccination of large rainbow trout with fully developed immune systems elicits strong antibody production with broad coverage against homologous and heterologous F. psychrophilum strains. The study suggests vaccinating the older and larger trout in the farms. This may lower the general infection pressure and antibiotic usage in all age classes, but the health-improving impact may benefit fry in particular.

2. Materials and Methods

All materials and protocols will be readily available for readers.

2.1. Fish

Certified virus-free and disinfected eyed rainbow trout eggs from Hallesø hatchery (Aquasearch Ova, Jutland, Denmark) were transported to the thermostat-controlled Aqua Baltic pathogen-free hatchery [18] (Nexø, Denmark) and hatched at 7 °C across 14 days. Fish were reared in 1 m³ fibreglass tanks, each containing 700 L recirculating municipal water (12 °C), and fed 1% biomass of dry pelleted feed (INICIO 917, BioMar A/S, Brande, Denmark) daily. Larger fish, but not fry, were used for vaccination when they reached a

uniform body weight of 42 g (\pm 3 g), because we wished to use fish with a fully developed adaptive response. For body weight determination, the fish were weighed together, immediately after fine grading (3 g accuracy). Thereafter, the mean weight was calculated and the fish were randomly allocated to the different fish tanks.

2.2. Vaccine Preparation

For the production of bacterin and the adjuvanted vaccine, we prepared a solution of formalin-inactivated whole cells of *F. psychrophilum* strain 950106-1/1, serotype Fd (1×10^9 CFU/mL), from which preparations with or without Freund's Incomplete Adjuvant (FIA) (F5506, Sigma-Aldrich, Denmark) were established. The bacterial strain was isolated from a disease outbreak with significant fry mortality in a Danish freshwater rainbow trout farm in 1995 [9]. Swabs were taken from diseased fry, whereafter the isolate was inoculated on tryptone yeast extract (TYE) agar and identified by standard biochemical tests and PCR [9]. For the preparation of the adjuvanted vaccine (termed vaccine in this study), 15 mL of bacterin was combined with 11 mL FIA, and emulsified by vigorous vortexing at room temperature for 1 h. The final cell concentration of the bacterin in the vaccine was 5.8×10^8 CFU/mL. The study also included an adjuvant only inoculum (termed adjuvant in this study), which was prepared by emulsifying 15 mL saline and 11 mL FIA with a bacterin-only inoculum (termed bacterin in this study), which was prepared by combining 15 mL bacterin (1×10^9 CFU/mL) with 11 mL saline. Finally, a 26 mL inoculum of physiological saline (termed saline in this study) was prepared.

2.3. Vaccination

A total of 800 rainbow trout (average body weight of 42 g) were randomly divided into 4 groups of 200 fish, and each group was then further subdivided into duplicates of 100 fish each, which were allocated into 700 L tanks. In brief: we used duplicate tanks, each with 100 fish, for (1) saline injection, (2) adjuvant injection, (3) bacterin injection and (4) vaccine (adjuvanted) injection. The adjuvant used was Freund's incomplete adjuvant (FIA). The fish were anaesthetized with 100 mg/L MS222 (A5040, Sigma-Aldrich, Denmark) and i.p.-injected with 0.1 mL of the different injection formulations, adjusted to the ambient temperature (12 °C), prior to immunization.

2.4. Sampling

Blood samples were taken from 10 control fish prior to vaccination at day 0 and from 10 fish per group (2 × 5 fish in duplicate tanks) at three different time points. In order to follow the development of the adaptive response from early to full development over months, we sampled fish at 4, 8 and 14 weeks post-vaccination (wpv) (Figure 1). Blood samples were collected by caudal vein puncture from randomly netted and euthanized fish (300 mg/L MS222). Blood was collected by heparinized syringes (1 mL volume equipped with BD microlance 25 G 1″no. 18, Becton Dickinson S.A. Madrid, Spain) and transferred into Eppendorf tubes, whereafter plasma was separated at 4 °C by centrifugation (3000 × g) for 10 min and stored at -80 °C until further analysis.



Groups: (1) Saline (control) (2) Freund's Incomplete Adjuvant (FIA) (3) Bacterin (4) Vaccine

Figure 1. Experimental design and timeline of the vaccination trial and sampling. A total of $10 (2 \times 5)$ fish (n = 10) were sampled from each group at each sampling time point.

