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2 **Impact of ohmicsonication treatment on pectinmethylesterase**
3 **in not-from-concentrate orange juice**

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8 **Abstract** The present study investigates the application of
9 ohmicsonication (OS) as a new hurdle technology for
10 pasteurization of Not-from-concentrate orange juice
11 (NFCOJ). OS process parameters to inactivate pectin-
12 methylesterase (PME) activity in NFCOJ were optimized
13 using response surface methodology. The influence of
14 Sonication (S), Thermosonication (TS), Ohmic heating
15 (OH) and OS on inactivation of PME were compared to
16 conventional heat (CH) treatment. Their effects on phys-
17 ical, chemical and microbiological contents were included.
18 In comparison to fresh orange juice, the inactivation of
19 PME was 96%, 95%, 89%, 90% and 29% for OS, OH, TS,
20 CH and S treatments, respectively. Highest cloud value
21 was obtained for OS (1.240 A) treatment. OS treatment
22 gave a lower vitamin C loss compared to TS, OH and CH
23 treatments. A significant increase in the total phenolic
24 content were obtained in the following order OS > TS >
25 OH > CH. OS treated juice also contained the lowest value
26 of hydroxymethyl furfural (0.90 mg/L) compared to OH
27 (0.95 mg/L), TS (1.37 mg/L) and CH (2.72 mg/L) treated
28 samples. Overall, the results indicated that OS can be
29 **integrated** as a substitute to pasteurization of NFCOJ.

Keywords Ohmic heating · Ohmic-ultrasonic heating · 31
Pectinmethylesterase · Phenolic content 32

Introduction 33

Orange juice (OJ) is a good source of bioactive compounds 34
(i.e. vitamin C, phenolics and carotenoids) (Galaverna and 35
Dall'Asta 2014). During storage, OJ can be subject to 36
deteriorative reactions including enzymatic activities, 37
microbial spoilage, vitamin C degradation, cloud loss and 38
changes in flavor and color, all reactions that lead to loss of 39
product quality. Due to the perishable nature of juices, 40
several technologies have been used to prolong the shelf 41
life (Polydera et al. 2005). Today, recent technologies in 42
food processing either thermal or non-thermal are designed 43
to meet the consumer demands (Williams 1994). Not- 44
From-Concentrate (NFC) juice is the fruit juice extract 45
without concentration or dilution. Insoluble pulp, skin and 46
seeds are removed before heat treatment of the juice for 47
controlling the microbial load and enzymatic activities 48
(Abdelmaksoud et al. 2018a). 49

The activity of pectinmethylesterase (PME) results in 50
unwanted layer separation during processing. Conventional 51
heat (CH) treatment reduce PME activity as well as 52
microbial load, however, this treatment can cause loss of 53
nutritional value and produce undesirable flavor in the juice 54
product, especially at temperatures higher than 80 °C 55
(Giner et al. 2013). Hence, the juice industry searches for 56
mild thermal technologies, which are able to inactivate 57
both enzymes and microorganisms with retention of 58
nutritional value (Chemat et al. 2011). 59

Hurdle technology is one of the promising technologies 60
in food processing to improve the quality, safety, and sta- 61
bility of food products. Sonication (S) is one of the 62

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A2 article (<https://doi.org/10.1007/s13197-019-03834-2>) contains sup-
A3plementary material, which is available to authorized users.

