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Published in:
Optics Express

Link to article, DOI:
10.1364/OE.16.003273

Publication date:
2008

Document Version
Publisher's PDF, also known as Version of record

Link back to DTU Orbit

Citation (APA):
Limits to compression with cascaded quadratic soliton compressors

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Abstract: We study cascaded quadratic soliton compressors and address the physical mechanisms that limit the compression. A nonlocal model is derived, and the nonlocal response is shown to have an additional oscillatory component in the nonstationary regime when the group-velocity mismatch (GVM) is strong. This inhibits efficient compression. Raman-like perturbations from the cascaded nonlinearity, competing cubic nonlinearities, higher-order dispersion, and soliton energy may also limit compression, and through realistic numerical simulations we point out when each factor becomes important. We find that it is theoretically possible to reach the single-cycle regime by compressing high-energy fs pulses for wavelengths \( \lambda = 1.0 - 1.3 \) \( \mu \text{m} \) in a \( \beta \)-barium-borate crystal, and it requires that the system is in the stationary regime, where the phase mismatch is large enough to overcome the detrimental GVM effects. However, the simulations show that reaching single-cycle duration is ultimately inhibited by competing cubic nonlinearities as well as dispersive waves, that only show up when taking higher-order dispersion into account.

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References and links
1. Introduction

In order to compress optical pulses a nonlinear phase shift is first induced on the pulse by self-phase modulation (SPM) from the cubic nonlinear response of, e.g., an optical fiber [1]. The phase shift creates a chirp across the pulse, so compression can subsequently be achieved in a...
dispersive material (e.g., a grating pair). In cubic soliton compressors both the SPM-induced chirp and the compression is achieved in the same material [2]. The self-focusing cubic nonlinearity requires anomalous dispersion to compress the pulse, which restricts the accessible wavelength regime for soliton compression.

Recent progress has shown that cascaded quadratic soliton compressors (CQSCs) may efficiently compress high-energy fs pulses down to ultra-short few-cycle pulses [3–11]. Here the nonlinear phase shift is induced due to phase-mismatched second-harmonic generation (SHG), which acts as a cascaded quadratic nonlinear process. Because of the cyclic energy transfer to the second harmonic (SH), the pump, or fundamental wave (FW), effectively experiences an SPM of cubic nature. The advantage is that this effective cubic nonlinearity can be made self-defocusing because its sign is controlled by the sign of the phase-mismatch parameter [12–15], and therefore normal dispersion can be used to compress the FW. This opens for soliton compression in the visible and near-infrared regimes.

Since the CQSC exploits an effective self-defocusing cubic term from cascaded quadratic effects, the self-focusing cubic nonlinearity inherent to any transparent material must be counterbalanced and then exceeded to achieve compression [3,6,11,14]. On the other hand, the collapse problems of bulk self-focusing cubic nonlinear media can be avoided if the self-defocusing cascaded nonlinearity is strong enough [16]. Thus, the CQSC works in a bulk configuration even with multi-mJ input pulse energies [14].
Experimentally, compression of mJ pulses with cascaded quadratic nonlinearities was observed at 800 nm from 120 fs down to 30 fs when the compression was done externally (using either a prism pair or a near-lossless block of calcite) [14], and when working as a soliton compressor from 120 fs to 45 fs [3] and from 35 fs to 20 fs [5]. In an important recent advance, spatially uniform compression using super-Gaussian flat-top beams was demonstrated also at 800 nm [7]. At 1260 nm compression to 12 fs (3 optical cycles) was achieved [6], while at telecom wavelengths compression down to 35 fs was observed [4, 8]. It was clear already in the beginning that group-velocity mismatch (GVM) was a limiting factor for compression [6, 14]: In the stationary regime clean compression is possible, while in the nonstationary regime GVM distorts the compressed pulse too much to be of any practical use, and severe reductions in compression capabilities is observed. As an example of this, the numerical simulations in Fig. 1 compare the pulse compression performance under equal conditions in the two regimes. In the stationary regime a 6 fs compressed pulse is observed while the nonstationary regime the GVM effects are much stronger, resulting in a 17 fs compressed pulse with trailing oscillations.

Significant progress in understanding this was recently made by using nonlocal soliton theory. The GVM-induced Raman-like term found previously [6, 17] was shown to originate from a temporally nonlocal response function [10]. The nonlocal behaviour appears when approximating the phase-mismatched dispersive SHG process in the cascading limit as a nonlinear convolution between the FW and a nonlocal response function [18] (see Ref. [19] for a review on optically nonlocal media). An accurate prediction of when the system is stationary or nonstationary was presented, and the nonlocal theory predicted that in the nonstationary regime an oscillatory chirp, built up on the FW for short enough pulses, limited the amount of compression achievable and qualitatively explained the trailing oscillations observed. It was also argued that the temporal time scales of the nonlocal response function had an influence on the final compressed pulse duration, but a systematic investigation was not made.

On the other hand, a recent study showed that the performance of the CQSC can conveniently be described by scaling laws involving an effective soliton number \( N_{\text{eff}}^2 = N_{\text{SHG}}^2 - N_{\text{Kerr}}^2 \), appearing as the difference between the SHG and the Kerr soliton numbers [11]. Since \( N_{\text{eff}} \) depends only on input parameters the compressed pulse properties can be predicted using these scaling laws. Appropriate input parameters can then be found giving compression to single-cycle duration. However, neither the experiments nor the numerical simulations have ever observed single-cycle compression. Moreover, optimal compression seemed to occur at certain phase-mismatch values, which the analysis of [11] could not predict.

The purpose of the present theoretical and numerical analysis is to understand these optimal operation points. This requires understanding the compression limits in different parameter regions. Based on the full propagation equations of Sec. 2, we derive the reduced nonlocal model in details in Sec. 3, and Sec. 4 contains an in-depth analysis of it by imposing the weakly nonlocal limit. Section 5 is devoted to an extensive numerical analysis of the full equations, where the nonlocal theory is used to understand the physics behind the compressed pulses.