2.5. Enzyme-Linked Immunosorbent Assay (ELISA) for Detection of Ig in Plasma

Antibody reactivity was measured by ELISA according to our previous study [19]. In brief, 96-well microtiter plates (MaxiSorp[™] Nunc, Thermo Fisher Scientific, Soborg, Denmark) were coated with 5 μ g/mL sonicated bacterial lysate. All 130 plasma samples were tested against the vaccine strain 950106-1/1 (serotype Fd). In addition, we also compared plasma antibody reactivity in fish from the vaccine group (30 samples) and the corresponding control fish to different strains and serotypes of the bacterium (strains 950106-1/1 (serotype Fd)), 180524-1/1 (serotype Th) and 151127-1/7H (serotype Th)). Serotyping was conducted by multiplex PCR according to [20]. Based on pilot measurements, a 1:1000 plasma dilution was chosen. The diluent used was 0.1% Bovine Serum Albumin (BSA, A4503, Sigma-Aldrich, Soborg, Denmark) in washing buffer. A plasma sample (100 μ L) was added to each duplicate well and incubated at 4 °C overnight. After plate washing, a volume of 100 μL mouse anti-salmonid Ig (MCA2182 Bio-Rad, Denmark, diluted 1:500, 1 h) was added. Finally, 100 µL HRP-conjugated rabbit anti-mouse IgG (STAR13B, Bio-Rad, Denmark diluted 1:500, 1 h) was applied, before the color reaction was developed with 100 µL tetramethylbenzidine (TMB) PLUS substrate (BUF042A, Bio-Rad, Soborg, Denmark) and stopped after 4 min (100 µL 1N HCl per well). To determine the non-specific background binding of antibodies to solid surfaces of the microtiter plate wells, all samples were also tested in non-coated wells. The optical density (O.D.) values were subtracted from those obtained with antigen-coated wells. All the samples were normalized according to the plate-specific regulation factor, i.e., the ratio of the mean absorbance from the entire pool of control wells to the mean absorbance of the positive control wells on each plate. The O.D. was measured at 450 nm in an Epoch spectrophotometer (BioTek, Winooski, VT, USA) in duplicate wells.

2.6. Blood Parameters

Selected blood parameters were analyzed for all blood samples in duplicate on the Cobas 8000 (Roche Diagnostics, Mannheim, Germany) by absorption photometry. Plasma samples were analyzed for 6 different biochemical parameters. Methods are described (www.roche.com accessed on 10 January 2021) with reference and system codes: alanine aminotransferase (ALAT) [21] (ACN 8681), alkaline phosphatase (ALP) [22] (ACN 8683), cholesterol (CHOL) [23] (ACN 8798), high-density lipoprotein cholesterol (HDL) [24] (ACN 8454), total protein (TP) [25] (ACN 8679) and triglycerides (TRIG) [26] (ACN 8781).

2.7. Data Analysis

All statistical tests were performed using GraphPad Prism version 9 (GraphPad Software, USA) and *p*-values < 0.05 were considered statistically significant. Normality was examined by the Kolmogorov–Smirnov test. One ELISA titer group did not pass the test and, therefore, ELISA O.D. values were compared using the non-parametric Kruskal–Wallis test with Dunn's multiple comparison test. Blood parameters all passed the normality test and were analyzed with the Student's *t*-test.

2.8. Ethics

All experiments were performed according to the EU Directive 2010/63/EU for experimental animals and the ethical guidelines of the University of Copenhagen. The trial was performed under the license no. 2019-15-0201-00388 under the Experimental Animal Inspectorate, Committee for Experimental Animals, Ministry of Environment and Food, Denmark.

3. Results

3.1. ELISA

3.1.1. Antibody Reactivity against *F. psychrophilum* Strain 950106-1/1

Plasma immunoglobulin reactivity to the *F. psychrophilum* vaccine strain was highest in the group of fish injected with the vaccine (adjuvanted bacterin) (Figure 2). Significantly

higher reactions in this group, when compared to the control group, were recorded at all three sampling time points. Injection of the bacterin (without adjuvant) resulted in elevated, but non-significant, immunoglobulin levels that decreased over time. The adjuvant alone did not induce any antibody response.