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63	emerging green methods for food processing and preservation. S is defined as a potential technology acting on reduction of the microbial load in food by 5-log when S generates cavitation bubbles due to pressure changes (USFDA 2001). S as a substitute to the CH has the ability to decrease processing time, cost and energy as well as enhanced quality, shelf life and ensured safety of fruit juices (Chemat et al. 2011). However, S alone has limited applications in juices due to its insufficient enzymes and microorganisms inactivation. Therefore, a combination of S with other technologies with improved efficiencies has been investigated and considered due to the possibility for the application at the industrial scale (Leistner 2000). Previous literature however lack the combination of ohmic heating (OH) with S as an alternative to the CH for production and evaluation of NFC orange juice (NFCOJ).	<i>Sonication and Thermosonication (S and TS)</i>	104
64		Samples of 150 mL OJ was treated with the S processor of 550 W at 20 kHz with a 0.5-inch probe (Sonifier SFX550 Model, Mexico). Treatments at 25 °C using 100% power (550 W) for 8 min at pulse durations of 5 s was used. TS was done at 60 °C at conditions similar to S.	105
65			106
66			107
67			108
68			109
69		<i>Ohmic heating (OH)</i>	110
70		The treatment of OJ (150 mL) by OH (at 42 V/cm, 69 °C and held for 60 s) was conducted according to Demirdöven and Baysal (2014).	111
71			112
72			113
73		<i>Ohmicsonication (OS)</i>	114
74		OS was done by a combination of S and OH treatments at the obtained optimum parameters, firstly treated by S for 8 min at 25 °C and then directly followed by OH at 40 V/cm, to 68 °C for a holding time of 60 s.	115
75			116
76			117
77			118
78		<i>Experimental design and statistical methods</i>	119
79	Therefore, the main objectives of this study was to optimize the OS parameters (OH temperature and S time) for inactivation of PME and evaluate the effects on the final NFCOJ. Effects on quality characteristics of the final OJ product at optimum OS conditions were compared to production by other technologies such as S, Thermosonication (TS), OH and CH.	Response surface methodology (RSM) was used for optimization of OS parameters (OH temperature and S time). Two factors (OH temperature and S time) with three levels (− 1, 0, + 1), the factorial design (3 ²) was used. The OH temperature and S time range were 60, 65, 70 °C and 2, 5, 8 min, respectively. To describe the effect of parameters, the second-order polynomial model was used (Eq. 1).	120
80			121
81			122
82			123
83			124
84			125
85			126
86	Materials and methods	$Y = a_0 + a_1x_1 + a_2x_2 + a_{12}x_1x_2 + a_{11}x_1^2 + a_{22}x_2^2 \quad (1)$	
87	Chemicals	where Y is the % of PME inactivation, x ₁ is OH temperature and x ₂ is S time, a ₀ , a ₁ , a ₂ , a ₁₁ , a ₂₂ and a ₁₂ are regression coefficients for intercept, the linear, the quadratic and interaction term, respectively.	128
88	All chemicals in this study were purchased from (Sigma-Aldrich Chemical Co., Denmark).	The analysis of variance (ANOVA) for the response was used to find the significant terms in the models (Table S1, supplementary data). Design Expert Version 10.0.6 software was used for the analysis. To optimize the OS parameters, the desirability function method was used. The objective function was to maximize the PME inactivation using desirability function as in Abdelmaksoud et al. (2018b).	129
89		To evaluate the variances among different treatments at significance levels (p ≤ 0.05), data in Tables 2 was statistically analyzed with one-way ANOVA (Duncan test), using SPSS 13 software (SPSS Inc., Chicago IL, USA).	130
90	Raw material		131
91	Orange fruits (<i>Citrus sinensis</i> , cv. <i>Navel</i>) purchased from a local supermarket in Copenhagen, Denmark were rinsed and cut into halves. The juice was extracted (Extractor, Krups Citrus Juicer, Spain) and filtrated using a double-layered muslin cloth. The extracted juice was divided into six groups and subjected to S, OS, TS, OH, CH or kept fresh and all groups were rapidly cooled to 4 °C and stored at − 18° C for further analysis.		132
92			133
93			134
94			135
95			136
96			137
97			138
98			139
99	Processing methods		140
100	<i>Conventional heating</i>	Physical analysis	144
101	Orange juice (OJ) (150 mL) was heated at 95 °C for 60 s using a shaker water bath (Julabo, SW22, made in Germany) according to Abdelmaksoud et al. (2018b).	Electric conductivity (EC), cloud value and color values (L, a and b) were determined using methods described by	145
102			146
103			

147 Abdelmaksoud et al. (2018a). Size distribution particles
148 were detected with the Mastersizer (Model 2000, Malvern,
149 UK).