2. Propagation equations

The SHG propagation equations in the slowly-evolving wave-approximation (SEWA) are used to study pulses in a bulk quadratic nonlinear crystal with single-cycle temporal resolution. The dimensionless equations for the FW (\( \omega_1 \)) and SH (\( \omega_2 = 2\omega_1 \)) fields \( U_{1,2}(\xi, \tau) \) are [11, 20]

\[
(i \partial_\xi + D_1') U_1 + |\Delta k'|^{1/2} N_{\text{SHG}} S_1 U_1^2 U_2 e^{i\Delta k' \xi} + N_{\text{Kerr}}^2 S_1 U_1 (|U_1|^2 + B_1 |U_2|^2) = 0, \quad (1a)
\]

\[
(i \partial_\xi - i \partial_\tau + D_2') U_2 + |\Delta k'|^{1/2} N_{\text{SHG}} S_1 U_2^2 e^{-i\Delta k' \xi} + 2 \tilde{\alpha}^2 N_{\text{Kerr}}^2 U_2^2 (|U_2|^2 + B_2^{-1} |U_1|^2) = 0. \quad (1b)
\]
Diffraction and the non-instantaneous cubic Raman response are neglected. Higher order dispersion (HOD) is included through the operator $\hat{D}_j = \sum_{m=2}^N \mathcal{D}_j^{(m)}(\omega) \frac{\partial^m}{\partial \omega^m}$, with the dimensionless dispersion coefficients $\mathcal{D}_j^{(m)} = k_j^{(m)}(T_j^{m-2}|k_1^{(2)}|)^{-1}$ and $k_j^{(m)} = \frac{\partial^m k_j}{\partial \omega^m}|_{\omega=\omega_j}$. Since $k_j = n_j \omega_j/c$ is known analytically through the Sellmeier equations of [21], the exact dispersion $D_j = k_j(\omega) - (\omega - \omega_j)k_j^{(1)} - k_j^{(1)}(\omega)$ is used in the numerics [11], corresponding to a dispersion order $m_d = n_1$ is the refractive index, $\Delta = n_1/n_2$, and the phase mismatch of the SHG process is $\Delta k = k_2 - k_1$. The Kerr cross-phase modulation (XPM) term $B = 2$ for type 0 SHG while for type I SHG $B = 2/3$ [11]. The time coordinate moves with the FW group velocity $v_\pm = 1/k_1^{(1)}$, giving the GVM term $d_{12} = v_{\pm}^{-1} - v_{\pm}^{-2}$. Equations (1) are reported in dimensionless form, $\tau = t/T_{in}$, where $T_{in}$ is the FW input pulse duration, $\xi = z/L_{D,1}$, where $L_{D,1} = T_{in}^2/|k_1^{(2)}|$ is the FW dispersion length, and finally $U_1 = E_{in}/\delta_{in}$ and $U_2 = E_{in}/\sqrt{\delta_{in}}$.

Here $\delta_{in}$ is the amplitude of the peak electric input field, $d_{12} = d_{12}T_{in}/|k_1^{(2)}|$, and $\Delta k' = \Delta kL_{D,1}$. This scaling gives the quadratic (SHG) and cubic (Kerr) soliton numbers [6, 11]

$$N_{SHG}^2 = \frac{L_{D,1}E_{in}^2\omega_{in}^2d_{eff}}{c^2n_1n_2|\Delta k|}, \quad N_{Kerr}^2 = \frac{L_{D,1}n_{Kerr,1}E_{in}^2\omega_{in}}{c}$$

where $d_{eff}$ is the effective quadratic nonlinearity, and $n_{Kerr,1} = 3\text{Re}(\chi^{(3)})/8n_j$ is the cubic (Kerr) nonlinear refractive index. $N_{SHG}$ might seem poorly defined in Eqs. (1) because of the factor $|\Delta k'|^{1/2}$ in front of it, but the choice will become clear later. Self-steepening is included through the operators $\hat{S}_j = 1 + i(\omega_jT_{in})^{-1}\frac{\partial}{\partial \tau}$: $\hat{S}_j^{2,\text{eff}} = \hat{D}_j^{2,\text{eff}} = \Delta k_2^{2,\text{eff}}\frac{\partial}{\partial \tau} + \frac{\partial^2}{\partial \tau^2}$, where $v = \omega n_j/|k_1^{(2)}|$ [11, 20], is an effective SH dispersion operator, whose existence is a consequence of self-steepening and GVM. This is the price to pay in the SEWA framework to reach single-cycle resolution when diffraction is neglected. We stress that all primed symbols in our notation are the dimensionless form of the corresponding unprimed symbol.

3. Nonlocal model: reduced equation in the cascading limit

We now seek to get some physical insight into the full SEWA model. In Ref. [10] it was shown that in the cascading limit $|\Delta k'| \gg 1$ Eqs. (1) can be reduced to a single equation for the FW

$$i\frac{\partial}{\partial \xi} - \frac{\partial^2}{\partial \tau^2} \right) U_1 + N_{Kerr}^2 U_1|U_1|^2 - N_{SHG}^2 U_1^* \int_{-\infty}^{\infty} ds R_\pm(s)U_1^2(\xi, \tau - s) = 0.$$  

In this derivation both self-steepening and HOD were neglected ($\hat{S}_j = 1, m_d = 2$), but as shown later this can straightforwardly be relaxed. The phase-mismatch parameter must be positive, $\Delta k' > 0$, as to have a self-defocusing cascaded nonlinearity. Solitons are then supported when the group-velocity dispersion (GVD) is normal, so $|k_1^{(2)}| > 0$ was assumed. Additionally the Kerr XPM terms were neglected, otherwise the nonlocal approach fails. This dimensionless generalizations nonlinear Schrödinger equation (NLSE) shows that the cascaded quadratic nonlinearity imposes a temporal nonlocal response on the FW, governed by the nonlocal response functions $R_\pm$ which will be derived below, see also Fig. 2(a,c)]. This model quantified the previous qualitative definitions [14, 17] of the stationary and nonstationary regimes. When $d_{12}^2 > 2\Delta k_2^{(2)}$ the system is in the nonstationary regime and the oscillatory response function $R_-$ must be used. Using characteristic length scales this demand reads $L_{GVM}^2 < L_{coh}L_{D,2}/2\pi$, which can be interpreted as follows. In the nonstationary regime the GVM dominates, and its length scale $L_{GVM} = T_{in}/|d_{12}|$ becomes shorter than one controlled by the product of the coherence length $L_{coh} = \pi/|\Delta k|$ and the SH GVD length scale $L_{D,2} = T_{in}^2/|k_2^{(2)}|$.