Figure 2. Trout plasma antibody reactivity against the vaccine strain 950106-1/1. ELISA was performed using plasma (1:1000) from 4 different fish groups and measured at 4, 8 and 14 weeks post-vaccination (wpv). O.D. values were compared using Kruskal–Wallis test with Dunn's multiple comparison test. *: p < 0.05. A total of 10 (2 × 5) fish were sampled at each time point from each group. One extreme outlier in the bacterin group at 4 wpv was removed.

3.1.2. Antibody Cross-Reactivity against Heterologous F. psychrophilum Strains

When the plasma from the vaccine-injected fish was tested for cross-reactivity to all three strains of *F. psychrophilum*, the plasma antibodies reacted to the same extent with the two heterologous strains of *F. psychrophilum* (180524-1/1 and 151127-1/7H, both serotype Th), as was found with the vaccine strain (950106-1/1, serotype Fd). The reactivity was stable over the entire study period (Figure 3). Control fish plasma did not react significantly to any of the isolates (data not shown).



Figure 3. Trout plasma antibody cross-reactivity. ELISA was performed using plasma (1:1000) of vaccinated fish (vaccinated with formalin-killed whole cells of *F. psychrophilum* strain 950106-1/1 adjuvanted with Freund's Incomplete Adjuvant) and measured at 4, 8 and 14 weeks post-vaccination (wpv). Reactivity was measured towards three different *F. psychrophilum* strains: 950106-1/1 (serotype Fd), 180524-1/1 (serotype Th) and 151127-1/7H (serotype Th). O.D. values were compared using Kruskal–Wallis test with Dunn's multiple comparison test. *p* < 0.05. Reactions did not differ between serotypes, indicating high cross-reaction between strains.

3.2. Blood Parameters

The plasma activity of alanine transaminase (ALAT) was significantly elevated in the groups injected with adjuvant only and bacterin only at 4 wpv and in a group injected with the adjuvanted vaccine at 14 wpv (Table 1). The cholesterol level in the group injected with the vaccine was significantly lower when compared to the control group at 4 wpv. Significantly lower high-density lipoprotein cholesterol (HDL) levels were registered in all the groups when compared to the control group (saline injected) at 4 wpv. No significant changes were recorded for the other measured parameters (ALP, TP and TRIG).

Table 1. Plasma parameters in different groups of fish. The blood parameters were analyzed in duplicate by absorption photometry using a Cobas 8000 apparatus (Roche Diagnostics, Denmark). Groups were compared to the saline control group using Student's *t*-test, *: p < 0.05. A total of 10 (2 × 5) (n = 10) fish were sampled at each time point from each group.

	ALAT U/L	ALP U/L	CHOL mmol/L	HDL mmol	TP g/L	TRIG mmol
	$\mathbf{Mean} \pm \mathbf{SEM}$					
4 wpv						
Saline	1.18 ± 0.3	74.01 ± 6.74	6.76 ± 0.35	1.68 ± 0.08	27.28 ± 0.95	2.26 ± 0.35
Adjuvant	$2.36\pm0.38~{}^{*}$	53.37 ± 6.62	5.78 ± 0.41	1.28 ± 0.10 *	24.48 ± 1.25	2.60 ± 0.32
Bacterin	2.46 ± 2.68 *	81.97 ± 21.07	5.64 ± 0.64	$1.31 \pm 0.1 *$	24.66 ± 1.35	2.38 ± 0.24
Vaccine	1.46 ± 0.32	64.66 ± 9.16	5.29 ± 0.25 *	1.25 ± 0.09 *	27.36 ± 1.49	2.52 ± 0.28
8 wpv						
Saline	4.69 ± 0.83	101.84 ± 10.58	8.33 ± 0.49	1.57 ± 0.06	34.52 ± 1.6	3.51 ± 0.33
Adjuvant	4.02 ± 0.67	90.4 ± 10.37	7.62 ± 0.44	1.54 ± 0.04	34.54 ± 1.17	3.18 ± 0.37
Bacterin	3.49 ± 0.52	81.76 ± 9.05	7.14 ± 0.47	1.52 ± 0.06	32.5 ± 1.53	2.73 ± 0.25
Vaccine	4.4 ± 0.43	81.91 ± 7.57	3.39 ± 0.28	1.52 ± 0.03	35.18 ± 1	3.39 ± 0.35
14 wpv						
Saline	5.34 ± 0.85	77.38 ± 11.25	8.55 ± 0.72	1.64 ± 0.08	30.78 ± 1.9	3.15 ± 0.53
Adjuvant	3.51 ± 0.40	66.05 ± 9.41	7.42 ± 0.71	1.66 ± 0.01	28.42 ± 2.22	2.54 ± 0.26
Bacterin	8.37 ± 1.42	89.95 ± 11.71	8.25 ± 0.29	1.79 ± 0.05	31.99 ± 0.82	2.73 ± 0.1
Vaccine	10.76 \pm 1.93 *	108.92 ± 16.74	9.11 ± 0.51	1.69 ± 0.05	35.02 ± 1.33	3.88 ± 0.57