150 Chemical analysis

151 Vitamin C content was determined using a 2,6-
152 dichlorophenol indophenol (DCPIP) visual titration method
153 (Ranganna 1986).

154 Total phenolic content was calorimetrically measured
155 applying Folin-Ciocalteu reagent as described by Abdul-
156 lakasim et al. (2007) with modifications for microplate
157 reader in Abdelmaksoud et al. (2018b). Results were
158 given as mg of Gallic acid/100 mL OJ.

159 Total carotenoids was measured according to Lee and
160 Castle, (2001) with some modifications based on 5 mL of
161 OJ (Abdelmaksoud et al. 2018a). Absorbance at 450 nm
162 of the final supernatant was measured and total carotenoid
163 contents were calculated according to Ritter & Purcell
164 (1981) using an extinction coefficient of β -carotene ($\mu\text{g/g}$),
165 $E^{1\%} = 2505$.

166 Total flavonoids was measured based on an assay
167 developed by Kim et al. (2003) and the results were
168 expressed as mg catechin equivalents/100 g OJ.

169 Hydroxymethyl furfural (HMF) was determined
170 according to a method of Vorlova et al. (2006) using a
171 Vortex Genie II (Scientific Industries, Bohemia, USA) for
172 mixing 1 mL methanol and 0.5 mL juice. The centrifuged
173 and filtered (0.45 μm) extract was injected (20 μl) onto
174 HPLC (Alliance, Waters Company) equipped with a Zor-
175 bax Eclipse XDB-C8, 4.6 \times 150 mm, 5 μm column
176 (Waters, Milford, USA) at 30 $^{\circ}\text{C}$ using a flow rate of 1 mL/
177 min and an isocratic mobile phase (10% methanol in
178 water). UV detection at 285 (2996 diode array detector)
179 using external standard method for quantification of HMF
180 (retention time 3.17 min) with a linearity concentration
181 range of 0.01–200 mg/L based on Empower software
182 (Waters).

183 Pectinmethylesterase activity was determined according
184 to the method described by Rouse and Atkins (1955) and
185 Ting and Rouseff (1986).

186 Microbial load

187 Total plate count and mold and yeast were determined as in
188 Andrews (1992).

Results and discussion

Optimization of ohmicsonication (OS) conditions

Pre-experiments determined optimal OH temperatures in
the range 60–70 $^{\circ}\text{C}$ and S time in the range of 2–8 min,
where S time \geq 8 min would result in adverse color and
vitamin C changes for OJ (data not included). Also,
increasing the temperature more than 80 $^{\circ}\text{C}$ caused dete-
rioration of the color and increased juice bubbling leading
to juice loss. The voltage gradient of each OH treatments
was selected to be 42 V/cm according to optimization of
OH conditions by Demirdöven and Baysal (2014). RSM set
up resulted in PME inhibitions (%) presented in Table 1.

Optimization of the conditions of OS by applying sec-
ond order polynomial equation and multiple regression
analysis were used to obtain the regression coefficients for
independent variables (Eq. 1).

The effect of OH temperature and S time on PME
activity at 95% confidence interval (Table S1, supple-
mentary data). The experimental data was fitted and sig-
nificant with the used model. Insignificant difference
between adj- R^2 value (0.968) and R^2 for PME—this means
high degree of correlation between the predicted and
experimental values with insignificant lack-of-fit. The
model was suitable for describing the % inactivation of
PME within tested experimental ranges.

The positive linear effect of OH temperature (χ_1), S time
(χ_2) were found to be significant for the response variable
(Y : % inactivation of PME). Also, the interaction ($\chi_1 \chi_2$)
and the quadratic effect of OH temperature (χ_1^2) on PME
were found to be significant. However, the quadratic of S
time (χ_2^2) had an insignificant effect on the PME. The fitted
second order polynomial equation are presented as (Eq. 2):

$$Y = +93.35 + 3.94\chi_1 + 1.76\chi_2 - 1.00\chi_1\chi_2 - 2.37\chi_1^2 \quad (2)$$

where χ_1 : OH temperature ($^{\circ}\text{C}$) and χ_2 : S time (min).
According to the obtained second order polynomial mod-
els, the optimum conditions for OS of NFCOJ was obtained
at the maximum PME inactivation by applying desirability
function. The obtained optimum parameters were OH at
68 $^{\circ}\text{C}$ for 60 s combined with S at 550 W for 8 min, with a
PME inactivation of 96% in NFCOJ (Fig. 1).