When $d_{12}^2 < 2\Delta k_2^{(2)}$ the system
is in the stationary regime and the localized response function \( R_+ \) must be used. We will now derive Eq. (3) in details.

In the cascading limit \( \Delta k' \gg 1 \) the nonlocal approach takes the ansatz

\[
U_2(\xi, \tau) = \phi_2(\tau) \exp(-i\Delta k' \xi) \tag{4}
\]

This ansatz is assuming that all the dynamics in the propagation direction of the SH is dominated by the phase mismatch, and the condition for making this ansatz is that the coherence length \( L_{coh} = \pi/\Delta k \) is much shorter than any other characteristic length scale. This is true in the cascading limit except when the FW is extremely short, in which case the GVM length \( L_{GVM} = T_{in}/|d_{12}| \) can become on the order of \( L_{coh} \). Assuming \( N_{Kerr}^2 U_2 \ll \Delta k'^{1/2}/N_{SHG} \) we may discard the Kerr terms in Eq. (1b), and get an ordinary differential equation (ODE)

\[
\delta_2^{(2)} \frac{d^2 \phi_2}{d\tau^2} + id_{12} \frac{d\phi_2}{d\tau} - \Delta k' \phi_2 = \Delta k'^{1/2}/N_{SHG} U_1^2 \tag{5}
\]

where for simplicity we have only considered up to 2nd order dispersion and neglected self-steepening and the SEWA correction to the dispersion. We will come back to this point later. Using the Fourier transform pair \( \tilde{f}_2(\Omega) = \mathcal{F}[\phi_2(\Omega)] \equiv (2\pi)^{-1/2} \int_\infty^\infty d\tau \exp(i\Omega \tau) \phi_2(\tau) \) and \( \phi_2(\tau) = \mathcal{F}^{-1}[\tilde{f}_2](\tau) \equiv (2\pi)^{-1/2} \int_\infty^\infty d\Omega \exp(-i\Omega \tau) \tilde{f}_2(\Omega) \) we may solve the ODE (5) in the frequency domain

\[
\tilde{\phi}_2(\Omega) = -(2\pi/\Delta k')^{1/2} N_{SHG} R(\Omega) \tilde{f}_2(\Omega), \quad \tilde{R}(\Omega) \equiv \frac{\Delta k'(2\pi)^{-1/2}}{\delta_2^{(2)} \Omega^2 - d_{12}^2 \Omega + \Delta k'} \tag{6}
\]

We now use the convolution theorem, so that in the time domain Eq. (6) becomes a convolution

\[
\phi_2(\tau) = -\frac{N_{SHG}}{\sqrt{\Delta k'}} \int_\infty^\infty ds R(s) U_1^2(\xi, \tau - s) \tag{7}
\]

The temporal nonlocal response function \( R(\tau) = \mathcal{F}^{-1}[\tilde{R}(\Omega)] \). Now, using Eq. (7) with the ansatz (4) in Eq. (1a) we arrive at Eq. (3) under the aforementioned approximations.

In order to evaluate the temporal nonlocal response function it is convenient to rewrite \( \tilde{R} \) as

\[
\tilde{R}(\Omega) = (2\pi)^{-1/2} \frac{\Omega_+^2 + s_b \Omega_+^2}{(\Omega - \Omega'_a)^2 + s_b \Omega_b^2} \tag{8}
\]

where we have introduced the dimensionless frequencies and the sign parameters

\[
\Omega'_a = d_{12}/2 \delta_2^{(2)}, \quad \Omega'_b = |\Delta k'/\delta_2^{(2)} - \Omega_a^2|^{1/2} \\
\text{s}_a = \text{sgn}[\Omega'_a], \quad s_b = \text{sgn}[\Delta k'/\delta_2^{(2)} - \Omega_a^2] \tag{9a}
\]

As we argue below, \( s_b = +1 \) corresponds to the stationary regime. In this case Eq. (8) becomes a Lorentzian centered in \( \Omega'_a \) and with the FWHM \( 2\Omega'_b \), see Fig. 2(b). The roots in the denominator of Eq. (8) are complex \( \Omega = \Omega'_a \pm i\Omega'_b \). The dimensionless [22] temporal response function, \( R_+ (\tau) \), can readily be calculated by taking the inverse Fourier transform

\[
R_+ (\tau) = \frac{\tau_a^2 + \tau_b^2}{2\tau_a^2 \tau_b} \exp(-i\text{sgn}[\tau_a/\tau_b]) \exp(-|\tau|/\tau_b) \tag{10}
\]

where we have introduced the dimensionless characteristic nonlocal time scales

\[
\tau_a = |\Omega'_a|^{-1} = 2|\delta_2^{(2)}/d_{12}|, \quad \tau_b = \Omega_b^{-1} = |\Delta k'/\delta_2^{(2)} - \Omega_a^2|^{-1/2} \tag{11}
\]
The localized nature of Eq. (10) is shown in Fig. 2(a), and $\tau_b$ controls the width of $|R_+|$ while $\tau_a$ is the period of the phase oscillations. Note that Eq. (6) is defined so $\int_{-\infty}^{\infty} d\tau R_+(\tau) = 1$.

In the nonstationary regime $s_b = -1$, and $R(\Omega)$ has two simple poles at $\Omega = \Omega'_a \pm \Omega'_b = \Omega'_\pm$, making $R(\Omega)$ diverge [see Fig. 2(d)]. $R_-(\tau) = \mathcal{F}^{-1}[R_-(\Omega)]$ exists as a Cauchy principal value

$$R_-(\tau) = \frac{\tau_a^2 - \tau_b^2}{2\tau_a^2 \tau_b} \exp(-i\tau_a/\tau_a) \sin(\tau/\tau_b).$$

(12)

In contrast to $R_+$, this response function is not localized, and the oscillations are a consequence of the two poles in $R_-(\Omega)$ [see the example shown in Fig. 2(c)].

