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Published in:
Proceedings of 2002 IEEE/LEOS Workshop on Fibre and Optical Passive Components

Link to article, DOI:
[10.1109/FOPC.2002.1015809](https://doi.org/10.1109/FOPC.2002.1015809)

Publication date:
2002

Document Version
Publisher's PDF, also known as Version of record

[Link back to DTU Orbit](#)

Citation (APA):
Deyerl, H-J., Plougmann, N., Jensen, J. B. D., Sørensen, H. R., & Kristensen, M. (2002). Polarization control method for UV writing of advanced bragg gratings. In *Proceedings of 2002 IEEE/LEOS Workshop on Fibre and Optical Passive Components* (pp. 86-91). IEEE. <https://doi.org/10.1109/FOPC.2002.1015809>

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Polarization control method for UV writing of advanced Bragg gratings

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Abstract - We report the application of the polarization control method for the UV writing of advanced fiber Bragg gratings (FBG). We demonstrate the strength of the new method for different apodization profiles, including the Sinc-profile and two designs for dispersion-free square filters. The method has been tested for advanced FBGs with various strengths up to 65 dB.

1 INTRODUCTION

As the demand for bandwidth in optical communication systems continues to grow much effort is put into a more efficient use of the available wavelength regions through the wavelength division multiplexing (WDM) technique. While the next generation electronic components will be able to handle 40Gbit/s signals, the development in WDM systems is pushing the ITU channel spacing from 100GHz down to 50GHz and in future to 25GHz. As the channel spacing decreases, the spectral properties of the individual components such as Bragg gratings becomes crucial. Bragg gratings working as channel selective components must have high bandwidth utilization and low out-of-band reflection in order to avoid cross-talk induced problems. In order to avoid an increasing bit-error rate when cascading several gratings the variation in the signal reflection and dispersion must also be small. The transmission dip and the side lobe suppression in the reflection spectrum must both exceed 30dB. Gratings with simple apodization profiles, such as Gaussian and Blackmann apodizations are not able to satisfy all these demands. The Sinc grating on the other hand has almost a square filter function with a flat stop band and little reflection outside this. Problems with dispersion can be reduced to acceptable levels by asymmetric modification of the Sinc profile [1]. Sinc gratings require several phase shifts, which is not possible to induce with the conventional dual-scan method [2]. A frequently used method to write Bragg gratings with multiple phase shifts is the dithering method [3] where fiber and/or phase mask are moved during the exposure. This method requires interferometric control of the relative position of the fiber and phase mask and is hence very sensitive to vibrations in the setup. We utilize a method, which is based on a spatial

separation of the s- and p-polarizations of the UV beam [4]. Using this method we have been able to write up to 60dB strong gratings with good agreement between simulations and written gratings.

2. Principle

The principle has been described previously. [4] Briefly a polarization beam splitter moves along the phase mask together with the UV beam from a KrF excimer laser (248nm). Both fiber and phase mask are stationary during the exposure making the polarization control method less sensitive to vibrations than the dithering method. The polarization beam splitter introduces an angle between the propagation vectors of the s- and p-polarizations of the UV beam. In the fiber core the diverging beams write two spatially separated Bragg gratings. The phase shift between these gratings depends on the optical distance from the phase mask and the divergence angle θ of the polarization beam splitter. By adjusting the distance between phase mask and fiber, d_{air} , we can hence define arbitrarily phase shifts in the overall Bragg grating by shifting the UV intensity from one polarization to the other. A discrete phase shift of π is obtained in the overall Bragg grating when d_{air} is given by:

$$4\theta (d_{\text{air}} + r_{\text{fiber}}/n_{\text{clad}}) = \Lambda_{\text{mask}} \quad (1)$$

where r_{fiber} is the fiber radius, n_{clad} is the refractive index of the fiber cladding at 248nm and Λ_{mask} is the phase mask period. The divergence angle is assumed to be small, so that the assumption $\sin\theta \sim \tan\theta \sim \theta$ is justified. The beam splitter used in our setup is a Wollaston prism with a divergence angle of 0.14 degrees. With a fiber diameter of 125 μm , d_{air} is in the order of 68 μm for a Bragg grating with a center wavelength around 1550nm. Adjustment of this distance must be very accurate in order to obtain high quality gratings. The ratio of UV intensity in the two polarizations is controlled by a polarizer mounted on a computer controlled rotation stage. Denoting the angle of the polarizer relative to the s-polarization, the fluences in the two polarizations are $F_s = F\cos^2\alpha$ and $F_p = F\sin^2\alpha$ respectively, where F is the total fluence of the beam. Due to the discrete π phase shift between the two polarizations the UV induced refractive index modulation strength $\Delta n(z)$ in the resulting Bragg grating is described by