4. Discussion

The immune system of fish provides a good basis for the development of vaccines, which has resulted in the application of vaccination strategies for a range of aquaculture fish species [15]. We have shown in the present study that older and larger rainbow trout respond very well to an adjuvanted F. psychrophilum injection vaccine. We used duplicate groups throughout the study, although triplicate approaches could strengthen the results. No mortality among experimental fish occurred during the experiment, and we demonstrated that broadly reacting antibodies (targeting various serotypes) persisted in the blood of vaccinated fish throughout the 14-week study period. This suggests that larger rainbow trout in an organic farm setting (with limited access to antibiotic treatment) may benefit from vaccination. This reduces, first of all, the need for antibiotic treatment and elevates general health and welfare. In addition, due to a lowered bacterial shedding from the older carrier fish (if they are vaccinated), the general bacterial concentration at farm level may be reduced, which will benefit other age groups, including fry, through herd immunity. Thus, if older fish are protected by vaccination, the youngest age classes of rainbow trout (0.2–2 g fry), which generally are highly susceptible to RTFS caused by *F. psychrophilum*, may be less exposed to the disease in farms where production water is shared between age classes. No effective vaccine is available for these very young fish because the maturation of adaptive immunity in the fry stage is incomplete and immunization is consequently less successful. A pilot study on the immersion vaccination of somewhat older (5 g) rainbow trout fry conferred some protection to the fish when they were challenged at a size of 12 g [17], but experiments have not been able to document the protection of the smallest and most vulnerable fry stage [27]. Immersion vaccination is considered less effective than

injection vaccination [28], but the fry stage of rainbow trout is not suitable for injection vaccination. An injection vaccine for large stages of Atlantic salmon is available in Chile, but no corresponding vaccine is at present available for rainbow trout in Europe. Our approach is therefore to target a vaccine for older fish. This will benefit them directly and reduce the need for treatment. As an additional result, the bacterial spread from older fish to younger generations is likely to decrease, and thereby the general *F. psychrophilum* infection pressure in the system may decrease. We documented the broad reactivity (IgM) of vaccinate plasma towards several bacterial strains, which may solve problems with the well-known diversity of F. psychrophilum strains [29]. Bacterial heterogeneity has been considered an additional challenge to the development of an effective vaccine for fry. The evidence presented here suggests, nonetheless, that only one serotype of *F. psychrophilum* will be sufficiently immunogenic, and broadly protective, when applied in an adjuvanted vaccine for immune-competent fish. The adjuvant used in this study is a water-in-oil emulsion, a strong inducer of non-specific immune responses and antibody production, which explains the high immunogenicity. Antibodies have previously been suggested to contribute to protection against F. psychrophilum [17,30–32], although innate responses were also considered protective [33].

These preliminary results and their implications for protection and cross-protection should be validated by infection trials using challenges with different strains of *F. psy-chrophilum*. Likewise, the hypothesized induction of herd immunity should be investigated. The next controlled validation step should measure if the *F. psychrophlum* concentration in the water environment of exposed but vaccinated fish is lower compared to water with non-vaccinated fish. The cross-reactivity of antibodies to the three different *F. psy-chrophilum* strains suggests that different strains have the antigenic similarities previously noted [17,32,34–37]. If confirmed, this implies that an adjuvanted monovalent injection vaccine would be a sufficient tool for future vaccination approaches at farm level, even if the pathogen strains differ between farms. Such a strategy would also lower industrial expenses connected to vaccine production.