Having derived the temporal nonlocal response functions, the issues concerning the stationary and nonstationary regimes can be addressed. In Ref. [17] the nonstationary regime was defined as when GVM effects prevent the build-up of a nonlinear phase shift, which when applied to soliton compression consequently results in poor compression [6]. Based on the nature of the nonlocal response functions, we can now clarify that the boundary to the stationary regime is when $s_b$ changes sign. On dimensional form this happens when $\Delta k = \Delta k_{sr}$, with

$$\Delta k_{sr} = \frac{d_1^2}{2\kappa_2^{(2)}}.$$  

(13)

Thus, to be in the stationary regime the phase-mismatch must be significantly large, $\Delta k > \Delta k_{sr}$. When GVM is weak compared to the phase mismatch then $s_b = +1$, and the response function ($R_+$) is monotonously decaying in magnitude: the convolution in the Kerr-like SPM term in Eq. (3) provides a finite temporal response. Therefore this must correspond to the stationary regime. Instead when GVM is strong compared to the phase mismatch then $s_b = -1$, and the response function ($R_-$) is oscillating and non-decaying: the temporal response from the convolution is no longer finite. Thus, this must correspond to the nonstationary regime.
4. The weakly nonlocal limit

The nonlocal response in Eq. (3) can be better understood in the weakly nonlocal limit, in which the width of the nonlocal response function is much narrower than the width of $U_1$. The resulting simplified equation gives a better physical insight [23], and is important because it governs the initial dynamics (until pulse compression makes $U_1$ so short that the nonlocal response is no longer weak). We evaluate the convolution in the frequency domain $\int_{-\infty}^{\infty} d\omega R(s)U_1^2(\xi, \tau - s) = \int_{-\infty}^{\infty} d\omega e^{-i\omega \tau} \hat{R}(\omega), \mathcal{F}[U_1^2]|(\omega)$ for convenience. In the weakly nonlocal limit $\hat{R}(\omega)$ is approximated by a 1st order expansion around $\omega = 0$, where $\mathcal{F}[U_1^2]|(\omega)$ is non-vanishing. This holds when $\hat{R}(\omega)$ varies slowly compared to $\mathcal{F}[U_1^2]|(\omega)$. In this case

$$\hat{R}(\omega), \mathcal{F}[U_1^2]|(\omega) \simeq \left[ \hat{R}(\omega = 0) + \frac{d\hat{R}}{d\omega}|_{\omega=0} \right] \mathcal{F}[U_1^2]|(\omega) \quad (14)$$

which in the time domain equivalently is $R(s)U_1^2(\xi, \tau - s) \simeq R(s)\left[ U_1^2(\xi, \tau) - s\partial U_1^2(\xi, \tau)/\partial \tau \right]$. However, in the nonstationary regime the frequency integral $\int_{-\infty}^{\infty} d\omega e^{-i\omega \tau} \hat{R}(\omega), \mathcal{F}[U_1^2]|(\omega)$ is done over two simple poles located on the $\Omega$-axis. Using the residue theorem the integral can be evaluated as a contour integral, which has a contribution from the Cauchy principal value of the integral, and a contribution from deforming the integration contour around the poles on the real $\Omega$-axis. The residual contributions from the poles to the frequency integral are [24]

$$\rho(\tau, U_1) = \text{isgn}(\tau) \sqrt{\frac{\pi}{2}} \frac{2}{\tau^2} \left[ e^{-\tau \Omega_+} \mathcal{F}[U_1^2]|(\Omega_+) - e^{-\tau \Omega_-} \mathcal{F}[U_1^2]|(\Omega_-) \right] \quad (15)$$

which consist of an oscillatory component in form of complex exponentials with frequencies $\Omega_{\pm}$ each weighted by the spectral strength of $U_1^2$ at that frequency. Thus, the influence of this contribution becomes important when the FW is short enough for its spectrum to cover the range where $\Omega_{\pm}$ are located, cf. Fig. 2(d). Using Eq. (15) and $(2\pi)^{1/2}\hat{R}(0) = 1$ and $(2\pi)^{1/2}d\hat{R}/d\omega|_{\omega=0} = 2\Omega_+/\Omega_b^2 + s_b\Omega_b^2$, the nonlocal convolution is

$$\int_{-\infty}^{\infty} dsR(s)U_1^2(\xi, \tau - s) \simeq U_1^2 + is_b \tau_{R,\text{SHG}} U_1 \frac{\partial U_1}{\partial \tau} + \frac{1-s_b}{2} \rho(\tau, U_1) \quad (16)$$

Now introducing the effective soliton number $N_{\text{eff}}^2 = N_{\text{SHG}}^2 - N_{\text{Kerr}}^2$ [11], Eq. (3) becomes

$$\left[ i \frac{\partial}{\partial \xi} - \frac{1}{2} \frac{\partial^2}{\partial \tau^2} \right] U_1 - N_{\text{eff}}^2 U_1 |U_1|^2 = N_{\text{SHG}}^2 \left[ is_b \tau_{R,\text{SHG}} |U_1|^2 \frac{\partial U_1}{\partial \tau} + \frac{1-s_b}{2} U_1 \rho(\tau, U_1) \right] \quad (17)$$

The first term on the RHS is a GVM-induced Raman-like perturbation caused by the cascaded SHG nonlinearity. It is Raman-like due to the asymmetry of $R_{\pm}$ [10], stemming from the phase term $\exp(-is_b \tau/\tau_0)$ in Eqs. (10) and (12). It has the characteristic dimensionless time $\tau_{R,\text{SHG}} = 4|\Omega_0^0|/\Omega_b^2 + s_b\Omega_b^2 = 2|d_{12}'|/\Delta k$ [6, 10, 11, 17], which on dimensional form reads

$$T_{R,\text{SHG}} = \tau_{R,\text{SHG}} T_{\text{in}} = 2|d_{12}'|/\Delta k \quad (18)$$

The direct dependence on the GVM-parameter $d_{12}$ implies that the Raman-like perturbation disappears in absence of GVM. Ref. [10] also derived Eq. (17) in the stationary regime ($s_b = +1$) [25], but the contribution $U_1^* \rho(\tau, U_1)$ in the nonstationary regime ($s_b = -1$) is a new result.