$$\Delta n(z) = \eta F + \eta F \cos(2\alpha) \cos\left(\frac{2\pi z}{\Lambda_B} + \phi_0\right) \quad (2)$$

where z is the position along the fiber, ϕ_0 is a constant and η describes the photosensitivity of the fiber. Equation 2 shows that the change in the effective refractive index, ηF , is constant along the fiber, while the modulation amplitude scales with $\cos(2\alpha)$. Thus by rotating the polarizer we are able to change the

modulation strength while maintaining a constant effective refractive index. Maximum modulation strength is obtained when the polarizer angle is either 0° or 90° , that is when only one polarization is present, while zero modulation is achieved when $\alpha=45^\circ$ and the UV intensity in the s-polarization equals that in the p-polarization. The wavelength of the resulting Bragg grating is $\lambda_B = n_{\text{eff}} \Lambda_{\text{mask}}$, where n_{eff} is the effective refractive index after the exposure.

3 EXPERIMENTAL RESULTS AND DISCUSSION

Applying Fourier theory for the design of fiber Bragg gratings is only justified for weak gratings. When dealing with the response of strong FBGs, e.g. when the light in the stop band no longer penetrates the full length of the modulation profile without any significant attenuation, Fourier theory cannot be applied for the full analysis of the spectral response of the FBG. Deviations from the Fourier analysis appear when higher strength FBG with certain properties, e.g. low dispersion, are designed. Several approaches, which are based on inverse scattering techniques have been developed to address this issue.[5,6]

3.1 Sinc grating

The inverse Fourier transform of a square filter function is a Sinc index modulation profile. The normalized apodization profile for writing a Sinc grating is seen in Figure 1(a), while Figure 1(b) shows the corresponding polarizer angle profile. The Sinc grating is convoluted with an additional Gaussian apodization to avoid problems due to the finite length of the grating. This reduces the steepness of the sides of the reflection peak, but is necessary to obtain strong side lobe suppression as may easily be seen from simulations. As indicated in Figure 1 we obtain a π phase shift in the grating whenever the polarizer angle crosses over the $\alpha=45^\circ$ line, which is marked with a dotted line in the figure 1.

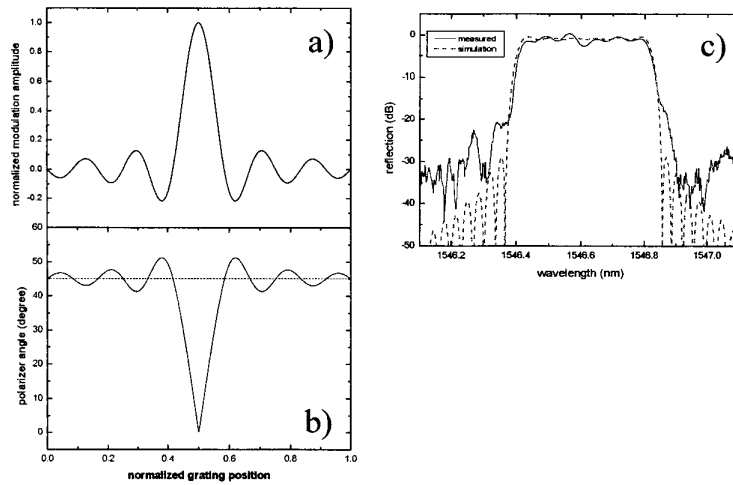


Figure 1. (a) Normalized modulation amplitude and (b) corresponding polarizer angle for a Sinc grating. The dashed line at $\alpha=45^\circ$ marks the cross over between segments of the grating with different phase. Reflection spectrum (c) for a 23 mm long weak Sinc-grating written in deuterium loaded TW-fiber.

Figure 1c shows the measured and simulated (dashed line) reflection spectrum of a 23mm, long weak (transmission loss <0.15 dB) Sinc grating written in a deuterium loaded TW-fiber. The reflection spectrum shows a side lobe suppression of 25dB and is in very good agreement with the Fourier analysis.