The blood biochemistry of rainbow trout is influenced by various factors [38]. Stress, disease, nutrition and environmental aspects can cause significant changes in fish blood parameters [39–42], which suggests that fish blood biochemical parameters may be applied as physiological state indicators [43]. As the application of adjuvants in fish vaccines has raised concerns for fish welfare [44], we addressed this question by investigating the general health profile (reflected by a series of blood parameters) of our experimental fish exposed to vaccination. The significantly higher level of alanine transaminase (ALAT) in some groups, in particular 14 weeks after vaccination with the adjuvanted injection vaccine, when compared to the control group, may indicate a stress effect on the liver, probably in connection to elevated innate responses. Nonetheless, it is noteworthy that the levels of ALAT found in our study were considerably lower when compared to the normal ranges found in rainbow trout [45]. Therefore, caution should be taken when interpreting and comparing these values between different studies, as several factors (temperature, sampling and analytical techniques, fish size, strain, physical condition) may influence the result [45]. Significantly lower cholesterol levels at 4 wpv were found in a group injected with the vaccine. In addition, a lower level of high-density lipids (HDL) was found in all the experimental groups, when compared to the control group, which could indicate changes in cholesterol metabolism and lower feeding activity in these groups shortly after injection. However, no long-term change was indicated in these parameters as the levels of both CHOL and HDL were similar to the control group at later sampling time points.

5. Conclusions

The development of an effective vaccine against BCWD may contribute to the control of the disease and a reduction in antibiotics in the fish farm industry. This is especially important for organic trout farms due to legislation-based restricted access to antibiotic treatments, whereby older fish, through vaccination, may obtain a higher health status in these farms. The present study also suggests that an adjuvanted vaccine for older fish may minimize the infection pressure in farms and secure herd immunity. The lowered infection pressure may particularly benefit the youngest and most vulnerable stages, which cannot be effectively vaccinated against RTFS due to the immature immune system in fry. Furthermore, the observed broad antibody reactivity induced by the formalin-killed *F. psychrophilum* bacterin, based on one bacterial serotype only, but formulated with a FIA adjuvant, suggests that vaccine production expenses can be reduced, because one vaccine strain is sufficient. The stable plasma parameters indicated that the vaccine did not induce severe physiological disturbances. However, challenge studies must be the next step to evaluate the hypothesized vaccine-induced protection. These should target a reduced shedding of *F. psychrophilum* from older vaccinated fish to the fish tank water, and compare

Author Contributions: Conceptualization, K.B.; methodology, K.B., M.H.M., I.D., J.H., A.M.; software, P.W.K.; validation, K.B., M.H.M., P.W.K.; formal analysis, M.H.M., A.M.; investigation, K.B., M.H.M., A.M.; resources, K.B., I.D.; data curation, M.H.M., A.M.; writing—original draft preparation, K.B., M.H.M.; writing—review and editing, K.B., M.H.M., P.W.K., I.D., A.M., J.H.; visualization, P.W.K., M.H.M.; supervision, K.B., J.H.; project administration, K.B.; funding acquisition, K.B. All authors have read and agreed to the published version of the manuscript.

Funding: This work was supported by a grant under the GUDP initiative conducted by the Ministry of Environment and Food of Denmark (VaxFisk, Grant No. 34009-15-0960).

Institutional Review Board Statement: The study was conducted under the Institutional Review Board of the Department of Veterinary and Animal Sciences at the University of Copenhagen. All experiments were performed according to the EU Directive 2010/63/EU for experimental animals and the ethical guidelines of the University of Copenhagen. The trial was performed under the license no. 2019-15-0201-00388 under the Experimental Animal Inspectorate, Committee for Experimental Animals, Ministry of Environment and Food, Denmark.

Informed Consent Statement: Not relevant to the study.

these levels to fish tanks with non-vaccinates.

Data Availability Statement: All materials and protocols will be readily available for the readers.

Acknowledgments: The authors would like to thank the staff members of the Bornholm Salmon Hatchery in Nexø, Denmark, for hatching and rearing the fish for the present study and the laboratory technician Kári K. Mouritsen, at the National Institute of Aquatic Resources (DTU Aqua), for cultivating the bacterial broth. JH is funded by the Danish Biotechnology Center for Cellular Communication.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analysis, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

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