Eq. (17) is a very strong result: It states that in the weakly nonlocal limit the effective soliton number $N_{\text{eff}}$ can be used in the scaling laws of [11] to predict, e.g., the optimal compression point. Previously these scaling laws were thought to hold only in the stationary regime [10, 11].
The result also tells us that in the weakly nonlocal limit, a central observation of Ref. [6] is confirmed: for a given, fixed value of $\Delta k$, the Raman-like effect of the first term of the RHS of Eq. (17) becomes increasingly significant with increasing $N^2_{\text{SHG}}$, thus limiting the possible compression ratio. However, it is now clear that in the nonstationary regime, the Raman-like distortion is accompanied by an oscillatory perturbation term $U_{12}^s p(t; U_1)$ which also increases with $N^2_{\text{SHG}}$. In both the stationary and nonstationary regimes the Raman-like distortions place a limitation on the maximum soliton order, but in the nonstationary regime both terms on the RHS of Eq. (17) distort the compression, and the combined effect is more severe (see also Sec. 5). On the other hand, when $N_{\text{SHG}}$ is small these detrimental effects are weak: thus, as previously observed by both numerical simulations and experiments [3, 5, 26], it is possible to generate clean compressed pulses even in the nonstationary regime.

The weakly nonlocal approximation applies in the stationary regime when $t_b \ll \Delta t$, where $\Delta t$ is the FW pulse duration and $t_b = \tau_b T_m$. But when does it apply in the nonstationary regime? We know that the width $\Delta \Omega$ of $\mathcal{F}[U_{12}^s]$ is $\Delta \Omega \propto \Delta t^{-1}$. Referring to Fig. 2(d) we must require that the positions of the two poles $\Omega_{\pm}$ be sufficiently far away from the frequency range, where $\mathcal{F}[U_{12}^s]$ is nonvanishing, i.e., $|\Omega_{\pm}| \gg \Delta \Omega$. In physical units this implies that the weakly nonlocal limit in the nonstationary regime can be expressed by the requirement $\Delta t \gg t_{dfb} / |t_a - t_b|$.

Let us evaluate this requirement. It is important to notice from Eq. (11) that $t_b$ diverges at the transition $\Delta k_{sr}$, see also Fig. 3(a). Thus, in the nonstationary regime the requirement $\Delta t \gg t_{dfb} / |t_a - t_b|$ holds even for quite short pulses as long as $t_a$ and $t_b$ are not too similar. This is generally true close to the transition $\Delta k_{sr}$, while away from the transition $t_b \simeq t_a$ because $\Delta k$ gets small, see Eq. (11) and Fig. 3(a). In this case we can no longer be sure to be in the weakly nonlocal limit. In the stationary regime the system will initially be in the weakly nonlocal limit $\Delta t \gg t_b$ except close to the transition $\Delta k_{sr}$, where $t_b$ diverges. We finally remark that $t_a$ also may diverge when GVM is negligible. This implies that the factor $e^{-i \omega_a \tau / t_a} = 1$, so $R(\tau)$ becomes real and symmetric. Thus, the 1st order correction on the RHS of Eq. (17) disappears because the Raman-like perturbation vanishes ($T_{R,\text{SHG}} = 0$) and a 2nd order correction must be made.

Self-steepening can be included in the nonlocal theory: In Eqs. (3),(17) $\hat{S}_1$ would act on all nonlinear terms and Eq. (5) would have $\hat{S}_2$ acting on the RHS. In frequency domain this would imply a self-steepening–corrected response $\tilde{R}^{ss}(\Omega) \equiv \tilde{R}(\Omega)\left[1 + (\omega_2 T_m)^{-1}\Omega \right]$. This does not change $\Delta k_{sr}$, and would only affect the nonlocal behavior for extremely short input pulses. Lastly, the NLS-like nonlocal Eq. (17) will have the operator $\hat{S}_1$ acting on all nonlinear terms. It should also be stressed that self-steepening can affect the Raman-like term in Eq. (17) [20], but this effect does not appear in the nonlocal model used here because this would require taking into account higher-order perturbation terms [i.e., making a more elaborate ansatz than Eq. (4)].

5. Numerical results and discussion

This section presents realistic numerical simulations of Eq. (1). The nonlocal theory is used to understand these results. It is important to stress that the theory neglects Kerr XPM effects and that the coherence length is the shortest length scale in the system. This latter requirement implies that the system can initially be well described by the nonlocal theory, but as the pulse is compressed the GVM (and other length scales) can become so short that this is no longer true. Therefore the nonlocal model will not always quantitatively be able to predict the outcome of the numerical simulations and the experiments. However, since the nonlocal model often will be an adequate approximation for a large part of the propagation through the nonlinear medium, we can still use it to understand the physics behind the temporal dynamics until that happens.

We will now show that there are two main categories of compression limitations.

1. Effects limiting the phase-mismatch range where compression is possible and efficient.
Fig. 3. Data from numerical simulations of the full SEWA Eqs. (1) using the same parameters as in Fig. 1 and varying \( \Delta k \). (a) The FW duration \( \Delta t_{\text{FW}} = \Delta t_{\text{FWH}}/1.76 \) at \( z = z_{\text{opt}} \) is shown both for the full SEWA model (1), and when neglecting the Kerr XPM terms. The lines show the nonlocal time scales \( t_a, b = T_{\text{in}}/\tau_{a, b} \), the characteristic Raman-like time \( T_{R, \text{SHG}} = 2|d_{12}|/\Delta k \), and the predicted \( \Delta t_{\text{opt}} \) from the scaling laws [11] as well as the predicted \( \Delta t_{\text{corr}} \) when correcting for XPM effects on \( N_{\text{eff}} \). \( t_b \) as calculated using only up to second-order dispersion (\( m_d = 2 \), gray curve) is also shown. The right ordinate shows time normalized to the single-cycle pulse duration \( t_{\text{sc}} = 2 \times 10^{-12} \). Note that below \( \Delta k = 10 \text{ mm}^{-1} \) the cascading limit breaks down [12]. (b) The SHG and Kerr soliton numbers required to have \( N_{\text{eff}} = 8 \) fixed, achieved by adjusting \( I_{\text{in}} \). The corrected effective soliton number due to XPM effects \( N_{\text{corr}} \) is also shown.

(a) In the nonstationary regime \( \Delta k < \Delta k_{\text{sr}} \) the oscillatory nonlocal response function implies that compression is inefficient unless the soliton order is very low.

(b) Competing cubic nonlinearities pose an upper limit \( \Delta k_c \) [10, 11] beyond which \( N_{\text{eff}} < 1 \) always. Close to this limit detrimental cubic XPM effects are observed.