3.2 Tailored gratings

The target design of the linear phase (dispersion free) Bragg grating shown here includes zero dispersion throughout the spectral response. The grating was designed to have a constant transmission-loss of 20dB over the full drop window. The modulation profile was generated by solving the inverse scattering problem by the layer peeling algorithm implemented in the commercial program IFO_Gratings [7]. The theoretical normalized modulation amplitude is shown in figure 2(a) along with the corresponding polarizer angle α in figure 2(b).

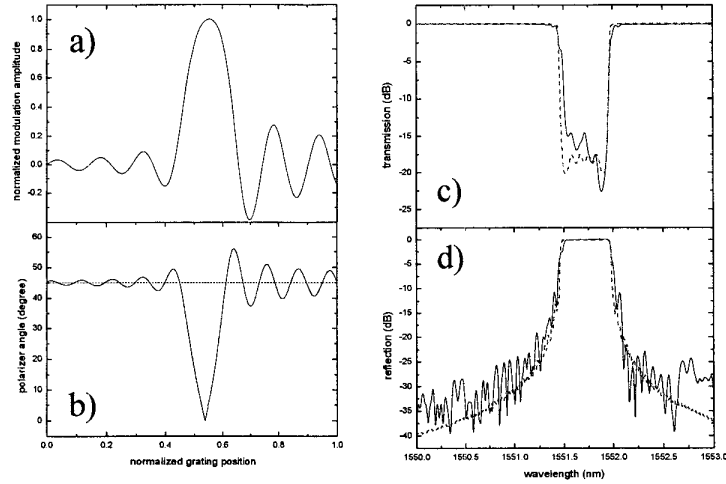


Figure 2. (a) Normalized modulation amplitude and (b) corresponding polarizer angle for a 99% reflectivity grating. The dashed line at $\alpha=45^\circ$ marks the cross over between segments of the grating with different phase. Transmission (c) and reflection (d) spectra for a 23mm long FBG written in a deuterium loaded HNLF fiber.

Fig. 2 shows the measured transmission (c) and reflection (d) spectra. The simulations based on coupled mode theory are in good agreement with the experimental results. The spectra show also good side lobe suppression down to 15 dB at a transmission dip of 20 dB.

A second low-dispersion design with a higher transmission loss (65dB) has been written. The results are shown in figure 3.

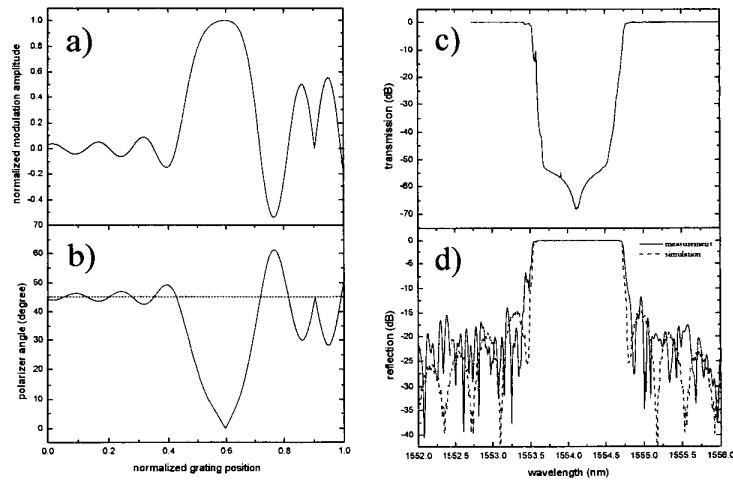


Figure 3. (a) Normalized modulation amplitude and (b) corresponding polarizer angle. The dashed line at $\alpha=45^\circ$ marks the cross over between segments of the grating with different phase. Transmission (a) and reflection (b) spectra for a 23mm long FBG written in a deuterium loaded HNLf fiber.

The measured spectra are in very good agreement with the simulated spectra and show a side lobe suppression of 15dB at a maximum transmission dip of 65dB.

4. CONCLUSION

High reflection near square pass band linear fiber Bragg gratings have been written with the novel polarization controlled method. The presented results show the strength of the new writing method for the inscription of Bragg gratings including phase shifts from weak to very strong FBGs. The gratings were designed solving the inverse scattering problem for the tailoring of non-uniform Bragg gratings. Dispersion measurements on these special designs are currently under way.

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