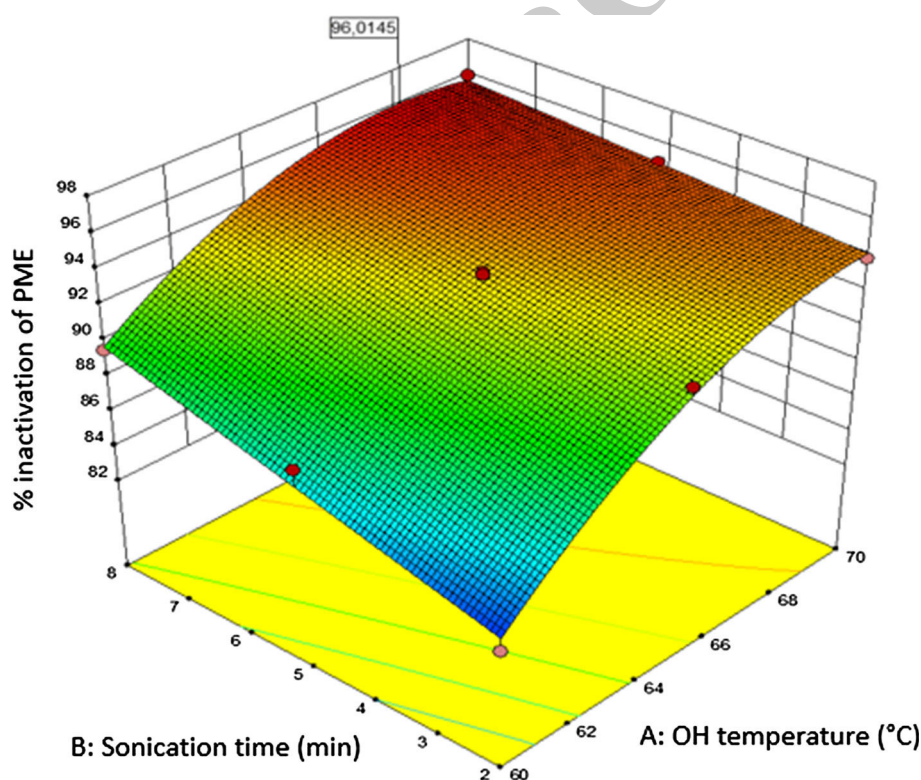
Physical, chemical and microbiological contents of fresh and treated NFC orange juice

Table 2 shows the effects of OS, S, CH, TS and OH on
physical, chemical and microbial load contents of NFCOJ.
Compared to fresh orange juice (FOJ), an increase in the
EC was observed for all treatments of OJ in the following

Table 1 Experimental design of ohmicsonication (OS) and PME activity in NFC orange juice

Run order	OH temperature (°C), χ_1	Sonication time (min), χ_2	% inhibition of PME
1	65 (0)	5 (0)	93.53
2	65 (0)	5 (0)	93.40
3	70 (+ 1)	5 (0)	94.93
4	70 (+ 1)	2 (− 1)	93.88
5	60 (− 1)	5 (0)	87.98
6	65 (0)	2 (− 1)	92.04
7	70 (+ 1)	8 (+ 1)	95.94
8	60 (− 1)	2 (− 1)	83.53
9	60 (− 1)	8 (+ 1)	89.61
10	65 (0)	8 (+ 1)	94.44

In the 2nd and 3rd column: the coded values of the test parameters are in parenthesis and the real (uncoded) values are outside the parenthesis, *PME* pectinmethylesterase

Fig. 1 Effect of Ohmicsonication (OS) parameters (OH temperature and Sonication time) on the PME activity of orange juice (U/mL/min)—response surface and contour plots

235 order: OS > TS > S > OH > CH. Increased EC of juice,
236 especially for S (S, TS and OS) might be attributed to the
237 agitated enhanced release of minerals and bioactive com-
238 ponents as well as increased ionic mobility (Zou and Jiang
239 2016).