2. Effects limiting the compression for a given phase-mismatch value.

(a) The effective soliton order \( N_{\text{eff}} = (N_{\text{SHG}}^2 - N_{\text{Kerr}}^2)^{1/2} \) controls in the weakly nonlocal limit the compression factor \( f_C = T_{\text{in}}/\Delta t_{\text{opt}} = 4.7(N_{\text{eff}} - 0.86) \) [11].

(b) Nonlocal effects. In the stationary regime \( \Delta t_{\text{opt}} \) is limited by the strength of the nonlocal response function \( t_b \). In the nonstationary regime \( \Delta t_{\text{opt}} \) is limited by the characteristic time \( T_{R, \text{SHG}} \) of the GVM-induced Raman-like perturbation.

(c) Propagation effects pertaining solely to the FW, such as higher-order dispersion, the Raman effect (negligible in nonlinear crystals) and cubic self-steepening.

(d) Competing cubic nonlinearities necessitate large quadratic soliton orders \( N_{\text{SHG}} \), which increases detrimental nonlocal effects such as the Raman-like perturbation.

The numerical simulations of Eqs. (1) were performed using a \( \beta \)-barium-borate crystal (BBO) as the quadratic nonlinear medium. The phase mismatch was changed through angle-tuning of the crystal in a type I SHG configuration (implying \( B = 2/3 \), see [11] for further details), and we are interested in \( \Delta k > 0 \), for which GVD is normal and \( d_{12} < 0 \) (so \( s_a < 0 \)).
Figure 3 summarizes simulations of pulse compression of a 200 fs FWHM pulse centered at λ₁ = 1064 nm: the FW pulse duration at the point of optimal compression Δtₜₚₜ (dark circles) is plotted as the phase mismatch Δk is swept. The strength of the cascaded quadratic nonlinearity N₂₅HＧ ≈ Δk⁻¹, while the Kerr nonlinearity remains unchanged. However, in the plot we keep Nₚ ≈ 8 fixed by adjusting the input intensity Iₘᵦ = ½n₁η₀ε₀cΔξₘᵦ [27]. This implies that the scaling law [11] predicts equal compression everywhere (dotted orange line). While we do observe such a compression in the regime around Δk = 50 mm⁻¹ [this example is shown in Fig. 1(a)-(b), and also in Fig. 4], away from this point the compression becomes sub-optimal.

Before discussing these results, we note that the nonlocal time scales plotted in Fig. 3(a) are not those of Eq. (11); these only take into account up to second-order dispersion (dispersion order mₜ = 2), while in the numerical simulations the dispersion is calculated exactly from the Sellmeier equations [11], and subsequently the SH dispersion is corrected in the SEWA framework up to 30th order [11]. This poses a correction on the nonlocal time scales as well as the transition to the nonstationary regime, which was calculated numerically: we replaced the polynomial in the denominator of $R$ in Eq. (6) with $D_{2,eff}$ (evaluated in frequency domain). The transition to the nonstationary regime is when a root-pair switches from being each others complex conjugate to being purely real and nondegenerate. Then $Ω_{a,b}$ and $I_{a,b}$ can be extracted from these roots. The transition to the stationary regime (13) is now simply found when $t_b$ diverges, Fig. 3 shows for comparison also $t_b$ calculated with $mₜ = 2$, i.e., using Eq. (11).

The degrading compressor performance observed for large Δk in Fig. 3(a) is caused by the onset of XPM-effects. As Δk is increased the cascaded quadratic nonlinearity is reduced, so in order to keep $N_{eff} = 8$ the input intensity $Iₘᵦ$ must be increased, see Fig. 3(b). Eventually the required intensity diverges because Δk approaches the so-called upper limit of the compression window Δkₑ, beyond which $N_{eff} < 1$ always [10, 11]. As $Iₘᵦ$ becomes large so does the input beam fluence $Φₘᵦ = 2TₘᵦIₘᵦ$, and this makes XPM effects more pronounced; as shown in [11] above a critical fluence of $Φ_c = 33$ mJ/cm² the onset of compression in a BBO is not $N_{eff,c} = 1$ – as one would expect from the NLS-like Eq. (3) – but can approximately be described by the scaling law $N_{eff,c} = 1 + ΔN_{eff}$, with $ΔN_{eff} = Φₘᵦ / [Φ_c (1 + Φ_c / Φₘᵦ)]$ as the delay in onset. The delay is caused by the XPM term creating an intensity dependent self-focusing phase-shift in addition to the one already created by the Kerr SPM term; both are counteracting the selfdefocusing phase shift from the cascaded quadratic interaction. The immediate consequence is that we can no longer expect the compression factor of $f_c = 33.5$ predicted from $N_{eff} = 8$; instead we must use a corrected effective soliton number $N_{eff,c} = N_{eff} - ΔN_{eff}$ [see Fig. 3(b)], which for high fluences then will give a reduced compression performance. Figure 3(a) shows $Δt_{opt}$ as predicted from the scaling laws for $N_{eff} = 8$ (dotted orange line), together with the corrected $Δt_{opt,c}$ as calculated using $N_{eff,c}$ (solid orange line). As expected for high Δk values $Δt_{opt,c}$ starts to deviate from $Δt_{opt}$. Importantly, it seems to describe very accurately the compression observed experimentally. An example of how the pulse looks like in this regime is shown in Fig. 4 (Δk = 125 mm⁻¹, blue curve). The compressed pulse is longer (18 fs FWHM) and we also checked that it compresses later than what one would expect with $N_{eff} = 8$. These values correspond very well to what the reduced soliton number $N_{eff,c} ≈ 3$ predicts through the scaling laws. Thus, XPM strongly degrades compression when the beam fluence becomes large. This is also confirmed by the simulations shown with open circles in Fig. 3(a), for which XPM effects were turned off: only a weak degradation in compression is seen for high Δk.

For Δk = 43 – 50 mm⁻¹ the limit to compression is determined by the strength of the nonlocal response function. Close to the transition to the nonstationary regime $t_b$ becomes large, so the nonlocal response $Φ*$ is very broad. Initially, however, the 200 fs FWHM input pulse sees only a weakly nonlocal response. As the pulse compresses the nonlocal response becomes strongly nonlocal, whereby the NLS-like model (3) reduces to a linear Schrödinger equation having a...
potential defined by the response function [18,23,28–30]. The pulse cannot be narrower than the width of this potential given by $t_b$, which explains the behaviour observed for phase-mismatch values just above $\Delta k_{\text{sr}}$. This has also been observed for spatial nonlocal solitons [18,23,28–30].

