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The significance of windows to Germans
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**Why this project and with whom?**

This research project has investigated 17 households in Germany (cities and rural areas). The main aim was to learn about the significance of the window to these people: What they think of their windows, how, when and why they use them in their everyday life, if they have a favorite window and why, as well as the opposite. The report also includes a special focus on overheating and people’s strategies against this. Knowing about what people appreciate in a window and their actual practices and the reasons for their behaviour may be useful in many different ways, for instance to inform public strategies for overheating or to communicate with people in a more user informed way.

The people participating in the study lived in different houses and had different backgrounds. They were involved in the project over a period of 3-4 months. The prolonged participation was facilitated through a variety of ethnographic tools that required their involvement, such as making a diary of their heating experiences during a random week in the summer of 2014, taking photos of windows and sending postcards with specific tasks.

**What do people appreciate most in a window?**

The analysis uncovered the value attributes and general perceptions of what signifies ‘the good window’ to the German participants. The window appears as much more than a functional tool used only to provide a view to the world or air out the home. Participants stress that the window must first and foremost safeguard against the weather outside, but their actions and statements also clearly show that the window is imbued with social and bodily qualities. By studying German window practices 6 topics were found, all reflecting what the window ‘does’ for these people and, hence, what it signifies to them:

1. Daylight and types of light
2. Following the sun and the seasons
3. View onto the world and into the home respectively
4. Staging the window: The sill, curtains, and decorations
5. Taking part in life: The role of the window in social life
6. Security & functionality

Naturally some overlapping occurs, but all topics were found among all informants.

When people talk about their windows and what the window means to them in their daily lives, a strong relationship between residents and the windows in their homes appear. The window gives people access to the world about them and the opportunity to stay in touch with the social life and the course of nature. By providing people with this access to the outside, the window enables people to bond with their environment. This is why we may talk about the ‘social values of a window’, something that at the same time provides a safe, physical border to the outside, and a threshold people can control. It provides both distance and proximity to the surroundings. A few quotes from the German participants illustrate these qualities:


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1 Same topics were identified in a similar study made in 2013 in Denmark with 13 families (Hauge 2013).

2 In topic 3 and 6 statements about the importance of being able to open the window to air out, but the topic of how people use the fresh air from outside has been investigated elsewhere (Hauge 2010, 2011).
The high status of the window in people’s lives relates a lot to the influx of daylight. Daylight is in great demand by the interviewees because, as they express, it contributes with:

- life and energy, joy of life and inspiration, health and cleanliness (thereby reducing the risk of winter depression)
- a daily and seasonal rhythm by being able to follow processes in the immediate surroundings through the provision of daylight
- light to see by
- character to the form and colour of the room.

In the eyes of the common German in the study, the ‘good window’ has the following characteristics, prioritized as follows:

1. must be able to withstand the climate and keep cold and damp out and function trouble free
2. gives maximum daylight
3. must match the style of the house and the rooms
4. provides a view that is (preferably) beautiful or displays social activity and allows the resident to follow the course of the year and its seasons
5. must be placed correctly, according to the size of the house and the heights of the residents
6. must be openable (for ventilation and bodily sensation of fresh air) - and with various opening positions
7. must be easy to maintain
8. must function as a safe border to the world outside (the reason why the home owner wants control over the view in)
9. has a window sill
10. must not dominate the public room (must not have too large glass facades)

The above 10 characteristics show functional, bodily and social qualities of the window. One example that illustrates its social character is the use of the sill: Many referred to using the sill for placing objects the children had made, thus displaying an important part of the family life (children growing up).

**The window’s ambiguity**

Thoughts about the window are not always rosy. Informants are aware that the window may make them fragile; the possible entry way for a burglar; overheating the rooms due to too much solar radiation. Also, making good use of the window depends a lot on the context, as the following quotes show:

„Es wird schon geöffnet. Das hier wird tatsächlich auch zugemacht, weil die Frau Schweizer eine unglaublich laute Stimme hat. Die haben eine schwerhörige Katze. Du kannst dir das nicht vorstellen, wie dieses Vieh schreit und zwar vorzugsweise morgens zwischen fünf und sechs.“ (Christine Z, Waiblingen)

Issues about maintenance and the window glass as fragile material also appear:

„Ist schlecht isoliert, ist vielleicht auch ein bisschen runtergekommen. Bei so Holzfenstern kann ja schon mal der Lack, die Farbe absplitten. Hat nicht so einen guten Verschließ-mechanismus, leicht öffnenbar für Einbrecher. Im Prinzip immer das Gegenteil zu dem, was gut ist.“ (Iris P, Langenfeld)

„Genau, es sieht aus wie Kalkflecken, aber in der Tat ist das Säure, die sich ein bisschen ins Glas reingefressen hat. Man sieht es wirklich, wenn man es weiß, man macht die Tür auf und manchmal im Winter beschlägt auch dann die Scheibe von außen so ein
bisschen und dann siehst du es halt. Oder beim Putzen sieht man es und denkt immer, das muss doch abgehen. Aber das ist halt in der Scheibe. Das ist ganz ärgerlich.” (Silke K, Hamburg)

So the window contains an interesting duality: On the one hand, the window gives people the much-desired daylight and access to the external surroundings; on the other, making proper use of the window requires contextual knowledge on e.g. noise and where overheating occurs – both annoying precisely because residents cannot control them. The lack of control means that people create strategies for ventilation (to ventilate at the right time to avoid noise or polluted air) and for solar shading to reduce overheating problems. Furthermore, the window is associated with certain risks and maintenance issues. Still, the positive qualities of the window by far override the negative qualities.

The window as a threshold

Another form of duality is seen in people’s desire for a view out but not a view in:


The statement illustrates people’s need to protect themselves against (a sense of) being watched. It stresses the importance of the window’s function as a threshold. Overheating is something less concerning since measures against it may be taken, making people more in control here. Naturally measures against people looking into the home could be taken too, but the prospect of being watched by a potentially malicious person is by far more concerning than the heat coming from an innocent sun. Also, the sun provides people with the much desired daylight and people may be more willing to compromise with overheating, such as accepting a higher room temperature rather than drawing curtains that take away the daylight (and view), precisely because of their pleasure in daylight.

The border between outside and inside is a central issue for people, and also indicates their concern with large shards of glass. It is well-known that windows can be seen as the eyes of a house, and too big windows may in fact prompt the idea of being watched by outsiders. It goes both ways: Another study found that bypassers felt uncomfortable if they came too close to large glass facades in a house. This was based on a concern that residents, sitting behind the windows, might feel they were prying. Thus it is possible to say that large glass facades may challenge the border between house/window and the surroundings.

The window’s relation to well-being at home

The study shows that the window is important to the informants’ experience of well-being in their own homes. The well-being people refer to is primarily linked to the window’s importance to the body and senses – as described in themes 1. Daylight, and 2. Following the sun and seasons - as a provider of daylight and a view. This is why the window also involves bodily qualities, like sensing the wind and weather, smells and sounds from the outside. Special practices associated with the window, illustrated e.g. by statements about the importance of the window for following the seasons, the pleasure of making small displays in the windowsill or using it as a play area, further
demonstrate the status of the window in people’s lives and that it even has an identity-creating aspect; ‘show my your windowsill, and I’ll tell who you are’.

But the window is about much more than well-being, enjoying a view and practical use in the everyday life. The window has a direct bearing on the knowledge people acquire, for example about the course of the sun (and using this knowledge to reduce overheating), the importance of the seasons for growing plants in the windowsill, and for decorating the home. People do not decorate and furnish their homes purely in terms of getting maximum sunlight, but also to avoid being dazzled by glare or preventing the furniture or rugs from fading. This is why it can be said that the sun and daylight – and thereby the window – anchor people in the world they inhabit as active human beings engaged in constant interaction with their surroundings. So the window embraces a complex set of diverse meanings, with overriding positive connotations and a high status among the informants as a window onto the world.

Window stories
From the conversations with the 17 German families about their windows it was clear that all used the window as a way of staying in touch with the world. But apart from the value of the window in providing residents with the pleasure of a view and daylight, the ability to follow the seasons and a means of airing out the home to ensure family health, it also seemed that people linked to their past: People were in general able to remember windows from their childhood or youth and some even attributed their present choice of windows and how they use them today to experiences of the past.