240 A lower ADS, indicating a more homogenous juice, was
241 observed in the sonicated samples (OS, S, TS) compared to
242 non-sonicated samples (FOJ, CH and OH) (Table 2). This
243 is due to the effect of cavitation collapse by S and the
244 resulting particle size reduction (Franco et al. 2004).

245 For color values (L, a and b) the L* value was increased
246 by S, TS and OS, while insignificantly changed by CH and

OH treatments. The a* and b* were significantly increased
247 for all treatments (OS > TS > S > OH > CH) compared
248 to FOJ, attributed to chemical changes by thermal treat-
249 ments (Bhale 2004). Increased color values by S could be
250 due to less enzymatic color changes and an increased
251 phenolic and carotenoid condensation reducing their oxida-
252 tion as explained by Tiwari et al. (2008).

253 Vitamin C were significantly decreased for all treat-
254 ments when compared to FOJ (52.77 mg/100 mL) and
255 followed the order S > OS > OH > TS > CH. S alone
256 was not efficient in the inactivation of PME and microor-
257 ganisms (Table 2) and therefore not accepted for
258

Table 2 Physical, chemical and microbiological contents of fresh and processed NFC orange juice during different treatments of NFC orange juice

Parameters	FOJ	S	CH	TS	OH	OS
EC (s/m)	0.272 ± 0.003c	0.293 ± 0.004ab	0.282 ± 0.004bc	0.297 ± 0.007ab	0.286 ± 0.004abc	0.303 ± 0.009a
Cloud value (A)	0.253 ± 0.07c	0.274 ± 0.003c	0.970 ± 0.005b	0.946 ± 0.008b	0.994 ± 0.003b	1.240 ± 0.04a
ADS (µm)	3.970 ± 0.04b	0.304 ± 0.01d	2.096 ± 0.02c	0.290 ± 0.01f	4.191 ± 0.02a	0.323 ± 0.01e
L*	42.57 ± 0.02d	44.71 ± 0.09c	42.63 ± 0.03d	46.03 ± 0.08b	42.77 ± 0.04d	46.95 ± 0.29a
a*	- 6.66 ± 0.02e	- 5.15 ± 0.04b	- 6.08 ± 0.02d	- 4.96 ± 0.03 cd	- 5.83 ± 0.02 cd	- 4.73 ± 0.01a
b*	9.65 ± 0.02e	10.36 ± 0.14c	9.95 ± 0.06f	11.33 ± 0.02a	10.15 ± 0.05d	10.76 ± 0.03b
ΔE	-	2.72 ± 0.27c	0.65 ± 0.02e	4.21 ± 0.04a	0.99 ± 0.03d	4.91 ± 0.28b
Vitamin C (mg/100 mL)	52.77 ± 0.14a	48.22 ± 0.22b	43.58 ± 0.25f	46.08 ± 0.16e	47.22 ± 0.18d	47.62 ± 0.19c
Total carotenoids (µg / 100 g)	1270 ± 13.5b	1308 ± 3.22a	982 ± 8.16f	1107 ± 7.62e	1126 ± 5.54d	1183 ± 8.73c
Total flavonoids (mg/ 100 mL)	20.01 ± 0.39c	21.80 ± 0.47b	20.32 ± 0.62c	22.27 ± 0.24a	20.58 ± 1.38c	22.83 ± 0.31a
Total phenolic (mg/ 100 mL)	37.47 ± 0.13e	42.06 ± 0.22a	37.61 ± 0.26e	39.64 ± 0.10c	38.22 ± 0.09d	40.73 ± 0.69b
HMF (mg/L)	nd	0.73 ± 0.02c	2.72 ± 0.02a	1.37 ± 0.18b	0.95 ± 0.21c	0.90 ± 0.08c
PME (U/mL/min)	47.57 ± 0.6a	33.55 ± 0.4b	5.38 ± 0.3c	4.62 ± 0.2d	2.21 ± 0.1e	1.93 ± 0.3f
Total plate count (log cfu/ mL)	2.27 ± 0.5	nd	nd	nd	nd	nd
Mold and yeast (log cfu/ mL)	1.92 ± 0.3	nd	nd	nd	nd	nd