For $\Delta k < 42 \text{ mm}^{-1}$ the system is in the nonstationary regime and as $\Delta k$ is reduced $\Delta t_{\text{opt}}$ increases as $\Delta k^{-1}$. The compression limit does therefore not follow $t_b$, but instead follows the characteristic Raman-like time $T_{R,\text{SHG}} = 2|d_{12}|/\Delta k$ quite closely. Indeed some physical explanation can be extracted from this parameter, since it namely represents the pulse duration, where the GVM length $L_{\text{GVM}} = \Delta t/|d_{12}|$ becomes shorter than the coherence length $L_{\text{coh}} = \pi/\Delta k$. Intuitively it seems logical that the compressed pulse duration hit a limit when the GVM length is equal to the coherence length: the cascaded nonlinear interaction can no longer build up the phase shift because the GVM will remove the FW and SH from each other before even one cascaded cycle is complete. Interestingly, similar arguments to these were initially used to define the nonstationary regime [14, 17], and it was already there clear that compression was limited in the same way as shown here. These studies were, as mentioned before, carried out in the nonstationary regime as defined by the nonlocal analysis, so the results corroborate each other.

To better understand the difference between the stationary and nonstationary regimes, Fig. 4(a) shows examples of compressed pulses. In the stationary regime for $\Delta k = 50 \text{ mm}^{-1}$ a
6.3 fs FWHM compressed pulse is observed as expected from the scaling laws. Approaching the transition to the nonstationary regime ($\Delta k = 43 \text{ mm}^{-1}$) the pulse compression degrades to 10.6 fs FWHM, which (roughly) corresponds to the nonlocal time scale $t_b$; thus, the potential-barrier effect of the nonlocal response function is apparent here. Once inside the nonstationary regime, the pulse not only becomes compressed poorly, but trailing oscillations are evident. The corresponding FW and SH wavelength-spectra are shown in Fig. 4(b) and (c). For $\Delta k = 50 \text{ mm}^{-1}$ both the FW and SH spectra are very flat, except for a spectral FW peak and corresponding spectral SH hole. As we explain below these peaks are actually dispersive waves. Closer to the transition ($\Delta k = 43 \text{ mm}^{-1}$) the SH spectrum develops a peak because $\tilde{\mathcal{R}}_+ (\Omega)$ here is a very narrow Lorentzian. Inside the nonstationary regime a distinct red-shifted peak grows up in the SH spectrum, which can be explained by the nonlocal theory since the spectral peak sits at the frequency $\Omega_+$. In turn, close to the transition ($\Delta k = 41 \text{ mm}^{-1}$) the FW has a corresponding spectral hole at $\omega_1 + \Omega_+$, while further from the transition ($\Delta k = 30 \text{ mm}^{-1}$) it becomes a spectral peak. To confirm this, we show in Fig. 4(d) the red-shifted holes/peaks found numerically versus $\Delta k$, with an impressive agreement with the nonlocal theory. This FW spectral hole/peak is the main limitation to the pulse compression in the nonstationary regime.

The pronounced peaks around $\lambda = 2.9 \mu\text{m}$ in the FW spectra in Fig. 4(b) are dispersive waves. Such linear waves are phase matched to the compressed solitons if certain conditions are fulfilled [31–33]: The dispersive wave is generated if the FW dispersion operator in the frequency domain $\hat{D}_1 (\omega) = \sum_{m=1}^\infty m^{-1} \Omega^m \hat{k}_1^{(m)}$ changes sign, and for $\lambda_1 = 1.064 \mu\text{m}$ it becomes negative beyond the dotted line in Fig. 4. Such dispersive waves have not been observed before with cascaded quadratic nonlinearities, but their appearance further underlines the analogy between propagation in a medium with cascaded quadratic nonlinearities and in a medium with cubic nonlinearities. Figure 4(b) indicates that the wavelength of the dispersive wave $\lambda_{\text{dw}}$ does not change as $\Delta k$ is varied. One explanation is that the FW dispersion is independent on the crystal angle in type I SHG. Instead $\lambda_{\text{dw}}$ may change strongly with the soliton frequency, but since the soliton-frequency blue shifts observed in the simulations were quite small and similar (around 30–40 THz) the peaks are observed at approximately the same wavelengths. The solitons are blue shifted because $\Delta k > 0$ and $s_a < 0$ and these shifts explain why the dispersive waves are slightly red-shifted compared to the dotted line; this is traditionally included in the phase-matching condition as a nonlinear de-phasing term [33]. The dispersive waves can also be noted in Fig. 1(b,d). They do not emerge before the pulse is compressed, because their strength is related to the spectral strength of the soliton to which they are coupled [33].