It is not surprising that we bring with us the practices we have learnt at home, such as how often to air out, etc., but it is striking that people, hardly aided at all, have strong and vivid memories of windows in their past. It clearly reflects that the window is far more than a functional element in the home; it plays a social and dynamic role in people’s lives and helps anchor us not just in the present world, through our everyday-life practices with the window and as the safe threshold between inside and outside, view out and view in, normal day and feast day, light and dark – but the window anchors us in time as well. The following 3 short stories illustrate how windows of the past are part of our memories in the present through their social character.
The 3 window stories are representative in the sense that all informants seem to have a ‘window journey’ through their lives and a memory of it, much like ‘my first car’ stories. Of course this is not only due to the window itself but rather the fact that the window is an integral part of the home – as it is claimed, ‘there is no place like home’ - and memories of home are, in general, strong. However, that people remember specific windows none the less shows the bond between residents and their windows and reflects the social character of the window, as identified in the analysis of what the window does for people. These topics will be described in depth in PART II.

Throughout the report all empirical statements will be in German, as direct quotes, and the rest of the text in English. Each part in the report will be separated by a photo page.
Story 1: Window of the past ... Sweet memories of windows in childhood and youth

The following story is an example of the fact that most people are able to remember specific windows in their life course, even years ago in their childhood, precisely illustrating the social significance of the window.

Barbara is a 60-year old politician who remembers the significance of a particular window in her active political youth – as well as the joy from using the window as a door as a child:


WINDOW STORIES FROM THE FIELD
Story 2: The oriental rug

Susanne is 44 years old and lives with her husband and son in Hamburg in a house from the 60s, designed by an architect. She works as a psychiatrist.

Susanne addresses the fact that too much daylight has a negative impact on textiles inside the home, such as on furniture and oriental rugs. She has an Iranian family background and is the daughter of an Oriental rug shop owner. She has since childhood known about this risk of daylight changing the colours of the rugs:

“Mein Vater hatte ja ein persisches Teppichgeschäft und deswegen haben wir so ein bisschen Teppiche, die aber kein Sonnenlicht abkriegen sollen. Deswegen hatte ich immer ein bisschen die Gardine zu, weil die sonst ausbleichen. Um Blicke von aussen irgendwie abzuhalten, das habe ich überhaupt nicht. Ich habe es eher gerne offen”

Susanne also explains that it is ‘not that important to her’ to safeguard her rugs. She likes to be able to look out into the garden and if she is too worried about discolouring, she just rearranges the rugs. Still, the story shows how knowledge regarding daylight may be passed on through generations.
Story 3: My father was a glazier

Ulrike is a 46-year-old goldsmith, living in a house in Heidenheim. She has a special relationship with windows that originates from her father being a glazier:

„Also Fenster haben einen ziemlich hohen Wert, dadurch dass mein Vater Glaser war. Und dass wir praktisch damit aufgewachsen sind und die Werkstatt ist ja ganz unten, damals unten im Keller, und wir hatten ständig mit Fenstern zu tun. Also das war auch so, wenn wir Taschengeldauflösbesserung haben wollten, dann haben wir Fenster gestrichen bei meinem Vater. [...] Die Fenster hier hat mein Vater auch noch eingebaut und das war damals schon ziemlich progressiv. Also die sind jetzt auch ziemlich veraltet, aber sind auch Isolierglasfenster und wir haben alle gesagt, wir haben ihn überredet, wir haben gesagt, wir möchten Sprossenfenster haben, weil das schöner aussieht und dann hat er das praktisch so gemacht, dass die Sprossen innen sind wegen putzen.“

Ulrike also explains about the status that may be associated with the windows, not just the common status relating to amount - the more, the higher - but also the type of glass, gilded windows (the form of work known as ‘Verre Eglomise’):

„Ich weiß, mein Vater hat dann irgendwie schon damals auch so goldbedampfte Fenster, das gibt es ja auch, das ist ja auch ein Sonnenschutz, wenn du die praktisch von außen goldbedampfst ... du spiegelst dich, wenn du von außen guckst und kannst nicht reingucken, innen kannst du rausgucken. Das hat eine Sonnenabwehrfunktion und das war damals schon ziemlich progressiv, dass der das gemacht hat, so eine Aussegnungshalle. In Heidenheim gibt es auch eine Bank, wo das ist, wo er das gemacht hat, und ich denke, bei der Bank ist es absolut ein Statussymbol oder eben schon auch sowas... hat ja auch eine gewisse Wirkung. Also die sind goldbedampft, das Metallene, man kann nicht reingucken, das ist schon was. Man geht vorbei und denkt: Wow. Ich würde es bei mir nicht wollen, aber da denke ich, dass es schon so bewusst gewählt worden ist, um was auszudrücken.“