Different letters (a, b, c) mean statistical significant difference ($p < 0.05$); the results represent the mean ± SD

FOJ fresh orange juice, S sonication, CH conventional heating, TS thermosonication, OH ohmic heating, OS ohmicsonication, EC electric conductivity, ADS average droplet sizes (µm), HMF hydroxymethylfurfural, PME pectinmethylesterase

259 processing of OJ. The vitamin C reduction was attributed to
260 chemical decomposition due to both temperature and time
261 of processing correlating with the findings by Demirdöven
262 and Baysal (2014), who reported a decrease of vitamin C in
263 the OH and CH treatments compared to the FOJ.

264 A significant increase in the total carotenoids of OJ for S
265 (1308 µg/100 g) correlates with cell wall disruption caus-
266 ing more free carotenoids in the juice stated by Plaza et al.
267 (2011). Also, Abid et al. (2014) observed increased car-
268 otenoid levels with S. Oxygen, light, metals and enzyme
269 availability as well as heat application led to loss of car-
270 otenoids for OS, TS, OH and CH (Table 2), which is in
271 agreement with previous reports on carotenoid stability
272 (Rawson et al. 2011; Esteve et al. 2009).

273 Total phenolic content (TPC) of OJ were significantly
274 increased in S, OS, TS and OH treatments ($S > OS >$
275 $TS > OH$) compared to FOJ, while insignificant increase
276 was found for CH treated sample (Table 2). Heating
277 (during CH and OH treatments) might increase the
278 extractability of TPC due to breakdown of the interaction
279 between proteins and polyphenols (Girgin and El 2015).
280 Previous reports explain TPC release during OH induced
281 by the alternating current (Roy et al. 2009), while the
282 increased release of TPC during S is due to the cavitation

283 phenomenon resulting in breakdown of the cell wall based
284 on liquid pressure changes during S treatment, thus
285 increasing the availability of phenols in the juice (Abid
286 et al. 2014).

287 OS treated juice contained the lowest value of HMF
288 (0.90 mg/L) followed by OH (0.95 mg/L) and TS
289 (1.37 mg/L) with highest values in CH treated juice
290 (2.72 mg/L). The presence of HMF in foods (containing
291 carbohydrates in an acidic environment) is a result of high
292 heat treatment ($T > 80$ °C) and inappropriate and long-
293 term storage. As expected, levels for HMF varies e.g. from
294 not detected to 27 mg/L in fruit juices (Vorlova et al.
295 2006).

296 All treatments showed a significant increase in cloud
297 value with the highest value indicating highest cloud sta-
298 bility and PME inhibition obtained for OS (Table 2).
299 Increased parameters were attributed to the combined
300 effects of heat and voltage gradient (which might remove
301 the metallic prosthetic groups present in the PME) (Castro
302 et al. 2004) and cavitation on enzyme activity, causing a
303 decreased layer separation.

304 After treatment of OJ sample by S, CH, TS, OH and OS
305 no microbial growth neither total plate count nor mold or
306 yeast were detected (Table 2).

307 **Conclusion**

308 The use of OS result in an improved quality of OJ compared to other treatments. The highest inactivation of PME
309 activity with no microbial load as well as highest retention
310 of vitamin C, carotenoids, phenolics, and flavonoids were
311 obtained with OS compared to the other treatments (OH,
312 TS, S and CH). In addition, OS treatment resulted in
313 increased EC, cloud value and color values. S treatment
314 alone was not sufficient for inactivation of PME at lower
315 temperature. Overall, OS improved the quality of OJ in
316 laboratory scale compared to other treatments and can be a
317 potential technology for pasteurization of juice. An appli-
318 cation in a pilot plant or large scale could be interesting and
319 needs to be considered for further studies.

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