What happens when the effective soliton order in the stationary regime is pushed to create single-cycle pulses? In a previous study it was found that the GVM-induced Raman-like perturbation beyond some optimal soliton order starts to dominate and makes the compressed pulse asymmetric, while the peak intensity drops (Fig. 1 in Ref. [6], where $\Delta k = 16 \pi/\text{mm}$). These results are confirmed in Fig. 5(a), showing the peak intensity of the compressed pulse versus $N_{\text{eff}}$ for $\Delta k = 60 \text{ mm}^{-1}$. Beyond $N_{\text{eff}} = 8$ the pulse compression deviates from the prediction of the scaling law, even for the simulations including only up to third order dispersion (TOD, i.e., dispersion order $m_d = 3$), or neglecting the competing Kerr nonlinearities. However, the compression, shown in Fig. 5(b) as the compressed pulse duration $\Delta t_{\text{opt}}$, improves even beyond this point of maximum intensity. The explanation is that $\Delta t_{\text{opt}} = T_{\text{in}} / f_c$ in (b) is determined by the compression factor $f_c$ alone, while the intensity in (a) is $I_{1,\text{opt}} / I_{\text{in}} = f_c Q_c$, where $Q_c$ is the compressed pulse quality (the energy of the central spike relative to the input pulse energy). Thus, the drop in intensity in Fig. 5(a) is caused by a drop in $Q_c$. Around $N_{\text{eff}} = 17$ the compressed pulse is quite close to the single-cycle regime. The time profiles for this case are shown in Fig. 5(c). The simulations without Kerr nonlinearities (so $N_{\text{SHG}} = N_{\text{eff}} = 17$) actually predict single-cycle compressed pulses, while turning on the Kerr nonlinearities the compressed
Fig. 5. Results of pulse compression simulations as in Fig. 3, taking $\Delta k = 60 \text{ mm}^{-1}$ and varying $N_{\text{eff}}$. (a) and (b) show $I_{1,\text{opt}}/I_{\text{in}}$ and $\Delta t_{\text{opt}}$ when using exact dispersion ($m_d = \infty$) and when including up to TOD ($m_d = 3$), as well as the same simulations without competing Kerr nonlinearities. The orange curves are the predicted values from the scaling laws [11], corrected for XPM. (c) and (d) show FW time and spectral profiles for $N_{\text{eff}} = 17$. Pulses increase to 1.5 optical cycles. Notice also that the pulses with Kerr nonlinearities are more asymmetric. This asymmetry is caused by the GVM-induced Raman-like perturbations [1st term on the RHS of Eq. (17)] as pointed out in Ref. [6]. Since this effect stems from the quadratic nonlinearities it must be stressed that they are also affecting the single-cycle pulses obtained without Kerr nonlinearities. However, the difference is that there $N_{\text{SHG}} = 17$ while with Kerr nonlinearities $N_{\text{SHG}} = 22.9$ must be chosen to have $N_{\text{eff}} = 17$. Therefore the strength of the Raman-like perturbation, which scales as $N_{\text{SHG}}^2$, is much stronger when including the competing Kerr nonlinearities leading to a more asymmetric pulse. We also note that the simulations with exact dispersion (no polynomial expansion, $m_d = \infty$) have fast trailing oscillations, which are absent for the TOD simulations. The FW spectra in Fig. 5(d) offer an explanation: only with exact dispersion is there a dispersive wave appearing as a spectral peak around 3 $\mu$m. With TOD the spectrum is instead smooth because the phase-matching condition for the dispersive wave is pushed far into the infrared.

Considering these results, a brief discussion on the effect on TOD in soliton compressors is fruitful. In fiber soliton compressors the most detrimental effect on pulse compression is the intrapulse Raman scattering term, that comes from a non-instantaneous Kerr nonlinear response. As mentioned before, this effect can be neglected in nonlinear crystals. Chan and Liu showed that also TOD can severely distort the pulse when GVD is small [34], while for larger GVD the TOD is less important for the pulse shape [35], and simply leads to a slowing down of the soliton. In this context the TOD effect observed here, namely that the phase-matching wavelength
of the dispersive wave is shifted, is completely different. We also remark that in our simulations
TOD is positive, and GVD is not small ($k_1^{(2)} \simeq 40 \text{ fs}^2/\text{mm}$ and $k_2^{(2)} \simeq 100 \text{ fs}^2/\text{mm}$).

Summing up, the GVM-induced Raman-like distortions prevents efficient compression at
high soliton numbers (as previously found in Ref. [6]), and the competing cubic nonlinearities
aggravates this effect. In addition, the presence of a dispersive wave prevented soliton compression
to the single-cycle level. The dispersive wave disappears when only including up to
TOD because the dispersion is no longer accurate in the region where the dispersive wave is
observed, and this underlines the importance of including HOD in the numerics. An interesting
case to study would be when a large dispersion control is possible, such as with photonic crys-
tal fibers [36]. Thus, the dispersion could be engineered as to push the dispersive wave into the
far-infrared, allowing for further compression towards the single-cycle regime.

6. Conclusions

To summarize we have shown that the limits to compression in cascaded quadratic soliton com-
pressors can in most cases accurately be understood from a nonlocal model, which describes
the cascaded quadratic nonlinearity as a nonlocal Kerr-like self-phase modulation response.

In the stationary regime, where the nonlocal response is localized, one cannot compress
pulses beyond the width (strength) of the nonlocal response function. Away from the transi-
tion to the stationary regime this nonlocal strength may become weak enough to reach single-
cycle levels. When increasing the effective soliton order as to compress beyond single-cycle
duration, the numerical simulations indicated that competing Kerr nonlinear effects were pre-
venting single-cycle compressed pulses: Since the quadratic soliton number must be chosen
much larger than without Kerr nonlinearities, this increases detrimental effects such as the
GVM-induced Raman-like perturbation found using the nonlocal theory. Additionally it was
found that higher-order dispersion can also prevent the observation of single-cycle compressed
pulses. In particular, dispersive waves phase-matched to the compressed higher-order soliton
caus ed trailing oscillations on the compressed pulse, eventually impeding further compression
even at higher intensities.

In the nonstationary regime the nonlocal response function is oscillatory. This gives an addi-
tional oscillatory contribution to the convolution between the pulse and the nonlocal response
function, which causes trailing oscillations in the compressed pulse and severely degrades com-
pression. The SH spectrum was found to be strongly red-shifted to a wavelength accurately
predicted by the nonlocal theory. This spectral shift in turn induces a peak in the FW, which is
the main compression limitation in the nonstationary regime. The compression limit was found
to be the characteristic Raman-like response time of the cascaded process $T_{R,\text{SHG}}$, roughly the
pulse duration for which the GVM length and the coherence length become identical.

Another compression limit is set by the material Kerr nonlinearity, which restricts compres-
sion to below a critical phase-mismatch parameter, and requires large soliton orders for success-
ful compression. Thus, higher-order effects (XPM, higher-order dispersion and self-steepening)
come into play and detrimental nonlocal effects are increased. The influence of the XPM terms
can be predicted in the nonlocal model by using a corrected (reduced) soliton number, which is
based on numerical studies on XPM-induced delays in the onset of compression [11].

The present analysis will serve as a useful tool for further experimental progress in soliton
compression using cascaded quadratic nonlinearities. We will now focus our attention to com-
pression in a BBO at $\lambda_1 = 800$ nm, because GVM is much stronger than what was presented
here. Thus we expect the nonlocal analysis to provide more insight into this case, in particular
concerning the nonstationary regime, which is the dominating one at 800 nm.

M.B. acknowledges support from The Danish Natural Science Research Council (FNU, grant
no. 21-04-0506).